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**Southeastern Overeaters Anonymous Region 8
Spring Business Assembly
October 27,28,29 2023**

**Hybrid
Physical Location: Tybee Island, GA – Hotel Tybee**

Zoom Information (Meeting Ids/Links)

Green Dot meeting Oct 20th 7:00pm

Meeting ID 868 2475 0292

Passcode greendot

<https://us02web.zoom.us/j/86824750292?pwd=SWZqb0tBY2V3NXJZYzhTa1FWamIWQT09>

Fall Assembly Friday Daytime meeting and opening Friday evening.

Meeting ID 856 3250 9855

Passcode Friday

<https://us02web.zoom.us/j/85632509855?pwd=YUpQU2RveUIlQmZuUINmRW1ES0dpQT09>

Fall Assembly Saturday

Meeting ID 818 3096 4990

Passcode Saturday

<https://us02web.zoom.us/j/81830964990?pwd=dm5nWWhnSzZwUnEwdzFzb0dsS1ljZz09>

IGOR Sunday meeting

Meeting ID 868 2475 0292

Passcode greendot

<https://us02web.zoom.us/j/86824750292?pwd=SWZqb0tBY2V3NXJZYzhTa1FWamIWQT09>

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Note bookmarks will be off
one page starting at 51
due to an added
motion

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Note bookmarks will be off one page starting at 52 due to an added motion

Notes for the Region Reps

Thank you for choosing to represent your intergroup at the October Assembly, October 27-29, 2023. This packet is being distributed electronically. All Reps are responsible to read the material in the packet and have it available during the assembly. Please read and familiarize yourself with the information in the packet prior to the assembly. You will be able to give better service as a Rep for your Intergroup by having the information in this packet with you at the assembly. Please contact secretary@oaregion8.org if you have any questions.

What do I need to do before attending the assembly?

1. Have your intergroup chair fill out a certificate of eligibility form for the reps coming from your intergroup. They can do this here: <https://oaregion8.org/certificate-of-eligibility/>
2. Registration – the fee is \$40. <https://oaregion8.org/r8-assemblies/soar8-assembly-fall-2023/>
3. Fill out a committee assignment sheet and send to secretary@oaregion8.org
<https://oaregion8.org/files/PDFs/Region8-Committee-Selection-Form.pdf>
4. **READ THIS PACKET!!**

CERTIFICATE OF ELIGIBILITY In order for your Intergroup Region 8 Representatives to be able to vote at the assembly, **your Intergroup must have a Certificate of Eligibility on file with the Secretary that is valid for 2023. You can fill out the Certificate of Eligibility online at our website, www.oaregion8.org . Select the documents tab, fill in the information and hit submit! There is a Spanish and English version of the form online.** You no longer need to mail or scan and email the form. If you need help filling out the form, contact the Secretary. ***All Intergroups are requested to submit a new Certificate in January of each year AND during the year any time there is a change in IG Chair, Reps or Alternates for a Region 8 Assembly.*** Voting at the assembly is the best way to show how much you support a healthy Region 8!

COMMITTEE ASSIGNMENTS Part of your responsibility as a Region 8 representative is to participate in a committee. If you were not at the last assembly, you can turn in the committee sign-up sheet to the Secretary on Friday at the business assembly. The sign-up sheet can be found on the documents page of the region 8 website and contains a brief explanation of each committee. If you were a Rep in the last assembly, we will try to place you in the same committee as last time. If you desire to change committees, please first contact your Committee Chair, and then contact the Secretary at secretary@oaregion8.org .

ASSEMBLY REGISTRATION FORMS Registration forms for this assembly can be found at www.oaregion8.org .

CALLING ALL INTERGROUPS We need you. Please send at least one representative to our Region Assembly. There is much work to do, and we need you to get this work done. Your voice is needed. Not only will your Intergroup be represented for important decisions but you will be helping the hosting Intergroup.

Funding may be available for this business assembly and is available for future assemblies. If your Intergroup is unable to financially send at least one Representative to the business assembly, perhaps Region 8 can help you for a future assembly. You can submit the Representative Funding Application from the documents section of region 8 website. Contact the IGOR Chair (igorchair@oaregion8.org) for more information. We appreciate your service and need you.

<https://oaregion8.org/files/Representative-Funding-Application.pdf>

HOSTING A FUTURE ASSEMBLY AND RECOVERY CONVENTION We will be accepting bids for a future Assembly and Recovery Convention at this Business Assembly. This is a great way to raise funds and promote OA in your area. Contact the Region 8 Vice-Chair-(vicechair@oaregion8.org) with any questions or to request support. Her contact info is in the SOAR 8 Service Directory.

HAVE MORE QUESTIONS? Please feel free to contact any Board Member or Committee Chair with anything that concerns you. Email addresses and phone numbers for all Board Members and Committee Chairs can be found in the Region 8 Service Directory below.

**Region 8 Fall Assembly Agenda
October 27-29, 2023**

Friday, October 20, 2023

Pre-Assembly

Time (Eastern)	Item #	Description / Topic
7:00 PM		New Rep (Green Dot) Orientation (45 min) Everyone Welcome! VIA ZOOM

Friday, October 27, 2023 (ALL TIMES EASTERN)

Pre-Assembly

Time (Eastern)	Item #	Description / Topic
11:00 AM		Informal Board Meeting: R8 Board Only Serenity Prayer
12:00 PM		LUNCH (90 MINUTES)
1:30 PM		BOARD MEETING CONVENES Funded Chairs Join – Open to All Serenity Prayer
		Old Business: <ol style="list-style-type: none"> 1. Approval of Minutes: Spring 2023 Board Meeting (Secretary) 2. Spring 2024 Update (VC) 3. Topics for Spring Convention 2024, for Presentation and Discussion (VC) 4. Audits/Finances/R8DSF Update (Treasurer) 5. OA Strategic Plan (if needed)
		Break (10 minutes)
		New Business: <ol style="list-style-type: none"> 1. Funded Committee Chairs: (10 mins each) Check in & update on Committee issues, activities, questions, or concerns. 2. Vouchers / Reimbursement 3. Registration for Spring 2024 Assembly 4. Other New Business
4:00 PM		Close: Responsibility Pledge: "Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible." Meeting Adjourn

**Region 8 Fall Assembly Agenda
October 27-29, 2023**

Friday, October 27, 2023 (ALL TIMES EASTERN)

Business Assembly

Time (Eastern)	Item #	Description / Topic
6:30 PM	1.	ASSEMBLY CONVENES
	2.	OA Readings Serenity Prayer – Serenity Prayer Spanish- Serenity Prayer Portuguese We will now have the OA Readings. 12 Steps- 12 Traditions- 12 Concepts – Voices of Recovery -
	3.	Appointment of Timer
	4.	Appointment of Center Mike Monitor (CMM)
	5.	Recognition of New Intergroups, New Reps (Green Dots)
	6.	Introduction of Region 8 Board Members Funded Committee Chairs Intergroup Chairs
	7.	Introduction of former Region 8 Board Members and Trustees
	8.	7 th Tradition (If you're on Zoom, please go to oaregion8.org or use the QR code to donate. Thank You!) 
	9.	Break
7:15	10.	Welcome
7:30 PM	11.	Presentation and Discussion Panel (Conventioneers join Assembly) • Three OA Speakers share experience, strength, and hope
	12.	Announcements: • Assembly Reconvenes: Saturday, 8:30 AM ET

**Region 8 Fall Assembly Agenda
October 27-29, 2023**

	13.	Recess
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Saturday, October 28, 2023 (ALL TIMES EASTERN)

Business Assembly

Time (Eastern)	Item #	Description / Topic
8:30 AM	14.	ASSEMBLY RECONVENES
	15.	OA Readings / Prayers Serenity Prayer English Serenity Prayer Spanish Serenity Prayer Portuguese 12 Steps of OA 12 Traditions of OA 12 Concepts of OA For Today
	16.	Roll Call and Credentials Report
	17.	Adoption of Agenda
	18.	Adoption of Standing Rules
	19.	Approve Minutes from Spring Assembly
	20.	7th Tradition (If you're on Zoom, please go to oaregion8.org or use the QR code to donate. Thank You!) 
	21.	Elect Chair (5 min presentation & 5 min Q&A)
	22.	Elect Treasurer (5 min presentation & 5 min Q&A)
	23.	Bylaws Forum (time permitting)
10:20 AM	24.	Break

**Region 8 Fall Assembly Agenda
October 27-29, 2023**

10:30 AM	25.	Committee Meetings <ul style="list-style-type: none"> • Recommendation of new committee chairs. Please turn in to Region Chair • Hand in report (electronically) to Secretary
12:00 PM	26.	Lunch Break
1:30 PM	27.	ASSEMBLY RECONVENES
	28.	Credentials Report
	29.	Board Reports (5 minutes for questions) Be sure to read the reports before assembly. <ul style="list-style-type: none"> a. Chair b. Vice Chair c. Treasurer d. Secretary
	30.	Trustee Report (5 minutes for questions) Be sure to read the report before assembly.
	31.	Introduction of Parliamentarian & short parliamentary lesson
	32.	Motions <ul style="list-style-type: none"> a. Consent Agenda / Debate (If needed) <ul style="list-style-type: none"> ○ P&P Motions B, C, D ○ Bylaw Motions 1, 5, 6, 7, 8, 9 b. Vote on Bylaws and P&P Motions
	33.	Break
	34.	New Business
	35.	a. Budget Report for next year (vote to approve budget)
		b. Elect Region Delegates to WSBC – 5 allowed
		c. Approve Trustee Nominees (5 min + 5 min Q&A)
		d. Committee Chair selection announcements
		e. Bids for Spring 2024 Assembly and Convention
		f. OA’s Strategic Operations Plan (if needed): Trustee
		g. Emergency Motions (if needed)
	36.	Committee Reports (5 min each + 5 min Q&A) <ul style="list-style-type: none"> a. Ways and Means b. Bylaws and Electronic Documents c. Intergroup Outreach (IGOR) d. Twelve Steps Within (TSW) / Unity With Diversity (UWD)

