SOAR8

Southeastern Overeaters Anonymous Region 8

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South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

Southeastern Overeaters Anonymous Region 8
Spring Business Assembly
March 17, 18, 19 2021

LOCATION: ZOOM

Zoom information (Meeting IDs/Links) will be shown here as part of the addendum sent closer to the assembly.

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Notes for the Region Reps

Thank you for choosing to represent your intergroup at the Spring Assembly, March 17-19, 2022. This packet is being distributed electronically. All Reps are responsible to read the material in the packet and have it available during the assembly. Please read and familiarize yourself with the information in the packet prior to the assembly. You will be able to give better service as a Rep for your Intergroup by having the information in this packet with you at the assembly. Please contact secretary@oaregion8.org if you have any questions.

What do I need to do before attending the assembly?

1. **Have your intergroup chair fill out a certificate of eligibility form for the reps coming from your intergroup. They can do this here:**
    a. **ENGLISH: Link to COE Form**
    b. **SPANISH: Link to COE Form**
2. **Registration – the fee is $25.** On the Region 8 website oaregion8.org
3. **Fill out a committee assignment sheet and send to secretary@oaregion8.org**
4. **READ THE VIRTUAL ATTENDEE INFORMATION IN THIS PACKET!!**

For more details on these items and other details specific to your role as a rep, please read the information on the next page.

CERTIFICATE OF ELIGIBILITY In order for your Intergroup Region 8 Representatives to be able to vote at the assembly, **your Intergroup must have a Certificate of Eligibility on file with the Secretary that is valid for 2023**. **You can fill out the Certificate of Eligibility online at our website, www.oaregion8.org . Select the documents tab, fill in the information and hit submit! There is a Spanish and English version of the form online.** You no longer need to mail or scan and email the form. If you need help filling out the form, contact the Secretary. All Intergroups are requested to submit a new Certificate in January of each year AND during the year any time there is a change in IG Chair, Reps or Alternates for aRegion 8 Assembly. Voting at the assembly is the best way to show how much you support a healthy Region 8!

COMMITTEE ASSIGNMENTS Part of your responsibility as a Region 8 representative is to participate in a committee. Please select which committee you prefer to participate in when completing your assembly registration. Preferences will try to be accommodated but are not guaranteed. Please complete this portion of the assembly registration even if you are currently part of a committee. If you missed this portion of the assembly registration, please complete the sign-up sheet which can be found here **Committee Selection Form** and contains a brief explanation of each committee. If you were a Rep in the last assembly, you will be placed in the same committee as last time. If you desire to change committees, please first contact your Committee Chair, and then contact the Secretary at secretary@oaregion8.org .

ASSEMBLY REGISTRATION FORMS Registration forms for this assembly can be found at www.oaregion8.org .

CALLING ALL INTERGROUPS We need you. Please send at least one representative to our Region Assembly. There is much work to do, and we need you to get this work done. Your voice is needed. Not only will your

Intergroup be represented for important decisions but you will be helping the hosting Intergroup.

Funding may be available for this business assembly and is available for future assemblies. If your Intergroup is unable to financially send at leastone Representative to the business assembly, perhaps Region 8 can help you for a future assembly. You can submit the Representative Funding Application from **Representative Funding Application**. Contact the IGOR Chair (igorchair@oaregion8.org) for more information. We appreciate your service and need you.

HOSTING A FUTURE ASSEMBLY AND RECOVERY CONVENTION We will be accepting bids for a future Assembly and Recovery Convention atthis Business Assembly. This is a great way to raise funds and promote OA in your area. Contact the Region 8 Vice-Chair (vicechair@oaregion8.org)with any questions or to request support. The Vice-Chair's contact info is in the SOAR 8 Service Directory and on the SOAR 8 website under trusted servants.

HAVE MORE QUESTIONS? Please feel free to contact any Board Member or Committee Chair with anything that concerns you. Email addresses and phone numbers for all Board Members and Committee Chairs can be found in the Region 8 Service Directory below.

Board Meeting Agenda Pre-Assembly

Friday, March 17th, 2023 (All Times Eastern)

Time (Eastern)	Item #	Description / Topic
10:00 AM	1	**Informal Board Meeting: R8 Board Only**
11:00 AM	**2**	**BOARD MEETING CONVENES** Funded Chairs Join – Open to All
	3	**Old Business:** 1. Serenity Prayer 2. Approval of Minutes: October 2022 Board Meeting (Secretary) 3. Fall 2023 Update (VC) 4. Topics for Fall Convention 2023, for Presentation and Discussion (VC) 5. Audits/Finances/R8DSF Update (Treasurer) 6. OA Strategic Plan (Trustee)
	4	**Break (10 minutes)**
	5	**New Business:** 1. Voting Review 2. Emergency Motions / Other New Business 3. Funded Committee Chairs: a. Check in & update on Committee issues & activities, questions, concerns, issues – 10 min each
12:30 PM	6	**Lunch (90 minutes)**
2:00 PM	7	**Board Meeting Reconvenes – Funded Chairs Join - Open to All** 1. Funded Committee Chairs: (continued) a. Check in & update on Committee issues & activities, questions, concerns, issues – 10 min each
	8	**Other New Business:** 1. Vouchers / Reimbursement 2. Registration for Fall 2023 Assembly
3:45 PM	9	**Close/ R8 Chant / Meeting Adjourn**
4:00 PM	10	**NEW REP (GREEN DOT) ORIENTATION**

Business Assembly Agenda

Friday, March 17th, 2023 (All Times Eastern)

Time (Eastern)	Item#	Description / Topic
7:00 PM	**1.**	**ASSEMBLY CONVENES (Breaks ~10 min / hour)**
	2.	**OA Readings** Serenity Prayer Serenity Prayer Spanish Serenity Prayer 12 Steps 12 Traditions 12 Concepts Voices of Recovery
	3.	**ZOOM Basics Refresh (~5 minutes)**
	4.	**Appointment of Timer**
	5.	**Recognition of New Intergroups, New Reps (Green Dots) & Visitors**
	6.	**Introduction of Region 8 Board Members,Funded Committee Chairs and Intergroup Chairs**
	7.	**Introduction of former Region 8 Board Members and Trustees**
	8.	**Roll Call (Virtual) and Credentials**
	9.	**Adoption of Agenda**
	10.	**7th Tradition**
7:30 PM	11.	**Presentation and Discussion Panel**
	12.	**Announcements:**
	13.	**Recess** Responsibility Pledge- Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

Saturday, March 18, 2023 (All Times Eastern)

	Item#	Description / Topic

9:30 AM	14.	**CALL ASSEMBLY TO ORDER**
	15.	**OA Readings** Serenity Prayer Serenity Prayer Spanish Serenity Prayer Portuguese We will now have the OA Readings. Readers, please unmute and give us your name and Intergroup before you read. Thank you 12 Steps 12 Traditions 12 Concepts Voices of Recovery
	16.	**Credentials Report**
	17.	**Introduction of Parliamentarian & short parliamentary lesson**
	18.	**Adoption of Standing Rules**
	19.	**Approve Consent Agenda**
	20.	**Approve minutes from Fall 2022 Assembly**
	21.	**7th Tradition** • Please go to oaregion8.org to donate. Thank You!
	22.	**Board Reports (5 minutes for report and 5 minutes for questions)** a. Chair b. Vice Chair c. Secretary d. Treasurer
	23.	**Trustee Report (5 minutes for report and 5 minutes for questions)**
11:15 AM	24.	**Break (15 mins)**
11:30 AM	25.	**Committee Meetings 1.5 Hours (or until finished)**
1:00 PM	26.	**Lunch Break**
2:00 PM	27.	**ASSEMBLY RECONVENES (Breaks ~ 10 min / hour)**
	28.	**Credentials**

	29.	**Final Report from Fall Assembly 2022**
	30.	**ZOOM Refresh (~10 min)**
	31.	**Motions - Bylaws & P&P**
	32.	**New Business**
	33.	**a. Nominations for Fall Board Member elections** Nominations for Chair Nominations for Treasurer
		b. Committee Chair selection announcements
		c. Bids for Spring 2024 Assembly and Convention
		d. Emergency Motions
	34.	**Committee Reports**
		a. Ways & Means
		b. Bylaws/Electronic Documents
		c. Intergroup Outreach (IGOR)
		d. Twelve Step Within (TSW)
		e. Public Information / Professional Outreach (PI/PO)
		f. Technology/Website (Tech/Web)
	35.	**For the good of the order (time permitting):** Intergroup Announcements (etc.) from the floor
	36.	**GREEN DOT CEREMONY**
	37.	**Assembly Evaluation**
	38.	**Announcements-** Tomorrow 9 AM Region 8 Board & Committee Chairs Meeting Intergroup 10 AM Intergroup Sharing Meeting Tomorrow (Everyone Invited)
	39.	**ASSEMBLY ADJOURNS** Responsibility Pledge- Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

Sunday, March 19, 2023 Post-Assembly (All Times Eastern)

Time (Eastern)	Item#	Description / Topic
9 AM		**Informal Meeting: R8 Board and Committee Chairs Only (1 hour)**
10 AM		**Intergroup Sharing Meeting (1 hour) Open Meeting – Reps / Visitors / All IG Welcome!** a. Please fill out IGOR Intergroup (IG) Information & Update Form prior to meeting. Form is located on the Region 8 website, under IGOR Committee

Standing Rules

These rules take precedence over Robert's Rules of Order. They may be suspended by a 2/3 vote using a Motion to Suspend the Rules, Participation in Assembly

1. Voting member must wear appropriate identification badge/ribbon denoting Rep, Funded Committee Chair, or Board Member.
2. The Secretary shall make a credentials check at the beginning of each session, and prior to any important vote, as deemed necessary by the Chair.
3. Any registered member of the Assembly may participate in Assembly procedures, e.g. vote, make a motion, speak to a motion, etc. Non-voting members may have a voice at the discretion of the Chair.
4. There will be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters thatwill be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered separately. The consent agenda shall require a 3/4 vote for adoption.

Voting Procedures

1. Vote may be taken by voice, show of hands, standing, or ballot, at the discretion of the Chair.
2. A voting member may request a more accurate vote count by simply calling out "Division." The Chair may then use a voting method which assures an exact count.
3. The Chair may also call for division by stating, "The Chair is in doubt."
4. Ballot vote will be used for elections. Ballots will be distributed, collected, and tallied by non-voting members appointedby the Chair. After announcement of results, motion is in order to destroy ballots.

Recognition

1. Voting members who wish to speak shall, from the center microphone, give their name and Intergroup, and wait for recognition from the Chair. If necessary, to get the Chair's attention, the voting member may say "Madam/Mr. Chair," but may not speak further unless recognized by the Chair.
2. For certain procedures, the voting member, from the center microphone, may display a sign to gain recognition from theChair (e.g., Point of Order, Point of Information, Parliamentary Inquiry, etc.).

Motions and Debate

1. Process for New Business Motions
    a. Secretary will distribute minutes of the Business Assembly to the Board and Committee Chairs electronically nolater than fifteen (15) days after close of the Business Assembly. New motions will be contained in the Committee Reports of the minutes.
    b. New motions arising out of committees during an Assembly shall be communicated to the Secretary within fifteen (15) days after the close of the Assembly at which they emerge. After Board notification the Secretary shall forward these motions to the Bylaws/Electronic Documents Chair within twenty-one (21) days of the closeof the Assembly at which they emerge.
    c. New motions arising outside the Business Assembly shall be submitted to the Secretary at least sixty-five (65)days prior to the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion.
    d. Motions must be formatted to contain the intent, the proposed motion, any possible effects (costs, time, other committees affected, etc.), date of implementation and a list of necessary changes to be made to the Policy & Procedure Manual for consistency or congruity.
    e. The Bylaws/Electronic Documents Committee may suggest changes in the motion to the maker to facilitate arriving at a more suitable version for submission to the next Business Assembly if the passing of the motion, asinitially proposed, would:
2. create incongruity within either the Policy & Procedure Manual or the Bylaws,
3. be in contradiction to or with either the Policy & Procedure Manual or the Bylaws, or
4. result in an adverse, unintended effect unrelated to content, intent or rationale (such as, but not limited to, language or structure).
5. The Bylaws/Electronic Documents Chair will submit the reviewed motions to the Secretary electronically, no later than (sixty) 60 days after the close of the Assembly for inclusion in the mailing packet for the following Assembly.
6. No motions other than emergency motions will be taken from the floor at the Assembly. Emergency motions shall be submitted to the Bylaws/Electronic Documents Chair before the lunch break on Saturday of the Assembly.

7. There will be a maximum of three pro and three con speakers to each motion. There will be a maximum of two pro and two con speakers to each amendment. Each speaker may speak for a maximum of three minutes.
8. Pro and con speakers shall use the appropriate pro/con microphone. While waiting to speak, pro/con speakers may queue at the microphones.
9. A voting member may not speak on two consecutive motions or amendments unless the maximum number of speakers has not been reached.
10. The first speaker is always pro, and is usually the maker of the motion (unless he/she wishes to have another voting member speak).
11. If more than the maximum number of speakers' wishes to speak to a motion, they are encouraged to select among themselves those speakers who can best represent their views.
12. There shall be at least one pro and one con speaker before any discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.
13. A motion to close debate (Previous Question) or limit debate is in order for motions or amendments, and requires a 2/3 vote.
14. To save time on a simple amendment to a motion, the Chair may ask the maker of the motion if he/she would be willing to accept a "friendly amendment." If the maker of the motion agrees and there is no objection from the Assembly, the motion is changed to include the amendment.

