IMPORTANT NOTES FOR BUSINESS ASSEMBLY
Baton Rouge, Louisiana, USA—March 20-22, 2020

- If possible, PLEASE BRING YOUR LAPTOP, POWER CORD, AND YOUR OWN EXTENSION CORD AS THERE MAY BE A LIMITED NUMBER OF OUTLETS AVAILABLE

- REMEMBER: Return to go to www.oaregion8.org to download the PACKET & the ADDENDUM to this packet prior to the Assembly

REGION 8 REPS This packet is being distributed electronically. Please DOWNLOAD the entire packet on to your computer in case there is no Wi-Fi connection in the assembly room. All Reps are responsible to read the material in the packet and to bring either a printed copy or an electronic copy to the business portion of the assembly. Please read and familiarize yourself with the information in the packet prior to the assembly. You will be able to give better service as a Rep for your Intergroup by having the information in this packet with you at the assembly. Printed copies of this packet will not be available at the Assembly. Please contact secretary@oaregion8.org if you have any questions.

CERTIFICATE OF ELIGIBILITY In order for your Intergroup Region 8 Representatives to be able to vote at the assembly, your Intergroup must have a Certificate of Eligibility on file with the Secretary that is valid for 2020. You will fill out the Certificate of Eligibility online at our website, www.oaregion8.org. Select the documents tab, fill in the information and hit submit! There is a Spanish and English version of the form online. If you need help filling out the form, contact the Secretary. All Intergroups are requested to submit a new Certificate in January of each year AND during the year any time there is a change in IG Chair, Reps or Alternates for a Region 8 Assembly. Voting at the assembly is the best way to show how much you support a healthy Region 8!

COMMITTEE ASSIGNMENTS Part of your responsibility as a Region 8 representative is to participate in a committee. If you were not at the last assembly you can turn in the committee sign-up sheet to the Secretary on Friday at the business assembly. The sign-up sheet can be found Committee Selection Form and contains a brief explanation of each committee. If you were a Rep in the last assembly you will be placed in the same committee as last time. If you desire to change committees please first contact your Committee Chair and then contact the Secretary at secretary@oaregion8.org and submit a new selection form.

ASSEMBLY REGISTRATION FORMS Registration forms for this assembly can be found at www.oaregion8.org. You are responsible for making your hotel reservation for the assembly.

CALLING ALL INTERGROUPS We need you. Is your Intergroup going to be represented at the Baton Rouge, LA Business Assembly from March 20th–22nd, 2020. Please send at least one representative to our Region Assembly. There is much work to do and we need you to get this work done. Your voice is needed. Not only will your Intergroup be represented for important decisions but you will be helping the hosting Intergroup. Funding may be available for this business assembly and is available for future assemblies. If your Intergroup is unable to financially send at least one Representative to the business assembly, perhaps Region 8 can help you for a future assembly. You can submit the Representative Funding Application from Representative Funding Application. Contact the IGOR Chair (igorchair@oaregion8.org) for more information. We appreciate your service and need you.

HOSTING A FUTURE ASSEMBLY AND RECOVERY CONVENTION We will be accepting bids for a future Assembly and Recovery Convention at this Business Assembly. This is a great way to raise funds and promote OA in your area. Contact the Region 8 Vice-Chair (vicechair@oaregion8.org) with any questions or to request support. Her contact info is in the SOAR 8 Service Directory.

HAVE MORE QUESTIONS? Please feel free to contact any Board Member or Committee Chair with anything that concerns you. Email addresses and phone numbers for all Board Members and Committee Chairs can be found in the Region 8 Service Directory below.
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Region 8 Service Directory

Board Members

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Location</th>
<th>Phone/Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chair</td>
<td>Katrina S.</td>
<td>Baton Rouge, LA</td>
<td>(225) 715-4988 <a href="mailto:chair@oaregion8.org">chair@oaregion8.org</a></td>
</tr>
<tr>
<td>Vice Chair</td>
<td>Pam G.</td>
<td>Sarasota, FL</td>
<td>(941) 343-7181 <a href="mailto:vicechair@oaregion8.org">vicechair@oaregion8.org</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Michelle D.</td>
<td>Little Rock, AR</td>
<td>(501) 580-6120 <a href="mailto:treasurer@oaregion8.org">treasurer@oaregion8.org</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Janet T.</td>
<td>Winter Park, FL</td>
<td>(407) 310-2284 <a href="mailto:secretary@oaregion8.org">secretary@oaregion8.org</a></td>
</tr>
<tr>
<td>Trustee</td>
<td>Andi S.</td>
<td>Boca Raton, FL</td>
<td>(954) 295-1123 <a href="mailto:trustee@oaregion8.org">trustee@oaregion8.org</a></td>
</tr>
<tr>
<td>Parliamentarian</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Committee Chairs

<table>
<thead>
<tr>
<th>Committee Chairs</th>
<th>Chair</th>
<th>Location</th>
<th>Phone/Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>12th Step Within (TSW)</td>
<td>Neill M.</td>
<td>Triangle, NC</td>
<td>(919) 789-9402 <a href="mailto:tswchair@oaregion8.org">tswchair@oaregion8.org</a></td>
</tr>
<tr>
<td>Bylaws/Electronic Documents</td>
<td>Susan D.</td>
<td>Huntsville, NC</td>
<td>(415) 987-3194 <a href="mailto:Bylawschair@oaregion8.org">Bylawschair@oaregion8.org</a></td>
</tr>
<tr>
<td>Intergroup Outreach (IGOR)</td>
<td>Aleta P.</td>
<td>Baton Rouge, LA</td>
<td>(225) 937-0566 <a href="mailto:igorchair@oaregion8.org">igorchair@oaregion8.org</a></td>
</tr>
<tr>
<td>Ways &amp; Means</td>
<td>Melissa H.</td>
<td>Ardmore, TN</td>
<td>(615) 202-5242 <a href="mailto:waysandmeanschair@oaregion8.org">waysandmeanschair@oaregion8.org</a></td>
</tr>
<tr>
<td>Technology/Website</td>
<td>Sarah C.</td>
<td>New Orleans, LA</td>
<td>(504) 458-9965 <a href="mailto:techwebchair2@oaregion8.org">techwebchair2@oaregion8.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Other Service Positions</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>TSW Mentor List</td>
<td>Pat C.</td>
<td>Middle TN IG</td>
<td>(615) 294-0839 <a href="mailto:mentors@oaregion8.org">mentors@oaregion8.org</a></td>
</tr>
<tr>
<td>TSW Email/Sponsor List</td>
<td>Julie S.</td>
<td>Central Office Of Louisiana</td>
<td>(985) 788-3411 <a href="mailto:sponsors@oaregion8.org">sponsors@oaregion8.org</a></td>
</tr>
<tr>
<td>TSW Speaker List</td>
<td>Tammi</td>
<td>Middle TN IG</td>
<td>(337) 734-4564 (Home) <a href="mailto:speakers@oaregion8.org">speakers@oaregion8.org</a></td>
</tr>
<tr>
<td>TSW-Workshop Resources</td>
<td>Tara L.</td>
<td>Tampa, FL</td>
<td>(412) 260-8859 <a href="mailto:workshops@oaregion8.org">workshops@oaregion8.org</a></td>
</tr>
<tr>
<td>Region 8 Webmaster</td>
<td>Mary Jane W.</td>
<td>St Petersburg, FL</td>
<td>(727) 954-7544 <a href="mailto:webmaster@oaregion8.org">webmaster@oaregion8.org</a></td>
</tr>
</tbody>
</table>
I. Agendas

Board Meeting Agenda

BOARD MEETING AGENDA

Friday, March 20, 2020

8:00 am  Informal Meeting: R8 Board Only
(Board please feel free to bring Breakfast)

9:00 am  Board Meeting Convenes – Open to All

Old Business

1. Approval of Minutes of October 2019 Board Meeting (Secretary & Board)
2. Topics for Fall 2020, Nashville Assembly for Presentation and Discussion (VC)
   Theme: "The Road of Happy Destiny"
   a. Ideas we can use to grow Region 8 and our Intergroups
   b. Attracting younger members to the Program
   c. Passing on the “knowledge and importance” of service so that we can stay afloat
   d. How are you trudging the road of Happy Destiny?
3. Audits/Finances/R8DSF Update (Treasurer)
4. Fall 2020 Update (VC)
5. Forum: TBD (Chair)
6. Convention 2020 / OA Strategic Plan (Trustee)
7. Wrap Up

BREAK – 15 minutes

NEW BUSINESS

1. Voting Prep: Review voting plans for virtual and floor voting
2. Emergency Motions
3. New Goals/Tasks for 2020; Committee Chair tasks / issues
4. Other New Business (Time permitting)

12:30 pm  Break for Lunch: 90 min

2:00 pm  Board Meeting Reconvenes

1. Funded Committee Chairs join Board Meeting
2020 - Looking to the Future - OA Celebrates 60 Years!
Baton Rouge, Louisiana, USA –March 20-22, 2020

2. Check in & update on Committee issues & activities, questions, concerns, issues – 10 min each

OTHER NEW BUSINESS:

1. Vouchers / Reimbursement
2. Registration for Fall 2020 Assembly

4:00 pm  Meeting Adjourned
Business Assembly Agenda

Friday, March 20, 2020

1. 6:55 pm    ASSEMBLY CONVENES
2. OA Readings
3. Appointment of Timer and Center Mic
4. Recognition of New Intergroups, New Reps (Green Dots), Conventioneers & Visitors
5. Introduction of Region 8 Board members, Funded Committee Chairs & IG Chairs
6. Introduction of former Region 8 Board Members and Trustees
7. Roll Call & Credentials
8. Adoption of Agenda
9. Forum: TBD
10. 8:15 pm   BREAK – ANNOUNCEMENT (Green Dot Meeting)
11. 8:30 pm   Welcome & Short Skit by hosting Intergroup
12. 7th Tradition
13. 8:45 pm   Presentation & Discussion
14. 10:00 pm  RECESS

