



## Region 8 OA Recovery Convention Schedule - Hosted by Greater Memphis

**Saturday, April 2, 2022**

DAY	TIME	RECOVERY CONVENTION	
	7:00 - 7:50 AM Central Time	Morning Meditation	<a href="https://us02web.zoom.us/rec/share/C4FuTGRrEynip--srURAYlaBkqLJr08CpE9XUikmGelqRBunovmoEz09az1imiQx.41-rWHSbLXDvMMMy?startTime=1648900180000">https://us02web.zoom.us/rec/share/C4FuTGRrEynip--srURAYlaBkqLJr08CpE9XUikmGelqRBunovmoEz09az1imiQx.41-rWHSbLXDvMMMy?startTime=1648900180000</a>
	8:00 - 8:50 AM Central Time	1. "Spies, Lies, and Allies" "Diners, Drive-ins and Dives" Lack of power in an unmanageable life, finding honesty as I took Step 1.	<a href="https://us02web.zoom.us/rec/share/CTujO2gycJIHCz-EEb-ycRASamUliRQqi1XPMwAbJARQKxv24CFqEc7OmKvltyp..flqt4V0uMrAJb3CQ?startTime=1648903926000">https://us02web.zoom.us/rec/share/CTujO2gycJIHCz-EEb-ycRASamUliRQqi1XPMwAbJARQKxv24CFqEc7OmKvltyp..flqt4V0uMrAJb3CQ?startTime=1648903926000</a>
	9:00 - 9:50 AM Central Time	2. "Undercover Boss" Who is running the show? Who has the power? Changing my belief to hope, as I took Step 2	<a href="https://us02web.zoom.us/rec/share/5uTV34FLWu2shOh2hrexHQvhyXVD40GZIU0TVAOsvupnqCue5UJBvQPRIKtx2UPx.YKSNVCWAY0bOQutH?startTime=1648907503000">https://us02web.zoom.us/rec/share/5uTV34FLWu2shOh2hrexHQvhyXVD40GZIU0TVAOsvupnqCue5UJBvQPRIKtx2UPx.YKSNVCWAY0bOQutH?startTime=1648907503000</a>
	10:00 - 10:50 AM Central Time	3. "Will and Grace" Step 3. I ran the show, I could do this alone, I was superhuman, until I found the faith to take Step 3.	<a href="https://us02web.zoom.us/rec/share/w9Nr28ArB74v3j3wo4voHhNBciqOzfFeDAYLwM2NscftW6u-g1tpUDCmDpPm2L1N.uxG3nyjnGrHTJMjV?startTime=1648911148000">https://us02web.zoom.us/rec/share/w9Nr28ArB74v3j3wo4voHhNBciqOzfFeDAYLwM2NscftW6u-g1tpUDCmDpPm2L1N.uxG3nyjnGrHTJMjV?startTime=1648911148000</a>
	11:00 - 11:30 AM Central Time	4. "Who Do You Think You Are?" Finding the courage to learn what is true about me as I took Step 4.	<a href="https://us02web.zoom.us/rec/share/tmRHQ0OW_hUjmhfAXv-WJF82TA4tIG7iB8yViqNW0HJLld8mrw-G6qqUwJEVxXA.0K0qTjJVUV_iOyv?startTime=1648914774000">https://us02web.zoom.us/rec/share/tmRHQ0OW_hUjmhfAXv-WJF82TA4tIG7iB8yViqNW0HJLld8mrw-G6qqUwJEVxXA.0K0qTjJVUV_iOyv?startTime=1648914774000</a>
	11:30 - 1:00 PM Central Time	Lunch Break with Speaker	<a href="https://us02web.zoom.us/rec/share/yo5D9JKf3mJQmLA9rtCqMjnY1wAh7JOYS5Ky3Ldfmx bq-xJ8d1h0gdqgaYNhRdtm.ho6pooNrGnnE7uSV?startTime=1648919633000">https://us02web.zoom.us/rec/share/yo5D9JKf3mJQmLA9rtCqMjnY1wAh7JOYS5Ky3Ldfmx bq-xJ8d1h0gdqgaYNhRdtm.ho6pooNrGnnE7uSV?startTime=1648919633000</a>
	1:00 - 1:50 PM Central Time	5. "Friends" Leaving rationalization behind, I began to practice integrity as I took Step 5 with God and another human being.	<a href="https://us02web.zoom.us/rec/share/6wWFh0oi3pL1Esecz_ONfU0DuYEcnHJIKj_whoGtyM6r7vbtLcvYfxluAo_Ma3.2x yafh0YJ2qXiKGr?startTime=1648922398000">https://us02web.zoom.us/rec/share/6wWFh0oi3pL1Esecz_ONfU0DuYEcnHJIKj_whoGtyM6r7vbtLcvYfxluAo_Ma3.2x yafh0YJ2qXiKGr?startTime=1648922398000</a>
	2:00 - 2:50 PM Central Time	6, 7. "Humble Ground" Finding the willingness to have my defects removed, I found the humility to tune in to HP to take them from me while taking Steps 6 and 7	<a href="https://us02web.zoom.us/rec/share/AFjTL0b18T2qgG8PbRoq1OgdG5FObaFv0iEOVDEKPRkeiP7OI20FR9ZjEavpoFz c.vyOyYIPTVspHK7Hr?startTime=1648925593000">https://us02web.zoom.us/rec/share/AFjTL0b18T2qgG8PbRoq1OgdG5FObaFv0iEOVDEKPRkeiP7OI20FR9ZjEavpoFz c.vyOyYIPTVspHK7Hr?startTime=1648925593000</a>
	3:00 - 3:50 PM Central Time	8, 9. "Love Island" Learning self-discipline as I made a list, and learning about love as I made amends to those I had harmed as Steps 8 and 9 became my focus.	<a href="https://us02web.zoom.us/rec/share/1v3rE3-8mHkNiLX4u0UWxE1v8-wlvJkOEe7WpH0tqUOSpLNUYFaoRLl5mBfoLuLr.jcnuBc2GccbsBNyd?startTime=1648928968000">https://us02web.zoom.us/rec/share/1v3rE3-8mHkNiLX4u0UWxE1v8-wlvJkOEe7WpH0tqUOSpLNUYFaoRLl5mBfoLuLr.jcnuBc2GccbsBNyd?startTime=1648928968000</a>
	6:00 - 6:30 PM Central Time	Saturday Evening Speaker	<a href="https://us02web.zoom.us/rec/share/NhH7wgl_FUBt3cudZ6eM2yxXqyh0ztKZxyVFx3tPbhFTYdvgNJp83lc_dBCmxtAy.1P3vyjt9wsTbtOil?startTime=1648939836000">https://us02web.zoom.us/rec/share/NhH7wgl_FUBt3cudZ6eM2yxXqyh0ztKZxyVFx3tPbhFTYdvgNJp83lc_dBCmxtAy.1P3vyjt9wsTbtOil?startTime=1648939836000</a>
	7:00 - 8:00 PM Central Time	OA Meeting on "For Today" reading for April 2nd	<a href="https://us02web.zoom.us/rec/share/ngsZHIMGjxZ6vcd37jZtSs-GPCaiMfiUhveLGqeYspiwHVHxJFtw4nMuZR33MhcT.hrKBrXfuwDUkfBJu?startTime=1648943857000">https://us02web.zoom.us/rec/share/ngsZHIMGjxZ6vcd37jZtSs-GPCaiMfiUhveLGqeYspiwHVHxJFtw4nMuZR33MhcT.hrKBrXfuwDUkfBJu?startTime=1648943857000</a>