Miscellaneous Rules

1. No smoking is allowed in any Assembly room.
2. No animals are allowed in any Assembly room, except guide dogs and service animals.
3. All cell phones, beepers and 2-way pagers are to be set on vibrate or turned off.
4. Voting members are not to leave or enter the Assembly room while votes are being taken.
5. No eating food allowed during the business session.

Unapproved Business Assembly Minutes- Virtual October 2022

Board Meeting Agenda Pre-Assembly Friday, Oct 21, 2022 (All Times Eastern)

Meeting ID: 810 2314 9027

Passcode: Friday

https://us02web.zoom.us/j/81023149027?pwd=ZVJXTllmeVpTZHJxeXdwakY1ejh6dz09

Time (Eastern)	Item #	Description / Topic	Minutes
10:00 AM		Informal Board Meeting: R8 Board Only Serenity Prayer	
11:00 AM		BOARD MEETING CONVENES Funded Chairs Join – Open to All Serenity Prayer	11:02 AM Introductions: Shirley Tech/Web, JC Standing Secretary, Susan B Chair, Melissa H Vice Chair, Neil TSW, Mike S member Ways and Means, Michelle Treasurer, Dora Trustee, Sarah IGOR, Dara Secretary. Members entering later: Ellen Parliamentarian, Ingrid Ways and Means, Colleen, Fitz.
		Old Business: 1. Approval of Minutes: Spring 2022 Board Meeting (Secretary) 2. Spring 2023 Update (VC) 3. Topics for Spring Convention 2023, for Presentation and Discussion (VC) 4. Audits/Finances/R8DSF Update (Treasurer) 5. OA Strategic Plan (if needed)	11:07 AM 1. Minutes Spring 2022 Board Meeting approved. 2. Currently no hosting intergroup. Board will facilitate a virtual assembly, no convention. 3. Board will address topics for future convention. 4. Treasurer states we have more money at this time. Discusses funds for interpretation services in future assemblies/conventions.
		Break (10 minutes)	Deferred

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		New Business: 1. Funded Committee Chairs: (10 mins each) Check in & update on Committee issues, activities, questions, or concerns. 2. Other New Business	11:11 AM 1. Funded Committee Chairs: Ways and means – need to promote journal sales, need new chair, suggests chair be from USA, committee income $2000 sale of journals, expenses $1300. IGOR is thriving, $3600 spent to bring people to assembly virtually, two years TIPS program for intergroups,

			we have a core of active people. We need help to find a new chair, perhaps announce need for service during portion when convention members have joined the assembly. TIPS series went great and they are audio taped and available on IGOR section of Region 8 website. TSW chair will rotate out next year fall, TSW email continues monthly in English, Spanish, Portuguese, planning on a sponsorship workshop, committee is experiencing attrition. Tech/Web- updating the website, we have lost three members, recruiting assistance, suggestion to make the Region 8 Zoom account upgraded the whole year to allow for translation to allow all committees to use through the year, encourage committees to add content to their website pages, plan to use new equipment in 2023. Treasurer discussed needing to present a request to update budget to allow assembly to vote on changes. IGOR shared TIPS link. Vice Chair described how PIPO is reaching out to health professionals and billboards are currently being used, billboards may be used outside USA in future. 2. New Business: Assembly 2023 Spring there will be a

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			EventBrite. Trustee offers to make a video how to register in Spanish. Concern with having 4 chairs rotating out. QR code for assembly 7th tradition does not work. Voting members may not be co-hosts Discussed need to ensure the correct people are voting. All voting items have been moved to Saturday. Ideas of "dragging" positioning board members to the top.
12:30 PM		Lunch (90 minutes)	-
2:00 PM		BOARD MEETING RECONVENES FUNDED CHAIRS JOIN - OPEN TO ALL Funded Committee Chairs: (10 mins each) Check in & update on Committee issues, activities, questions, or concerns.	-
		Other New Business: 1. Vouchers / Reimbursement 2. Registration for Spring 2023 Assembly	-
4:00 PM		Close: Responsibility Pledge: "Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible." Meeting Adjourn	Closed 12:10 PM
4:00 PM		New Rep (Green Dot) Orientation (45 min Everyone Welcome!	

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Friday, Oct 21, 2022 (All Times Eastern)

Meeting ID: 810 2314 9027
Passcode: Friday
https://us02web.zoom.us/j/81023149027?pwd=ZVJXTllmeVpTZHJxeXdwakY1ejh6dz09

Time (Eastern)	Item #	Description / Topic	Minutes
6:00 PM	1.	**ASSEMBLY CONVENES (Breaks ~10 min / hour)**	6:12 pm Call to Order. 41 participants in the chat room.
	2.	OA Readings Serenity Prayer – Serenity Prayer Spanish- Serenity Prayer Portuguese We will now have the OA Readings. Readers, please raise your hand, unmute and give us your name and Intergroup before you read. Thank you 12 Steps- 12 Traditions- 12 Concepts – Voices of Recovery -	6:13pm readings commence. 6:27 readings end.
	3.	ZOOM Basics Refresh (~5 minutes)	6:27pm Barb gave a short overview of zoom and procedures we use in zoom during assembly
	4.	Appointment of Timer	6:33 appointment of timer
	5.	Appointment of Center Mike Monitor (CMM)	6:33 Gary gave overview of how center mike works
	6.	Recognition of New Intergroups, New Reps (Green Dots)	6:36p – New reps (10) Albertina – not here Anabela – Brazil Araceli – not here Dee – Central Florida Howard – not here Luciana – not here Margaret – not here Robin – Grand Strand Sandi – New Freedom Intergroup Trish -
	7.	Introduction of Region 8 Board Members Funded Committee Chairs Intergroup Chairs	6:39 – board and funded chairs were introduced
	8.	Introduction of former Region 8 Board Members and Trustees	6:43 – former board members introduced

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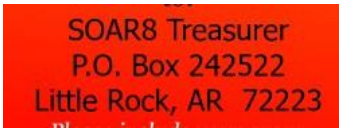
	9.	7th Tradition (Please go to oaregion8.org or use the QR code to donate. Thank You!) 	6:44pm . QR code is not working, but the ask was to go to oaregion8.org and scroll to the bottom to donate for the 7th tradition. Or send by check: 
	10	BREAK	6:45pm – 40 participants in room.
7:30 PM	11	Presentation and Discussion Panel (Conventioneers join Assembly) • Three OA Speakers share experience, strength, and hope Rick, Lonna JC	7:31p – panel discussion moderated by recovery convention people Assembly closes 8:38pm
	12	Announcements: Assembly Reconvenes: Saturday, 9:00 AM ET	
	13	**Recess**	

Saturday, Oct 22, 2022 (All Times Eastern)

Meeting ID: 882 2769 2485
Passcode: Saturday
https://us02web.zoom.us/j/88227692485?pwd=N1N1d2ZsWnZHTFVYNmpuZ1JPRjhHUT09

Time (Eastern)	Item #	Description / Topic	Minutes
9:00 AM	14	**ASSEMBLY RECONVENES (Breaks ~ 10 min / hour)**	**9:00 am assembly convenes**
	15	OA Readings / Prayers Serenity Prayer English Serenity Prayer Spanish Serenity Prayer Portuguese 12 Steps of OA 12 Traditions of OA 12 Concepts of OA For Today Solo Por hoy (Spanish Para Hoje (Portuguese)	9:01 readings
	16	Roll Call and Credentials Report	9:17 – roll call instructions and renaming instructions
			37 voting reps
	17	Adoption of Agenda	9:38 am - 36 voted yes – adopted
	18	Adoption of Standing Rules	9:41 – 36 voted yes – adopted
	19	Approve Minutes from Spring Assembly	9:43 – 36 voted yes – adopted – 1 abstain
	20	7th Tradition (Please go to oaregion8.org or use the QR code to donate. Thank You!)	9:44 – 7th tradtiona was requested. Mail to: SOAR8 Treasurer P.O. Box 242522 ittle Rock, AR 72223 Please include your group Or go to oaregion8.org ti dinate

	21	Board Reports (5 minutes for questions) **Be sure to read the reports before assembly.** a. Chair b. Vice Chair c. Treasurer d. Secretary	9:46 am – 5 mins for questions to board members (each) a. Chair – Michelle from central Arkansas intergroup asked chair to highlight what she is most satisfied with as chair. She is most satisfied with the outreach to S. America she has done with Dora (our trustee). b. Vice-chair: Tina S Manasota – are we looking for a virtual host only, or can it be either/or? Vice chair - explained that we don't have a host for Spring, and the intergroup gets to choose. If a group volunteered at this short notice it would need to be virtual. Q – Roz SW Florida—is Fall only going to be face to face, or is it going to be hybrid? Vice chair answered that it will probably be hybrid. Q – Annie, rep from Central FL – wanted to know if their intergroup decides they can do it, what is the process? Vice chair answered that they would need to get in touch with the board and they would either approve the bid or not (this was a guess). Send to vicechair@oaregion8.org that you want to, and that person would bring to the board. Q - Carol H from SW Alabama – what happens if no one volunteers? Vice Chair – the board will host it and there will still be assembly. Q – Ingrid ways/means chair. Wanted to thank Melissa for her support in interpretation and S. American representation.

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			c. Treasurer – Q – Melissa Vice Chair – What is your biggest hope for the biggest year. Treasurer answered: hopeful that we can use the funds Region 8 has to help the compulsive overeater in our area in their recovery. Q. Kathy M, Central Florida intergroup – our 37k prudent reserve – what is that due to. In Central Florida we have the same problem, how is the board handling it? And what are you going to do about it? Vice chair answered: that line item is the prudent reserve which is in alignment with our bylaws. It is 42% of our budget. Q. Nancy K, New Freedom. TY/Loved her YouTube. Is 40-60% a recommendation or a standard? A. That is the recommendation for all service groups. d. Secretary: Sandra, New Freedom: what helps keep you organized? A. help and understanding from others. The excel spreadsheet schedule with dates that are due. The packet is just pulling together .pdfs that others send and copying the last packet. **Break 10 minutes (10:06am)**

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	22	Trustee Report (5 minutes for questions) **Be sure to read the report before assembly.**	10:17am – Q. – Michelle/Treasurer – what does liaison to board mean? A. That's a good question. We don't really understand. Trustee can ask whether to give service to executive board of world service, or to a region. Bylaws say that the trustee will be a liaison to world's board – not a voting member of the region. Region has autonomy. She was originally elected to be virtual region trustee but then it changed so she is just a trustee. Q. Roz SW Florida IG. What are the 3 service boards that she mentioned in her report. IGs, National Service Boards, Language Service Boards and region. A. In Region 8 we just have intergroups and national service board. Q. Where are the unaffiliated groups? In US or Other countries? A. Mostly in US. This means they act as an intergroup but they don't register as an intergroup. Q. Carol SW Alabama Intergroup. - Should we have paid interpreters rather than members doing interpretation? A. – they are paid interpreters.

	23	Final report from Spring Convention Memphis **Be sure to read the report before assembly.**	10:24 a – Gave Ellen the floor as chair of the last assembly. Gave the financials – 175 registrants. $3,658 gross. expenses of $484. Net: $3374. dollars net split with region. Over $400 donations were given which was part of the gross. Encouraged an IG to do a virtual region because it is so much easier than f2f. Q. Carol H, SW Alabama. Found report extremely informative and it gave other intergroups good ideas and can be used as a resource. Q, Barbara T – asked about the net being split with Region. A. Yes. It was split with region. Ellen will help with any IG who wants to host.
	24	WSBC Delegate Report (5 min Q&A) **Be sure to read the report before assembly.**	10:30am. Chair Asked if there are any delegates here. There were none.
11:20 AM	25	**Break**	10:30a – we are way ahead of schedule. Decided to do committee meetings now.