**Region 8 Fall Assembly Agenda
October 27-29, 2023**

		e. Public Information / Professional Outreach (PI/PO) f. Technology g. International Committee
	37.	For the good of the order (time permitting) Intergroup Announcements, etc.
	38.	GREEN DOT CEREMONY
	39.	Assembly Evaluation
	40.	Announcements a. Region 8 Board & Committee Chairs Meeting Sunday, 8:30 AM ET, 1 hour b. Intergroup Sharing Meeting Sunday, 9: 30 AM ET, (2 hours)
	41.	Close: Responsibility Pledge: "Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible." ASSEMBLY ADJOURNS


**Sunday, October 29, 2023 (ALL TIMES EASTERN)
Post Assembly**

Time (Eastern)	Item #	Description / Topic
8:30 AM		Informal Meeting: R8 Board and Committee Chairs Only (1 hour)
9:45 AM		Intergroup Sharing Meeting (2 hours) a. Open Meeting – Reps / Visitors / All IG Welcome! b. Please fill out IGOR Intergroup (IG) Information & Update Form once per year. Form is located on the Region 8 website, under IGOR Committee

Business Assembly Minutes


Friday, March 17, 2023 (All Times Eastern)

Time (Easten)	Item#	Description / Topic
7:00 PM	1.	ASSEMBLY CONVENES
	2.	<p>OA Readings Serenity Prayer-Melissa H Information on how to select your language on Zoom. Please send any questions you have to Dora who is acting as center mike. Do not raise your electronic hand unless directed by chair or Dora. Dora and interpreters are made cohosts to allow unmuting when needed. Serenity Prayer Spanish-Sandi C Serenity Prayer Portuguese-Dora P 12 Steps-Aleta P 12 Traditions-Barbara T 12 Concepts-Kat T Voices of Recovery-Andi S Everyone please speak slowly for interpreters. Voces de Recuperación (Spanish)-Pablo G Vozes da Recuperação (Portuguese)-Deborah K</p>
7:22 PM	3.	<p>ZOOM Basics Refresh Shirley- Renaming process. Three dots in zoom, rename, First Name, Last initial, state/country, intergroup abbreviation. Board members and funded chairs include position Region 8 after last initial, first time reps add(Green Dot), Visitors/nonvoting observers place a Z in front of your name. Please no private chats, chat to center mike, please be on time, please limit and visual or audio distractions, Mute will be controlled by hosts, must have video on for voting, may turn off video while eating/drinking/smoking. English to Spanish interpreter Santiago lost power. Was reassigned as co-host. We have Spanish, Portuguese interpreters and closed captioning is available. Able to choose interpretation in Zoom and other accessibility functions. Mute and Video on and off notifications. Chat with center mike with any questions or personal privileges, request for information, etc. Various Zoom screen views. Able to shift split screens to make either presentation or gallery views larger. More (three dots) reactions will be used.</p>
7:36 PM	4.	<p>Appointment of Timer Carol H, Echo will be timer when Carol speaks</p>
7:37 PM	5.	<p>Recognition of New Intergroups, New Reps (Green Dots) & Visitors</p>

07:38 PM	6.	Introduction of Region 8 Board Members, Funded Committee Chairs and Intergroup Chairs Chair, Vice Chair, Trustee, Secretary, Treasurer, Parliamentarian Intergroup Chairs: Julia, Debbie, Echo, Susan F, Eline, Barbara, Tina M, Shirley
07:40 PM	7.	Introduction of former Region 8 Board Members and Trustees Barb, Andi, Aleta
	8.	Roll Call (Virtual) and Credentials Deferred due to time
	9.	Adoption of Agenda Deferred due to time
07:40 PM	10.	7th Tradition  Or please go to oaregion8.org to donate. You may also send a check with address available on website. Thank You!
7:46 PM	11.	Presentation and Discussion Panel Benefits of Hosting a Convention and Business Assembly – Regina H, Carol H, Susan B (Southwest Alabama), Aleta P (Baton Rouge)
8:50 PM	12.	Announcements: Motions in the assembly packet and addended packet are incorrect. Secretary has emailed attendees the corrected motions. If you have not received a copy of the motions, please email secretary@oaregion8.org We reconvene tomorrow Saturday 9:30 AM eastern time.
8:53 PM	13.	Recess Responsibility Pledge- Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

Saturday, March 18, 2023 (All Times Eastern)

	Item#	Description / Topic
09:31 AM	14.	CALL ASSEMBLY TO ORDER
09:32 AM	15.	OA Readings Serenity Prayer-Tina M Serenity Prayer Spanish-Sandi C Serenity Prayer Portuguese-Dora P We will now have the OA Readings. Readers, please unmute. Thank you 12 Steps-Barbara C 12 Traditions-Julia S 12 Concepts-Neil M For Today-Georgette P
	16.	Credentials Report - 39 voting
	17.	Introduction of Parliamentarian & short parliamentary lesson – We are not taking questions, please direct questions to center mike in chat. Lesson is addressed later in assembly.
	18.	Adoption of Standing Rules - Adopted
10:05 AM	19.	Approve Consent Agenda Proposed Motions 2, 3, 6, A and B Motions A and B are removed Consent agenda is adopted
		Break -To address credentialing questions
10:22 AM		Challenge to the credentialing report. Chair explains the credentialing is for accepting the number of voting members. Voting members must be present and on screen to be counted. A rep who arrives later may chat the secretary to be added.
10:26 AM	20.	Approve minutes from Fall 2022 Assembly Minutes are approved
10:27 AM	21.	7th Tradition

		 <p>Or please go to oaregion8.org to donate. Thank You!</p>
10:29 AM	22.	<p>Board Reports</p> <ul style="list-style-type: none"> a. Chair – Attended Region Chairs meeting. Dora and Chair are focused on allowing non-English speakers in Region 8 to participate with multiple meetings for non-English speakers and they are planning trips to these areas to experience their input and support. We have interpreters for assembly, we have ability for interpreters in region committee meetings and workshops, we are looking for speakers and sponsors who speak Portuguese and Spanish. b. Vice Chair – Looking to support those from all areas of region. c. Treasurer - Willing to help new treasurer, speaks to funds being available for intergroups, talk about region 8 journal. d. Secretary – Learning the role, taking notes on how to address errors in communication to improve in future.
	23.	<p>Trustee Report</p> <p>It is my higher power’s will to be here. It is so important we have a chair willing to listen to people, not only translate. Central and South America are in their beginning in OA. Visiting virtual meetings in region 8.</p>
10:57 AM		<p>Point of order- Will there be a parliamentary lesson?</p> <p>Introduction of Parliamentarian & short parliamentary lesson.</p> <p>We follow Robert’s Rules and Regs, we use a center mike person to steer discussion. The Center Mic will address questions about: 1) Question of Personal Privilege (say the Serenity Prayer) 2) Parliamentary Inquiry: questions about parliamentary procedures or agenda items under consideration or you are confused about some of the parliamentary rules 3) A member who believes the rules of the assembly are being violated, thereby calling on the Chair to make a ruling and enforce the rules 4) Request for Information: Requests to the Chair or through the Chair to another officer or member to provide information relevant to the business at hand. A</p>

		Request for Information must be in the form of a question.
11:03 AM	24.	Explanation of how to enter committee break out rooms and able to take a break. We will have a break out room for Spanish and English speakers.
11:05 AM	25.	Committee Meetings 1.5 Hours
1:00 PM	26.	Lunch Break
2:00 PM	27.	ASSEMBLY RECONVENES
	28.	Credentials – address at 02:16 PM
02:00 PM	29.	Final Report from Fall Assembly 2022 Assembly and convention went well. Treasurer notes region 8 has not received its shared funds as of yet.
		Fall 2023 Assembly and Convention - Tybee Island – Discussed hotel and meal options. Recovery convention face to face only. Get your reservations now, hotel is booking up. Intergroup is working on registration for the event.
02:16 PM		Credentials - 41 - voting members
	30.	ZOOM Refresh Completed by Shirley Tech Web Co-Chair
02:23 PM	31.	Motions - Bylaws & P&P Motion A Bylaws Format- Adopted Motion B Bylaws Trustee- Adopted Motion 1 P&P Region 8 and Regionalization- Adopted Motion 4 P&P Delegate Support Fund- Adopted
03:04 PM		Break
03:15 PM		Motion 5 P&P Tech and Web- Adopted Motion 6 P&P Trustee- Adopted Motion 7 P&P International Committee- Adopted
03:51 PM	32.	New Business None
03:54 PM	33.	a. Nominations for Fall Board Member elections Nominations for Chair Barbara C – Declined Susan B - Accepted Nominations for Treasurer Katrina S (not present) Tina M- Declined Carol H- Declined It is against our Bylaws for Michelle D to accept a third term as

		<p>treasurer.</p> <p>If someone wants to submit their name as our Trustee, they may complete the application posted on Region 8 website.</p>
		Break
04:10 PM		<p>b. Committee Chair selection announcements PIPO – Robin IGOR – Annie M Ways and Means- Georgette P</p>
04:11 PM		<p>c. Bids for Spring 2024 Assembly and Convention No bids</p>
		<p>d. Emergency Motions No emergency motions</p>
04:12 PM	34.	Committee Reports
		<p>a. Ways & Means - Georgette P. Discussed cost of journals and keeping the price, set monthly meeting, Tybee Island plan to sell multiple items, Region 8 has a number of T-shirts to sell, no plans to spend money currently.</p>
		<p>b. Bylaws/Electronic Documents - Barb C. Meeting monthly, revising the hosting manual, have updated content, working on grammar, new members, looking to simplify P&P Bylaws description, having a name the Newsletter contest, flier to come.</p>
		<p>c. Intergroup Outreach (IGOR) - Annie M. IGOR will work on updating the region 8 website list of intergroup websites. Annie M willing to start position in January. Asking all members to check their intergroup websites and make sure they are working. This is on hold until someone is able to take the IGOR chair emails. Difficulty with getting translations in committee meetings, expecting to get more IGOR members.</p>
		<p>d. Twelve Step Within (TSW) - Neil M. February Workshop on sponsorship with 74 attendees, call for OA members to sign up on Region 8 Recovery Help website to sign up as available sponsors including those who speak Spanish and Portuguese, plan for abstinence workshop May 21st, need help for the workshop on translation if it is to be presented in Spanish and Portuguese, next meeting April 2nd 8:15 PM eastern, plan to create a survey in multiple languages on the TSW needs. Dora P offers assistance on translations/translators for workshop.</p>
		<p>e. Public Information / Professional Outreach (PI/PO)- Robin T. Plan for social media to allow intergroups to find support and assistance, support applications for funding from intergroups for PIPO activities, question on budget which will be addressed.</p>
		<p>f. Technology/Website (Tech/Web)- Echo G. Call for more members, you do not need to be tech savvy, need to support the hybrid assembly in October, discussed purchasing audio equipment versus hiring a company to record convention who provides equipment, there is a Region 8 calendar for</p>