**Sunday, April 3, 2022**

DAY	TIME	RECOVERY CONVENTION	
	7:00 - 7:50 AM Central Time	Morning Meditation	<a href="https://us02web.zoom.us/rec/share/t1lq4capclJIV6iVaWtleq_81rEOmV_qnxxcZrFxxPctlwAO0x3OwNGeTXo8dbn8.-J9hp3kkdms9-pT?startTime=1648986525000">https://us02web.zoom.us/rec/share/t1lq4capclJIV6iVaWtleq_81rEOmV_qnxxcZrFxxPctlwAO0x3OwNGeTXo8dbn8.-J9hp3kkdms9-pT?startTime=1648986525000</a>
	8:00 - 8:50 AM Central Time	10. "The Repair Shop" Learning perseverance as I reviewed each day, and when I was wrong, promptly admitted it while continuing to take Step 10.	<a href="https://us02web.zoom.us/rec/share/PyrA6ehcrC7e9lylqQTAcWO2JS9K_vzOPWfa0zeZClY7YZAQje-AfG-g9EzNLVZa.TpiN5viMhr98Edzk?startTime=1648990226000">https://us02web.zoom.us/rec/share/PyrA6ehcrC7e9lylqQTAcWO2JS9K_vzOPWfa0zeZClY7YZAQje-AfG-g9EzNLVZa.TpiN5viMhr98Edzk?startTime=1648990226000</a>
	9:00 - 9:50 AM Central Time	11. "Answered Prayers" Developing spiritual awareness as I improve my conscious contact with my Higher Power in Step 11	<a href="https://us02web.zoom.us/rec/share/9eo9P5uO1EPicMzqW0cNjxPzyC1LM3qYsxdtGXaqC4-k9iFNXz9-roVcQUJUmszU.C7qD-RhLqGStvpk7?startTime=1648993921000">https://us02web.zoom.us/rec/share/9eo9P5uO1EPicMzqW0cNjxPzyC1LM3qYsxdtGXaqC4-k9iFNXz9-roVcQUJUmszU.C7qD-RhLqGStvpk7?startTime=1648993921000</a>
	10:00 - 10:50 PM Central Time	Closing Speaker - "A Different World" Practicing these principles and carrying the message while learning about the importance of service for my recovery in Step 12.	<a href="https://us02web.zoom.us/rec/share/0hHJUqvBj0IQe3W-LTIPmMOKy66dgYwimbmIDozBov_yyv_113DKxFN1vycjv6J.Rn9Pd2rkja8ihhLC?startTime=1648997555000">https://us02web.zoom.us/rec/share/0hHJUqvBj0IQe3W-LTIPmMOKy66dgYwimbmIDozBov_yyv_113DKxFN1vycjv6J.Rn9Pd2rkja8ihhLC?startTime=1648997555000</a>
	1:00 PM Central Time	1 p.m.- Intergroup Chairs. All Welcome. Come share your ESH about your Intergroup.	<a href="https://www.dropbox.com/s/yppsp8oluhsu8pnb/Intergroup%20Tips%20Exchange%20for%20IG%20Chairs-%20recording.mp3?dl=0">https://www.dropbox.com/s/yppsp8oluhsu8pnb/Intergroup%20Tips%20Exchange%20for%20IG%20Chairs-%20recording.mp3?dl=0</a>