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11:30 AM	26	Committee Meetings • Recommendation of new committee chairs. **Please turn in to Region Chair** • Hand in report (electronically) to Secretary	10:30—explained breakout rooms. Shirley has put everyone into their expected breakout room. If they are in the wrong one, come back to the main meeting room and Susan will move them to the correct one. Q. Do we have interpretation for breakout rooms? A. We do not have interpreters for breakout rooms because it doesn't work. Q. Bill V, Atlanta IG, WSBC did a report to intergroup. Do we want him to give the report. A. No; only if you were the rep for this region. Q. Barbara T Palm Beach; asked if the committees with foreign speakers can meet in the big room. A. Translaters can go to the different committee rooms. Q. Anabela Minas Gerais IG; can English speakers speak more slowly? Committee meetings are an hour and a half.
1:00 PM	27	Lunch Break with Speaker	This was in the recovery's zoom room.
2:30 PM	28	**ASSEMBLY RECONVENES (Breaks ~ 10 min / hour)**	**2:30; serenity prayer**
	29	Credentials Report	34 voting reps. Anyone coming in late needs to tell center mic to ask to be included in credentials.
	30	Introduction of Parliamentarian & short parliamentary lesson	2:42p:
	31	Zoom Motions Instructions (~10 mins) a. Pro and Con speakers will raise their hands electronically (in ZOOM) to speak b. When recognized, please state your name and Intergroup before speaking. c. After speaking, please lower your hand.	skipped
	32	Motions a. Consent Agenda / Debate (If needed) o P&P Motions A, B, C, E o Bylaw Motions 1, 2, 3 b. Vote on Bylaws and P&P Motions	2:49: a. Nancy K, New Freedom asked for clarification on motion 1. Question about definition of virtual. Motion 1 withdrawn from consent agenda. Sandi C New

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			Freedom – doesn't agree with ordering in Motion E. Motion E withdrawn from Consent Agenda. Consent Agenda is adopted 34 yes and 1 abstained b. Vote on Motions: Motion D: Amendment proposed: To simply remove the word triennial instead of replacing it with quinquennial. Amendment passed. Motion to pass by acclimation (ask if any objections). No objections. Motion passed by acclimation. c. Motion E: no pros, no cons. Motion to vote by acclimation. Accepted by acclimation. d. Motion 1: no pros, Con: Karen T, COLA. Friendly amendment—to make it 'will be accessible by virtual means of communication' instead of email and/or telephone. amendment accepted. Con spoken to motion. 3:22pm 10 minute break. 3:33pm back to order Another amendment made to include email, telephone and virtual means of communication. Amendment carried. Motion adopted as amended. (31 yes, 1 no, 2 abstained) e. Motion 4. No pros/cons. 35 agree – motion adopted. f. Motion 5. No additional pros and no cons. Friendly amendment to fix punctuation. Accepted with

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			no objections. Motion accepted by acclimation. Question about what a National Service board or language service board is. National is geographic – literature changes. Language is language-based literature and not geographic.
	33	**New Business**	
	34	a. Budget Report for next year (vote to approve budget)	4:10p Michelle/Treasurer gave budget report. Q. Mark/Palm Beach. Is it correct that we haven't sent reps to WSBC. A. Only 1 rep is to be sent from each intergroup. Q. Is the WSBC in Albuquerque? A. Yes—it is not virtual. Q. What is our prudent reserve? A. Our prudent reserve is 46%. Budget Accepted: 36 yes.
		b. Elect Region Delegates to **WSBC (Region 8 is not eligible for delegates for 2023 WSBC)**	
		c. Elect Vice-Chair (5 min + 5 min Q&A)	Andrea K nominated Mark J from Palm Beach County to be vice chair. Nomination is declined. Position is vacant (Lonna was not able to attend assembly.) Chair will appoint someone for the interim. Break – 4:21p. Returned 4:26p
		d. Elect Secretary (5 min + 5 min Q&A)	JC spoke for 5 minutes and took questions. 34 yes and 0 no. JC is now secretary.
		e. Committee Chair selection announcements	• Barb C is chair of bylaws. • Echo will be tech web co-chair • Mike S will chair Ways & Means • Need a PIPO chair • IGOR nominee is praying about it
		f. Bids for Fall 2023 Assembly and Convention	Spring Assembly dates are set, and it will be March 17-19 and it will be virtual. Our chair cannot make it in April. ********** North Florida presented their Bid to hold the **2023 Fall assembly** in Savannah, GA at Tybee Island at the

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			Tybee Hotel. It will be face 2 face and not virtual (hybrid). Cost will be $155/night plus $5 hotel fee, $15 parking and 14% tax. Registration is expected to be $40-50$.There is no food at the hotel. Looking at having lunch/dinner catered and other options. Refrigerators in room, no microwaves. So,meeting space rental will be $2k – 2 rooms for 2.5 days. Must have 50 attendees. The recovery part will NOT be hybrid – it will only be f2f. Business assembly will be hybrid. Bid accepted. The Fall 2023 assembly and recovery convention will be in Tybee Island hosted by the North Florida intergroup.
		g. OA's Strategic Operations Plan (if needed): Trustee	None
		h. Emergency Motions (if needed)	none
	35	Committee Reports (5 min each + 5 min Q&A) a. Ways and Means b. Bylaws and Electronic Documents c. Intergroup Outreach (IGOR) d. Twelve Steps Within (TSW) / Unity With Diversity (UWD) e. Public Information / Professional Outreach (PI/PO) f. Technology / Website	a. Ingrid. Ways & Means. Plan to make the journal into Spanish and Portuguese as soon as possible. Still have t-shirts from the canceled world service convention. Three new members. They will put info about the journal and t-shirts in the newsletter. Q/A – none. b. Bylaws: Barb as new chair. Going through Bylaws and PnP to make the info more inclusive. QA – Karen/COLA – how many people on committee? A – 6 members Q. Can someone visit a committee to see what it's like? A. Barb will give her info about the Bylaws meetings. c. IGOR: Sara as outgoing IGOR chair. 10 people on the committee. Someone has been nominated for chair. They will give an answer soon. Financials – 50% more intergroup

			delegates funded to go to WSBC. We can help more go. Initiatives: focus

			on the 88 unaffiliated groups and the intergroups that aren't active d. TSW: 3 new members and a lot of enthusiasm. Planning the first workshops for Feb 5, 2023, on sponsorship. Already have 3 speakers for that workshop. Planning for another for May 21 on abstinence. Basically concerned with relapse prevention and membership retention. 12 steps on the 12th in English/Portuguese/Spanish needs submissions. Need submissions for January (Nov and Dec are covered). People aren't using the sponsor and speaker lists but they are full of volunteers. QA: Dee/CFL – do they want TSW events to go out to TikTok for the whole world? A – The flyer can be distributed anywhere in the OA universe. Yes, it can go on tiktok. Q. Ingrid. When are your meetings. A. First Sunday of the month at 8:15pm ET. e. PIPO: Melissa P PIPO chair. 1. Reached out to medical professionals – New Freedom Intergroup put together a packet with OA literature – and they heard about doctors who took that and were willing to post in their offices. Any groups interested in digital billboards please reach out to PIPO. Q. Sarah – will digital billboards maybe happen in central/south America. A. Good idea! f. TechWeb: Shirley as chair. Encouraged each committee to send info to MJ to liven up their page on the website. Each committee has their own page on the website. Made upgrades to the website and there are still

			upgrades to be made. Plan to give workshops to help people use the web page. QA: none.
	36	For the good of the order (time permitting) Intergroup Announcements, etc.	
	37	**GREEN DOT CEREMONY**	5:36PM: 4 green dots are no longer green dots!

	38	Assembly Evaluation	
	39	Announcements a. Region 8 Board & Committee Chairs Meeting Sunday, 9 AM ET, 1 hour b. Intergroup Sharing Meeting Sunday, 2 PM ET, 2 hours)	5:38pm. Thanks to Tech Web committee for all they did for the weekend. Thanks to Gary for being center mic. Thanks to Anna for being the timer.
	40	Close: Responsibility Pledge: "Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible." ASSEMBLY ADJOURNS	5:40pm.
	38	Assembly Evaluation	
	39	Announcements c. Region 8 Board & Committee Chairs Meeting Sunday, 9 AM ET, 1 hour d. Intergroup Sharing Meeting Sunday, 2 PM ET, 2 hours)	5:38pm. Thanks to Tech Web committee for all they did for the weekend. Thanks to Gary for being center mic. Thanks to Anna for being the timer.
	40	Close: Responsibility Pledge: "Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible." **ASSEMBLY ADJOURNS**	5:40pm.

Sunday, Oct 23, 2022 Post-Assembly (All Times Eastern)

Meeting ID: 860 6099 6658
Passcode: Sunday
https://us02web.zoom.us/j/86060996658?pwd=RFJqSE0vYm5BbzA5VlpvenZSRy9rQT09

Time (Eastern)	Item #	Description / Topic
9:00 AM		Informal Meeting: R8 Board and Committee Chairs Only (1 hour)

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2:00 PM		Intergroup Sharing Meeting (2 hours) a. Open Meeting – Reps / Visitors / All IG Welcome! b. Please fill out IGOR Intergroup (IG) Information & Update Form once per year. Form is located on the Region 8 website, under IGOR Committee

Results of Motions-Virtual Assembly October 2022.

- Consent agenda: Not controversial and can be easily passed -- Adopted

P& P: Motions A, B, C**, E (E and 1 removed)**

Bylaws: Motions **1,** 2, 3

· MOTIONS:

A. Move a paragraph (from Motion B) to Introduction -- adopted

B. Remove this paragraph from preamble -- adopted

C. Get preapproval for rental cars from Treasurer -- adopted

D. Quinquennial expenses (P&P) – removed adjective -- adopted

E. Defunding of Unity with Diversity – slide everyone down – adopted but there is concern about the order of defunding for the other committees (Ways and means should not be last, for example)

1. Region 8 communicates virtually -- adopted

2. Change reference paragraph for WSBC Delegates -- adopted

3. Change to gender neutral pronouns -- adopted

4. Add National Service Board and Language Service Board -- adopted

5. Add National Service Board and Language Service Board -- adopted

Board Reports:

Chair Report

Welcome to our Spring, 2023 Assembly. Time passes so quickly. I'm so happy to be here and to see you all.

Dora, our Trustee Liaison, and I continue to work to incorporate non-English speaking countries into our region. Frankly, Dora works at it harder than I and I'm so grateful to be working with her. She has done an amazing job serving our region.

On January 26, we had a meeting with members in Costa Rica and the Dominican Republic. With our virtual options and translation, it is so much easier for non-English speaking representatives to participate in Region. We had 27 participants including 3 interpreters (volunteer members), Dora and myself. We answered questions and heard from Costa Rica about their challenges. They are currently using AA literature as the cost to purchase or print our literature is prohibitive. Another challenge, as we found in other countries, is getting sponsors. If you or others in your intergroup are Spanish speakers and available to sponsor, please encourage them to volunteer.

Dora and I plan to travel to Argentina, Uruguay, and Paraguay this year to do service and workshops. I'm very excited about reaching out in this way. We can accomplish a lot over Zoom but there's nothing like face-to-face connection. I also hope to visit Costa Rica and the Dominical Republic later in the year.

In the fall, we will need to select Trustee nominees to send to conference 2024. The following are the qualifications taken from OA Bylaws:

Section 4 – Qualifications

a) Qualifications for trustee shall be:

1) Seven years in the Fellowship;

2) Five years of service beyond the meeting level;

3) Attendance as a delegate to at least two World Service Business Conferences;

4) Participation at the region level (the extent of participation to be determined by each region); and

5) Five years of continuous recovery in Overeaters Anonymous as evidenced by:

(i) five years of current continuous abstinence;

(ii) current maintenance of a healthy body weight for at least two years; and

(iii)emotional and spiritual growth as a result of incorporating into their lives the Twelve Steps and Twelve Traditions as a new way of living.

b) Qualifications for trustee must be met at the time the application for trustee is submitted to the WSO. Specifically, such trustee nominees must also have:

1) Worked through all Twelve Steps;

2) Declared themselves as practicing the Twelve Steps to the best of their ability;

3) Declared themselves as committed to the Twelve Traditions of Overeaters Anonymous; and

4) Affirmed these additional qualifications on their trustee application forms.

c) Upon election, each trustee shall make a commitment of:

1) Adherence to the Twelve Steps, Twelve Traditions, and Twelve Concepts of OA Service.

2) Continual recovery including abstinence and maintenance of a healthy body weight throughout the entire term(s) of office. Each person shall be the judge of their recovery including abstinence and maintenance of a healthy body weight.

3) Compliance with all the terms and provisions of the prevailing Overeaters Anonymous, Inc. Bylaws.

Just a reminder-I'm available to serve you and your intergroup. Feel free to contact me at chair@oaregion8.org with any questions or concerns you have. I'm also available for Service, Traditions & Concepts workshops and to provide any help your intergroup might need.

Region Chairs Committee

I was elected Vice-Chair of the committee. That means I get to keep time at our meetings. ☺ I am also responsible for keeping our Region Chairs Manual up-to-date and support the chair of the committee.

We welcomed several new region chairs at the end of last year.

We are currently working on a Forum to present at this year's World Service Business Conference. I'm excited to be attending in person this year and I hope to meet some of you for the first time. At least, face-to-face for the first time.

Vice Chair Report:

Hello Everyone,

I am honored to be serving as Region 8 Vice Chair, not elected but appointed directly following the Fall 2022 Assembly by your Region 8 Board. Serving on the Board is allowing me to learn and grow into the responsibilities of the position and I am grateful for the support they are giving me.

This is my first Assembly report as your new Vice Chair. However, I'm no stranger to Region 8 having participated for many years as a Funded Chair

Unfortunately I was not able to attend the Fall 2022 Assembly and Recovery Convention. However, to my understanding, my home group, Miami Dade and the Keys, did an outstanding job of hosting the assembly and Convention on very short notice! Makes me proud, thank you MDKIG!

We are looking forward to the Fall 2023 Assembly and Convention hosted by the New Freedom Intergroup. This will be the first **Live Face-to-Face** gathering of Region 8 since the onset of the pandemic. So pack your bags and meet us October 27-29, 2023 on Tybee Island Georgia!

At this writing we have a few IG's interested in hosting the Assemblies/ Conventions for 2024 There are no firm commitments as yet. Hopefully at the Spring Assembly, when you read this I will be able to report a commitment for Spring and/or Fall of 2024. It is not too late to consider hosting in 2024 or 2025. Hosting is a great way to enhance your Intergroup's visibility, attendance and having the gratifying experience of carrying the message to our fellows. And…Region 8 will be here to help you every step of the way.

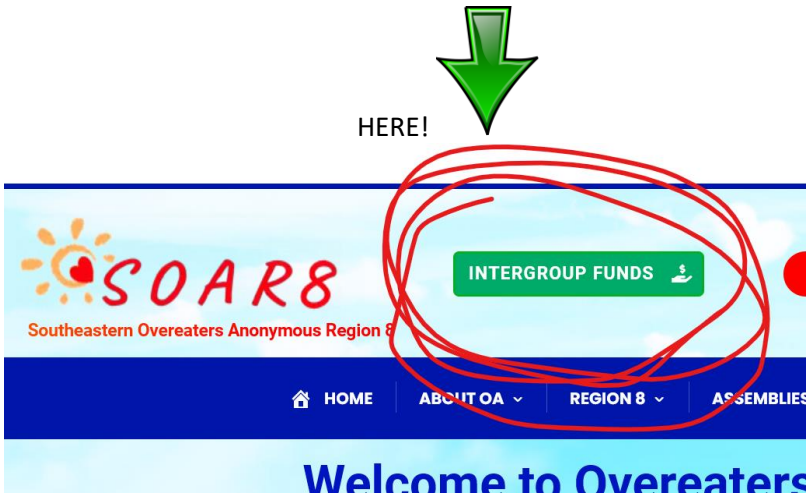
Thank you for the opportunity to serve you.