Saturday, March 21, 2020

15. 7:30 am   NEW REP ORIENTATION
16. 8:30 am   CALL TO ORDER
17. OA Readings
18. Credentials Report
19. Adoption of Standing Rules
20. Introduction of Parliamentarian & short parliamentary lesson
21. Approve Consent agenda (If needed)
22. Approve minutes from last Assembly, Memphis, Tennessee – Fall 2020
23. 7th Tradition
24. Board reports (5 minutes each + 5 minutes for questions)
25. Trustee Report (15 minutes + 5 minutes for questions)
26. 10:15 am  BREAK (15 min)
27. 10:30 am  Committee Meetings
   a. Recommendation of new Committee Chairs to Board
   b. Hand in report (electronically) to Secretary
28. 12:00 pm  Lunch Break with Speaker
29. 2:00 pm   Reconvene
   a. Break ~3:00 pm (10 min)
   b. Break ~4:00 pm (10 min)
30. Credentials
31. Final Report from Memphis – Fall Assembly 2020
32. Brief Parliamentary Discussion
33. Motions - Bylaws and P&P
34. New business
   a. Nominations for Fall Board Members elections (from the floor)
   b. Region Delegates to WSBC: Nominations for Region Delegates to WSBC for the following year (from the floor)
   c. Region 8 Delegate Support Fund: Funds are available to help your Intergroup send delegates to WSBC.
   d. Announcement of any committee chair elected
   e. Bids for Spring 2021 Assembly & Convention
   f. OA’s Strategic Operations Plan (Trustee)
   g. Emergency Motions (if needed)
35. Committee reports
   a. Ways & Means
   b. Bylaws/Electronic Documents
   c. IGOR
   d. TSW
   e. PI/PO
   f. Technology/Website
36. For the good of the order (time permitting): Intergroup Announcements, etc.
37. GREEN DOT CEREMONY
38. Announcements: Banquet Info, Intergroup Chairs Meeting, Board Meeting, Check Out Time (Late Check Outs)
39. 5:30 pm ASSEMBLY ADJOURNS

POST ASSEMBLY

Sunday

8 am Informal: R8 Board and Committee Chairs Only
   (Board and Funded Chairs - Please feel free to bring Breakfast)
   Location: TBA

9:15 am IGOR / IG Chairs /Reps Meeting - Open to All
   Open meeting. Reps from each IG please attend!
   Location: TBA
## II. Unapproved Business Assembly Minutes- Memphis, TN, October 2019

### Friday, October 11, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</table>
| 7:00 p.m. | Assembly Convenes  
               Serenity Prayer in English Linda R., Goldcoast IG  
               And Spanish Melissa H., Tennessee Valley           |
| 7:05 p.m. | OA Readings  
               • 12 Steps – Susan B., Piedmont IG  
               • 12 Traditions—Mark J. Palm Beach County IG  
               • 12 Concepts—Elaine O., Greater Memphis IG  
               • For Today, October 11th - Tina S., Manasota IG  
               • Solo Por Hoy, 11th Octubre- Ingrid S., Intergrupo de Bogota, Colombia |
| 7:18 p.m. | Appointment of Timer – Aleta P, Baton Rouge IG  
               Center Mic - Geri H., Virtual                       |
| 7:19 p.m. | Recognition of New Intergroups, Green Dots, Conventioneers & Visitors |
| 7:23 p.m. | Introduction of Region 8 Board Members, Funded Committee Chairs & IG Chairs |
| 7:25 p.m. | Introduction of former Region 8 Board Members and Trustees            |
| 7:29 p.m. | Roll Call & Credentials                                               |
| 7:40 p.m. | Adoption of Agenda 33 voting/ 4 non-voting                             |
| 7:41 p.m. | Forum: Intergroup Renewal                                             |
| 8:15 p.m. | Break – Announcement                                                  |
| 8:31 p.m. | Welcome & short skit by hosting Intergroup                            |
| 8:45 p.m. | 7th Tradition collected Friday $430.03                                |
| 8:45 p.m. | Presentation & Discussion                                             |
| 10:00 p.m.| RECESS                                                                |

### Saturday, October 12th 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
<td>New Rep Orientation</td>
</tr>
</tbody>
</table>
| 8:31 a.m. | Call to order with Serenity Prayer in  
               English- Tina M. Southwest Louisiana IG  
               & Spanish                                       |
| 8:32 a.m. | OA readings  
               • 12 Steps – Richard W, Piedmont IG  
               • 12 Traditions-Barbara T., Palm Beach County IG  
               • 12 Concepts-Cora W., New Freedom IG  
               • Voices of Recovery, Oct 12th, -Marissa M., Suncoast IG  
               • Voces de Reperacion – Octubre 12th - Ingrid, Intergrupo de Bogota, Colombia |
| 8:43 a.m. | Credentials-36 voting, 4 non-voting                                  |
| 8:45 a.m. | Adoption of Standing Rules- adopted                                  |
| 8:46 a.m. | Introduction of Parliamentarian & short parliamentary lesson         |
| 8:51 a.m. | Approve Consent agenda – not needed                                  |
### 2020 - Looking to the Future - OA Celebrates 60 Years!
Baton Rouge, Louisiana, USA –March 20-22, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>8:52 a.m.</td>
<td>22.</td>
<td>Approved minutes from last Assembly, Ft Lauderdale, FL, April 2019- the minutes in the packet has error with number formatting</td>
</tr>
<tr>
<td>8:54 a.m.</td>
<td>23.</td>
<td>7th Tradition- collected $209.32</td>
</tr>
<tr>
<td>8:56 a.m.</td>
<td>24.</td>
<td>Board reports - 5 min each +5 minutes questions</td>
</tr>
<tr>
<td>9:40 a.m.</td>
<td>24-a</td>
<td>WSBC Delegate report- this was missed – Neill M will present report from packet, followed by questions and answer period</td>
</tr>
<tr>
<td>9:24 a.m.</td>
<td>25.</td>
<td>Trustee Report 10 minutes + 5 minutes for questions</td>
</tr>
<tr>
<td>9:54 a.m.</td>
<td>26.</td>
<td>BREAK return at and sit with your committee at 10:30</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>27.</td>
<td>Committee Meetings</td>
</tr>
<tr>
<td>8:56 a.m.</td>
<td>24</td>
<td>Board reports - 5 min each +5 minutes questions</td>
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<td>24-a</td>
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<tr>
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<tr>
<td>10:30 a.m.</td>
<td>27.</td>
<td>Committee Meetings</td>
</tr>
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</table>

**First Order of Business:**
- Recommendation of new Committee Chairs to Board: Tech Web, UWD, TSW
- Hand in report to Secretary- reports are submitted via Dropbox