		events and use of Zoom account for workshops and committee activities, plans for tip sheets such as a Zoom intruder guide.
	35.	<p>For the good of the order</p> <ul style="list-style-type: none"> • Everyone is asked to sign up for ALLSOAR8 email lists and their respective committee email list. Instructions to be emailed. • Daily 6:30 am Overeaters Anonymous Meditation Meeting (closed) (required: display of 1st name on zoom/phone ID blurb) Zoom Code: 829 2633 2181 Zoom Password: Surrender Daily, 6:30-7:30 am EST https://us02web.zoom.us/j/82926332181?pwd=ZVZaNGc5MzdOQVR1Y0ZrU0ZVcCtPUT09 • All Fliers to be posted on Region 8 website need the OA logo and sent to vicechair@oaregion8.org to be approved
	36.	<p>GREEN DOT CEREMONY Congratulations! You are no longer a Green Dot</p>
	37.	<p>Assembly Evaluation – Please complete. It will be emailed out to ALLSOAR8</p>
04:49 PM	38.	<p>Announcements- 9 AM Region 8 Board & Committee Chairs Meeting Intergroup 10 AM Intergroup Sharing Meeting Tomorrow (Everyone Invited) Looking forward to seeing everyone in Tybee Island in October 2023.</p>
04:53 PM	39.	<p>ASSEMBLY ADJOURNS Responsibility Pledge- Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.</p>

A. Standing Rules for Face to Face (Hybrid) Assemblies

These rules take precedence over Robert's Rules of Order. They may be suspended by a 2/3 vote using a Motion to Suspend the Rules. The Secretary will include these standing rules in the assembly packet for Face to Face (Hybrid) assemblies.

1. Participation in Assembly

- a. Voting members (except those attending virtually) must wear **appropriate identification** badge/ribbon denoting Rep, funded committee chair, or Board Member.
- b. The Secretary shall make a credentials check at the beginning of each session, and prior to any important vote, as deemed necessary by the Chair.
- c. Any physically present, including virtually present, member of the Assembly may participate in Assembly procedures, *e.g.*, vote, make a motion, speak to a motion, etc. Non-voting members may have a voice at the discretion of the Chair. Virtual representatives will be subject to limited voting using electronic polling software. Limited voting means that appropriately credentialed representatives who are attending virtually (over the web/internet/chat room) will be able to cast a vote for motions or amended motions, and elect new Board members provided they are willing to waive their anonymity when written (secret) ballots are used. Limited voting also means that virtual representatives may not be able to participate in pro/con debates on motions or make amendments unless sufficient Technology Committee members are available to speak for them.
- d. There may be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered as a separate motion. Once the consent agenda is established, it shall require a 2/3 vote for adoption.

2. Voting Procedures

- a. Vote may be taken by voice, show of hands, standing, or ballot, at the discretion of the Chair.
- b. A voting member may request a more accurate vote count by simply calling out "Division." The Chair may then use a voting method which assures an exact count. The Chair may also call for division by stating, "The Chair is in doubt."
- c. Ballot vote (paper) will be used for elections. Ballots will be distributed, collected, and tallied by non-voting members appointed by the Chair. Virtual representatives will submit their vote to the Secretary using an online platform (chat room, email, or voting software). The Secretary will complete a written ballot to the collection for each virtual representative who votes. After announcement of results, motion is in order to destroy ballots.

3. Recognition for Physically Present Representatives

- a. Voting members who wish to speak shall, from the center microphone, give their name and Intergroup, and wait for recognition from the Chair. If necessary to get the

Chair's attention, the voting member may say "Madam/Mr. Chair," but may not speak further unless recognized by the Chair.

- b. For certain procedures, the voting member, from the center microphone, may display a sign to gain recognition from the Chair (e.g., Point of Order, Point of Information, Parliamentary Inquiry, etc.).

4. Motions and Debate

a. Process for New Business Motions

- 1) Secretary will distribute minutes of the Business Assembly to the Board and Committee Chairs electronically no later than fifteen (15) days after close of the Business Assembly. New motions will be contained in the Committee Reports of the minutes.
- 2) New motions arising out of committees during an Assembly shall be communicated to the Secretary within fifteen (15) days after the close of the Assembly at which they emerge. After Board notification the Secretary shall forward these motions to the Bylaws/Electronic Documents Chair within twenty-one (21) days of the close of the Assembly at which they emerge.
- 3) New motions arising outside the Business Assembly shall be submitted to the Secretary at least seventy-five (75) days prior to the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion. (Motion approved July, 2015)
- 4) Motions must be formatted to contain the intent, the proposed motion, any possible effects (costs, time, other committees affected, etc.), date of implementation and a list of necessary changes to be made to the Bylaws and/or Policy & Procedure Manual for consistency or congruity.
- 5) The Bylaws/Electronic Documents Committee may suggest changes in the motion to the maker to facilitate arriving at a more suitable version for submission to the next Business Assembly if the passing of the motion, as initially proposed, would:
 - a) create incongruity within either the Policy & Procedure Manual or the Bylaws,
 - b) create incongruity between the Policy & Procedure Manual and the Bylaws,
 - c) be in contradiction to or with either the Policy & Procedure Manual or the Bylaws.
 - d) result in an adverse, unintended effect unrelated to content, intent or rationale (such as, but not limited to, language or structure).
- 6) The Bylaws/Electronic Documents Chair will submit the reviewed motions arising outside of the Business Assembly to the Secretary electronically, no later than forty-five (45) days prior to the Region 8 Business Assembly for inclusion in the mailing packet for the following Assembly.
- 7) No motions other than emergency motions will be taken from the floor at the Assembly. Emergency motions shall be submitted to the Bylaws/Electronic Documents Chair before the lunch break on Saturday of the Assembly.

- b. Debate. There will be a maximum of three pro and three con speakers to each motion. There will be a maximum of two pro and two con speakers to each amendment. Each speaker may speak for a maximum of three minutes.
- 1) Pro and con speakers shall use the appropriate **pro/con microphone**. While waiting to speak, pro/con speakers may queue at the microphones.
 - 2) A voting **member may not speak on two consecutive motions or amendments** unless the maximum number of speakers has not been reached.
 - 3) The **first speaker is always pro** and is usually the maker of the motion (unless they wish to have another voting member speak).
 - 4) If **more than the maximum number** of speakers wishes to speak to a motion, they are encouraged to select among themselves those speakers who can best represent their views.
 - 5) There shall **be at least one pro and one con speaker** before any discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.
 - 6) A motion to close debate (**Previous Question**) or limit debate is in order for motions or amendments and requires a 2/3 vote.
 - 7) To save time on a simple amendment to a motion, the Chair may ask the maker of the motion if they would be willing to accept a “**friendly amendment.**” If the maker of the motion agrees and there is no objection from the Assembly, the motion is changed to include the amendment.

5. Miscellaneous Rules

- A. No smoking is allowed in any Assembly room.
- B. No animals are allowed in any Assembly room, except guide dogs and service animals.
- C. All cell-phones, beepers and 2-way pagers are to be set on vibrate or turned off.
- D. Voting members are not to leave or enter the Assembly room while votes are being taken.
- E. No eating of food is allowed during the business session.

Results of Motions for Spring 2023 Assembly

Consent Agenda Motions 2,3 Adopted

Motion A Bylaws Format- Adopted

Motion B Bylaws Trustee- Adopted

Motion 1 P&P Region 8 and Regionalization- Adopted

Motion 4 P&P Delegate Support Fund- Adopted

Motion 5 P&P Tech and Web- Adopted

Motion 6 P&P Trustee- Adopted

Motion 7 P&P International Committee- Adopted

Chair Report

This has been a very busy six months!

WSBC 2023

Conference was April 25-29. I arrived on Monday for meetings with the other Region Chairs and the Board of Trustees (BOT). The Region Chairs is a committee of the World Service Business Conference. As such, we create and work on goals and work with the BOT on strategic planning. We have also presented a Forum for the delegates in years past and did this year.

The Region Chairs Committee (RCC) created the following goals:

1. Plan and execute the 2024 Forum
2. Improve communication between the BT and RCC
3. Maintain the policies and procedures in the RCC Reference Manual of the RCC
4. Onboard new chairs, elected in the fall
5. Develop best practices for hosting a hybrid RCC and hybrid assembly

We had a very productive meeting with the BOT in which we expressed concerns and questions. We will be moving our files from Dropbox to SharePoint. We will review and clean up all files before that is done.

We hosted the Forum on the topic "Service: The Heart of Recovery" It was well received and we got a lot of positive feedback.

Unfortunately, I tested positive for Covid while there and had to quarantine in my room for the majority of the business conducted. I do have the highlights, however!

There were two literature items proposed for the Conference Seal. The first is *Divers Voice: A Common Solution*. That was adopted and I look forward to reading it!

The second was *Sponsorship in OA: Guiding Others into Recovery*. That was not approved.

There were too many motions to list each one but you can find a summary of motions and results at <https://oa.org/world-service-business-conference/> under Frequently Used Documents/2023 Wrap-Up Report.

The following definitions of meetings were adopted:

Group (meeting) definitions of Overeaters Anonymous are as follows:

Meeting with Visitors (Open): Open to everyone. All meetings are considered open to visitors unless otherwise indicated.

Meeting without Visitors (Closed): Open to those who desire to stop eating compulsively. (This includes newcomers, OA members, and others who think they have a problem with food.)

~and~

Specific-Focus Meeting: Designed for individuals who may feel they can more readily identify with fellow members of Overeaters Anonymous with similar attributes. For a full list, see the oa.org Find a Meeting page. All OA members are welcome at these meetings.