Love & Peace,
Lonna C., Vice Chair Region 8
Miami Dade and the Keys Intergroup (MDKIG)

Treasurer Report

Treasurer's Report Spring 2023

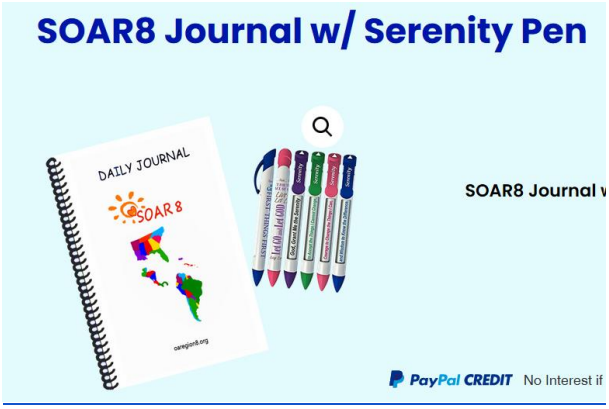
Where on the OARegion8.org website can my Intergroup find the money that Region 8 has to offer?



- Apply for IGOR Representative Funding if your Intergroup needs help sending a delegate to a Region 8 Assembly. Send completed form to IGORChair@oaregion8.org. Due 60 days prior to Assembly.
- Apply for assistance from the PIPO Public Information Funds if your Intergroup needs assistance in carrying the message in your communities like through a poster campaign, a sign on a bus bench, or a newspaper ad. Send completed form to PIPOChair@oaregion8.org.
- Apply for assistance from the IGOR Carry the Message Funds if your Intergroup needs help to bring someone to your area to lead a workshop or help your Intergroup with a specific event. Send completed form to both IGORChair@oaregion8.org and Treasurer@oaregion8.org.
- Apply to the Delegate Support Fund to help send a representative from your Intergroup to the WSBC Conference. Send to Treasurer@oaregion8.org. This form is due by September 1st. *(Region 8 will pass it along to WSBC when/if Region 8 uses all of our money budgeted for this assistance.)*

Purchase a Journal to support your recovery AND Region 8!

$22



Send contributions to
Region 8 Treasurer
PO Box 242522
Little Rock, AR 72223

Or contribute on the OARegion8.org website using PayPal.

How rewarding it is to be the Region 8 Treasurer! I have access to help in a significant way Region 8 and the Intergroups in the Region with their goal of helping the still suffering compulsive overeater. It is also a meaningful component of my ongoing commitment to abstinence and living this program.

I will be cycling out of the Treasurer's position at the Fall 2023 Assembly. If you are interested in serving as the next Region 8 Treasurer, if your Higher Power nudges you, please reach out and we can chat about the position.

Thank you for this opportunity and trusting me with the Region 8 funds.
Michelle D

Secretary Report:

Hello fellow OA members. I am excited to serve on the Region 8 board. I have attended several Region 8 assemblies as an intergroup representative and committee chair. This is a new role and an opportunity to learn and grow. In this role I get to meet and interact with many members of the OA Region 8. I have started reorganizing shared files in the Region 8 DropBox to allow information to be better accessed. I encourage anyone new to region service to reach out to others who have previously served and to practice your program first and foremost. I am grateful to act as the liaison with the tech and web committee. They are taking action to make the website calendar more useful for committees and to align our By Laws and PnP to match current practice that the committee does not directly manage the website.
Thank you
JC Devitt

Trustee Report

Hello dear region 8 members and trusted servants, I am grateful that I can be the trustee liaison for this region, where I was, always, welcome.
Since our last assembly I had a personal health problem and I needed to slow down to self-care.
It is amazing how the region 8 board received me with open arms and how we have to keep in touch with Latin America. As I live in Brazil it is easier to connect with people in Brazil. It is wonderful to see the happiness about this connection. The interpretation makes our communication better with people who don't speak English but is beyond the interpretation/translation. It is important, in my opinion , that people can give service in their own language. It is important that people who don't speak English have available guidelines from WSO and region 8.
At this moment we (Susan B the chair and I) are creating a translator/interpretation list in region 8. And we are organizing a service position (volunteer) called DD, originally designated download that was to only download material and send to the members. In an international region they are designated download and translators. This is an amazing service that I could give when I was a newcomer in OA and now I can see how they can help us translating material to Spanish and Portuguese. At this moment we have two DD&T for region 8 in Portuguese and one in Spanish. We need people who speak Spanish to help us in this service. If you are willing to come with us please let us know (The trustee and the chair) .
We have the Assembly agenda in Portuguese and Spanish, and some guidelines in Portuguese. I hope this can help members and bring them with us.
We keep trying to visit virtually the members in Latin America and we had a meeting with Costa Rica and Dominican Republic. We invited all Latin America and we had interpretation in Portuguese, Spanish and English. I am grateful to Sieni and Dani who helped us giving this service to us.

MEETINGS BETWEEN REGION 8 TRUSTEE AND REGION 8 CHAIR WITH MEMBERS IN LATIN AMERICA.

The Chair and the Trustee have a monthly meeting to discuss the things from the region and we understood that we needed to travel virtually through the region to hear the voices from people who don´t speak English and are not in touch and receiving all the help that Region 8 can provide. WE are trying to have more interpreters to Spanish and discuss how the region can help the 95 meetings in Spanish and meetings in Portuguese

The last one was with Costa Rica and Dominican Republic and happened in January, 26th . We had the meeting in Portuguese, Spanish and English. The attendance was 28 members.

The meeting theme is:

WE NEED TO BE TOGETHER, REGION, INTERGROUPS AND NATIONAL SERVICE BOARDS
All are welcome!
Language: English, Portuguese and Spanish

The biggest problem for Spanish Speaking members in region 8 is not about the translation but about print the literature in each country.

REGION 8 ACTIONS AFTER THE MEETINGS WITH LATIN AMERICA:
We are inviting these members to the Region 8 assembly
We have Designated Download (and translator) for the Region 8, Two in Portuguese and one in Spanish and they are translating guidelines from oa.org and material from Region 8 as the agenda for our assembly. This material will be available in the region 8 website and I am sending a motion to the next BOT to change the name of this service position and update the flyer. The trustee and the Chair are working with them.
We have videos in Spanish and Portuguese to explain how to register a meeting and how to participate in the region 8 list.
A motion will be sent through the Region 8 board to create an international committee in Region 8 to provide a place to organize things in Spanish and Portuguese and bring non-English-Speaking members to the Region.

PERSONAL NOTE:
I am visiting the virtual meetings in Region 8 and it is amazing how virtual can connect us!!!! I hope I can meet some of you in this assembly and F2F in October!

If you speak Spanish and would like to give service as DD and translator , please let us know (Susan and I)

My service at the BOT:

I am the chair for the IPT committee, the service boards can ask help to publish literature (not only translation) and this can help our region.
I give service at the website committee and the ad hoc committee for the regions. I gave service at the ad hoc committee for zoom bombers.
I am grateful about all the opportunities that I have at the BOT. Lots of things that I have learned.
I would like to say thank you to Susan, the region 8 chair, it is a pleasure giving service with you.
Thanks
Dora

Final Report – Recovery Convention October 21-23, 2022

FINAL REPORT
REGION 8 BUSINESS ASSEMBLY AND RECOVERY CONVENTION
HOSTED BY MIAMI DADE AND THE KEYS INTERGROUP
OCTOBER 21-23, 2022

CHAIRS REPORT

There had been prior discussions within MDKIG about bidding to host this convention and it had come to pass that Brazil was agreeable and did assume the position of host. Unfortunately, or fortunately for MDKIG and the Region depending on how one looks at it, Brazil was unable to carry forward after some time for preparation had already passed. On that basis, a representative of the Region reached out to our Chair, Gary Davis, to see if MDKIG would have an interest in hosting the convention. Gary reached out to me as the Chair of the prior years' convention to get my thinking and, ultimately, we both agreed that it would be an honor to provide that service to OA; that it could be done within the provided time constraints; and, as I recall, that the matter would be brought to the full MDKIG for discussion and approval and in due course that did occur.

At the first meeting of Intergroup where we were able to start the process and in a wonderful collaboration of minds we themed the Recovery Convention as:

Celebrating the Solution:
A Weekend of Love and Light
Recovery Convention and SOAR 8 Business Assembly

We started with Gary D and I acting as co-chairs. Gary later, due to his elevating to a position with the Region, had to resign all of his positions with MDKIG although he did continue to stay active in supporting the endeavor. On Gary's elevation, I reached out to Tessa, a prior co-chair, and she agreed to assume that position. So we started with a core committee of 2 co-chairs. Unfortunately, Tessa had to give up the spot as the result a Hurricane which ran through the Tampa area. At the beginning I reached out to Taylor C-H, who was the tech chair of the prior convention, and she agreed once again to operate in that capacity. Taylor was simply brilliant and right there at every turn in setting up the tech and manuals for the convention and in also being a presenter on Sunday. Additionally, Anne Eustace, the MDKIG treasurer, agreed to assume the registration position which included setting up Eventbrite immediately as we were already behind the ball and she did these things selflessly and prudently. We were now a committee of three.

We also had the full support of the membership of MDKIG including Lonna C with her ability to disseminate information on the event around the Region; Terri W who is now our Chair and was a tech liaison to the Region; and, Lisa __ and Andrea K who are always helpful in in any way requested. Vera agreed to prepare a flyer for the Assembly/Convention but she had to step down and that responsibility was assumed by Ann E. We did run into some technical trouble getting the flyer into a workable form but that was ultimately resolved. Going forward, there should be care taken to insure that the responsibility for that project is placed with someone

possessing the artistry and tech skill necessary to make that happen early so that the flyer can be posted everywhere and in every form that would be helpful to increasing awareness of and attendance for the event. Fela _ agreed without hesitation to assist with whatever translation services were necessary.

We met initially as a group on a monthly basis and gradually increased those meetings to weekly in the month run up to the convention. Also invited to those meetings were representatives of the Region.

The Convention was scheduled for Friday, October 21 through Sunday October 23, 2022. The affair was to initiate with the Business Assembly convening on Friday evening to include a combined three (3) speaker panel discussion; with a full slate of proceedings running side by side on Saturday beginning with Morning Meditation at 7 am followed by the Assembly and Convention both running all day and evening with the last meeting on the Recovery Convention side ending at 8:50 pm. The convention would start up again on Sunday morning with mediation and would end with a lunch time closing speaker. It was also decided in discussion at our monthly intergroup meeting that we would have on track only in our recovery convention.

The first order of business as to the presentation of the convention was to mold the form of the presentations to comport with the theme of the which we had chosen. This and having the best slate of speakers to carry that theme were critical to my always intent to make this an event which would lift the spirit of the attendees; to enlarge their spiritual experience; and to better imbue a sense of connection with our fellowship. I wanted to touch the hearts of our attendees and I think that we did just that.
Gary D came up with the ideas for the matching of the actual steps to the Love, Light and a Celebration of the Solution and he presented that format to me just before his elevation to a position with the Region. I assumed ultimate responsibility for the choice of speakers and did this in consultation with an inner core of other trusted servants. Fortunately, I had the experience of having chaired the prior years' MDKIG virtual convention and had definite ideas as to choice of speakers. The speakers chosen were probably of even split between local members and others both from the region and outside of it. I believe that the slate of speakers was excellent and carried forward with the themes as presented. Speakers were offered the option of registering for the convention on a scholarship basis.

On Saturday, after the Morning Mediation by Janey B, we started the recovery convention with a Spanish speaker meeting with translation. Additionally, the Saturday lunch speaker, which was a combined time slot, ended up being translated into Spanish languages on the fly based on the request and offer of the Region to provide translation. Our tech chair, Taylor, was able to brilliantly make the tech happen without any prior knowledge that it was going to occur. Great thanks to Taylor!!!! Beyond that the affair happened almost flawlessly and the speakers were all wonderful and I believe we satisfied our intent in hosting the event and providing a Spirit of Love, Light and a Celebration of the Solution.

In terms of recommendations for future events, I did not place sufficient emphasis on having enough people to disseminate information everywhere possible in order to increase the attendance numbers. Money is one of the bottom lines of the event.

We had 75 registrations for the recovery convention. For the Assembly, we had 41 reps, 8 board members, and 7 funded chairs for a total of 56 registrations.

Eventbrite deposited $2725 into MDKIG account for those who paid by the Eventbrite website. This is the information provided by Ann E to your undersigned. Both Ann, in charge of registration and Taylor, as tech chair remained at the stations pretty much throughout the entire affair. They were really the structure around which the convention occurred.
--
Siempre,
Rick Kaplan
Chair, MDKIG 2022 Region 8 Business Conference & Recovery Convention
(954) 559-0900

Committee Reports

Public Information/Professional Outreach (PIPO)

No Report

Ways & Means

No Report

Bylaws Committee

REGION 8 COMMITTEE PROGRESS REPORT

Committee: Bylaws and E-Docs

Iv' I Packet for Assembly March 17-19, 2023
Date of Assembly

Specific objectives for the period: (Numbered List)

Assembly: Spring 2023
Progress Report

Date Period Covered

1. Amended Bylaws with motions adopted at fall assembly
2. Amended P&P Manual with motions adopted at fall assembly
3. Prepared new motions for spring assembly
4. Prepared newsletter for spring 2023
5.