12:00 p.m. | 28. | Lunch break with speaker |
2:02 p.m. | 29. | Reconvene |
2:02 p.m. | 30. | Credentials 38 voting |
2:03 p.m. | 31. | Final report from Ft Lauderdale, April Assembly 2019- Maureen, Gold Coast IG |
2:14 p.m. | 32. | Brief Parliamentary Discussion |
2:19 p.m. | 33. | • Motion A Fall 2019 Article XXVI Unity with Diversity- adopted |
4:02 p.m. | 34. | • Budget 2019 – 2020 – presented by the Treasurer |
4:02 p.m. | 35. | • Motion B Fall 2019 Article XXVI Unity with Diversity- adopted |
4:02 p.m. | 36. | • Motion 1 Bylaws Article VIII UWD- adopted |
4:02 p.m. | 37. | • Motion C Fall 2019 OAPP chair- adopted |
4:02 p.m. | 38. | • Motion D Fall 2019 OAPP his to their- adopted |
4:02 p.m. | 39. | • Motion E new graphic OAPP title page- adopted |
4:02 p.m. | 40. | • Motion F: Fund TWO Co-Chairs of the Tech Web Committee- adopted |
4:02 p.m. | 41. | • Motion A Fall 2019 Article XXVI Unity with Diversity- adopted |
4:02 p.m. | 42. | • Motion B Fall 2019 Article XXVI Unity with Diversity- adopted |
4:02 p.m. | 43. | • Motion 1 Bylaws Article VIII UWD- adopted |
4:02 p.m. | 44. | • Motion C Fall 2019 OAPP chair- adopted |
4:02 p.m. | 45. | • Motion D Fall 2019 OAPP his to their- adopted |
4:02 p.m. | 46. | • Motion E new graphic OAPP title page- adopted |
4:02 p.m. | 47. | • Motion F: Fund TWO Co-Chairs of the Tech Web Committee- adopted |
3:37 p.m. | 48. | • Break- return in 13 minutes |
3:37 p.m. | 49. | • New business |
3:55 p.m. | 50. | • Budget 2019 – 2020 – presented by the Treasurer |
4:02 p.m. | 51. | • Elect Region Delegates to WSBC- each presented followed by a 5-minute Q&A- R8 has budgeted $4,500 which would fully fund 3 Delegates; chair has asked if body would like to partially fund Delegates-- motion was to send 3 fully funded Delegates @$4,500 each |
4:02 p.m. | 52. | Chair assumes we will partially fund 4 Delegates; we will dispense voting and send all 4 Delegates with partial funding |
4:02 p.m. | 53. | o Dara S., Central Florida IG |
4:02 p.m. | 54. | o Terri (Maria) M., Miami Dade and the Keys IG |
4:02 p.m. | 55. | o Susan B., Piedmont IG |
4:02 p.m. | 56. | o Tara L., Suncoast IG |
4:54 p.m. | 57. | • Elect Chair – Katrina S., was elected Chair |
5:10 p.m. | 58. | • Elect Treasurer – Michelle was elected Treasurer |
5:20 p.m. | 59. | • Committee selection announcements- the follow chairs were ratified by the Board |
5:20 p.m. | 60. | o 12th Step Within- Neill M., Triangle Intergroup |
5:20 p.m. | 61. | o Tech/Web- Barbara C., New Freedom Intergroup; Bill L., GAOAIG |
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:22 p.m.</td>
<td>f. 0. PI/PO – Marissa M., Suncoast Intergroup</td>
</tr>
<tr>
<td></td>
<td>o  Bids for fall 2020 Assembly &amp; Convention- Middle Tennessee presentation</td>
</tr>
<tr>
<td>5:31 p.m.</td>
<td><strong>Chair is asking if body would like to extend the assembly 30 minutes- motion made and passed to extend 30 minutes</strong></td>
</tr>
<tr>
<td>g.</td>
<td>b) OA’s Strategic Operations Plan (Trustee)—not needed</td>
</tr>
<tr>
<td>h.</td>
<td>Emergency Motions-- not needed</td>
</tr>
<tr>
<td>5:35 p.m.</td>
<td>35. Committee Reports were presented in this order and projected on the screen by Tech/Web</td>
</tr>
<tr>
<td></td>
<td>• Ways &amp; Means</td>
</tr>
<tr>
<td></td>
<td>• Bylaws/Electronic Documents</td>
</tr>
<tr>
<td></td>
<td>• IGOR</td>
</tr>
<tr>
<td></td>
<td>• TSW Unity with Diversity is now a sub-committee of TSW</td>
</tr>
<tr>
<td></td>
<td>• PI/PO</td>
</tr>
<tr>
<td></td>
<td>• Technology/Website</td>
</tr>
<tr>
<td>5:43 p.m.</td>
<td>36. For the good of the order Announcements from the floor</td>
</tr>
<tr>
<td></td>
<td>Announcements made from Intergroups, see R8 website/calendar for updates</td>
</tr>
<tr>
<td>5:48 p.m.</td>
<td>37. Green Dot Ceremony</td>
</tr>
<tr>
<td>5:49 p.m.</td>
<td>38. Announcements: Banquet Info, Intergroup Chairs Meeting, Board Meeting, Check Out Time (Late Check Outs)</td>
</tr>
<tr>
<td>5:50 p.m.</td>
<td>ASSEMBLY ADJOURNS</td>
</tr>
<tr>
<td>5:48 p.m.</td>
<td>Green Dot Ceremony</td>
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**Sunday, October 13th 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td><strong>Informal: R8 Board and Committee Chairs Only</strong></td>
</tr>
<tr>
<td></td>
<td>(Board and Funded Chairs - Please feel free to bring Breakfast)</td>
</tr>
<tr>
<td></td>
<td>Location: Garden Room 2</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td><strong>IGOR / IG Chairs /Reps Meeting - Open to All</strong></td>
</tr>
<tr>
<td></td>
<td>Open meeting. Reps from each IG please attend!</td>
</tr>
<tr>
<td></td>
<td>Location: Conference room 2</td>
</tr>
</tbody>
</table>
III. Results of Motions-Memphis, TN, October 2019

Motion 1: Update Bylaws Article VIII, Section 1

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
</tr>
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<tbody>
<tr>
<td>Article VIII, Section 1, A, 2.</td>
<td>Article VIII, Section 1, A, 2.</td>
</tr>
<tr>
<td>2. Odd Years: Technology/Web Site, Twelfth-Step-Within, Unity with Diversity, Public Information/Professional Outreach Committee</td>
<td>2. Odd Years: Technology/Web Site, Twelfth-Step-Within, Unity with Diversity, Public Information/Professional Outreach Committee</td>
</tr>
</tbody>
</table>

Motion: Amend Bylaws Article VIII, Section 1 by striking Unity with Diversity

| X | Adopted | Amended | Lost |

SUBMITTED BY:
Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org

INTENT:
Remove Unity with Diversity as a standing committee as it is now a sub-committee of Twelfth Step Within (TSW)

IMPLEMENTATION:
Amend the Bylaws to reflect this change.

COST:
Minor only if reprinting of the Bylaws is necessary.

RATIONALE: As this committee has already been made a subcommittee of TSW, the bylaws need to reflect this.
Motion A: Update Policy & Procedure Manual Article XXVI

<table>
<thead>
<tr>
<th>X</th>
<th>Adopted</th>
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<td></td>
<td>Amended</td>
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<td></td>
<td>Lost</td>
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</table>

**Motion:** Move to amend Region 8 Policy and Procedure Manual, Article XXVI as follows: (and to renumber sequential Articles of the P & P accordingly)

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
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</table>
| XXVI. Unity with Diversity Committee  
Purpose  
To recognize the significance that acceptance of diversity plays in our ability to effectively carry the message of recovery, this committee intends to encourage awareness within and outside the Fellowship of the importance of unity while honoring and respecting diversity.  
Duties:  
1. Gather and disseminate information from other Regions and WSO regarding Unity with Diversity work.  
2. Assist groups in attracting all who come to OA (regardless of culture, ethnicity, nationality, gender, sexual orientation, age, language spoken, abuse of food, disability, or method of recovery) and reach out to them with the message of recovery.  
3. Assist Groups and Intergroups with Twelve Step work with these diverse populations.  
Young People’s Sub-Committee  
Purpose  
To work with Groups, Intergroups and members to share the message of recovery with young people in OA.  
Duties  
1. Share information from other Regions and WSO regarding Young People’s work.  
2. Encourage Groups to welcome young people who come to OA, reach out to them with the message of recovery, and help them find a sponsor. | XXVI. Unity with Diversity Committee  
Purpose  
To recognize the significance that acceptance of diversity plays in our ability to effectively carry the message of recovery, this committee intends to encourage awareness within and outside the Fellowship of the importance of unity while honoring and respecting diversity.  
Duties:  
1. Gather and disseminate information from other Regions and WSO regarding Unity with Diversity work.  
2. Assist groups in attracting all who come to OA (regardless of culture, ethnicity, nationality, gender, sexual orientation, age, language spoken, abuse of food, disability, or method of recovery) and reach out to them with the message of recovery.  
3. Assist Groups and Intergroups with Twelve Step work with these diverse populations.  
Young People’s Sub-Committee  
Purpose  
To work with Groups, Intergroups and members to share the message of recovery with young people in OA.  
Duties  
1. Share information from other Regions and WSO regarding Young People’s work.  
2. Encourage Groups to welcome young people who come to OA, reach out to them with the message of recovery, and help them find a sponsor.  
3. Assist Groups and Intergroups with Twelve Step Young People’s work. |
3. Assist Groups and Intergroups with Twelve Step Young People’s work.

Translations Sub-Committee (Motion ratified July, 2015)

Purpose
To effectively carry the message of recovery in Region 8 by recognizing, accepting, and embracing our language diversity and to facilitate the translation and dissemination of documents to further our primary purpose.

Duties
1. Gather and disseminate information in Spanish and Portuguese from other committees in Region 8, other Regions and WSO in order to share the message of recovery.
2. Assist groups in attracting all who come to OA and reach out to them with the message of recovery in Spanish and/or Portuguese.
3. Assist Groups and Intergroups with Twelve Step work with the people who speak other languages.

<table>
<thead>
<tr>
<th>SUBMITTED BY:</th>
<th>Translations Sub-Committee (Motion ratified July, 2015)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bylaws Committee</td>
<td>Purpose</td>
</tr>
<tr>
<td>Susan Berland</td>
<td>To effectively carry the message of recovery in Region 8 by recognizing, accepting, and embracing our language diversity and to facilitate the translation and dissemination of documents to further our primary purpose.</td>
</tr>
<tr>
<td>415-987-3194</td>
<td>Duties</td>
</tr>
<tr>
<td><a href="mailto:Bylawschair@oaregion8.org">Bylawschair@oaregion8.org</a></td>
<td>1. Gather and disseminate information in Spanish and Portuguese from other committees in Region 8, other Regions and WSO in order to share the message of recovery.</td>
</tr>
<tr>
<td></td>
<td>2. Assist groups in attracting all who come to OA and reach out to them with the message of recovery in Spanish and/or Portuguese.</td>
</tr>
<tr>
<td></td>
<td>3. Assist Groups and Intergroups with Twelve Step work with the people who speak other languages.</td>
</tr>
</tbody>
</table>

INTENT:
Remove Unity with Diversity as a standing committee

IMPLEMENTATION:
Amend the Region 8 Policy & Procedure Manual to reflect this change.

COST:
Minor only if reprinting of the P&P is necessary.

