

We will have access to a full refrigerator. If you have any special food needs, feel free to bring what you need. We understand the need to accommodate special diets, but there may be other retreatants there for the weekend. We are working with the Jesuit Spirituality Center to make their food service as food-plan-friendly as possible.

*The Grand Coteau Historic District is one of the few primarily rural districts on the National Register of Historic Places. Grand Coteau is noted for its magnificent trees that form alleys, groves, and gardens. Visitors to Grand Coteau are always taken aback with the beauty of the trees and gardens and the stately serenity of the buildings. Browse the antique and gift shops, all housed in renovated, historic buildings.*

*The Jesuit Spirituality Center is located in south central Louisiana, Cajun Country, near Lafayette, Louisiana. It has spacious grounds with beautiful oak trees and pines with paths for walking and bicycling. Visit [jesuitspiritualitycenter.org](http://jesuitspiritualitycenter.org) or phone 337-662-5252 for more information about the center*

*The retreat program will provide a speaker with long-term recovery, healthy, well-planned meals, OA meetings, boutique, literature sales, and free time.*

Please join us for a fulfilling weekend of recovery in this beautiful setting.

Baton Rouge OA Hotline: (225) 751-0259  
[www.oabatonrouge.org](http://www.oabatonrouge.org)

Please make copies of this form and share with your groups. If you are reading a paper copy, additional forms may be obtained from [www.oabatonrouge.org](http://www.oabatonrouge.org) or [www.OARegion8.org](http://www.OARegion8.org).

*The Baton Rouge Intergroup of  
Overeaters Anonymous  
presents its annual Spring Retreat  
April 9, 10, 11, 2010  
“The Joy of Recovery  
Through Taking the  
12 Steps”*



Join your friends in OA...and meet new ones  
Refresh and renew your recovery  
Healthy, abstinent meals provided  
Private single rooms  
Spacious grounds with paths for walking & biking

For more information about the retreat, contact:  
Jan D. at (225) 389-1398 or [jandicicco@gmail.com](mailto:jandicicco@gmail.com)

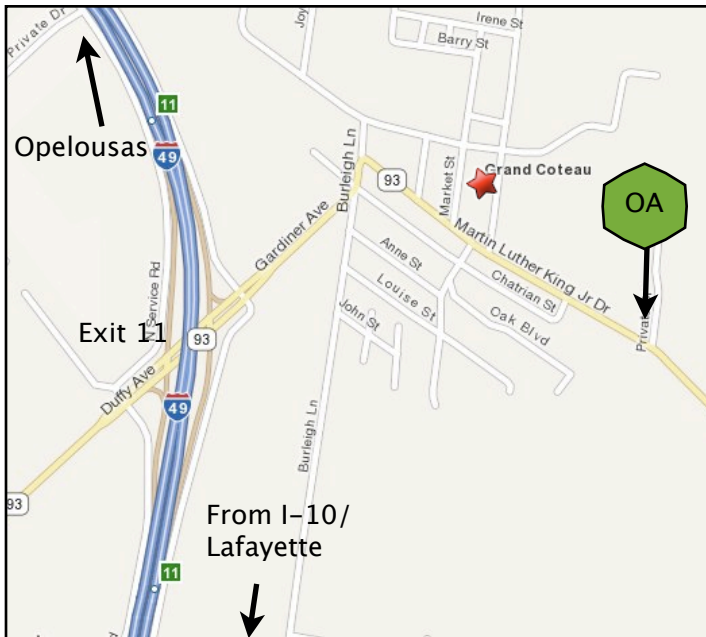
## ABOUT THE SPEAKER

Our guest speaker is from Tampa, Florida & first came to O.A. over 25 years ago. She is known for her wit, her warmth, & her open-hearted commitment to service in Overeaters Anonymous. She says, "O.A. has saved my life & my sanity. I owe a debt I can never repay, but I'm going to spend the rest of my life having fun as I pass forward the love and kindness that has been so generously given to me!" She suggests you bring a copy of the OA 12x12 and something to write in.

## ACCOMMODATIONS

Private, single rooms with linens and towels provided; common baths.  
**(Only 50 rooms available, register early!)**

The welcome desk opens at 4:00pm Friday, April 9, 2010. Supper begins promptly at 6:00 pm and the retreat program begins at 7:00 pm. The retreat program continues on Saturday at 9:00 am and concludes Sunday after lunch.



From I-49, take Exit 11 to Sunset/Grand Coteau and turn right. Follow the main road, including taking a fairly severe right turn, which takes you to the center of Grand Coteau. Continue until you see the Spirituality Center on the left. (Big white building, lots of trees)

Lost?  
Call Richard  
(225-937-0213) Jan  
(504-231-1910) or  
Madeline  
(225-588-4271)

## SCHOLARSHIPS

If you need financial help to attend the Retreat, partial scholarships may be available. To apply for a scholarship, contact Carol W. at [carol12143@bellsouth.net](mailto:carol12143@bellsouth.net). Please put "OA Retreat Scholarship" in subject line of e-mail, or call 225-806-8005. All inquiries will be kept confidential.

## Registration Form

**Mail to:** BRIG Retreat  
P. O. Box 14815  
Baton Rouge, LA 70898

**Make Checks Payable to BRIG**

### **Registration Deadline**

A minimum non-refundable deposit of \$50.00 must be sent with your registration form. Full registration payment must be received by **March 1, 2010**. No guaranteed space without full payment by **March 1, 2010**. Limited space available for Saturday "day only" attendance due to Retreat Center policy.

- \_\_\_ \$175 Early Weekend Registration (before March 1, 2010) includes 2 nights lodging (Friday & Saturday) and 6 meals.
- \_\_\_ \$185 Late Weekend Registration (after March 1, 2010) includes 2 nights lodging (Friday & Saturday) and 6 meals.
- \_\_\_ \$60 Saturday Early Registration (before March 1, 2010) includes meals.
- \_\_\_ \$70 Saturday Late Registration (after March 1, 2010) includes meals.

\_\_\_ I am enclosing additional \$10, \$20, \$40 or \$ \_\_\_ for the scholarship fund to help others attend the retreat.

Total Enclosed: \_\_\_\_\_ Send my confirmation by \_\_\_ Email or  
(Check One) \_\_\_ Letter

Full Name: \_\_\_\_\_ I am: Male / Female  
(Circle One)

Address: \_\_\_\_\_ Apt # \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Day / Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Will you require ground floor accommodations? \_\_\_\_\_