Actions/ Activities conducted toward objectives: (List by Objective)

1. Monthly meetings held by the committee -- third Tuesday at 7 PM (eastern) on zoom
2. Ten motions finalized and submitted for spring: 2 Bylaws motions, 8 P&P Manual

Projections for the next period:
1. Revise Hosting Manual (with Vice Chair)
2. Standardize format, fonts, etc. for the P&P Manual
3. Prepare new motions for fall assembly; prepare fall newsletter (solicit submissions)
4. Update Bylaws and P&P Manual with changes from adopted motions

5. Update Bylaws and P&P Manual with changes from adopted motions

Expenditures for the period: $ 0.00
Committee Chair: Date: 17 January 2023

Intergroup Outreach

Committee: IGOR

Assembly: Spring, 2023

Packet for Assembly

3/17/2023
Date of Assembly

Progress Report

10/22-2/23
Date Period Covered

Specific objectives for the period: (Numbered List)

1. Connect with unaffiliated groups to help encourage affiliation and provide support
2. Connect IG's in close proximity with unaffiliated groups
3. Connect IG's for young members with any unaffiliated groups for young members
4. Start a "Did You Know" series
5. Continue funding reps to R8 Assemblies (current $0 out of $3k) and delegates to WSBCs (current

Actions / Activities conducted toward objectives: (List by Objective)
1. Obtained an updated list of unaffiliated groups
2. Reached out to ALLSOAR8 for a service call to help contact unaffiliated groups
3. Worked on main talking points for a standard email to unaffiliated groups
4. Contacted some committee chairs regarding possible participation in the "Did You Know" series
5. Discussed topics and speakers for the "Did You Know" series

Projections for the next period:
1. Work on an "Intergroups Helping Intergroups: Together We Can..." initiative
2. Continue to connect and serve unaffiliated groups
3. Continue the "Did You Know" series
4. Develop and distribute flyers for the "Did You Know" series
5. Publish the "Did You Know" series on Region 8 website

Expenditures for the period: $ 1,373.00

Committee Chair: Angela Peratta
Date: 1/20/2023

TechWeb

Committee: Technology/Website

Assembly: SOAR 8 - Spring 2023

Packet for Assembly

3/16/23
Date of Assembly

Progress Report

Oct 2022-Jan 2023
Date Period Covered

Specific objectives for the period: (Numbered List)

1. Keep Secretary liason updated and informed as needed on committee business
2. Proposed motion to update the Policy and Procedure manual, splitting Tech and Web
3. Calendar of events for committee meetings - add a widget to the committees page
4. How can we get updated graphic/graphical links for our commitee page
5. Support business assemblies as needed

Actions / Activities conducted toward objectives: (List by Objective)

1. Shirley and Echo to continue to report to JC as needed, submit progress reports monthly
2. Submitted final version of the motion to Susan and Bylaws committee for Spring assembly
3. Echo worked with MJ to create widget and have it added to the website, maintain events
4. Shirley and Colleen are researching sources for graphics
5. Echo obtained hardware and equipment from Barb, keeping it updated and secure

Projections for the next period:

1. Continue to make improvements to the tech/web committee web page; tips, how-to articles, etc
2. Consider if we want to add a microphone to our equipment for onsite use
3. Provide zoom set up and support for workshops/events as needed
4.
5.

Expenditures for the period: $0.00

Committee Chair: Echo G. & Shirley Q

Date: 1/20/2023

Twelve Step Within Report

REGION 8 COMMITTEE PROGRESS REPORT

Committee: Twelfth Step Within Assembly: SOAR Spring 2023 Business Assembl

☑ Packet for Assembly March 17 -19, 2023 Date of Assembly

Progress Report ☑ Oct. 2022 - Jan. 2023 Date Period Covered

Specific objectives for the period: (Numbered List)

1. Increase participation in committee
2. Maintain 12th on the 12th in 3 languages
3. meet monthly
4. provide recovery resources
5. seek a new online meeting access

Actions / Activities conducted toward objectives: (List by Objective)

1. Added new members at assembly and afterward
2. The committee will present a Zoom workshop on sponsorship on Feb. 5, 2023. The TSW commit
3. maintained monthly meetings
4. Continuing to use a private Zoom account.
5. Presented the 12th on the 12th in English, Spanish and Portuguese each month

Projections for the next period:

1. Work with Techweb to have a dedicated Zoom meeting for TSW
2. continue the 12th on the 12th
3. Develop more TSW workshops
4. Spread word about TSW in Region 8
5. Spread word about TSW in Region 8

Expenditures for the period: $ 0

Committee Chair Neil McCormmick

WSBC Delegate Report

No Report

Motions for Current Assembly:

	Adopted
	Amended
	Lost

SOAR-8

Motion A: Amend Bylaws Overall Formatting

Motion: Move to amend Bylaws overall format by including "Revised (date) " in the footnotes.

CURRENT WORDING	PROPOSED WORDING
[page number, centered]	~~Revised [date, left margin]~~ [page number, centered]

SUBMITTED BY:
Bylaws and Electronic Documents Committee
Name: Barbara Carter Phone Number 352-474-1366
Email Address: bcarter337@att.net; bylawschair@oaregion8.org

INTENT:
To ensure clarity when individual pages are separated from the entire document.

IMPLEMENTATION: Update Bylaws, immediately upon adoption.

COST: $0

RATIONALE: Frequently, changes are so minor and pages are so similar to the previous update that it is easy to mistake an outdated page with the current approved page. By adding a revision date, we will be able to find the current wording.

	Adopted
	Amended
	Lost

SOAR-8

Motion B: Amend Bylaws

Motion: Move to amend Bylaws Article VI, Region 8 Trustee by striking the words with a line through them and adding the text with underline.

CURRENT WORDING	PROPOSED WORDING
ARTICLE VI – REGION 8 TRUSTEE **Section 4** Qualifications for the Region Trustees shall be set by each Region and by World Service Business Conference but in no case shall the nominee have less than seven (7) years in the fellowship five (5) years of service above the Group meeting level; and five (5) years of continuous abstinence prior to the date of submitting application. Region 8 Trustee nomineesmust have been active in Region 8 Business Assemblies. Trustee nominees must have also given away a Fourth Step Inventory, completed all Twelve Steps, declared themselves practicing the Twelve Steps to the best of their ability, and be committed to the Twelve Traditions of Overeaters Anonymous, which should be affirmed on their Region Trusteeapplication form. **Section 6** The most recent past Region 8 Trustee may serve as ex officio at Region 8 Board Meetings.	**ARTICLE VI – ~~REGION 8~~ TRUSTEE** **Section 4** Qualifications for ~~the Region~~ Trustees shall be set by each Region and by World Service Business Conference but in no case shall the nominee have less than seven (7) years in the fellowship five (5) years of service above the Group meeting level; and five (5) years of continuous abstinence prior to the date of submitting application. ~~Region 8~~ Trustee nomineesmust have been active in Region 8 Business Assemblies. Trustee nominees must have also given away a Fourth Step Inventory, completed all Twelve Steps, declared themselves practicing the Twelve Steps to the best of their ability, and be committed to the Twelve Traditions of Overeaters Anonymous, which should be affirmed on their Region Trusteeapplication form. **Section 6** The most recent past ~~Region 8~~ Trustee ~~(or Trustee Liaison)~~ may serve as ex officio at Region 8 Board Meetings.

SUBMITTED BY:

Bylaws and Electronic Documents Committee
Name: Barbara Carter Phone Number 352-474-1366
Email Address: bcarter337@att.net; bylawschair@oaregion8.org

INTENT:

To remove all references to “Region 8 Trustee” from the Bylaws. Trustees are now Trustee Liaisons, or will be referred to as Trustee in general

IMPLEMENTATION: Update Bylaws, immediately upon adoption.

COST: $0

RATIONALE: The role of the Trustee has been redefined. The WSBC 2022 voted to Amend OA, Inc. Bylaws, Subpart B, Article VII – Board of Trustees, Section 1 – Composition. This vote effectively restructured the board composition to seventeen trustees instead of eleven region trustees and six general service trustees. The board officers will assign “trustee liaisons” to each region annually. Thus, trustees may be serving as liaison to a region different from the one from which they were originally nominated.

	Adopted
	Amended
	Lost

SOAR-8

Motion 1: Amend P&P Manual Articles III and IV

Motion: Move to amend the Policy and Procedure Manual, Article III. Welcome to Region 8, and Article IV. Regionalization. Strike the words with a line through them, insert those with underline, and reorganize text as shown.

CURRENT WORDING	PROPOSED WORDING
III. Welcome to Region 8 The 1976 WSBC adopted the concept of Regionalization. Region 8 includes Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Puerto Rico, South America, Central America and Caribbean Islands. Each Intergroup is entitled to one Rep for every ten affiliated Groups or fraction thereof. Expenses related to attendance at Assemblies are the responsibility of the Intergroup represented. Each Intergroup, being autonomous, selects its Representatives in any manner it chooses, as long as it stays within the framework of the Twelve Steps and Twelve Traditions The illustration on Page 6 shows where Regions fit into the OA Service Structure. Questions about Region 8 may be directed to our Region Trustee or any officer listed in the Service Directory. At each Assembly, bids are presented and a Hosting Intergroup is selected for the next Assembly. The business of the Assembly includes: committee work, election of officers, selection of Trustee nominees, amendment of bylaws, and creation and maintenance of all Region publications. All members of OA are welcome at Assemblies. Only registered Reps can vote, but all members may participate in discussions. **IV. Purpose of Regionalization**	**III. Welcome to Region 8** ~~The 1976 WSBC adopted the concept of Regionalization.~~ Region 8 includes Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Puerto Rico, South America, Central America and Caribbean Islands. ~~The 1976 WSBC adopted the concept of Regionalization~~ ~~The purpose of regionalization was to:~~ • establish Region office addresses • ~~encourage unity within the Region~~ • ~~Facilitate communication with groups all over the world~~ • ~~offer assistance to groups and intergroups as they form and function~~ • ~~select nominees to serve as World Service Trustee and Trustee Liaison~~ ~~Each Intergroup is entitled to one Rep for every ten affiliated groups or fraction thereof. Expenses related to attendance at Assemblies are the responsibility of the Intergroup represented. Each Intergroup, being autonomous, selects its Representatives in any manner it chooses, as long as it stays within the framework of the Twelve Steps and Twelve Traditions.~~ The illustration on Page 6 shows where Regions fit into the OA Service Structure. Questions about Region 8 may be directed to our Region Trustee or any officer listed in the Service Directory

• establish Region Office address • encourage unity within the Region • communicate with Groups all over the world • offer assistance to Groups and Intergroups as they form and function • select nominees for World Service Trustee	~~At each Assembly, bids are presented and a Hosting Intergroup is selected for the next Assembly. The business of the Assembly includes: committee work, election of officers, selection of Trustee nominees, amendment of bylaws, and creation and maintenance of all Region publications.~~ ~~All members of OA are welcome at Assemblies. Only registered Reps can vote, but all members may participate in discussions.~~ **~~IV. Purpose of Regionalization~~** **~~IV. Region 8 Business Assemblies~~** ~~• establish Region Office address~~ ~~• encourage unity within the Region~~ ~~• communicate with Groups all over the world~~ ~~• offer assistance to Groups and Intergroups as they form and function~~ ~~• select nominees for World Service Trustee~~ **~~Region 8 holds two regular business assemblies per year: spring and fall.~~** The business of the Assembly includes: committee work, election of officers, selection of Trustee nominees, amendment of bylaws, and creation and maintenance of all Region publications. At each Assembly, bids are presented **~~for the following year~~** and a Hosting Intergroup is selected for the next **~~year's~~** Assembly. Each Intergroup is entitled to one Rep for every ten affiliated groups or fraction thereof. Expenses related to attendance at Assemblies are the responsibility of the Intergroup represented. Each Intergroup, being autonomous, selects its Representatives in any manner it chooses, as long as it stays within the framework of the Twelve Steps and Twelve Traditions. All members of OA are welcome at Assemblies. Only registered Reps can vote, but all members may participate in discussions, ~~at the discretion of the Chair.~~

SUBMITTED BY:

Bylaws and Electronic Documents Committee
Name: Barbara Carter
Phone Number: 352-474-1366
Email Address: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: To reorganize Articles III and IV of the P&P Manual to improve comprehension and flow of thought.

IMPLEMENTATION: Update P&P, immediately upon adoption

COST: $0

RATIONALE:

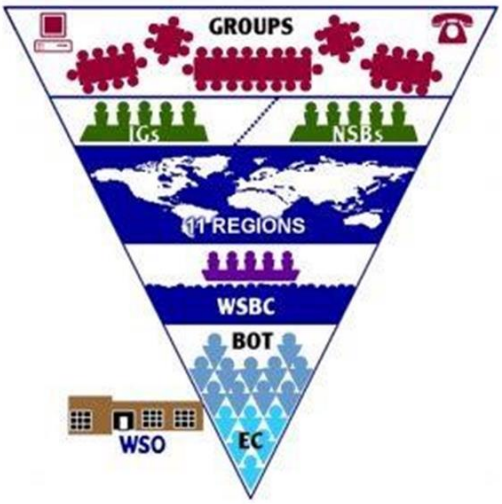
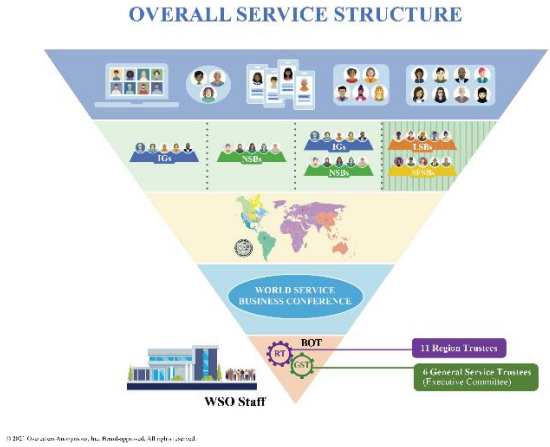
The content of Article IV. "Purpose of Regionalization" should be added Article III – Welcome to Region 8, as this article discusses Region 8 and the concept regionalization. Consequently, Article IV should be renamed IV. Region 8 Business Assemblies, and the stricken portions of article III should be placed here, along with some additional text. The organization of the material flows better IMHO.