Specific-Topic Meeting: Designed for a specific subject matter or format. For a full list, see the oa.org Find a Meeting page. All OA members are welcome at these meetings.

The Unity with Diversity policy was updated to include gender inclusive language.

The following policy statement was adopted:

“Unity with Diversity” Policy

THE FELLOWSHIP of Overeaters Anonymous encourages and promotes acceptance and inclusivity. All are welcome to join OA and are not excluded because of race, creed, nationality, religion, gender identity, sexual orientation, or any other attribute. We welcome all who share our compulsion. Everyone with the desire to stop eating compulsively is welcome in Overeaters Anonymous.

THE FELLOWSHIP recognizes the existence of individual approaches and different structured concepts to working our Twelve Step program of recovery; that the Fellowship is united by our disease and our common purpose; and that individual differences in approaches to recovery within our Fellowship need not divide us.

THE FELLOWSHIP respects the rights of members, groups, and service bodies to follow a particular concept of recovery within Overeaters Anonymous and encourages each member, group, and service body to respect those rights as they extend the hand of fellowship to those who still suffer.

THE FELLOWSHIP encourages each duly registered group and service body to affirm and maintain the Twelve Traditions of Overeaters Anonymous by allowing members to share their experience, strength, and hope in meetings regardless of the individual approach or specific concept that member may follow. Duly registered is defined as being in full compliance with Bylaws, Subpart B, Article V.

The policy on individual member donations to World Service was updated to increase the amount from \$5,000 to \$7,500 per year.

The motion to limit OA Approved Literature to OA literature and the Big Book was defeated.

Chair travel

In February, I traveled to Columbia, SC to attend their Unity Day and Intergroup meeting. I helped with an Intergroup Inventory and shared best practices.

Outreach to South America

In July, Dora and I traveled to Buenos Aires to attend the intergroup’s first ever retreat. The event was held in a church in what used to be a convent. All meals were served there and were plentiful, healthy and good! The intergroup had planned to have 10-12 people but 50 people signed up and came mostly from Buenos Aires but there was good representation for areas outside of Buenos Aires.

Before the event began, we met with people from the Intergroup in Buenos Aires as well as two members who traveled from Uruguay to attend. Here is some of what we learned.

When they talk about groups, it is not the same as how we use groups. A group has a specific name and meeting location and may have several meetings that meet throughout the week.

Most groups don't mention specific foods. They focus on the message rather than problems, but sometimes people just vent.

They are talking about starting a new face-to-face group. There are some but most meet virtually.

We had two members from Uruguay. They meet face to face. They are talking about starting a service meeting (perhaps an intergroup?). They want to create a web page to reach the compulsive overeater who is still suffering.

Friday afternoon the retreat started. They broke into groups to discuss a group inventory and what actions to take. They reported back and Public Information was a goal for each group. They asked what more they could do to carry the message.

They invite people to share to help break the isolation. They are looking for more ways to encourage participation, how to get information to professionals and encourage sponsors to suggest to their sponsees to give service.

Dora and I spoke several times throughout the weekend. We each shared our own service stories and encouraged service as a great tool for recovery. We talked about the service structure and what World Service and Region 8 does to support them. We each told our recovery stories and answered a lot of questions.

The intergroup provided volunteer interpreters for us. There were speakers who shared their recovery stories as well. It was quite inspiring.

I think we will see more participation from this intergroup as a result of our visit. It was well worth the effort, time and money.

I plan to travel to Costa Rica and Columbia early next year.

Vice Chair Report Fall 2023

Summer is now behind us, Fall 2023 is here and with it comes the end of my first year as Vice Chair of Region 8. How time flies!

It has been an interesting year: I was appointed to my position immediately following the Fall 2022 Assembly while recuperating from an accident which brought me to the hospital, then rehab, then recuperation for many weeks at home. This service came at a moment when I needed to focus on something other than myself. I guess you can call it a "God Thing". Being back to doing Region service work these past months has renewed and strengthened my personal recovery program.

I have been privileged to work with a great board who have helped me and supported me through the learning process this year. I have had the opportunity to work with a number of committee chairs who graciously helped me work through some of the varied tasks my position requires.

The 2023 Assembly was virtual and went off smoothly. Unfortunately we did not have a hosting intergroup so there was no recovery convention to accompany the business assembly.

In pursuit of finding a hosting IG for 2024, I have reached out and met many members and IGs in our region. Sadly there are no commitments for next year (2024). I have been in rooms long enough to remember the fun it was when two or three IGs had actually bid for the opportunity to host. I hope this Fall 2023 hybrid Assembly and face to face Recovery Convention on Tybee Island, Georgia, will inspire some IGs that are on the fence.

Serving my fellows has been an integral part of my OA experience. It has given me an extended OA family, and the spiritual connection I need to carry the message of the 12 Step program of recovery.

Your trusted servant,

Lonna C.
Vice Chair, Region 8

Hello Region 8

This has been an active time as Secretary. I am learning more about communication and how to work as a team. It's been an eye opener how to work amongst various groups and hopefully bring us all together in a group conscious. Our website was updated to accurately reflect the Region 8 intergroups and national service bodies. Previously, 31 intergroups were listed. There have been a few intergroups who closed, but many more are new and joined Region 8 OA. We now have 61 active intergroups and one national service body. IT is exciting to see the grow of recovery in Central and South America.

Check out the updated list at <https://oaregion8.org/region-8/intergroups/>

This year I had the opportunity to give a workshop on the traditions during my local intergroup's annual retreat. It was a great opportunity to read, study, and contemplate the traditions in the Twelve Steps and Twelve Traditions of Overeaters Anonymous, 2nd Edition. There were many questions and some very thoughtful discussion. I had the opportunity to say those most humble phrases. "I don't know" and "That's not clear in the literature, here is my experience, what is your experience?"

I am excited to be back to face to face in this October hybrid assembly. I am also gratified to see a face-to-face convention. This is the first assembly and convention as such since the pandemic. There are many details to pull together in hybrid assembly and it's good to have people on the board and committees with years of experience who can help iron things out.

As I am writing this report, our fabulous Region 8 webmaster is working to update the region 8 website to provide additional connections to OA resources. Our plan is to create a QR code that may be used printed out for face to face meetings, or displayed in video conference meeting on line that direct both the newcomer and everyone in an OA meeting to learn more about recovery. Look for this on the Twelfth Step Within Recovery Help page.

It will be wonderful to see old friends and meet new ones. Funny how the tune "Make new friends and keep the old, one is silver and the other's gold" runs through my head as I write this. Amazing how small things from childhood come up frequently. And that's what I am finding in my recovery. I am working the steps again and finding it a deeper dive into the causes and conditions as the Big Book of Alcoholics Anonymous describes. More to be revealed!

JC Devitt
Secretary
Region 8

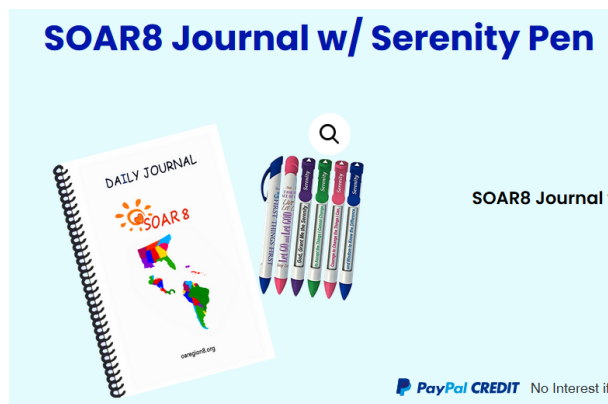
Treasurer's Report Fall 2023

Click [here](#) for a video walking through the proposed budget for 2023-2024 that will be voted on at the Assembly.

What a joy it has been to serve as Region 8 Treasurer! I have grown so much through this position. A significant contribution to my long-term recovery is directly tied to my work in this service. I cannot express my gratitude enough for the privilege of being entrusted with the Region's funds and the opportunity to help intergroups and recovery meetings in their efforts to help the still suffering compulsive overeater. It has always been my goal to try to reduce barriers between money and recovery.

Please make note that there will be a new PO Box to send snail-mail contributions going forward. This new address will be announced at Assembly...and posted on the website... and sent out through the AllSOAR8 email list.
Or contribute on the OARegion8.org website using PayPal.

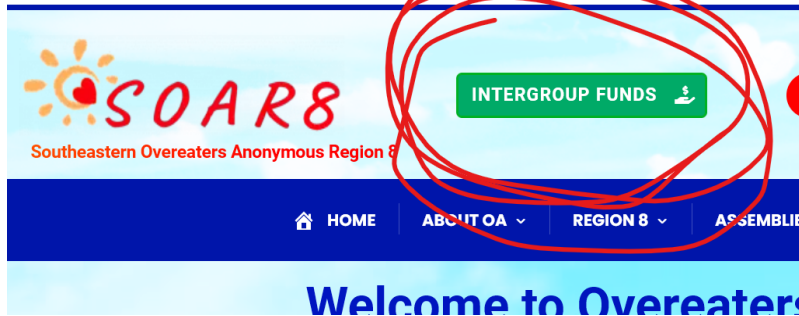
[Purchase a Journal](#) to support your recovery AND Region 8!



Where on the OARegion8.org website can my Intergroup find the money that Region 8 has to offer?



HERE!



- Apply for IGOR [Representative Funding](#) if your Intergroup needs help sending a delegate to a Region 8 Assembly. Send completed form to IGORChair@oaregion8.org. Due 60 days prior to Assembly.
- Apply for assistance from the PIPO [Public Information Funds](#) if your Intergroup needs assistance in carrying the message in your communities like through a poster campaign, a sign on a bus bench, or a newspaper ad. Send completed form to PIPOChair@oaregion8.org.
- Apply for assistance from the IGOR [Carry the Message Funds](#) if your Intergroup needs help to bring someone to your area to lead a workshop or help your Intergroup with a specific event. Send completed form to both IGORChair@oaregion8.org and Treasurer@oaregion8.org.
- Apply to the [Delegate Support Fund](#) to help send a representative from your Intergroup to the WSBC Conference. Send to Treasurer@oaregion8.org. This form is due by **September 1st**. *(Region 8 will pass it along to WSBC when/if Region 8 uses all of our money budgeted for this assistance.)*

With much love in my heart,
Michelle D
501-580-6120
mdquark@gmail.com

TRUSTEE REPORT

Submitted By: Dora Prolungatti

Hello , I am Dora , compulsive eater and the trustee liaison for region 8 and so grateful for being here .