RATIONALE: The Twelfth Step Within (TSW) committee and the Unity with Diversity (UWD) committee often find they have common issues and are duplicating their service work. In addition, it has proven very difficult to keep the UWD committee adequately staffed. Therefore, a merger of UWD into the TSW as a subcommittee of TSW will avoid duplication of efforts in accordance with Concept 10 and will help alleviate the staffing issues.
Motion B: Update Policy & Procedure Manual Article XXVI

Motion: Move to amend Region 8 Policy and Procedure Manual Article XXIV after the section “Duties” by adding Unity with Diversity and its Translations sub-committee as subcommittees of Twelfth Step Within as follows:

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
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<tbody>
<tr>
<td>XXIV. Twelfth-Step-Within Committee</td>
<td></td>
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<tr>
<td>Unity with Diversity Sub Committee</td>
<td></td>
</tr>
<tr>
<td>Purpose</td>
<td>To recognize the significance that acceptance of diversity plays in our ability to effectively carry the message of recovery, this committee intends to encourage awareness within and outside the Fellowship of the importance of unity while honoring and respecting diversity.</td>
</tr>
<tr>
<td>Duties:</td>
<td></td>
</tr>
<tr>
<td>1. Gather and disseminate information from other Regions and WSO regarding Unity with Diversity work.</td>
<td></td>
</tr>
<tr>
<td>2. Assist groups in attracting all who come to OA (regardless of culture, ethnicity, nationality, gender, sexual orientation, age, language spoken, abuse of food, disability, or method of recovery) and reach out to them with the message of recovery.</td>
<td></td>
</tr>
<tr>
<td>3. Assist Groups and Intergroups with Twelve Step work with these diverse populations.</td>
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</tr>
<tr>
<td>Young People’s Sub-Committee</td>
<td></td>
</tr>
<tr>
<td>Purpose</td>
<td>To work with Groups, Intergroups and members to share the message of recovery with young people in OA.</td>
</tr>
<tr>
<td>Duties</td>
<td></td>
</tr>
<tr>
<td>1. Share information from other Regions and WSO regarding Young People's work.</td>
<td></td>
</tr>
<tr>
<td>2. Encourage Groups to welcome young people who come to OA, reach out to them with the message of recovery, and help them find a sponsor.</td>
<td></td>
</tr>
</tbody>
</table>
SUBMITTED BY:
Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org

INTENT:
Add Unity with Diversity as a sub-committee of Twelfth Step Within

IMPLEMENTATION:
The action has already been taken. This will simply amend the Policy & Procedure Manual to reflect this change.

COST:
Minor only if reprinting of the P&P is necessary.

RATIONALE: The Twelfth Step Within (TSW) committee and the Unity with Diversity (UWD) committee often find they have common issues and are duplicating their service work. In addition, it has proven very difficult to keep the UWD committee adequately staffed. Therefore, a merger of UWD into the TSW as a subcommittee of TSW will avoid duplication of efforts in accordance with Concept 10 and will help alleviate the staffing issues.
Motion C: Update Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual by changing Chairman to Chair

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
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<tbody>
<tr>
<td>Move to change all instances of the word Chairman to Chair</td>
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<tr>
<td>An example:</td>
<td></td>
</tr>
<tr>
<td>XXI</td>
<td></td>
</tr>
<tr>
<td>Vice-Chairman</td>
<td>Vice Chair</td>
</tr>
<tr>
<td>1. Assumes all duties of Chairman in his/her absence.</td>
<td>1. Assumes all duties of Chair in his/her absence.</td>
</tr>
</tbody>
</table>

SUBMITTED BY:
Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org

INTENT:
To make the P&P more inclusive.

IMPLEMENTATION:
Change all instances of the word chairman to chair and vice-chairman to vice-chair

COST:
Minor only if reprinting of the P&P is necessary.

RATIONALE: To make the P&P more inclusive.
**Motion D: Amend Region 8 Policy & Procedure Manual**

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<tr>
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<th>Adopted</th>
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<td>Amended</td>
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**Motion:** Move to amend Region 8 Policy and Procedure Manual by changing his or her and his/her to their

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<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
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<tbody>
<tr>
<td>Move to change all instances of the words his or her or his/her to their</td>
<td>5. Board member may select someone to give report in their absence, at no expense to Region.</td>
</tr>
<tr>
<td>An example: XXI Board Members Duties of Board Members</td>
<td></td>
</tr>
<tr>
<td>5. Board member may select someone to give report in his/her absence, at no expense to Region.</td>
<td>5. Board member may select someone to give report in their absence, at no expense to Region.</td>
</tr>
</tbody>
</table>

**SUBMITTED BY:**
Bylaws Committee
Susan Berland 415-987-3194  
Bylawschair@oaregion8.org

**INTENT:**
To make the P&P more inclusive.

**IMPLEMENTATION:**
Change all instances of the word his or her to their and his/her to their

**COST:**
Minor only if reprinting of the P&P is necessary.

**RATIONALE:** To make the P&P more inclusive. The pronouns they/them/their are more commonly used as singular today.

According to Merriam Webster, “In an 1881 letter, Emily Dickinson wrote "Almost anyone under the circumstances would have doubted if [the letter] were theirs, or indeed if they were themself." People have used singular 'they' to describe someone whose gender is unknown for a long time, but the nonbinary use of 'they' is relatively new.”
2020 - Looking to the Future - OA Celebrates 60 Years!
Baton Rouge, Louisiana, USA –March 20-22, 2020

More information can be found here: https://www.merriam-webster.com/words-at-play/singular-nonbinary-they
Motion E: Update Policy & Procedure Manual

Motion: Move to amend OAPP, changing the graphic on the cover page

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
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<tbody>
<tr>
<td>![Current Graphic]</td>
<td>![Proposed Graphic]</td>
</tr>
</tbody>
</table>

SUBMITTED BY:
Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org

INTENT:
To make the title accurate.

IMPLEMENTATION:
New P&P to be uploaded to the website

COST:
Minor only if reprinting of the P&P is necessary.

RATIONALE: To make the P&P accurate. The current graphic says Southeast Overeaters Anonymous. This will reflect the correct name, Southeastern Overeaters Anonymous.
Motion F: Fund TWO Co-Chairs of the Tech Web Committee

Motion: Move to amend P & P Manual, Article IX, Section A.5 as follows:

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
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</thead>
<tbody>
<tr>
<td>Article IX Financial Policies, Section A General</td>
<td>Article IX Financial Policies, Section A General</td>
</tr>
<tr>
<td>5. The following positions are funded within the guidelines hereinafter stated: Chairman, Vice-Chairman, Secretary, Treasurer, Parliamentarian, and the chairs of the following committees: Ways and Means, IGOR, Bylaws/Electronic Documents, Public Information/Professional Outreach, Twelfth-Step Within, Technology/Web Site, and Unity with Diversity.</td>
<td>1. The following positions are funded within the guidelines hereinafter stated: Chairman, Vice-Chairman, Secretary, Treasurer, Parliamentarian, and the chairs of the following committees: Ways and Means, IGOR, Bylaws/Electronic Documents, Public Information/Professional Outreach, Twelfth-Step Within, Technology/Web Site, and Unity with Diversity, and two Co-Chairs of the Technology/ Web Site Committee.</td>
</tr>
</tbody>
</table>

SUBMITTED BY:
Chair, Technology/Web Site Committee, SOAR 8
Barbara Carter 352.472.9924 techwebchair@oaregion8.org

INTENT:
The intent of this motion is to request funding for a second person on the Technology/Web Site Committee (two Co-Chairs) for travel/expenses to the Business Assemblies.

IMPLEMENTATION:
Starting with the spring 2020 business assembly. This will fall under a new fiscal year.

COST:
$1,200 (per year, approximately). The Treasurer stated that the budget allows $600 for each funded chair per business assembly.

RATIONALE:
Since the adoption of virtual attendance and, more recently, virtual voting during the business assemblies, the Tech/Web Committee responsibilities have increased, while the desire to assist on the Tech/Web Committee has decreased. At the spring 2018 assembly, we “recruited” a talented person from the recovery convention to help with the Tech/Web Committee. At the assembly in fall 2018, only one person was physically present to handle two computers: one for real-time projection and the other for real-time communication with the virtual attendees. When no one from the rooms stepped up to assist Tech/Web, the Vice-Chair stepped down from the dais to support their responsibilities.
It is imperative that at least two people be present at each business assembly to handle the responsibilities and the equipment of the Tech/Web Committee. These responsibilities include:

- Monitoring all the virtual attendees. This includes working with the Secretary to make sure they are all informed and on-line, answering their questions through chat, and trying to maintain the internet connections, video and audio feeds.
- Displaying all of the readings, motions and other presentations on the screen. Modifying the text in motions as they are amended.
- Maintaining, setting up, and running all the equipment: two laptop computers, a microphone, camera and projector.

Scrambling at the last minute to recruit a second person to assist with the Tech/Web committee is not efficient. The job cannot be done with only one person. It will be easier to fund a second person – thus ensuring their attendance at the business assembly. The qualifications are few: if you can use a smart phone and/or computer, we can teach you to run the software needed during the business assembly.
IV. Reports

Board Member Reports
Chair
Welcome! Bienvenidos! Bem-vindo!

Hello! ¡Hola! Olá!

My name is Katrina. I am Region 8 Chair, a compulsive eater and sugar addict, in recovery thanks to OA!

As always, thank you. For your service. For your dedication. For your commitment to your own recovery. For supporting the recovery of everyone around you by coming back, again and again, to share your Experience, Strength and Hope. For allowing me the honor and privilege of being Chair.

Welcome to Baton Rouge, Louisiana, USA for our Spring Assembly. The theme is “Traveling the Bayou to Recovery.” The presentation and discussion topic is: “Uncover, Discover, Recover”

Many, many thanks to my home intergroup, Baton Rouge Intergroup for hosting us in the Red Stick City on the banks of the mighty Mississippi River!

ES&H: Transformation and Recovery

Chronic pain is a part of my life, with help and guidance I’ve learned to manage it. Recently, the level spiked and I needed to make a change so that my entire existence would not be defined by pain.

I thought that I knew how to manage pain. I knew what to do and I was doing it. It was not working. Suddenly, I was fearful and confused. I was a walking resentment. I was irritable and restless. I was, as the AA Big Book says, engaging in the dubious luxury of normal men.

As a compulsive eater and sugar addict my disease screams that sugar and food is the answer. No matter how long I am abstinent, when great challenges, problems, illness, heartache or life changes arise, my disease screams that eating will make it better.