	Adopted
	Amended
	Lost

SOAR-8

Motion 2: Amend P&P Manual Article VIII

Motion: Move to amend Region 8 Policy and Procedure Manual Article VIII. Service Structure by replacing the diagram with a more up-to-date one and adding the text indicated with underline.

CURRENT WORDING	PROPOSED WORDING
VII. Service Structure **Overeaters Anonymous** 	**VIII. Service Structure** **Overeaters Anonymous**  ~~This service structure chart shows how the various levels provide support for the level above it.~~ ~~Individuals form groups.~~ ~~Groups provide support for individual OA members. Together we get better, and we don't have to do it alone.~~ ~~Groups form Service Bodies.~~ ~~Affiliated Groups get support from the following service bodies:~~ ~~• Intergroups: An intergroup may maintain a website, provide meeting lists and contact information, organize recovery events, and provide other services.~~ ~~• National Service Boards: A national service board~~

	~~may provide translated literature and materials, social media, public information, and other services in the local languages and the same types of support as above to all affiliated intergroups and groups of a country.~~ ~~• Language Service Boards (e.g., Spanish, German) and Special Focus Service Boards (e.g., men, 100 pounders, LGBTQ+): Language service boards and special-focus service boards may also support groups with specific common needs.~~ ~~• Regions provide support for national service boards, intergroups, and unaffiliated groups.~~ ~~The World Service Business Conference is comprised of delegates from intergroups, national service boards, and regions and the trustees. WSBC delegates make decisions for the common welfare of OA as a whole.~~ ~~The Board of Trustees consists of eleven region trustees and six general service trustees. The board carries out the decisions of the WSBC.~~

SUBMITTED BY:
Bylaws/Electronic Documents Committee
Name: Barbara Carter Phone Number: 352-474-1366 Email Address: bcarter337@att.net; bylawschair@oaregion8.org

INTENT:
Update the service structure graphic and text.

IMPLEMENTATION:
Correct and update P&P; immediately upon adoption.

COST: $0

RATIONALE:
To stay current with the World Service Office. This graphic and text are dated 2021 and taken from the WSO web page: https://ddcqvdmi8p8xe.cloudfront.net/app/uploads/2021/12/22222153/oa-overall-service-structure.pdf

	Adopted
	Amended
	Lost

SOAR-8

Motion 3: Amend P&P Manual Article IX

Motion: Move to amend Region 8 Policy and Procedure Manual Article IX. Financial Policies, Section C. "Carry the Message" Fund by striking the words with a line through them and adding the text with underline.

ORIGINAL WORDING	PROPOSED WORDING
C. "Carry the Message" Fund 1. The Region 8 Carry the Message Fund will be created annually with a minimum amount of $2,000, finances permitting. 2. The purpose of the fund is to carry the message of recovery to those who still suffer, in and outside the rooms, and/or to supplement IGOR rep funding. 3. Applicants will complete a "Carrying the Message" Fund - Request for Funding form and forward it to the funding committee (see addendum for "Carrying the Message" Fund Request Form). 4. Allocation of funds shall be made by the funding committee with the following guidelines: a. The funding committee shall consist of the Region 8 IGOR Chair and the Region 8 Treasurer. b. In an effort to be self-supporting Region 8 encourages the service body to contribute what they can afford toward their expenses. c. Qualifying events include, but are not limited to, TSW and PIPO, with priority	**C. "Carry the Message" Fund** ~~1. The purpose of the fund is to carry the message of recovery to those who still suffer, in and outside the rooms, and/or to supplement IGOR rep funding.~~ ~~2. The Region 8 Carry the Message Fund will be created annually with a minimum amount of $2,000, finances permitting.~~ 3. Applicants will complete a "Carry~~ing~~ the Message Fund" ~~Request for Funding~~ form and forward it to the funding committee (see ~~https://oaregion8.org/business-documents/~~ for "Carry~~ing~~ the Message Fund" Request Form). 4. Allocation of funds shall be made by the funding committee with the following guidelines: a. The funding committee shall consist of the Region 8 IGOR Chair and the Region 8 Treasurer. b. In an effort to be self-supporting Region 8 encourages the service body to contribute what they can afford toward their expenses. c. Qualifying events include, but are not limited to, TSW and PIPO, with priority

given to requests coming from under-served and/or financially disadvantaged areas. d. In the event funds remain un-allocated within any fiscal year, the board may act proactively to use said funds to further the intent of this section, including, but not limited to doing workshops.	given to requests coming from under-served and/or financially disadvantaged areas. d. In the event funds remain un-allocated within any fiscal year, the board may act proactively to use said funds to further the intent of this section, including, but not limited to doing workshops.

SUBMITTED BY:

Bylaws and Electronic Documents Committee
Name: Barbara Carter Phone: 352-474-1366
Email: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: To organize the text in a more coherent manner, swapping paragraphs 1 and 2. Also, to give the correct name of the form for applying for this money, and to indicate where to find it on the website.

IMPLEMENTATION: Update the P&P; immediately upon adoption

COST: $0

RATIONALE: Better description of and easier access to requesting money from this fund.

	Adopted
	Amended
	Lost

SOAR-8

Motion 4: Amend P&P Manual Article, Section IX

Motion: Move to amend the Policy and Procedure Manual, Article IX. Financial Policies, Section B Disbursement of a Region 8 Support Fund (R8DSF) by striking those words with a line through them and inserting the text with underline. Reorganize the other paragraphs in this section.

Current Wording	Proposed Wording
B. Disbursement of a Region 8 Support Fund (R8DSF)	**B. Disbursement of a Region 8 Delegate Support Fund (R8DSF)**
	The World Service Business Conference (WSBC) is held annually, either in Albuquerque, NM or virtually. In the spirit of unity, we encourage every intergroup to send a delegate to the annual World Service Business Conference. It is critically important for the strength of OA worldwide that the voice of OA's entire community is heard at Conference. Decisions affecting OA for years to come are made each year at Conference, and input is needed from all intergroups and service boards so that these decisions truly represent OA as a whole.
	The Region 8 Delegate Support Fund was formed to help pay some of the costs incurred by delegates who attend the World Service Business Conference. Delegates selected to receive this financial support will be from, and will be a representative of, their intergroups or service boards in Region 8.
	1. The Region 8 Delegate Support Fund (R8DSF) will be created annually with a minimum amount of $2,000, finances permitting.
1. The Region 8 Delegate Support Fund (R8DSF) will be created annually with a minimum amount of $2,000, finances permitting.	2. Awards will be given only to Region 8 Intergroups/Service Bodies that require financial assistance in order to send a delegate to the WSBC.

2. Awards will be given only to Region 8 Intergroups/Service Bodies that require financial assistance in order to send a delegate to the WSBC. 3. Requests for delegate fund assistance will be prioritized as follows: a. Region 8 Intergroups that have never sent a delegate to WSBC. b. Region 8 Intergroups that have not been represented other than at one previous WSBC, provided this allows the same delegate to attend the WSBC a second time. c. Region 8 Intergroups that have not sent a delegate to the WSBC for the longest period of time. Preference will be given to Intergroups that have not previously been awarded delegate support. 4. Delegates receiving R8DSF assistance will be allocated as much funding as is available to a maximum of the estimated room/board costs (shared room basis) plus the cost of transportation to the WSBC site. Cost of transportation will be based on mileage reimbursed at the current IRS rate for miles driven in service of charitable organizations or actual expenses, (gas, tolls). However, if the miles driven (one way) exceed 300; transportation costs will be reimbursed at current air or common carrier costs. If insufficient funds are available to fund all R8DSF funding requests, the current R8DSF fund will be allocated according to the priorities shown in (3.) above, as determined by the R8DSF funding committee appointed by the Region 8 Chair. 5. Both the Service Body Financial Report and the "Amount contributed by Service Body" will be used in allocation considerations.	3. Requests for delegate fund assistance will be prioritized as follows: a. Region 8 Intergroups/Service Bodies that have never sent a delegate to WSBC. b. Region 8 Intergroups/Service Bodies that have not been represented other than at one previous WSBC, provided this allows the same delegate to attend the WSBC a second time. c. Region 8 Intergroups/Service Bodies that have not sent a delegate to the WSBC for the longest period of time. Preference will be given to Intergroups/Service Bodies that have not previously been awarded delegate support ~~funds.~~ 4. R8DSF monies **~~will not~~** ~~be~~ awarded to fund a second delegate from an attending intergroup. 5. The Intergroup/Service Body will complete the "Delegate Support Fund Application" located on the Region 8 website. (https://oaregion8.org/business-documents/ -- Printable Documents and Forms.) a. The Intergroup/Service Body shall send the application to the Region 8 Treasurer to arrive by 1 September each year. ~~THE INTERGROUP SHOULD MAIL THE DELEGATE'S APPLICATION TO THE REGION 8 TREASURER PO BOX INDICATED ON THE REGION 8 WEBSITE OR YOU CAN EMAIL IT TO TREASURER@OAREGION8.ORG AND *NOT* TO WSO AS IT INSTRUCTS YOU IN THE APPLICATION. IF YOU ARE NOT FULLY FUNDED BY REGION 8, WE WILL FORWARD IT TO WSO FOR FURTHER CONSIDERATION.~~ b. In the spirit of Seventh Tradition self-support, it is requested that each applicant's Intergroup/Service Body provide some

6. In the event of extenuating circumstances, the Intergroup/Service Body may provide a letter with its application requesting suspension of normal priority guidelines. The letter should clearly outline the need for special consideration. 7. R8DSF monies will not be awarded to fund a second delegate from an attending intergroup. 8. In the spirit of Seventh Tradition self-support, it is requested that each applicant Intergroup/Service Body provide some portion of the delegate expenses from their available treasury. The applicant's Intergroup/Service Body is responsible for submitting the delegate's WSBC registration form. 9. Each year, the Region 8 Chair will appoint a R8DSF funding committee, consisting of the current Region 8 IGOR Chair, the Region 8 Treasurer, and three Registered Representatives (Reps); not affiliated with any requesting Intergroup or Service Body. The committee will review all funding applications and recommend to the Region 8 Board funding based on the priorities shown in (3) above. The Region 8 Board will make the final decision on funding allocations. 10. No funding will be provided for tours, spousal expenses, or extracurricular activities during WSBC. 11. The Treasurer must receive all applications for R8DSF funds must by September 1st. Notification of R8DSF awards will be made by September 30. An email will be sent to the delegate e-mail address listed on the application, with letters also mailed to the Intergroup/Service Body address given. As fund requests usually exceed fund availability, a waiting list is created. It is imperative that each Intergroup notify Region 8 of its intention to accept the award by the date given on the award letter. If Region 8 does not receive a timely response,	portion of the delegate expenses from their available treasury. c. Both the Service Body Financial Report (which must accompany the form) and the "Amount contributed by Service Body" will be used in allocation considerations. d. In the event of extenuating circumstances, the Intergroup/Service Body may provide a letter with its application requesting suspension of normal priority guidelines. The letter should clearly outline the need for special consideration. 6. The Treasurer must receive all applications for R8DSF funds ~~must~~ by September 1st. Shortly thereafter, the Region 8 Chair will appoint a R8DSF funding committee, consisting of the current Region 8 IGOR Chair, the Region 8 Treasurer, and three Registered Representatives (Reps) not affiliated with any requesting Intergroup or Service Body. a. The committee will review all funding applications and recommend to the Region 8 Board funding based on the priorities shown in (3) above. b. Delegates receiving R8DSF assistance will be allocated as much funding as is available to a maximum of the estimated room/board costs (shared room basis) plus the cost of transportation to the WSBC site. Cost of transportation will be based on mileage reimbursed at the current IRS rate for miles driven in service of charitable organizations or actual expenses, (gas, tolls). However, if the miles driven (one way) exceed 300; transportation costs will be reimbursed at current air or common carrier costs. No funding will be provided for tours, spousal expenses, or extracurricular activities during WSBC. c. If insufficient funds are available to fund all R8DSF funding requests, the current R8DSF fund will be allocated according to the priorities shown in (3.) above, as determined

the funds will be awarded to other Intergroups or Service Boards on the waiting list. 12. If the R8DSF award is not sufficient to cover costs, Region 8 will forward the application to the WSBC Delegate Support Fund for additional funding consideration. (The WSBC Delegate Support Fund was formed to administer the funds which, as per WSBC Policy 1993c (Revised 1994, 2001, and 2002), helps to pay some of the costs incurred by delegates who attend WSBC. Delegates selected to receive this financial support will be from OA Intergroups and Service Boards in all regions.) PLEASE MAIL YOUR APPLICATION TO THE REGION 8 TREASURER PO BOX INDICATED ON THE REGION 8 WEBSITE OR YOU CAN EMAIL IT TO TREASURER@OAREGION8.ORG AND ***NOT*** TO WSO AS IT INSTRUCTS YOU IN THE APPLICATION. IF YOU ARE NOT FULLY FUNDED BY REGION 8, WE WILL FORWARD IT TO WSO FOR FURTHER CONSIDERATION. (See the Application for R8DSF Funds in Appendix E)	by the R8DSF funding committee appointed by the Region 8 Chair. d. As fund requests usually exceed fund availability, a waiting list is created. 7. The Region 8 Board will make the final decision on funding allocations. Notification of R8DSF awards will be made by September 30. An email will be sent to the delegate e-mail address listed on the application, with letters also mailed to the Intergroup/Service Body address given. ~~As fund requests usually exceed fund availability, a waiting list is created.~~ It is imperative that each Intergroup/Service Board notify Region 8 of its intention to accept the award by the date given on the award letter. If Region 8 does not receive a timely response, the funds will be awarded to other Intergroups or Service Boards on the waiting list. 8. If the R8DSF award ~~and the intergroup/ service board contribution~~ is not sufficient to cover ~~all~~ costs, Region 8 will forward the application to the WSBC Delegate Support Fund for additional funding consideration. (The WSBC Delegate Support Fund was formed to administer the funds which, as per WSBC Policy 1993c (Revised 1994, 2001, and 2002), helps to pay some of the costs incurred by delegates who attend WSBC. Delegates selected to receive this financial support will be from OA Intergroups and Service Boards in all regions.) 9. When the funding is accepted, the applicant's Intergroup/Service Body is responsible for submitting the delegate's WSBC registration form to the WSBC. ~~10. All delegates receiving money from the WSBC Delegate Support Fund, must, within 30 days of attending the WSBC, completely fill out the actual costs and return a copy of page 3 of the "Delegate Support Fund~~