Since the last assembly the region 8 representatives votes to start an international committee in region 8 to give the opportunity to non English speakers to give service in region 8. In July we had the first event in English, Portuguese and Spanish. Here their report:

This subcommittee was created on March 19, 2023, during the Virtual Assembly of Region 8. It was originally called International and then renamed as Integration Subcommittee. We are within the Intergroup Communication and Outreach Committee of Region 8 - "IGOR" for short. Our ultimate goal is to reach out to all the Overeaters Anonymous in Region 8, despite its complexity due to the geographical distribution and the three languages spoken by most countries in the region - there are others spoken by a smaller population that are not yet represented in this subcommittee.

We communicate in Spanish and Portuguese, through a whatsapp group with 29 participants and we have on average 6 participants in the service meetings.

We held our first virtual event "Together without Borders" on July 2 with the presence of 70 compulsive eaters.

Our meetings take place on the last Sunday of each month at 11:15 am (Brazil and Argentina time). This subcommittee is a big opportunity for non-English speakers in Region 8 to give service !

Designated downloaders and translators – As a result of their job and from a member who is professional we have important informations in our assembly page <https://oaregion8.org/r8-assemblies/soar8-assembly-fall-2023/> in Portuguese , Spanish and English , the same about some videos to explain our assembly that you can see at <https://oaregion8.org/r8-assembly-videos/> . Other material are translated and will be posted soon.

VISITING ARGENTINA

In July we (Susan B – Region 8 chair and Dora P – Trustee liaison for Region 8) could participate at the first national event in Argentina with two members from Uruguay . While they were discussing about our visit they decided to have a national event and it was wonderful. We could discuss the literature and translation.

This trip showed me how a region is important to help OA to grow. We could show them the Unity in one country. We were so welcomed there.

At the weekend we could share STH and it was a blessing giving service with Susan, she could help me in this first event and I learned a lot. It is easy giving service with her and the event was wonderful for my personal recovery. When I thought I would help people in Argentina I received lots of recovery.

Discussions between the meetings and the intergroups:

- Literature
- We had shares with strong recovery from people who live in Argentina and have Spanish as the first language. They can help us to carry the message in latin America in Spanish
- How to welcome the newcomer and tell them OA works?
- How to create websites? we need to help them
- How to make our meeting better?
- How to improve my recovery to help my meeting to be stronger
- The best service is the abstinence

It was a big opportunity being there and see that we could help a first event in south America , and see people from Uruguay there too. Susan is planning to visit Costa Rica (and maybe Colombia) next year and I am not sure yet if I will be available in person. Maybe virtually. HP know as I have my job and I can't travel all the time.

LAST BOARD OF TRUSTEES MEETING

Special note:

I want to thanks all the Region 8 board, it has been a pleasure and a blessing to work with them and being in region 8.

Susan, the region chair , is a gift and we are working very well together , I am learning a lot with her and I feel comfortable and welcome . I am grateful to Susan for the willingness to work together and to each Region 8 board member and the committees.

Dora – Region 8 trustee liaison for Region 8

	Adopted
	Amended
	Lost

SOAR-8

Motion A: Amend Region 8 Bylaws Article VII, Section 1

Motion: Amend Region 8 Bylaws Article VII, Section 1 to change all business assemblies to a virtual format and remove the recovery convention aspect. Text that has been lined-through will be deleted; new text is inserted and underlined (in red).

CURRENT WORDING	PROPOSED WORDING
<p>ARTICLE VII – MEETINGS OF THE BUSINESS ASSEMBLY</p> <p>Section 1 - Regular Meetings</p> <p>A. Region 8 shall hold regular Region 8 Recovery Convention and Business Assemblies two (2) times a year, on a rotation basis among the states, countries and territories in the Region as approved at the Region 8 Business Assembly one year previous. (Approved Nov, 2015 Assembly)</p> <ol style="list-style-type: none"> 1. Special consideration for hosting a Region 8 Recovery Convention and Business Assembly shall be given to areas and states which: <ol style="list-style-type: none"> a. have not previously been visited by the Region 8 Recovery Convention and Business Assembly. b. have not hosted a Region 8 Recovery Convention and Business Assembly for at least a two-year period. 2. If no bid is presented by the start of the Region 8 Recovery Convention and Business Assembly, the location will be decided by the Region 8 Board. The Region 8 Board may assist a new area in hosting the Region 8 Recovery Convention and Business Assembly if requested, excluding any financial assistance. <p>B. The Agenda will be published at least 30 days prior to next Region 8 Business Assembly and submitted to the Region 8 Secretary at least 45 days prior to Region 8 Business Assembly in order to meet the 30-day notification.</p>	<p>ARTICLE VII. MEETINGS OF THE BUSINESS ASSEMBLY</p> <p>Section 1 - Regular Meetings</p> <p>A. Region 8 shall hold regular Region 8 Recovery Convention and Business Assemblies two (2) times a year, on a rotation basis among the states, countries and territories in the Region as approved at the Region 8 Business Assembly one year previous. <u>Recovery Convention and Business Assemblies two (2) times a year, on a rotation basis among the states, countries and territories in the Region as approved at the Region 8 Business Assembly one year previous.</u> (Approved Nov, 2015 Assembly)</p> <ol style="list-style-type: none"> 1. Special consideration for hosting a Region 8 Recovery Convention and Business Assembly shall be given to areas and states which: <ol style="list-style-type: none"> a. have not previously been visited by the Region 8 Recovery Convention and Business Assembly. b. have not hosted a Region 8 Recovery Convention and Business Assembly for at least a two-year period. 2. If no bid is presented by the start of the Region 8 Recovery Convention and Business Assembly, the location will be decided by the Region 8 Board. The Region 8 Board may assist a new area in hosting the Region 8 Recovery Convention and Business Assembly if requested, excluding any financial assistance. <p><u>B. The Business Assemblies will be held fully electronically (virtually).</u></p> <p>C. The Agenda will be published at least 30 days prior to next Region 8 Business Assembly and submitted to the Region 8 Secretary at least 45 days prior to</p>

	Region 8 Business Assembly in order to meet the 30-day notification.
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SUBMITTED BY:

Bylaws and Electronic Documents Committee
 Name: Barbara Carter
 Phone Number: 352-474-1366
 Email Address: bcarter337@att.net, bylawschair@oaregion8.org

INTENT:

This motion calls for making the Business Assemblies VIRTUAL from now on; and also removes the obligation of having a recovery convention simultaneously with the Business Assembly.

IMPLEMENTATION: Immediate – unless an IG is well underway to conduct the spring 2024 SOAR 8 Recovery Convention and Business Assembly.

COST: \$0

RATIONALE: This motion separates the recovery convention from the business assembly. The business MUST be conducted, the recovery aspect is optional at the region level.

1. Business Assemblies are handled VERY efficiently virtually (on zoom), with all members having an opportunity to participate and vote. Virtual technology has streamlined our business meetings and increased the number of attendees.
2. Money received by Region 8 will be mostly unchanged. All registration money from virtual BAs will go directly to Region 8, with minimal expenses incurred. With \$20/registration fee, we are realizing approximately \$2,000 at each assembly (50 attendees). With a combined RC & BA, the Region received AT MOST less than \$3,000 from their split of the proceeds with a hosting IG.
3. This motion eliminates the need to convince (coerce, persuade, blackmail...) an intergroup to host a recovery convention in conjunction with the business assembly. Many IGs are very busy running their own events (workshops, retreats, Big Book studies) and the common refrain is that there is not enough manpower to handle a recovery convention.
4. Costs for hotels and travel expenses are continuing to escalate. The costs for the virtual platforms we use are relatively inexpensive compared to these.
5. There will be minimal need to cancel any business assemblies as a result of possible travel strikes, pandemics, climate disasters, etc.
6. Because of the efficiency and lack of costs, we could make a further motion to hold these business assemblies three or four times a year, if required, as in the past.

Should this motion be approved, further motions will be made to craft the implementation of a REGION 8 Recovery Convention to be held every 5 years, separate from the business assemblies, at an off-time (not spring or summer), and two years following the WSO Convention. Such an event will be co-hosted by several intergroups/national service boards from Region 8, each taking one aspect (committee) of the convention. This is similar to how the Florida State Convention was held in the past. It should not overtax any one IG/NSB, and allows enough time to plan a spectacular event.

(Note: Approval of this Bylaws motion will require extensive changes to the P&P Manual. Further approval of a Region 8 Recovery Convention will require a massive rewrite of the Hosting Manual and related materials.)

	Adopted
	Amended
	Lost

SOAR-8

Motion B: Amend Region 8 Bylaws Article VI, Section 1

Motion: Amend Region 8 Bylaws Article VI, Section 1 to strike the text concerning forms for trustee applications. Text that has been lined-through will be deleted; new text is inserted and underlined (in red).

CURRENT WORDING	PROPOSED WORDING
<p align="center"><u>ARTICLE VI – REGION 8 TRUSTEE</u></p> <p>Section 1</p> <p>To be ratified by Region 8 as a nominee to World Service Business Conferences of Overeaters Anonymous, Trustee Applications (see Appendix C – Miscellaneous Forms – Pages C-16 thru C-19) are to be submitted on a World Service form to the Region 8 Secretary, postmarked six weeks prior to the Fall Region 8 Business Assembly. The Fall Assembly nominees will be nominated by a majority vote of Region 8 Representatives.</p>	<p align="center"><u>ARTICLE VI – REGION 8 TRUSTEE LIAISON</u></p> <p>Section 1</p> <p>To be ratified by Region 8 as a nominee to World Service Business Conferences of Overeaters Anonymous, Trustee Applications (see Appendix C – Miscellaneous Forms – Pages C-16 thru C-19) are to be submitted on a World Service form to the Region 8 Secretary, postmarked six weeks prior to the Fall Region 8 Business Assembly. The Fall Assembly nominees will be nominated by a majority vote of Region 8 Representatives.</p>

SUBMITTED BY:

Bylaws and Electronic Documents Committee
 Name: Barbara Carter
 Phone Number: 352-474-1366
 Email Address: bcarter337@att.net, bylawschair@oaregion8.org

INTENT:

This motion strikes the forms reference.