In truth, we all experience pain spikes – times when illness, change, or troubles overwhelm us. Times when the disease may call. We all face these challenges. It is
called life. The OA 12 Step program of recovery has taught me that these experiences may be another bottom, a place of transformation, a place of resurrection. If I allow it, if I claim it, this new bottom can awaken me to a deeper and fuller recovery.

At this new bottom, I recognize true unmanageability once again and live powerlessness in a way that is familiar, yet different. Through the raw, newness of this powerlessness I can be a Newcomer without ever leaving the program. I can move from one definition of abstinence or way of working my program into another without ever venturing into relapse.

I had to humble myself. I had to re-experience coming to believe by kneeling to pray, as I did when I was a child. For me, this physical act of submission serves as a way to remind me of the Source of all Power. By kneeling I also brought my disease to its’ knees.

For this Step 3, I call this new challenge by its’ name and I give it to the God of my understanding. It is beyond me. Here in this space, at bottom, it is not enough to proclaim that I am giving my whole life over to the care of God. I must name my pain specifically, I must name the grinning demon of my disease and I must visualize giving them over, releasing them and experiencing the lightness of the burden surrendered.

And, I become willing to do whatever footwork is prescribed. The message to me was that I needed to be reborn to myself, to my recovery program, to my fellow sufferers, to my Higher Power and to what I thought I knew about pain.

A sponsee later shared a small prayer (the Set Aside Prayer, origin unknown) that captured the message I received. “God help me set aside everything I think I know about you, everything I think I know about myself, everything I think I know about recovery. For a new experience in myself, a new experience in my fellows, a new experience in recovery.”

Grace allowed a spiritual experience of transformation to begin. For me, it is a naked, shivering walk from one pool of deep tranquility, abstinence and sobriety to another larger, deeper pool. In time, we must all make that trek.

When you find yourself there, naked and shivering, in the midst of the spiritual experience of deepening your recovery, reach out your hand for power and
strength greater than yours, to find love and understanding beyond your wildest dreams.

Memphis Fall 2019 Assembly

The Region 8 Fall Business and Recovery Assembly was held on October 11-13 in one of the great music cities of the US - Memphis, Tennessee! It was hosted by the Greater Memphis Intergroup. The theme was: River City Recovery.

• Why you should have been there!
  o Sugar Freak being sung to the tune of Super Freak by Rick James knocked our socks off!
  o A story so deep and true that we cried at the Panel Discussion.
  o Two A-Mazing Recovery Tracks
    ▪ The Big Book Comes Alive for OA
    ▪ Floating Down the River Using the Tools
  o A stunning boutique!
  o A brilliant team demonstrating how to get it done...beautifully! Apologies for missing other names but Ellen, Carol, Susan, Janet and the beautiful, smiling faces and warm welcome of the lovelies at the registration desk and in the boutique made us all feel wrapped in love.

• Taking Care of Business
  o Region 8 Board Updates:
    ▪ Re-elected Katrina S. as Chair
    ▪ Re-elected Michelle D. as Treasurer
  o A motion from the Bylaws Committee allowed the Region to update documentation to be gender inclusive.
  o The Region will sponsor 4 delegates to WSBC.
  o The Fall Assembly included representatives from Colombia and Brazil!
  o We hosted our first Virtual Green Dot and voted to increase support for our Tech-Web Committee by voting to fully fund 2 Tech-Web Co-Chairs.
  o The Assembly provided feedback to the Region Board on how best to improve communication across the Region.
  o Region 8 has a new website! The new design and logo were voted in at the fall assembly and implemented by the region webmaster. Check it out at OARegion8.org.

Other Events

• The Region Chair had the pleasure of hosting an IDEA Day Workshop for Southwest Alabama Intergroup in November. The workshop was cleverly titled:
2020 - Looking to the Future - OA Celebrates 60 Years!
Baton Rouge, Louisiana, USA – March 20-22, 2020

Weathering the Storms of Life (Abstinently!) since the Chair’s name is Katrina! The writing, speaking and sharing was rich and empowering. The feedback and ongoing connection has been very positive and humbling.

- The Region Chair will host a UNITY Day workshop in New Orleans on February 29.
- Upcoming Events:
  - World Service Convention – August 20 - 22, 2020 – Orlando, Florida
  - Region 8 Fall Business and Recovery Assembly – October 9 – 11, 2020 – Nashville, Tennessee
  - In addition, several other intergroups hosted (and will be hosting) conventions and retreats. See the Region Calendar at oaregion8.org for details.

A Message for You!

Boost YOUR recovery, bring YOUR Intergroup’s ideas and energy to the Region, and bring the Region’s energy and enthusiasm back to YOUR Intergroup. Be a Region Representative, a Funded Committee Chair or run for the Board!

Big hugs! Much, much love,
Katrina S
Region 8 Chair
Vice Chair
Pam G.
Vice Chair Report – Spring 2020 Assembly

Happy New Year!

I’m looking forward to seeing all of you again at the Crowne Plaza Baton Rouge for the Spring 2020 Assembly. The Baton Rouge Intergroup has been busy getting this assembly/convention ready and is looking forward to uncovering, discovering and recovering with OA members from all around Region 8.

Middle Tennessee Intergroup is looking forward to everyone attending the Fall 2020 Assembly/Convention on October 9-11, 2020, at the Embassy Suites in Nashville, Tennessee. Flyers will be available at the March assembly so mark your calendar now to attend.

At this assembly we will be voting on where to hold the Spring Assembly 2021. As of writing this report, I have not had any responses for hosting the event in March or April of next year. Maybe your intergroup would be willing to take on the task? Or maybe 2 intergroups could get together and share in the responsibilities? The Hosting Manual has been updated and is available on the Region 8 website for step by step instructions!

At the Fall 2020 Assembly we will be voting on the vice chair and secretary positions. Are you willing to strengthen your recovery by applying for one of these positions on the board? Being vice chair has given me opportunities to grow by discovering assets that I didn’t know I had and defects that threatened my recovery. Uncovering them has brought me closer to God (my higher power) and enabled me to do things that I thought I could never do. And I learned that I didn’t have to do it alone! The Board has been a great support system!

So, if you’re organized, like to work with people and get excited planning events, apply for the position of Vice Chair. And even if you’re not, apply any way! You may not know what you can do with the gifts that God (or your higher power) has given you. It’s an experience that you will not want to miss.

I’m grateful for the opportunity to serve as Vice Chair!

Yours in service,

Pam Gleason
Region 8 Vice Chair
vicechair@OAregion8.org
941-343-7181
Treasurer

Treasurer’s Report March 2020 Assembly

Hello all!

Thank you for the opportunity to do service for Region8.

Things are kicking along just fine with the finances. Money is flowing in and out as anticipated and the work of the Region is being supported financially thanks to all the individual, meetings, and Intergroup contributions!

Send contributions to:
SOAR8 Treasurer
PO Box 242522
Little Rock, AR 72223

Top five ways to access Region8 money to carry the message to those who still suffer: 1. Join a Region 8 Committee and use their budgeted resources!

2. Apply for IGOR Rep Funding if your Intergroup needs help sending a delegate to a Region 8 Assembly. http://oaregion8.org/documents/Representative-Funding-Application.pdf Send to IGORChair@oaregion8.org due 60 days prior to Assembly

3. Apply for assistance from the PIPO Public Information Funds if your Intergroup needs assistance in carrying the message in your communities like through a poster campaign, a sign on a bus bench, or a newspaper ad. https://oaregion8.org/documents/PDFs/Fillable-Request-for-Public-Info-Funds.pdf Send to PIPOChair@oaregion8.org

4. Apply for assistance from the IGOR Carry the Message Funds if your Intergroup needs help to bring someone to your area to lead a workshop or help your Intergroup with a specific event. Page 52 of the P&P: https://oaregion8.org/documents/Policy-and-Procedure-Manual-as-of-June-2019.pdf Send to both IGORChair@oaregion8.org and Treasurer@oaregion8.org
5. Apply to the **Delegate Support Fund** (R8DSF) to help send a representative from your Intergroup to the WSBC Conference. [https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Delegate-to-WSBC-Application.pdf](https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Delegate-to-WSBC-Application.pdf)
   
   Send to [Treasurer@oaregion8.org](mailto:Treasurer@oaregion8.org) due September 1 (Region 8 will pass it along to WSBC when/if Region 8 uses all of our money budgeted for this)

I’m grateful to be a small part of your work in spreading the message of OA!

Peace,

Michelle D
Hello All,

Welcome to Baton Rouge! I am excited to be here again and grateful that I can serve Region 8 and OA as your Secretary. It strengthens my recovery being able to give back what has so freely been giving to me. I heard it said recently, we cannot squander this gift we have been given.

That being said, at our Fall Assembly in Nashville, we will be voting for a new Secretary and Vice Chair. I would urge each of you to consider running for either position. However, being Secretary is really the BEST! It is an incredibly rewarding service. I would describe it as being the gatherer and distributor of information….an information gateway, if you will for the business of Region 8. Aside from that, as a member of the Region 8 Board, you would be involved in discussions and decision making done for good of the order. This aspect has led to growth in my recovery like none other.

We have well defined roles for each Board position in our Policy and Procedures Manual. When I first came on as the Secretary in 2010, I began to “make it my own”. By that I mean putting my spin on things to show my personality to the assembly. For instance, projecting the morning readings in English as well as Spanish. Also projecting a “green dot” presentation in PowerPoint to let the new Reps know how much the are welcomed and appreciated. I am sure when one of you becomes the new Secretary, you will bring you own talents and ideas to the Region and I look forward to seeing your talents. Of course, I will be available to mentor the next Secretary!

I look forward to seeing my old friends and can’t wait to meet the new faces of Region 8…. the future!
2020 - Looking to the Future - OA Celebrates 60 Years!
Baton Rouge, Louisiana, USA –March 20-22, 2020

Trustee
Andi S.