	~~Application" with receipts and any excess funds.~~

SUBMITTED BY:
Bylaws and Electronic Documents Committee
Name: Barbara Carter Phone: 352-474-1366
Emails: bylawschair@oaregion8.org; bcarter337@att.net

INTENT: The original wording of this section of the P&P is very confusing. Changes are proposed to reorganize the text in a more coherent manner, adding a more descriptive explanation of why the fund is needed, and moving some paragraphs around to make applying for this money easier. Also, to give the correct name of the form for applying for this money, and to indicate where to find it on the website.
https://oaregion8.org/files/PDFs/delegate-support-fund-application-wsbc-23-interactive.pdf

All business assembly attendees are advised to read the current and proposed wording BEFORE the assembly to see that much of the language has been retained, it is just in a different order for clarity. Changes with underline have been added to the text; those with a line through them have been removed.

IMPLEMENTATION: Update the P&P; immediately upon adoption

COST: $0

RATIONALE: Better description of the delegate support fund and the procedures to request money from this fund.

	Adopted
	Amended
	Lost

SOAR-8

Motion 5: Amend P&P Manual Article XXV

Motion: Move to amend Region 8 Policy and Procedure Manual Article XXV Technology/ Web Site Committee to split Technology and Website duties. Changes will be made by striking the text with a line through it, adding the text with underline, and reorganizing paragraphs.

Current Wording	Proposed Wording
XXV. Technology/Web Site Committee A. Purpose 1. To promote the use of the Region 8 and OA World Service web sites for OA members and for all people seeking information about OA. 2. To facilitate the continued development of the Region 8 web site. 3. To provide information technology and support for Region 8. B. Duties 1. Website Ensure the Region 8 website is vibrant and up-to-date. This requires close coordination with the Webmaster, a paid person or entity, for technical aspects of the website. However, the Vice-Chair is responsible for approving all new content on the website before it is published. The Webmaster will: 1. Work with the Tech Web committee on the structure and layout of the website; decide on a platform (and change it if necessary), maintain the security of the website. 2. Post current and past editions of the Region 8 newsletter as submitted from Region 8 Bylaws/Electronic Documents chair. 3. Post approved files such as registration brochures pertaining to upcoming events at the Intergroup and Region levels; and publish links to WSO events, as	XXV. Technology~~/Web Site~~ Committee ~~A. Mission Statement:~~ ~~The mission of the Technology Committee is to assist OA members throughout the region to increase their knowledge of how to access recovery information and assist members in carrying the OA message through the different types of virtual mediums of communication.~~ B. Purpose 1. To promote the use of the Region 8 and OA World Service web sites for OA members and for all people seeking information about OA. ~~2. To facilitate the continued development of the Region 8 web site.~~ ~~3~~2. To provide information technology and support for Region 8. C. Duties ~~1. Website~~ ~~Ensure the Region 8 website is vibrant and up-to-date. This requires close coordination with the Webmaster, a paid person or entity, for technical aspects of the website. However, the Vice-Chair is responsible for approving all new content on the website before it is published.~~ ~~The Webmaster will:~~ ~~1. Work with the Tech Web committee on the structure and layout of the website; decide on a platform (and change it if necessary), maintain the security of the website.~~ ~~2. Post current and past editions~~

appropriate. 4. Upload modified Region 8 publications (i.e.; Bylaws, P&P Manual), as provided. 5. Coordinate with the Treasurer to ensure payments are made for the web domain registration and host. 6. Maintain the email subscription lists, adding and removing addresses as requested. 7. BUSINESS ASSEMBLIES: The Tech Web Committee will: a. Before each assembly, ensure that all equipment and software required for the committee is updated and in working order. b. Communicate with all virtual attendees before the assemblies, making sure they know how to register, log in and vote (if credentialed) on-line. This may entail writing instructions for use that should be posted to the website. Coordinate with the Secretary to ensure credentials have been received for attendees voting virtually. c. At the business assembly, one Co-Chair will be responsible for updating and projecting all the required documents (readings, motions, amendments, presentations, etc.) onto the screen in the front of the room. The other Co-Chair will be operating the communications software for the virtual attendees, answering their questions and troubleshooting problems. These duties may be delegated to other members of the tech/web	~~of the Region 8 newsletter as submitted from Region 8 Bylaws/Electronic Documents chair.~~ ~~3. Post approved files such as registration brochures pertaining to upcoming events at the Intergroup and Region levels; and publish links to WSO events, as appropriate.~~ ~~4. Upload modified Region 8 publications (i.e.; Bylaws, P&P Manual), as provided.~~ ~~5. Coordinate with the Treasurer to ensure payments are made for the web domain registration and host.~~ ~~6. Maintain the email subscription lists, adding and removing addresses as requested.~~ 1. Ensure the Technology Committee subsection of the Region 8 website is vibrant and up to date. ~~7~~2. BUSINESS ASSEMBLIES: The ~~Tech Web~~ Technology Committee will: a. Before each assembly, ensure that all equipment and software required for the committee is updated and in working order. b. Communicate with all virtual attendees before the assemblies, making sure they know how to register, log in and vote (if credentialed) on-line. This may entail writing instructions for use that should be posted to the website. Coordinate with the Secretary to ensure credentials have been received for attendees voting virtually. c. ~~Maintain the virtual platform.~~ At the business assembly, one Co-Chair will be responsible for updating and projecting all the required documents (readings, motions, amendments, presentations, etc.) onto the screen in the front of the room. The other Co-Chair will be operating the communications software for the virtual attendees,

committee. 8. Assist all members, especially new representatives, with registering for the email lists available to them. Periodically, work with the Webmaster to cleanup these lists and make sure they have not been compromised. 9. Stay up to date on new developments in communications software and equipment. Plan for periodic equipment updates. 10. Brainstorm new ideas on how to use technology to carry the message of recovery, and then implement these into practice. 11. Provide technical assistance to Intergroups within Region 8 when requested.	answering their questions and troubleshooting problems. These duties may be delegated to other members of the ~~tech/web~~ technology committee. ~~8~~3. Assist all members, especially new representatives, with registering for the email lists available to them. Periodically, work with the Webmaster to cleanup these lists and make sure they have not been compromised. ~~9~~4. Stay up to date on new developments in communications software and equipment. Plan for periodic equipment updates. ~~10~~5. Brainstorm new ideas on how to use technology to carry the message of recovery, and then implement these into practice. ~~11~~6. Provide technical assistance to Intergroups within Region 8 when requested. XXVI. Webmaster ~~In accordance with tradition 8, the Webmaster position is filled by a person who is paid for their service. This position reports to the Board.~~ A. Purpose 1. To facilitate the continued development of the Region 8 web site. 2. Ensure the Region 8 website is vibrant and up-to-date. B. Duties ~~1. Website~~ ~~Ensure the Region 8 website is vibrant and up-to-date. This requires close coordination with the Webmaster, a paid person or entity, for technical aspects of the website. However, the Vice-Chair is responsible for approving all new content on the website before it is published.~~ 1. Work with the Chair and Vice-Chair on the structure and layout of the website; decide on a platform (and change it if necessary), maintain the security of the website. 2. Post current and past editions of the Region 8 newsletter as submitted from

	Region 8 Bylaws/Electronic Documents chair. 3. Post approved files such as registration brochures pertaining to upcoming events at the Intergroup and Region levels; and publish links to WSO events, as appropriate. ~~The Vice-Chair is responsible for approving all new content on the website before it is published.~~ 4. Upload modified Region 8 publications (i.e.; Bylaws, P&P Manual), as provided. 5. Coordinate with the Treasurer to ensure payments are made for the web domain registration and host. 6. Coordinate with the Technology Committee to maintain the email subscription lists, adding and removing addresses as requested. ~~XXVI~~XXVII. Appendices

SUBMITTED BY: Region 8 Tech/ Web Committee Co-Chairs
Name: Shirley Quigley Phone Number: 727-916-2199
Linsey "Echo" Guertin Phone Number: 561-704-2917
Email Address techwebchair2@oaregion8.org, techwebchair@oaregion8.org
INTENT: To amend the Policy and Procedures manual to reflect current practices since we have a separate, paid webmaster who is not a member of the Tech/Web (to be renamed "Technology Committee" if approved) committee.
IMPLEMENTATION: Update the Policy and Procedures manual and use the amended descriptions of the purpose and duties of the Technology Committee and the Webmaster as separate entities. If approved, changes will be adopted immediately. Any other changes as a result of these changes to P&P Manual and Bylaws will be noted by Bylaws committee at the next assembly.
COST: None
RATIONALE: Tradition 8 states that "Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers." The Webmaster is currently a paid professional and acts as a separate entity from the Technology Committee. The Webmaster works directly with the Chair and Vice-Chair of SOAR 8 at present.
Splitting the duties for the Website off of the Technology Committee to a Webmaster role will allow the Tech Committee to focus its efforts on providing the best information technology (IT) support and assistance to Region 8 events and intergroups as possible.

	Adopted
	Amended
	Lost

SOAR-8

Motion 6: Amend P&P Manual Article I

Motion: Move to amend the Region 8 Policy and Procedure Manual Article I. Introduction by deleting the abbreviated terms/acronyms and creating a list in a new Appendix H.

CURRENT WORDING	PROPOSED WORDING
I. Introduction This Policy and Procedure Manual guides the business practices of **REGION 8 (Southeastern Overeaters Anonymous Region 8)** to be used only within this Fellowship **Abbreviated Terms Used in This Manual** **Full Term — Abbreviated** Expense Voucher and Advance Request Form — Voucher Public Information and Professional Outreach — PIPO Intergroup — IG Intergroup Outreach — IGOR Policy and Procedure Manual — P&P Public Information — PI Region 8 Business Assembly — Assembly Representative — Rep World Service Business Conference — WSBC World Service Office — WSO	**I. Introduction** This Policy and Procedure Manual guides the business practices of **REGION 8 (Southeastern Overeaters Anonymous Region 8)** ~~**and is t**~~o be used only within this Fellowship~~.~~ ~~"Appendix H: Abbreviated Terms Used in This Manual" can be found near the end of this Manual.~~ ~~**Abbreviated Terms Used in This Manual**~~ ~~**Full Term — Abbreviated**~~ ~~Expense Voucher and Advance Request Form — Voucher~~ ~~Public Information and Professional Outreach — PIPO~~ ~~Intergroup — IG~~ ~~Intergroup Outreach — IGOR~~ ~~Policy and Procedure Manual — P&P~~ ~~Public Information — PI~~ ~~Region 8 Business Assembly — Assembly~~ ~~Representative — Rep~~ ~~World Service Business Conference — WSBC~~ ~~World Service Office — WSO~~

~~APPENDIX H. Abbreviated Terms Used in this Manual~~

~~Abbreviated~~	~~Full Term~~
~~AA Big Book~~	~~Alcoholics Anonymous (called "The Big Book")~~
~~Assembly~~	~~Region 8 Business Assembly~~
~~BOT~~	~~Board of Trustees~~
~~Bylaws Chair~~	~~Chair of the Bylaws/Electronic Documents Committee~~
~~CPA~~	~~Certified Public Accountant (Financial)~~
~~EC~~	~~Executive Committee~~
~~"Green Dot"~~	~~A first-time representative to the Business Assembly. The "green" is a reference to being new.~~
~~IG~~	~~Intergroup~~
~~IGOR~~	~~Intergroup Outreach~~
~~IRS~~	~~Internal Revenue Service (Tax Organization)~~
~~P&P~~	~~Policy and Procedure Manual~~
~~PC~~	~~Personal computer~~
~~PI~~	~~Public Information~~
~~PIPO~~	~~Public Information and Professional Outreach Committee~~
~~Q&A~~	~~Question and Answer~~
~~R8DSF~~	~~Region 8 Delegate Support Fund~~
~~Region 8~~	~~Southeastern Overeaters Anonymous Region 8 (SOAR 8)~~
~~Rep~~	~~Registered Representative~~
~~SOAR8~~	~~Southeastern Overeaters Anonymous Region 8~~
~~Tech Web~~	~~Technology/Web Site Committee~~
~~TSW~~	~~Twelfth Step Within Committee~~
~~Voucher~~	~~Expense Voucher and Advance Request Form~~
~~WSBC~~	~~World Service Business Conference~~
~~WSO~~	~~World Service Office (Rio Rancho, NM)~~

SUBMITTED BY:
Intergroup or Committee: Bylaws/Electronic Documents Committee
Name: Barbara Carter Phone Number: 352-474-1366
Email Address: bcarter337@att.net, bylawschair@oaregion8.org

INTENT:
To move "Abbreviated Terms Used in This Manual" from "Article I. Introduction" on page 1 to the new Appendix H, making corrections to the abbreviations list, and renumbering all pages correctly. Acronyms will mirror those in the Bylaws Glossary, and include the additional terms used in the P&P Manual.