IMPLEMENTATION: Immediate.

COST: \$0

RATIONALE: There is no Appendix of forms in the Bylaws and the Trustee Liaison form can be found online (oa.org) when the link is working.

	Adopted
	Amended
	Lost

SOAR-8

Motion C: Amend Region 8 Bylaws Article IX, Section 1

Motion: Amend Region 8 Bylaws Article IX, Section 1 concerning amendments to the Bylaws. Text that has been lined-through will be deleted; new text is inserted and underlined (in red).

CURRENT WORDING	PROPOSED WORDING
<p>Section 1 – To the Bylaws</p> <p>A. Amendments to these Bylaws (together with appropriate motion or motions requesting approval of such proposed amendment or amendments) with the exception of Article II, Sections 2, 3, and 4, may be proposed by any registered Intergroup or National/Language Service Board, Region 8 Board, Region 8 Board member, or any Region 8 funded Committee as defined in Region 8 Bylaws, Article VIII, and shall be submitted by hand delivery, email or first class mail to the Region 8 Chair and the Region 8 Secretary at least seventy-five (75) days prior to the commencement of the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion and amendment. (Motion approved July, 2015, March, 2016)</p>	<p>Section 1 – To the Bylaws</p> <p>A. Amendments to these Bylaws (together with appropriate motion or motions requesting approval of such proposed amendment or amendments) with the exception of Article II, Sections 2, 3, and 4, may be proposed by any registered Intergroup or National/Language Service Board, Region 8 Board, Region 8 Board member, or any Region 8 funded Committee as defined in Region 8 Bylaws, Article VIII, and shall be submitted <u>for review</u> by hand delivery, email or first class mail to the Region 8 Chair and the Region 8 Secretary <u>Bylaws and Electronic Documents Committee</u> at least seventy-five (75) days prior to the commencement of the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion and amendment. (Motion approved July, 2015, March, 2016)</p>

SUBMITTED BY:

Bylaws and Electronic Documents Committee
 Name: Barbara Carter
 Phone Number: 352-474-1366
 Email Address: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: Change who receives motions in order to format them correctly.

IMPLEMENTATION: Immediate.

COST: \$0

RATIONALE: Since Bylaws Committee is to review all motions for formatting and congruency with WSO and Region 8 directives, it makes sense to send these motions to them first. This timeline (75 days out) is reflected in the secretary’s schedule.

	Adopted
	Amended
	Lost

SOAR-8

Motion D: Amend Region 8 Bylaws Article IX, Section 2

Motion: Amend Region 8 Bylaws Article IX, Section 2 concerning amendments to the Policy and Procedure Manual. Text that has been lined-through will be deleted; new text is inserted and underlined (in red).

CURRENT WORDING	PROPOSED WORDING
<p>Section 2 – To the Policies and Procedures</p> <p>A. In matters affecting Region 8 Business Assembly procedures, a change in the Policy and Procedure can be discussed and voted upon at any Region 8 Business Assembly. A majority is necessary to effect a change.</p>	<p>Section 2 – To the Policies and Procedures <u>Policy and Procedure Manual</u></p> <p>A. In matters affecting Region 8 Business Assembly procedures, a change in the Policy and Procedure <u>Manual</u> can be discussed and voted upon at any Region 8 Business Assembly. A majority is necessary to effect a change.</p> <p><u>B. Motions to amend the Policy and Procedure Manual will follow the same guidelines as those presented for the Bylaws, Section 1, above.</u></p>

SUBMITTED BY:

Bylaws and Electronic Documents Committee
 Name: Barbara Carter
 Phone Number: 352-474-1366
 Email Address: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: Directs all motions for P&P Manual to follow the same timeline and procedures as motions to amend the Bylaws.

IMPLEMENTATION: Immediate.

COST: \$0

RATIONALE: Applies consistent guidelines for all motions to Bylaws and P&P Manual. Since Bylaws Committee is to review all motions for formatting and congruency with WSO and Region 8 directives, it makes sense to send these motions to them first. This timeline (75 days out) is reflected in the secretary’s schedule, which makes no differentiation between motions for Bylaws or P&P Manual.

	Adopted
	Amended
	Lost

SOAR -8

Motion 1: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section XXI. Bylaws/Electronic Documents Committee. Text that has been lined-through will be deleted; new text is inserted and underlined (in red).

CURRENT WORDING	PROPOSED WORDING
<p>XXI. Bylaws/Electronic Documents Committee</p> <p>A. Purpose</p> <p>To carry the message of recovery and facilitate Region 8 business by:</p> <ol style="list-style-type: none"> maintaining internal consistency and congruity with OA, Inc. Bylaws, Subpart B in all Region 8 official documents; producing the REGION 8 Newsletter; and participating in the transition to a paperless organization. <p>B. Duties</p> <ol style="list-style-type: none"> Produce, update, revise and distribute all Region 8 official documents as directed by the Assembly. Review all motions submitted to the committee to ensure that Region 8 motions, Bylaws, policies, and procedures comply with OA, Inc. Bylaws, and that none of our internal documents conflict with each other. Perform secretarial functions, without voting privileges at assemblies, when these duties are delegated by the Region 8 secretary. Follow the Twelve Traditions and the Twelve Concepts in all committee work. <p>C. Sub-Committees</p> <ol style="list-style-type: none"> Motions Review & Compliance Newsletter Editing 	<p>XXI. Bylaws/Electronic Documents Committee</p> <p>A. Purpose</p> <p>To carry the message of recovery and facilitate Region 8 business by:</p> <ol style="list-style-type: none"> maintaining internal consistency and congruity with OA, Inc. Bylaws, Subpart B in all Region 8 official documents; producing the REGION 8 Newsletter; and participating in the transition to a paperless organization, <u>and</u> <u>transitioning to gender-neutral, inclusive language in all documents.</u> <p>B. Duties</p> <ol style="list-style-type: none"> Produce, update, revise and distribute all Region 8 official documents as directed by the Assembly. Review all motions <u>prior to inclusion in the assembly packet</u> submitted to the committee to ensure that Region 8 motions, Bylaws, policies, and procedures comply with OA, Inc. Bylaws, and that none of our internal documents conflict with each other. Approve minor changes within Region 8 official documents to ensure clarity and internal consistency to documents without the need to bring a motion before the Assembly. Perform secretarial functions, without voting privileges at assemblies, when these duties are delegated by the Region 8 secretary. Follow the Twelve Traditions and the Twelve Concepts in all committee work. <p>C. Sub-Committees</p> <ol style="list-style-type: none"> Motions Review & Compliance Newsletter Editing

<p>D. Chair of Bylaws/Electronic Documents Committee</p> <p>1. Duties</p> <ol style="list-style-type: none"> 1) Serve as chair of the Motions Review & Compliance Sub-committee. 2) Approve minor changes within Region 8 official documents to ensure clarity and internal consistency to documents without the need to bring a motion before the Assembly. 3) Perform committee chair duties as outlined in this manual. 	<p>D. — Chair of Bylaws/Electronic Documents Committee</p> <p>1. — Duties</p> <p>i. — Serve as chair of the Motions Review & Compliance Sub-committee.</p> <p>ii. — Approve minor changes within Region 8 official documents to ensure clarity and internal consistency to documents without the need to bring a motion before the Assembly.</p> <p>iii. — Perform committee chair duties as outlined in this manual.</p>
<p>E. Vice-Chair of Bylaws/Electronic Documents Committee</p> <p>1. Duties</p> <ol style="list-style-type: none"> 1) Support the chair in carrying out purpose and duties of Bylaws/Electronic Documents Committee. 2) As needed, draft motions arising out of the Bylaws/Electronic Documents Committee during assemblies. Motions are to be drafted within fifteen (15) days after the close of the assembly at which they emerge and sent to the full committee for review and comment within a reasonable period of time. The vice-chair will then submit motions to the Chair so that motions are ready within twenty-one (21) days after the close of the assembly or consistent with the procedures on page 15 of this manual. 3) Support each sub-committee trusted servant in carrying out the duties of the sub-committee. 4) Respond to all correspondence, phone calls, and questions in a timely manner. 	<p>F. — Vice Chair of Bylaws/Electronic Documents Committee</p> <p>G. — Duties</p> <p>i. — Support the chair in carrying out purpose and duties of Bylaws/Electronic Documents Committee.</p> <p>ii. — As needed, draft motions arising out of the Bylaws/Electronic Documents Committee during assemblies. Motions are to be drafted within fifteen (15) days after the close of the assembly at which they emerge and sent to the full committee for review and comment within a reasonable period of time. The vice chair will then submit motions to the Chair so that motions are ready within twenty one (21) days after the close of the assembly or consistent with the procedures on page 15 of this manual.</p> <p>iii. — Support each sub-committee trusted servant in carrying out the duties of the sub-committee.</p> <p>iv. — Respond to all correspondence, phone calls, and questions in a timely manner.</p>
<p>F. Motions Review & Compliance Sub-Committee</p> <p>a) Purpose</p> <ol style="list-style-type: none"> 1) Review and propose changes to Region 8's current Bylaws and Policies and Procedures (the P&P). 2) Draft motions and review submitted motions for compliance with the Twelve Traditions, Bylaws and/or the Policies and Procedures. 	<p>H. — Motions Review & Compliance Sub-Committee</p> <p>1. — Purpose</p> <p>2. — Review and propose changes to Region 8's current Bylaws and Policies and Procedures (the P&P).</p> <p>3. — Draft motions and review submitted motions for compliance with the Twelve Traditions, Bylaws and/or the Policies and Procedures.</p> <p>4. — Advise other service bodies on forming, adopting and/or refining their bylaws.</p> <p>5. — Foster a greater awareness for the uses and purpose of our Bylaws and Policies and Procedures.</p> <p>1. — Duties</p> <p>I. — Shall be those stated in the purpose.</p> <p>J. — Assist in review of the Bylaws of service bodies that are members of Region 8 when requested.</p> <p>K. — Call to the attention of the Board and of the membership any violation of the Twelve Traditions, Bylaws and/or the Policies and Procedures.</p>

- 3) Advise other service bodies on forming, adopting and/or refining their bylaws.
- 4) Foster a greater awareness for the uses and purpose of our Bylaws and Policies and Procedures.

b) Duties

- 1) Shall be those stated in the purpose.
- 2) Assist in review of the Bylaws of service bodies that are members of Region 8 when requested.
- 3) Call to the attention of the Board and of the membership any violation of the Twelve Traditions, Bylaws and/or the Policies and Procedures.

