



Region 8 OA Recovery Convention Schedule - Hosted by Greater Memphis

Saturday, April 2, 2022

TIME	RECOVERY CONVENTION	AUDIO RECORDINGS
7:00 - 7:50 AM Central Time	Morning Meditation	CLICK HERE TO LISTEN
8:00 - 8:50 AM Central Time	1. "Spies, Lies, and Allies" "Diners, Drive-ins and Dives" Lack of power in an unmanageable life, finding honesty as I took Step 1.	CLICK HERE TO LISTEN
9:00 - 9:50 AM Central Time	2. "Undercover Boss" Who is running the show? Who has the power? Changing my belief to hope, as I took Step 2	CLICK HERE TO LISTEN
10:00 - 10:50 AM Central Time	3. "Will and Grace" Step 3. I ran the show, I could do this alone, I was superhuman, until I found the faith to take Step 3.	CLICK HERE TO LISTEN
11:00 - 11:30 AM Central Time	4. "Who Do You Think You Are?" Finding the courage to learn what is true about me as I took Step 4.	CLICK HERE TO LISTEN
11:30 - 1:00 PM Central Time	Lunch Break with Speaker	CLICK HERE TO LISTEN
1:00 - 1:50 PM Central Time	5. "Friends" Leaving rationalization behind, I began to practice integrity as I took Step 5 with God and another human being.	CLICK HERE TO LISTEN
2:00 - 2:50 PM Central Time	6 / 7. "Humble Ground" Finding the willingness to have my defects removed, I found the humility to tune in to HP to take them from me while taking Steps 6 and 7.	CLICK HERE TO LISTEN
3:00 - 3:50 PM Central Time	8 / 9. "Love Island" Learning self-discipline as I made a list, and learning about love as I made amends to those I had harmed as Steps 8 and 9 became my focus.	CLICK HERE TO LISTEN
6:00 - 6:30 PM Central Time	Saturday Evening Speaker	CLICK HERE TO LISTEN
7:00 - 8:00 PM Central Time	OA Meeting on "For Today" reading for April 2nd	CLICK HERE TO LISTEN

Sunday, April 3, 2022

TIME	RECOVERY CONVENTION	AUDIO RECORDINGS
7:00 - 7:50 AM Central Time	Morning Meditation	CLICK HERE TO LISTEN
8:00 - 8:50 AM Central Time	10. "The Repair Shop" Learning perseverance as I reviewed each day, and when I was wrong, promptly admitted it while continuing to take Step 10.	CLICK HERE TO LISTEN
9:00 - 9:50 AM Central Time	11. "Answered Prayers" Developing spiritual awareness as I improve my conscious contact with my Higher Power in Step 11	CLICK HERE TO LISTEN
10:00 - 10:50 PM Central Time	Closing Speaker - "A Different World" Practicing these principles and carrying the message while learning about the importance of service for my recovery in Step 12.	CLICK HERE TO LISTEN
1:00 PM Central Time	Intergroup Chairs. All Welcome. Come share your ESH about your Intergroup.	CLICK HERE TO LISTEN