Hello/Hola/OA Region 8

My name is Andi. I am compulsive overeater!

My nombre es Andi y yo soy un comedor compulsivo!
Menu nome Andi e eu sou um comedor compuEstvo!

Welcome everyone to Baton Rouge, La

First off let me thank Memphis Tennessee for a wonderful fall assembly. "River City Recovery in Memphis Tennessee." The Big Book came alive for all of us. We thank you so much for the opportunity to not only absorb new recovery in our program but also to enjoy your city.

So here we are in Baton Rouge “Traveling the Bayou to Recovery”. Uncover, Discovers Recover on the Bayo.

Thank you so much for this awesome opportunity to be together with our fellow travelers on this wonderful journey of recovery.

These past five months have really been a true learning experience for me, for me service has always been a big part of my recovery. Also, a big pan of my action plan. After I pray and talk to my sponsor and sponsees, I'm either at meeting. on the phone or at my computer. After my first meal of the day of course. (LOL) I do take time to paint and exercise in weekly plan- I always need to find that balance in my Fife. When I have neutrality around food, I am available to learn how to bring balance into my world. Thank you, HP.

There are so many ways to give service. I started by carrying the key to my home meeting. As I did service, I became more willing to work my program. Isn't wonderful how that works, Higher Power is always with me and I am so grateful-

Speaking of service. you have a wonderful opportunity to become part of the group that will be working on the World Service/ convention Sunshine of the Spirit 60 Years Around the Sun! August 20-22. 2020. We are having the convention in Orlando Florida what a great place to go for super fellowship, recover,’ and fun. I know I will have much more information in March and details on how you can sign up for service. You can register online. We will be at the Renaissance Hotel. There will be workshops. interactive lectures and so much more. Pit it on your calendar, maybe even in your action plan?

Thank you for giving me the honor and blessing to continue to grow and to continue to carry these lifesaving solutions to all who share my compulsion, for this I am responsible.

Please come up and introduce yourself at the assembly, I love giving and getting all the hugs I

Blessings of tight

Andi Sherman
Region 8 Trustee
# Committee Progress Reports

## Bylaws

### SOAR8 Southeast Overeaters Anonymous Region 8

- Alabama • Arkansas • Caribbean • Central America • Florida • Georgia • Louisiana • Mississippi • North Carolina • Puerto Rico • South America • South Carolina • Tennessee

### REGION 8 COMMITTEE PROGRESS REPORT

**SAVE THIS FILE to your device.** Open saved file from your device, complete it and save it again. Then attach the completed form in an email and submit it to: secretary@oaregion8.org

<table>
<thead>
<tr>
<th>Committee:</th>
<th>Bylaws</th>
<th>Assembly:</th>
<th>Spring 2020</th>
</tr>
</thead>
</table>

**Packet for Assembly** March 20-22, 2020

---

**Specific objectives for the period:** *(Numbered List)*

1. Continue review of P&P
2. Solicit input from Board on their positions
3.
4.
5.

---

**Actions / Activities conducted toward objectives:** *(List by Objective)*

1. Reviewed P&P through section XIV
2. Submitted motions to assembly
3.
4.
5.

---

**Projections for the next period:**

1. Continue review of P&P
2. Solicit input from committee chairs on their sections
3. Submit motions to modify as needed
4.
5.

---

**Expenditures for the period:** $0

<table>
<thead>
<tr>
<th>Committee Chair:</th>
<th>Susan Berland</th>
<th>Date:</th>
<th>2/19/2020</th>
</tr>
</thead>
</table>

---

Twelfth-Step-Within
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<table>
<thead>
<tr>
<th>Committee:</th>
<th>Twelfth Step Within</th>
<th>Assembly:</th>
<th>Baton Rouge 2020</th>
</tr>
</thead>
</table>

**Specific objectives for the period:** *(Numbered List)*

1. Chair and former chair to create Recovery from Relapse workshops for Baton Rouge
2. Continue to promote usage of TSW recovery resources lists on oaregion8.org
3. Provide 12th and the 12th in English and Spanish for ALLSOAR email list
4. Chair to find leaders for workshops in Baton Rouge
5. Article for SOAR newsletter

**Actions / Activities conducted toward objectives:** *(List by Objective)*

1. Recovery from relapse workshops created by former TSW chair
2. Volunteers for workshops have been found
3. 2 articles provided for SOAR newsletter
4. 12th on the 12th ready with English, Spanish, and Portuguese translations!

**Projections for the next period:**

1. Possible request for funding to allow former chair to assist with Baton Rouge workshops
2. 
3. 
4. 
5. 

**Expenditures for the period:** $ ?

**Committee Chair:** Neill McCormick  
**Date:** Feb. 7, 2020
Tech Web Committee Report
See addendum
Ways and Means
See addendum
Intergroup Outreach (IGOR)

Once again I would like to thank you for allowing me to give service by chairing the IGOR Committee of Region 8. A little less activity than I personally would like. Surely wish that more Intergroups would avail themselves of our Outreach Program where we can assist struggling service bodies as well as providing speakers for Workshops and Retreats. Also would like to assist more service bodies to request funding to attend Region Assembly. We do have three being funded for this upcoming Assembly. Folks out there it is not too late to request funding for October 2020 in Nashville as well as for Baton Rouge.

The committee has been meeting monthly via telephone the second Monday of each month at 8 PM Eastern Time. I am not sure if the monthly telephone meetings are truly productive but we are giving them our best (at least I hope) effort. I continue to sing the praises of the Region Treasurer. Michelle has made herself available both in attendance at meetings and throughout the period and has been helpful all along the way. My thanks again Michelle. You are the very best.

The Delegate Support Fund. Increasing the available funds has been very helpful and proven necessary.

The Rep Funding Program. Happy to say that we have 3 funded service bodies being represented at the upcoming Assembly/Convention. We will be happy to assist requesting Intergroups as long as our funds hold out.

The Intergroup Sponsors Program. We continue to have less done than we would like. Linda R is the cochair responsible for the Intergroup Sponsors Program. I am sure that she hopes for more requests.
The Intergroup Chairs Program  Meetings at the Assembly continue to be terrific with a great deal of input and sharing. We have been able to share the minutes from those meetings through allsoar8. In order to continue to better serve; we still need someone dedicated to this endeavor.

The Carry The Message Fund. I have personally been disappointed in the lack of interest from service bodies. Apparently rave reviews from those attending in the past have not encouraged further participation. Perhaps we have not be clear enough that we are there to also serve with speakers for Workshops and Retreats. I continue to look forward to greater participation.

Again my thanks to all who serve Overeaters Anonymous Region Eight.

Aleta P, IGOR Chair
**Public Information/Professional Outreach (PIPO)**

**SOAR 8**

*Southeast Overatters Anonymous Region 8*

Alabama • Arkansas • Caribbean • Central America • Florida • Georgia • Louisiana • Mississippi • North Carolina • Puerto Rico • South America • South Carolina • Tennessee

**REGION 8 COMMITTEE PROGRESS REPORT**

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<table>
<thead>
<tr>
<th>Committee: PIPO</th>
<th>Assembly: Memphis</th>
</tr>
</thead>
</table>

☑ Packet for Assembly  March 20-22, 2020  Date of Assembly

☐ Progress Report  Date Period Covered

**Specific objectives for the period: (Numbered List)**

1. Order retractable banners for Memphis, Baton Rouge and Nashville IG’s.
2. Will write 2 PIPO articles for region newsletter by January 20th 2020 deadline
3. Gather IG Chair email addresses to reach out and see how we can help IG’s with PIPO
4. One Brave Thing - Reach out to rotary clubs to see about appearing on a panel
5. Set up PIPO table for Baton Rouge SOAR 8 Assembly, create packets of info for chair IG Chairs

**Actions / Activities conducted toward objectives: (List by Objective)**

1. The committee decided on art work for the retractable banner and ordered them.
2. Obtained IG chair email addresses from MJ
4. PIPO committee met over phone in Feb and March to review old business and prepare for Baton
5. Will reach out to Region Secretary to determine how many packets we’ll need for Assembley

**Projections for the next period:**

1. Carry out outreach to IG Chairs
2. Finalize items for IG Chair PIPO Packet
3. Set up PIPO table at Assembly
4. 
5. 

**Expenditures for the period:**

$ [Space for number]

<table>
<thead>
<tr>
<th>Committee Chair: Marisa M</th>
<th>Date: 2/19/20</th>
</tr>
</thead>
</table>
V. Motions for current Assembly

| Motion 1: Appoint the Co-Chairs of the Tech Web Committee in Alternate Years |
|---|---|---|---|
| Motion: Move to amend Bylaws, Article VIII, Section A. as follows: |

### CURRENT WORDING

A. Region 8 Committee Chairmen shall be nominated by said Committee and appointed by the Region 8 Board yearly at each Fall Region 8 Business Assembly, on the following schedule:

1. Even Years: Ways & Means, Intergroup Outreach and By-Laws/Electronic Documents
2. Odd Years: Technology/Web Site, Twelfth-Step-Within, Public Information/Professional Outreach Committee

### PROPOSED WORDING

A. Region 8 Committee Chairmen shall be nominated by said Committee and appointed by the Region 8 Board yearly at each Fall Region 8 Business Assembly, on the following schedule:

1. Even Years: Ways & Means, Intergroup Outreach, by-Laws/Electronic Documents, and Technology/Web Site Co-Chair #1
2. Odd Years: Technology/Web Site Co-Chair #2, Twelfth-Step-Within, Public Information/Professional Outreach Committee

<table>
<thead>
<tr>
<th>SUBMITTED BY:</th>
<th>Chair, Technology/Web Site Committee, SOAR 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Barbara Carter</td>
<td>352.472.9924</td>
</tr>
<tr>
<td><a href="mailto:techwebchair@oaregion8.org">techwebchair@oaregion8.org</a></td>
<td><a href="mailto:bcarter337@att.net">bcarter337@att.net</a></td>
</tr>
</tbody>
</table>

### INTENT:

The intent of this motion is to allow the two Technology/ Web Site Co-Chairs to rotate off the Committee in alternate years, thus maintaining continuity of knowledge and procedures.