G. Newsletter Sub-committee

1. Duties

- 1) Prepare a REGION 8 Newsletter for distribution at least four (4) weeks prior to each Assembly.
- 2) Produce and use a standard format for the newsletter.
- 3) Observe WSO Newsletter guidelines.
- 4) Notify Region 8 membership that the deadline for submissions shall be three (3) weeks prior to the deadline for the newsletter distribution.
- 5) Notify Region 8 members that submissions to the newsletter are to be emailed to newsletter@oaregion8.org.
- 6) Make recommendations to the Assembly about the future of the newsletter.

2. Guidelines for Newsletter

- 1) Only flyers promoting activities within Region 8 shall be considered for publication. There shall be no charge to include flyers for REGION 8 Business Assembly and Convention. Flyers are subject to approval of REGION 8 Vice Chair.
- 2) The newsletter is to be distributed to the REGION 8 Board for review one (1) week prior to electronically distributing it to the membership.
- 3) The newsletter is not to be a vehicle for the editor's personal opinion.

3. Contents of the Newsletter

C. Documents Sub-Committee

1. Purpose

- a. The purpose of the Documents Subcommittee is to ensure that all Region 8 publications are up-to-date and reflecting the most recent changes; are consistent within and between documents; are in compliance with OA, Inc. Bylaws; and are accurate in regard to formatting, grammar, and spelling.
- b. Foster a greater awareness for the uses and purpose of our Bylaws and Policies and Procedures.

2. Duties

- a. Continuously review and propose changes to Region 8's current Bylaws and Policies and Procedures Manual (the P&P). Edit all Region 8 official documents including corrections to spelling, punctuation, and wording so electronic documents have clarity and internal consistency.
- b. Within four (4) weeks after each assembly, enter all revisions that were voted on at the Assembly (obtain exact text from the Secretary, to confirm) to the P & P Manual and Bylaws. Send the draft revisions to the Board for review.
- c. As needed, draft motions arising out of the Bylaws/Electronic Documents Committee during assemblies. Motions are to be drafted within fifteen (15) days after the close of the assembly at which they emerge and sent to the full committee for review and comment within a reasonable period of time.
- d. Review all motions that have been submitted by the Board, other committees and intergroups. Motions are to be reviewed for compliance with the Twelve Traditions, Bylaws and/or the Policy and Procedure Manual; formatted correctly, and edited for grammar and spelling as required. Content is not reviewed or discussed.
- e. Bylaws Committee must receive all motions for review at least 75 days prior to the next business assembly.
- f. The motions for the next assembly are to be submitted in final form to the secretary at least four weeks prior to the next assembly for inclusion in the packet. (Refer to the SOAR 8 Schedule on the website published by the secretary for the exact dates.)
- g. Advise other service bodies on forming, adopting and/or refining their bylaws and policy and procedure manuals; and review as requested.
- h. As needed, assist Committee Chairs with creation and revision of committee manuals, handbooks, and other publications/official documents.
- i. Call to the attention of the Board and of the membership any violation of the Twelve Traditions, Bylaws, and/or the Policies and Procedures Manual.

D. Newsletter Sub-committee

The primary purpose of the newsletter is to spread the message of Overeaters Anonymous to the compulsive overeater who still suffers, communicate with the region membership happenings within REGION 8, and encourage the membership to participate in REGION 8 events and committees. The intended audience is the general membership of Region 8. Within these purposes, the content of the newsletter may contain any of the following:

1. Reports and articles from the REGION 8 Board and Committees
2. Calendar of events of Region 8 and WSO functions.
3. Reprints from any OA-approved literature.
4. Addresses and phone numbers of Region Officers and Committee Chairs published only with the individual's permission.
5. Articles, stories and other creative works that communicate the OA message of recovery.

H. *Editing Sub-committee*

1. Duties

- 1) Edit all Region 8 official documents including corrections to spelling, punctuation and wording so electronic documents have clarity and internal consistency. Such editing shall be done with the chair's approval.
- 2) As directed by the Bylaws/Electronic Documents Chair, within four (4) weeks after each assembly, obtain from the Secretary all text revisions to the P & P manual that were voted on at the Assembly.
- 3) Make revisions to P&P as directed by Bylaws/Electronic Documents Chair.
- 4) As needed, assist Committee Chairs with creation and revision of Committee Manuals, Handbooks, and other publications/official documents. Forward electronic version to Motion Review & Compliance Subcommittee four (4) weeks prior to distribution dates.

1. Purpose

The primary purpose of the newsletter is to spread the message of Overeaters Anonymous to the compulsive overeater who still suffers, communicate with the region membership happenings within Region 8, and encourage the membership to participate in Region 8 events and committees. The intended audience is the general membership of Region 8.

2. Duties

- a. Solicit input for the contents of the newsletter from intergroups and all members of SOAR 8, providing a deadline for submissions. The deadline for submissions shall be three (3) weeks prior to the date for the newsletter distribution to all members of SOAR 8 (two months ahead of the next assembly).
- b. Notify Region 8 members that submissions to the newsletter are to be emailed to newsletter@oaregion8.org.
- c. Produce and use a standard format for the newsletter.
- d. Observe WSO Newsletter guidelines.
- e. Prepare a first draft of the newsletter, have it reviewed by the committee, and send it to the Region 8 Board for review at least one (1) week prior to full distribution deadline. Refer to the SOAR 8 Schedule published by the secretary on the website for the exact dates.
- f. Prepare final draft of newsletter.
- g. Distribute the newsletter electronically to the membership at least four (4) weeks prior to each assembly. Again, refer to the SOAR 8 Schedule published on the website by the secretary for the exact dates.
- h. Make recommendations to the assembly about the future of the newsletter.
- i. Remember: The newsletter is not to be a vehicle for the editor's personal opinion.

3. Guidelines for Newsletter

The following items may be included in each newsletter:

- a. Only flyers promoting activities within Region 8 shall be considered for publication. There shall be no charge to include flyers for Region 8 Business Assembly and Convention. Flyers are subject to approval of Region 8 Vice Chair.
- b. Reports and articles from the Region 8 Board and Committees
- c. Calendar and flyers of events of Region 8 and WSO functions.
- d. Reprints from any OA-approved literature.
- e. Addresses and phone numbers of Region Officers and Committee Chairs may be published only with the individual's permission.
- f. Articles, stories and other creative works that communicate the OA message of recovery.

SUBMITTED BY:

Bylaws Committee

Name: Barbara Carter

Phone Number: 352-474-1366

Email Address: bylawschair@oaregion8.org

INTENT: To simplify the guidelines for the Bylaws/Electronic Documents Committee.

IMPLEMENTATION: **Immediate**

COST: \$0

RATIONALE: This reflects what the committee does without unnecessary hierarchical levels. It is a reorganization of the duties. Chair duties are already specified in the section XVIII. Committee Guidelines. There is no Vice chair of this committee; all members contribute.

DRAFT

	Adopted
	Amended
	Lost

SOAR-8

Motion 2: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Article X. Assembly Procedures to allow questions on a motion before debate (pro/con) is called. Changes are indicated by striking the words with a line through them and adding new text underlined in red.

ORIGINAL WORDING	PROPOSED WORDING
<p>7. Debate on motions and amendments shall be limited to three minutes for each pro and con. Following the debate, discussion is limited to seven minutes. (See page 16 of this Manual for further guidelines on Motions and Debate).</p>	<p>7. <u>After presenting the motion to the assembly, questions and discussion will be entertained for a maximum of seven minutes.</u> Following this, debate on motions and amendments shall be limited to three minutes for each pro and con. Following the debate, discussion is limited to seven minutes. (See <u>the Standing Rules</u> in page 16 of this Manual for further guidelines on Motions and Debate).</p>

SUBMITTED BY:

Bylaws and Electronic Documents Committee

Name: Barbara Carter

Phone: 352-474-1366

Email: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: This motion (one of two) changes the order of questions/discussion and pro/con debate for each motion. Further changes are required in motions to the Standing Rules.

IMPLEMENTATION: Update the P&P; immediately upon adoption

COST: \$0

RATIONALE: Makes more sense; representatives will be fully informed about a motion before asked to debate pro/con, and then vote. This procedure is not precluded by RROO.

	Adopted
	Amended
	Lost

SOAR-8

Motion 3: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section XI. Standing Rules to entertain questions on a motion before calling for debate. Words with a line through them will be deleted and new text is underlined and **in red**.

ORIGINAL WORDING	PROPOSED WORDING
<p>5. There shall be at least one pro and one con speaker before any discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.</p>	<p>2. 5. <u>The motion will be read to the assembly, and discussion/questions will be entertained for a maximum of seven minutes.</u> There shall be at least one pro and one con speaker before any Discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.</p>

SUBMITTED BY:

Bylaws and Electronic Documents Committee

Name: Barbara Carter

Phone: 352-474-1366

Email: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: If the body approved the motion to change the Assembly Procedures, these motions must be made to the Standing Rules. Many representatives to the business assembly have questions concerning the motions that they have not been able to address prior to the assembly. There is nothing in Robert’s Rules of Order, Newly revised (2011) to prevent questions from being taken before the debate on a motion is called. This motion (one of two) changes the order of questions/discussion and pro/con debate for each motion. Further changes are required in motions to the Standing Rules.

IMPLEMENTATION: Update the P&P; immediately upon adoption. Although only presented once at the assembly, these changes will be made to both sections of Article XII: Standing Rules: A. Face to Face (Hybrid) Assemblies and B. Standing Rules for Virtual Assemblies.

COST: \$0

RATIONALE: Makes more sense; representatives will be fully informed about a motion before asked to debate pro/con, and then vote. This procedure is not precluded by RROO. This subparagraph will be moved higher in the order of the document, and subsequent subparagraphs will be renumbered.