(1) By moving the abbreviations list from page one to nearer the end of the document, to enable adding all abbreviations found in the entire document or any new ones to the list without having to renumber most of the document.

(2) To be consistent in abbreviations included in the abbreviations list and to include all abbreviations used in this document.
(3) To make the abbreviations list more user-friendly by alphabetizing the abbreviations.

IMPLEMENTATION:
Correct and update P&P. Create a new "Appendix H. Abbreviated Terms Used in This Manual" and delete these terms from "Article I. Introduction" on page 1. Make corrections to the abbreviations list. The current "Appendix H. Index" will be changed to "Appendix I. Index". All pages will be renumbered correctly. Implementation will be immediately upon adoption.

COST: $0

RATIONALE:
Currently, the List of Abbreviations is incomplete, inconsistent, and in an inconvenient location for keeping it correct and updated.

	Adopted
	Amended
	Lost

SOAR-8

Motion 7: Amend P&P Manual Article XIV

Motion: Move to amend Region 8 P Article XIV. Trustee by striking the words with a line through them and adding the text with underline.

<table>
<tr><th>CURRENT WORDING</th><th>PROPOSED WORDING</th></tr>
<tr><td>

Article XIV. Trustee

1. To be eligible for nomination as a Region 8 Trustee, member must meet qualifications stated in Overeaters Anonymous, Inc. Bylaws, Subpart B, Article IX, Section 4.
2. Each Region Trustee serves a three-year term on the World Service Board of Trustees. Although each Region Trustee represents a specific Region, she/he serves Overeaters Anonymous as a whole. Trustees meet four times a year to conduct OA business.
3. Funding for Region 8 Trustee and nominees shall be as follows:

Position	Level of Funding
Trustee:	At least $100 toward expenses at each Assembly when funds available.
Nominee:	Fully funded to attend WSBC when funds available.

4. Reports:
   a. Written—Must submit to Region Secretary at least three weeks prior to each Assembly.
   b. Oral

</td><td>

XIV. Trustee

1. To be eligible for nomination as a ~~Region 8~~ Trustee, member must meet qualifications stated in Overeaters Anonymous, Inc. Bylaws, Subpart B, Article IX, Section 4.
2. Each ~~Region~~ Trustee serves a three-year term on the World Service Board of Trustees~~. Although each Region Trustee represents a specific Region, she/he and~~ serves Overeaters Anonymous as a whole. Trustees meet four times a year to conduct OA business.
3. Funding for ~~Region 8~~ Trustee and nominees shall be as follows:

Position	Level of Funding
Trustee:	At least $100 toward expenses at each Assembly when funds available.
Nominee:	Fully funded to attend WSBC when funds available.

4. Reports:

</td></tr>
</table>

1) At Spring Assembly—10 minutes (plus 5 minutes for questions). 2) At Fall Assembly—15 minutes (plus 5 minutes for questions). 5. Vacancies: a. In the event that there are no applications for Region 8 Trustee at the Fall Assembly where Trustee applications are needed, or if a vacancy occurs when there is no Regional Assembly prior to the date required for submissions of the applications, the following option may be taken: 1) The Region 8 Board will solicit applications from the Region 8 Intergroups. 2) Applications must be completed, and all requirements set by the World Service Office must be met prior to Board consideration of the applicants. 3) A majority vote of the Region 8 Board will constitute affirmation of the applicants (up to three). 4) Notification of the affirmation process results shall be sent to the Region 8 Intergroups.	b. Written—Must submit to Region Secretary at least three weeks prior to each Assembly. c. Oral 1) At Spring Assembly—10 minutes (plus 5 minutes for questions). 2) At Fall Assembly—15 minutes (plus 5 minutes for questions). 5. Vacancies: a. In the event that there are no applications for ~~Region 8~~ Trustee at the Fall Assembly where Trustee applications are needed, or if a vacancy occurs when there is no Regional Assembly prior to the date required for submissions of the applications, the following option may be taken: 1) The Region 8 Board will solicit applications from the Region 8 Intergroups. 2) Applications must be completed, and all requirements set by the World Service Office must be met prior to Board consideration of the applicants. 3) A majority vote of the Region 8 Board will constitute affirmation of the applicants (up to three). 4) Notification of the affirmation process results shall be sent to the Region 8 Intergroups.

SUBMITTED BY:

Bylaws and Electronic Documents Committee
Name: Barbara Carter Phone Number 352-474-1366
Email Address: bcarter337@att.net; bylawschair@oaregion8.org

INTENT:
To remove all references to "Region 8 Trustee" from the Policy and Procedure Manual. Trustees are now Trustee Liaisons, or will be referred to as Trustee in general.

IMPLEMENTATION: Update P&P Manual, immediately upon adoption.

COST: $0

RATIONALE: The role of the Trustee has been redefined. The WSBC 2022 voted to Amend OA, Inc. Bylaws, Subpart B, Article VII – Board of Trustees, Section 1 – Composition. This vote effectively

restructured the board composition to seventeen trustees instead of eleven region trustees and six general service trustees. The board officers will assign "trustee liaisons" to each region annually. Thus, trustees may be serving as liaison to a region different from the one from which they were originally nominated.

SOAR-8

Motion 8: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section XXI Intergroup Outreach Committee (IGOR) by adding F. International Committee as a sub-committee

CURRENT WORDING	PROPOSED WORDING
	F, International Committee 1. Purpose Provide a place for non-English speakers to give service, organize recovery and business events, workshops, speakers and sponsorship lists in their native language 2. Duties of sub-committee chair a. Announce time of meetings and chair the meetings b. Encourage and invite non-English speakers to participate c. Create an agenda for each meeting d. Facilitate each meeting

SUBMITTED BY:
Region 8 Board
Name: Michelle Dowell Phone Number: (501) 580-6120 Email Address: treasurer@oaregion8.org

INTENT:
Give a place for non-English Speakers to give service and organize recovery and business events, workshops, speakers, and sponsorship lists in their language and allow for effective participation excluding the language barrier.

IMPLEMENTATION:
Approve this committee at the assembly as a sub-committee of IGOR and update Region 8 documents

COST:
None at this time.

PRIMARY PURPOSE:
Carry the message for those who don't speak English and help to have more participation from those who don't speak English in regional structure and in conducting business.

2023 Budget Report

To be added in addendum in March

Appendix A: Region 8 Service Directory

Position	Name	Address	Phone	Email
Chair	Susan Berland	11529 Warfield Ave. Huntersville, NC 8078	415-987-3194	chair@oaregion8.org
Vice Chair	Lonna Cohen	139 Upminster F, Deerfield Beach FL33442	305-338-0423	vicechair@oaregion8.org
Treasurer	Michelle D	PO Box 242522 Little Rock, AR 72223	501-580-6120	treasurer@oaregion8.org
Secretary	JC Devitt	2314 Azalea Drive, Palm Harbor FL 34683	813-240-8572	secretary@oaregion8.org
Trustee	Dora Prolungatti	rua CÔnego joao maria Raimundo da Silva 271 apto 93 CEP 12050187 Taubaté - São Paulo - Brasil	+5512988422521	trustee@oaregion8.org
Parliamentarian	Ellen Fite	8285 Poplar Ave Germantown, TN	901-647-3587	parliamentarian@oaregion8.org
12th Step Within (TSW)	Neill McCormick	4651 Timbermill Ct. Apt. 302, NC 27612	919-789-9402	tswchair@oaregion8.org
Bylaws/Electronic Documents	Barbara Carter	28303 SW 101st Avenue Newberry, FL 32669	352-474-1366	bylawschair@oaregion8.org
Technology/Website 1	Linsey "Echo" Guertin	316 Finch Lane Lexington, SC 29073	(561)704-2917	techwebchair@oaregion8.org
Technology/Website 2	Shirley Quigley	PO Box 16582 Clearwater FL 33766	727-916-2099	Techwebchair2@oaregion8.org
Intergroup Outreach (IGOR)	Angela Peratta	12 Addison Park Dr, Huntsville, AL 35806	256-800-7539	igorchair@oaregion8.org
Ways & Means				waysandmeanschair@oaregion8.org
Public Info/Prof				pipochair@oaregion8.org

Outreach (PI/PO)				
TSW Mentor List	Bea Kimball	31 Lefever Lane Little Rock, AR 72227		mentors@oaregion8.org
TSW Email/Sponsor List	Lillian Mitchell	9 Arbor Cove Drive Stockbridge GA 39282	770-313-1853	sponsors@oaregion8.org
TSW Speaker List	Julia Spear	1130 Rue Orleans Slidell, LA 70458-2228	985-788-3411	speakers@oaregion8.org
TSW-Workshop Resources				workshops@oaregion8.org
Region 8 Webmaster				webmaster@oaregion8.org

Appendix B: Decorum in Debate

Robert's Rules of Order Newly Revised, 11th Edition pages 391-394

"The following practices and customs observed by speakers and other members in an assembly assist the carrying onof debate in a smooth and orderly manner." (RONR p. 391)

1. **Confining remarks to the merits of the pending question.**
   Remarks must be germane to the question being addressed – must have a bearing on whether the motion should be adopted.

2. **Refraining from attacking a member's motives.**
   Can speak against the consequences of the action being proposed, but avoid personalities or attack motives of the member who has spoken or who has proposed the issue.

3. **Addressing all remarks through the chair.**
   Speaker should not address comments to another member. If a member wishes to question comments made by the previous speaker, he/she must seek recognition from the chair and address the assembly. The speaker can then ask the chair to request an answer from the previous speaker.

4. **Avoiding the use of members' names. (used in large assemblies)**
   It is better to say "the member who spoke last" or "the delegate from_____". Officers should be referred to by their office. The speaker may use first person in relating their views.

5. **Refraining from speaking adversely on a prior action not pending.**
   Speaking on an action previously taken is allowed only when the issue is being reconsidered, rescinded, or amended.

6. **Refraining from speaking against one's own motion.**
   A person can vote against their own motion but cannot speak against it. If the maker decides that the action should not be taken, he/she can ask permission to withdraw the motion.

7. **Reading from reports, quotations, etc ….**only with permission.**
   A member may ask permission to read a report or quotation, etc. while speaking in debate.

8. **Being seated during an interruption by the chair. (used in large assemblies)**
   If the chair is asked to make a ruling, the speaker should be seated….and may resume speaking after the chair is finished.

9. **Refraining from disturbing the assembly.**
   During debate or during voting, members should not talk to others or move about the assembly. (side conversations!!)

Jan Strand, PRP March 1, 2014

Appendix C: Links to Online Forms

Voucher and Advance Request Form
https://oaregion8.org/documents/SOAR8-Voucher-and-Advance-Request-Form.pdf

Committee Selection Form
https://oaregion8.org/documents/PDFs/Region8-Committee-Selection-Form.pdf

Committee Progress Report
https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Committee-Progress-Report.pdf

Region 8 Delegate to WSBC Application
https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Delegate-to-WSBC-Application.pdf

Request for Budget Override
https://oaregion8.org/documents/PDFs/Request-for-Budget-Override

Certificate of Eligibility – English
https://oaregion8.org/e-docs/online-forms/coe

Certificado de Eligibilidad - Espanol
https://oaregion8.org/e-docs/online-forms/coe-espanol

Request for Steps, Traditions, Concepts Workshops
https://oaregion8.org/e-docs/online-forms/stc

Appendix D: Virtual Assembly Information

We are excited you are coming to assembly. Please note that since this is a virtual assembly only, you are not required to fill out the application. This document is meant to give you a preview of what to expect from a virtual assembly. You will receive more information at the beginning of assembly.

The assembly will be conducted on Zoom. You can use the following Log In Information for each of the four sessions:

~~Links to Zoom Meetings Will Appear Here When Addendum is sent~~

Notes About Zoom

1. Zoom is a web application that can be either downloaded onto your computer or used in your browser.
2. You can access Zoom at https://zoom.us/
3. You do NOT need to create an account.
4. You will receive a Meeting Identification and a password as we get closer to assembly.
5. You can access Zoom on a computer, on an Ipad, even on your phone.
6. It is recommended that you update your Zoom software on your computer prior to assembly so that you have the latest version. When we give instructions at assembly we will be referring to the latest version of the software.
7. It is also recommended that you make sure that your microphone and speakers will work in the zoom application BEFORE the assembly so that you can participate in the entire assembly.
8. You will be able to listen and speak at the assembly without using the Zoom application, HOWEVER you will NOT be able to vote.
9. You need a webcam if you want your face to be visible to others. You can speak at assembly by either calling into a phone number or using your computer microphone.
10. To be recognized to speak at assembly you will be asked to use the 'raise your hand' utility. You will receive instructions on the this utility at the beginning of assembly