### IMPLEMENTATION:

Starting with the Fall 2020 business assembly. Barbara Carter is Co-Chair #1 (and will be up for review) and Sarah Covert is Co-Chair #2.

### COST:

None.

### RATIONALE:

At the Business Assembly in Fall 2019, the Region 8 Body voted to appoint and fund two co-chairs on the Tech Web Committee. This motion allows for the co-chairs to be appointed in alternate years, maintaining continuity. (Yellow text highlights UWD Committee, which was disbanded in Fall 2019.)
**Motion A: Amend Region 8 Policy & Procedure Manual**

<table>
<thead>
<tr>
<th></th>
<th>Adopted</th>
<th>Amended</th>
<th>Lost</th>
</tr>
</thead>
</table>

**Motion:** Move to amend Region 8 Policy and Procedure Manual Standing Rules to change the word will which seems to require a Consent Agenda

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Move to change consent agent rules so that it says may instead of will.</td>
<td>4. There <em>may</em> be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered as a separate motion. Once the consent agenda is established, it shall require a 3/4 vote for adoption.</td>
</tr>
</tbody>
</table>

4. There *will* be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered as a separate motion. Once the consent agenda is established, it shall require a 3/4 vote for adoption.

**SUBMITTED BY:**
Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org

**INTENT:**
To make it clear that there may be a consent agenda, but one is not required

**IMPLEMENTATION:**
Change in the Region 8 Policy and Procedure manual

**COST:**
Minor only if reprinting of the P&P is necessary.

**RATIONALE:**
The current wording seems to require a consent agenda and we don’t have one at every assembly. This will make this rule in line with current practices.
Motion B: Amend Region 8 Policy & Procedure Manual

<table>
<thead>
<tr>
<th>Adopted</th>
<th>Amended</th>
<th>Lost</th>
</tr>
</thead>
</table>

**Motion:** Move to amend Region 8 Policy and Procedure Manual Standing Rules to require 2/3 approval to adopt the consent agenda.

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Move to change consent agent rules so only a 2/3 vote is required for adoption.</td>
<td>4. There will be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered as a separate motion. Once the consent agenda is established, it shall require a 3/4 vote for adoption.</td>
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**SUBMITTED BY:**
Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org

**INTENT:**
To make adoption of the consent agenda more in line with passage of Bylaw Amendments.

**IMPLEMENTATION:**
Change in the Region 8 Policy and Procedure manual

**COST:**
Minor only if reprinting of the P&P is necessary.

**RATIONALE:**
We only require a 2/3 vote to approve Bylaw Amendments. It feels more in line with that to only require 2/3 vote to approve the consent agenda.
Motion: Move to amend Region 8 Policy and Procedure Manual, Section XIII, Treasure’s Duties

<table>
<thead>
<tr>
<th>CURRENT WORDING</th>
<th>PROPOSED WORDING</th>
</tr>
</thead>
<tbody>
<tr>
<td>6. Responsible for approving all flyers/registration forms for Business Assembly before document is submitted to the Technology/Web Site Chair for posting on the Region 8 Website.</td>
<td>6. Responsible for approving all flyers/registration forms for Business Assembly before document is submitted to the Webmaster for posting on the Region 8 Website.</td>
</tr>
</tbody>
</table>

SUBMITTED BY:
Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org

INTENT:
To correct where this information is sent to be posted to the Region 8 Website.

IMPLEMENTATION:
Change in the Region 8 Policy and Procedure manual

COST:
Minor only if reprinting of the P&P is necessary.

RATIONALE:
This accurately describes the distribution of this information
Motion D: Amend Region 8 Policy & Procedure Manual

<table>
<thead>
<tr>
<th>Current Wording</th>
<th>Proposed Wording</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duties</td>
<td></td>
</tr>
<tr>
<td>1. Select a CPA to perform an annual audit.</td>
<td></td>
</tr>
<tr>
<td>2. Review Treasurer’s accounting procedures and make recommendations for needed changes.</td>
<td></td>
</tr>
<tr>
<td>3. Ensure that all Federal and State documents are filed in a timely manner.</td>
<td></td>
</tr>
<tr>
<td>4. Examine financial records at each Assembly and present a report of such review.</td>
<td></td>
</tr>
<tr>
<td>5. Ensure that annual IRS report is satisfactorily completed in a timely manner.</td>
<td></td>
</tr>
<tr>
<td>6. Prepare proposed annual budget which shall be presented at the Fall Assembly.</td>
<td></td>
</tr>
<tr>
<td>7. Review financial issues presented to the Ways and Means Committee and make appropriate recommendations to Assembly.</td>
<td></td>
</tr>
<tr>
<td>8. Inform Intergroups about availability of financial literature.</td>
<td></td>
</tr>
<tr>
<td>9. Stress importance of the Seventh Tradition, and the need to contribute financially to all levels of OA Service Bodies.</td>
<td></td>
</tr>
<tr>
<td>10. Submit articles to REGION 8 Newsletter relative to good financial policies and record-keeping.</td>
<td></td>
</tr>
<tr>
<td>11. Solicit ideas for ways to improve the financial status of Region 8 and WSO.</td>
<td></td>
</tr>
<tr>
<td>12. As a collateral duty, the Ways &amp; Means chair will perform the functions of the Region 8 treasurer, without voting privileges, providing support as necessary.</td>
<td></td>
</tr>
</tbody>
</table>

Submitted By:

Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org
INTENT:
Delete these duties from the Ways & Means Committee as these duties are performed by the Region Treasurer

IMPLEMENTATION:
Change in the Region 8 Policy and Procedure manual

COST:
Minor only if reprinting of the P&P is necessary.

RATIONALE:
These duties are not performed by the Ways & Means Committee
Motion E: Amend Region 8 Policy & Procedure Manual

<table>
<thead>
<tr>
<th>Adopted</th>
<th>Amended</th>
<th>Lost</th>
</tr>
</thead>
</table>

Motion: Move to amend Region 8 Policy and Procedure Manual, Section XIII, Board Members

CURRENT WORDING

<table>
<thead>
<tr>
<th>Treasurer</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Manages all Region 8 funds according to Financial Policies herein stated and maintain records in a manner acceptable to the Ways and Means Committee.</td>
</tr>
<tr>
<td>2. Maintains Interest-bearing Savings Account for bulk of Region Funds.</td>
</tr>
<tr>
<td>a. Maintain Checking Account for operational funds.</td>
</tr>
<tr>
<td>3. Maintains minimum balance at which there is interest, and no service charge.</td>
</tr>
<tr>
<td>4. Pays bills and reimburse expenses in a timely manner.</td>
</tr>
<tr>
<td>5. Following the Fall Assembly, submits budgeted amount to WSO by December 31.</td>
</tr>
<tr>
<td>6. Reports Region 8 financial status as follows:</td>
</tr>
<tr>
<td>a. Sends monthly financial statement to Board members, showing balance on hand, and budgeted amounts compared to year-to-date expenditures.</td>
</tr>
<tr>
<td>b. Sends monthly financial statement and contributions report to Technology/Web Site Chair so that it can be posted on the website.</td>
</tr>
<tr>
<td>c. Provides each Assembly with report of financial activity since last Assembly.</td>
</tr>
<tr>
<td>d. Takes check book, last four bank statements, and most recent savings account statement to each Assembly for audit.</td>
</tr>
<tr>
<td>7. Will be bonded.</td>
</tr>
<tr>
<td>8. Will be liaison to funded committee(s).</td>
</tr>
</tbody>
</table>

PROPOSED WORDING

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</tbody>
</table>
SUBMITTED BY:
Bylaws Committee
Susan Berland 415-987-3194 Bylawschair@oaregion8.org

INTENT:
Delete these duties from the Ways & Means Committee as these duties are performed by the Region Treasurer

IMPLEMENTATION:
Change in the Region 8 Policy and Procedure manual

COST:
Minor only if reprinting of the P&P is necessary.

RATIONALE:
These duties are not performed by the Ways & Means Committee but by the Treasurer
I. Final Report of Hosting Committee, Memphis, TN, October 2019
II. Standing Rules

These rules take precedence over Robert’s Rules of Order. They may be suspended by a 2/3 vote using a Motion to Suspend the Rules, Participation in Assembly

1. Voting member must wear appropriate identification badge/ribbon denoting Rep, Funded Committee Chair, or Board Member.

2. The Secretary shall make a credentials check at the beginning of each session, and prior to any important vote, as deemed necessary by the Chair.

3. Any registered member of the Assembly may participate in Assembly procedures, e.g. vote, make a motion, speak to a motion, etc. Non-voting members may have a voice at the discretion of the Chair.

4. There will be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered separately. The consent agenda shall require a 3/4 vote for adoption.

Voting Procedures

1. Vote may be taken by voice, show of hands, standing, or ballot, at the discretion of the Chair.

2. A voting member may request a more accurate vote count by simply calling out “Division.” The Chair may then use a voting method which assures an exact count.

3. The Chair may also call for division by stating, “The Chair is in doubt.”

4. Ballot vote will be used for elections. Ballots will be distributed, collected, and tallied by non-voting members appointed by the Chair. After announcement of results, motion is in order to destroy ballots.

Recognition

1. Voting members who wish to speak shall, from the center microphone, give their name and Intergroup, and wait for recognition from the Chair. If necessary, to get the Chair’s attention, the voting member may say “Madam/Mr. Chair,” but may not speak further unless recognized by the Chair.

2. For certain procedures, the voting member, from the center microphone, may display a sign to gain recognition from the Chair (e.g., Point of Order, Point of Information, Parliamentary Inquiry, etc.).

Motions and Debate

1. Process for New Business Motions

   a. Secretary will distribute minutes of the Business Assembly to the Board and Committee Chairs electronically no later than fifteen (15) days after close of the Business Assembly. New motions will be contained in the Committee Reports of the minutes.

   b. New motions arising out of committees during an Assembly shall be communicated to the Secretary within fifteen (15) days after the close of the Assembly at which they emerge. After Board notification the Secretary shall forward these motions to the Bylaws/Electronic Documents Chair within twenty-one (21) days of the close of the Assembly at which they emerge.

   c. New motions arising outside the Business Assembly shall be submitted to the Secretary at least sixty-five (65) days prior to the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion.

   d. Motions must be formatted to contain the intent, the proposed motion, any possible effects (costs, time, other committees affected, etc.), date of implementation and a list of necessary changes to be made to the Policy & Procedure Manual for consistency or congruity.

   e. The Bylaws/Electronic Documents Committee may suggest changes in the motion to the maker to facilitate arriving at a more suitable version for submission to the next Business Assembly if the passing of the motion, as initially proposed, would:

2. create incongruity within either the Policy & Procedure Manual or the Bylaws,
3. be in contradiction to or with either the Policy & Procedure Manual or the Bylaws, or
4. result in an adverse, unintended effect unrelated to content, intent or rationale (such as, but not limited to, language or structure).
5. The Bylaws/Electronic Documents Chair will submit the reviewed motions to the Secretary electronically, no later than (sixty) 60 days after the close of the Assembly for inclusion in the mailing packet for the following Assembly.
6. No motions other than emergency motions will be taken from the floor at the Assembly. Emergency motions shall be submitted to the Bylaws/Electronic Documents Chair before the lunch break on Saturday of the Assembly.
7. There will be a maximum of three pro and three con speakers to each motion. There will be a maximum of two pro and two con speakers to each amendment. Each speaker may speak for a maximum of three minutes.
8. Pro and con speakers shall use the appropriate pro/con microphone. While waiting to speak, pro/con speakers may queue at the microphones.
9. A voting member may not speak on two consecutive motions or amendments unless the maximum number of speakers has not been reached.
10. The first speaker is always pro, and is usually the maker of the motion (unless he/she wishes to have another voting member speak).
11. If more than the maximum number of speakers’ wishes to speak to a motion, they are encouraged to select among themselves those speakers who can best represent their views.
12. There shall be at least one pro and one con speaker before any discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.
13. A motion to close debate (Previous Question) or limit debate is in order for motions or amendments, and requires a 2/3 vote.
14. To save time on a simple amendment to a motion, the Chair may ask the maker of the motion if he/she would be willing to accept a “friendly amendment.” If the maker of the motion agrees and there is no objection from the Assembly, the motion is changed to include the amendment.

Miscellaneous Rules
1. No smoking is allowed in any Assembly room.
2. No animals are allowed in any Assembly room, except guide dogs and service animals.
3. All cell phones, beepers and 2-way pagers are to be set on vibrate or turned off.
4. Voting members are not to leave or enter the Assembly room while votes are being taken.
5. No eating food allowed during the business session.
III. Decorum in Debate


“The following practices and customs observed by speakers and other members in an assembly assist the carrying on of debate in a smooth and orderly manner.” (RONR p. 391)

1. Confining remarks to the merits of the pending question.
   Remarks must be germane to the question being addressed – must have a bearing on whether the motion should be adopted.

2. Refraining from attacking a member’s motives.
   Can speak against the consequences of the action being proposed, but avoid personalities or attack motives of the member who has spoken or who has proposed the issue.

3. Addressing all remarks through the chair.
   Speaker should not address comments to another member. If a member wishes to question comments made by the previous speaker, he/she must seek recognition from the chair and address the assembly. The speaker can then ask the chair to request an answer from the previous speaker.

4. Avoiding the use of members’ names. (used in large assemblies)
   It is better to say “the member who spoke last” or “the delegate from ______”. Officers should be referred to by their office. The speaker may use first person in relating their views.

5. Refraining from speaking adversely on a prior action not pending.
   Speaking on an action previously taken is allowed only when the issue is being reconsidered, rescinded, or amended.

6. Refraining from speaking against one’s own motion.
   A person can vote against their own motion but cannot speak against it. If the maker decides that the action should not be taken, he/she can ask permission to withdraw the motion.

7. Reading from reports, quotations, etc ….*only with permission.
   A member may ask permission to read a report or quotation, etc. while speaking in debate.

8. Being seated during an interruption by the chair. (used in large assemblies)
   If the chair is asked to make a ruling, the speaker should be seated….and may resume speaking after the chair is finished.

9. Refraining from disturbing the assembly.
   During debate or during voting, members should not talk to others or move about the assembly. (side conversations!!)

Jan Strand, PRP March 1, 2014
IV. Links to Online Forms

Voucher and Advance Request Form

Committee Selection Form
https://oaregion8.org/documents/PDFs/Region8-Committee-Selection-Form.pdf

Committee Progress Report

Region 8 Delegate to WSBC Application

Request for Budget Override
https://oaregion8.org/documents/PDFs/Request-for-Budget-Override

Certificate of Eligibility – English
https://oaregion8.org/e-docs/online-forms/coe

Certificado de Eligibilidad - Espanol
https://oaregion8.org/e-docs/online-forms/coe-espanol

Request for Steps, Traditions, Concepts Workshops
https://oaregion8.org/e-docs/online-forms/stc
V. Future Assembly Flyers

THE SUCCESS OF THIS EVENT RELIES ON SERVICE!

Name: __________________________

I am willing to serve as:
- Hugger/Greeter □
- Boutique □
- Hospitality Room □
- Literature Table □
- Registration Table □
- Page for Business Assembly □
- Meeting Room Timer □
- Entertainment □
- Where Needed □

CONVENTION HIGHLIGHTS

Recovery – Unfold the secret.
A long term recovered compulsive eater from Arizona gives us the inside story.

FRIDAY OCTOBER 9
3:00 - 7 pm Registration in Hotel Lobby
4:00 pm Recovery Convention begins
7:00 pm Business Assembly convenes
8:00 pm Opening Ceremony

SATURDAY OCTOBER 10
7 am - noon Registration in Hotel Lobby
8:45 am Green Dot orientation
8:30 am Business Assembly convenes
9:30 am Recovery Convention continues
12 noon - Luncheon and Speaker
2:00 pm Business Assembly convenes
2:00 pm Recovery Convention continues
6:00 pm Banquet and Speaker
7:30 pm Entertainment

SUNDAY OCTOBER 11
8:00 am Recovery Convention continues
10:15 am 12th Step Within Self
10:45 am Closing Speaker
11:15 am Good for the Order
11:30 am Notes for the Road
12 noon Convention closes

Committee Co-Chair
Dianne B.
Committee Co-Chair
Sarah G.
Registration Chair
Jennifer W.

For more info, visit:
www.oaregion8.com
Looking to the Future - OA Celebrates 60 Years!
Baton Rouge, Louisiana, USA - March 20-22, 2020

Hotel room prices
$189 plus taxes
All rooms are two-room suites with
3 beds, microwave and refrigerator

Free Wi-Fi
For Hotel Guests Registered
as Hilton Honors Members
(free to join)

Food prices
Saturday lunch & Saturday banquet
- Plated Lunch $37
- Plated Dinner at Banquet $50
Free Made-to-Order Breakfast

Plus
- Free Parking
- Complimentary Airport Shuttle
- Multilingual staff
- Room Service
- Fitness Room
- Pool
- Handicap Accessible

WALK-INS ARE WELCOME

THE ROAD OF HAPPY DESTINY
October 9-11, 2020
Embassy Suites - Nashville Airport
10 Century Blvd., Nashville, TN 37214
615-871-0033  Code: SOA
When reserving rooms, use group code “SOA”
and let hotel know you are with the SOAB group.

HOW TO REGISTER
Online:
RoadOfHappyDestiny.Eventbrite.com
(Aschange is added when using this site)

Snail Mail (must be received by 10/02/20)
Mail this Registration Form (with check payable to Middle TN Intergroup) to:
Susan G., 117 Lock Seven Lane, Carthage,
TN 37030

Need a Roommate?
Call or email Sarah G.: 
615-424-3889/sarah_glover3@aol.com

No one will be turned away for lack of funds.
Individuals receiving a scholarship will be
asked to give service at the Convention.

Registration Questions?
Call or email Susan G.: 
615-489-9602/srgilbreath@email.com

REGISTRATION FORM
Name_________________________
Name on Badge________________
Address_______________________
City State Zip_________________

Phone________________________
Email________________________

PLEASE CHECK ALL THAT APPLY
___ Recovery Convention Attendee
___ Business Assembly Attendee
___ Region 8 Representative
___ First Time Representative – Green Dot
___ Funded Chair
___ Board Member
___ Trustee

FEES ENCLOSED
Registration: 9/9 and before - $45 _________
Registration: After 9/9 - $55 _________
Registration: Saturday only - $35 _________
Saturday Plated Lunch - $37 _________
 Cliffside Registration $75 _________
Saturday Dinner Banquet - $50 _________
Clearwater: Fish $15 _________
Vegetarian _________
Tote Bag - $ _________
Scholarship Donation _________
(General) _________
Total _________
VI. Flyers for Future bids
See addendum---you could see your Intergroups bid here!!!!