	Adopted
	Amended
	Lost

SOAR-8

Motion 4: Amend Region 8 Policy & Procedure Manual

Motion: Amend Region 8 Policy and Procedure Manual, Appendix G, by adding the “Continuing Effects” into the summaries of the region histories, and then deleting the “Continuing Effects Table. The example below shows that for the first Continuing Effect, the information is already contained in the summary history (as shown in blue text).

CURRENT WORDING	CURRENT WORDING (History)
Continuing Effects 1/77 SOAR 8 name selected. Meet twice a year. Bylaws adopted.	JANUARY 1977 ATLANTA, GA The first Conference for the southeastern states was held at the Peachtree Plaza in Atlanta, GA, on January 15, 1977. The states in Region 8 are: AL, AR, FL, GA, LA, MS, NC, SC, TN, Virgin Islands and Puerto Rico. There are seven IG's and 166 groups in Region 8. “Southeast Overeaters Anonymous Region 8” (REGION 8) was selected as the name of our region. Bylaws were adopted at this meeting. REGION 8 voted to hold meetings twice a year.

SUBMITTED BY:

Bylaws and Electronic Documents Committee

Name: Barbara Carter

Phone Number: 352-474-1366

Email Address: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: To simplify the region 8 history (Appendix G) without losing any of the history.

IMPLEMENTATION: Update P&P, including renumbering subsequent articles.

COST: \$0

RATIONALE: The three-column format “Continuing Effects” Table at the end of Appendix G does not look like it has been updated since 2000 – 23 years ago. As shown in the example above, the information is contained in the text version of the history. If this motion is adopted, Bylaws Committee will ensure that no information from the Continuing Effects Table is lost, but will be added to (if the information is not already present) the summary paragraphs of the appropriate date.

	Adopted
	Amended
	Lost

SOAR-8

Motion 5: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section X. Assembly Procedures to specify that motions to the P&P Manual are under the same requirements as motions for the Bylaws. Changes are indicated by striking the words with a line through them and adding new text underlined and in **red**.

ORIGINAL WORDING	PROPOSED WORDING
9. A motion to amend Bylaws must be submitted to Secretary and Bylaws Chair at least seventy-five (75) days prior to Assembly at which motion is to be presented.	9. <u>All motions</u> to amend either the Bylaws or the Policy and Procedure Manual must be submitted to <u>the</u> Secretary and Chair of the Bylaws Chair <u>Committee</u> at least seventy-five (75) days prior to <u>the</u> assembly at which <u>the</u> motion is to be presented. Motions will be reviewed for format and consistency with other directives only.

SUBMITTED BY:

Bylaws and Electronic Documents Committee

Name: Barbara Carter

Phone: 352-474-1366

Email: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: This motion includes the Policy and Procedure Manual under the similar guidelines as the Bylaws.

IMPLEMENTATION: Update the P&P; immediately upon adoption

COST: \$0

RATIONALE: It is less confusing to have all motions, amending either the Bylaws or the Policy and Procedure Manual, adhere to the same timeline and procedures. The 75-days in advance timeline is already in the secretary's schedule.

	Adopted
	Amended
	Lost

SOAR-8

Motion 6: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section XV. Region Delegate to WSBC as the current references are out of date. Changes are indicated by striking the words with a line through them and adding new text underlined and in **red**.

ORIGINAL WORDING	PROPOSED WORDING
<p>XV. Region Delegate to WSBC</p> <p>1. If Region 8 is represented by less than forty percent (40%) of its Intergroups and service bodies at the prior year’s WSBC, it may send up to 5 additional delegates to WSBC. (OA Inc, Bylaws, Subpart B, Article X, Section 2, a, 5, p. 15)</p> <p>3. The nominee selected shall be selected in accordance with OA, Inc., Bylaws, Subpart B, Article X, Section 3 a)5) and the Region 8 Policy and Procedures Manual, Section 6.1.</p>	<p>XV. Region Delegate to WSBC</p> <p>1. If Region 8 is represented by less than forty percent (40%) of its Intergroups and service bodies at the prior year’s WSBC, it may send up to 5 additional delegates to WSBC. (OA Inc, Bylaws, Subpart B, Article X, <u>Section 2, a, 5, p. 15</u> VIII, Section 3. a) 6.))</p> <p>3. The nominee selected shall be selected in accordance with OA, Inc., Bylaws, Subpart B, Article VIII, Section 3. c) 1) <u>Qualifications/Selection</u>, X, Section 3 a)5) and the Region 8 Policy and Procedures Manual, Section 6.1. <u>Qualifications for selection of World Service delegates/alternates shall be set by each region provided that each delegate/alternate shall have at least one year of current abstinence and at least two years of service beyond the group level.</u></p>

SUBMITTED BY:

Bylaws and Electronic Documents Committee

Name: Barbara Carter

Phone: 352-474-1366

Email: bcarter337@att.net, bylawschair@oaregion8.org

INTENT: This motion updates the requirements for serving as a delegate to the World Service Business Conference.

IMPLEMENTATION: Update the P&P; immediately upon adoption

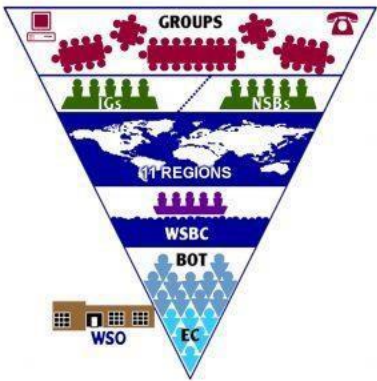
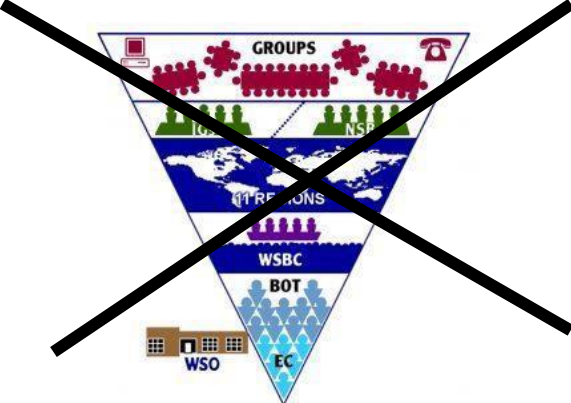
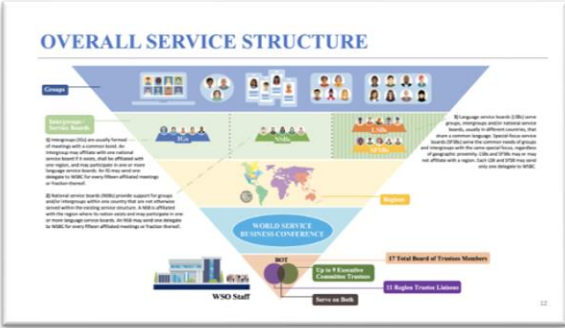
COST: \$0

RATIONALE: This current wording in this section refers to an incorrect subparagraph of the OA Bylaws which should be updated; and a reference to the P&P Manual which should be deleted as shown. We have added general requirements as stated in the OA Bylaws.

	Adopted
	Amended
	Lost

SOAR -8
Motion 7: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section VIII. Service Structure. Text that has been lined-through will be deleted; new text is inserted and underlined (in red).

CURRENT WORDING	PROPOSED WORDING
<p>VIII. Service Structure</p> 	<p>VIII. Service Structure</p>   <p><u>Individuals form groups.</u></p> <p><u>Groups provide support for individual OA members. Together we get better, and we don't have to do it alone.</u></p> <ol style="list-style-type: none"> <u>Groups form Service Bodies. Affiliated Groups get support from the following service bodies:</u> <u>Intergroups (IGs) are usually formed of meetings with a common bond. An intergroup may affiliate with one national service board if it exists, shall be affiliated with one region, and may participate in one or more language service</u>

	<p><u>boards. An IG may send one delegate to WSBC for every fifteen affiliated meetings or fraction thereof.</u></p> <ol style="list-style-type: none"> 2. <u>National service boards (NSBs) provide support for groups and/or intergroups within one country that are not otherwise served within the existing service structure. A NSB is affiliated with the region where its nation exists and may participate in one or more language service boards. An NSB may send one delegate to WSBC for every fifteen affiliated meetings or fraction thereof.</u> 3. <u>Language service boards (LSBs) serve groups, intergroups and/or national service boards, usually in different countries, that share a common language. Special-focus service boards (SFSBs) serve the common needs of groups and intergroups with the same specific focus, regardless of geographic proximity. LSBs and SFSBs may or may not affiliate with a region. Each LSB and SFSB may send only one delegate to WSBC.</u> <p><u>Regions provide support for service boards, intergroups, and unaffiliated groups.</u></p> <p><u>The World Service Business Conference is comprised of delegates from intergroups, service boards, regions, and the trustees. WSBC delegates make decisions for the common welfare of OA as a whole.</u></p> <p><u>The Board of Trustees consists of seventeen trustees. The board carries out the decisions of the WSBC.</u></p>
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SUBMITTED BY:

Bylaws/Electronic Documents Committee
 Name: Barbara Carter
 Phone Number: 352-474-1366
 Email Address: bylawschair@oaregion8.org

INTENT: To update the current service structure as reflected by OA WSO. We are also copying the text from below the image to include in the P&P Manual. (Match the website of www.oa.org.)
<https://media.oa.org/app/uploads/2021/12/26113558/oa-overall-service-structure.pdf>

IMPLEMENTATION: Immediate

COST: \$0

RATIONALE: This motion was previously presented at the spring assembly in the consent agenda, but we are presenting it again because of two issues. First, there was confusion as to the revised text due to formatting issues. Second, the World Service Office changed the graphic between the time we presented our motion and Bylaws actually made the updates to the P&P Manual – so the motion we voted on approved a graphic that was already out of date. To prevent nay confusion, we are presenting this again for a new vote.

	Adopted
	Amended
	Lost

SOAR -8

Motion 8: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section XXI. Bylaws/Electronic Documents Committee. The proposed change makes it transparent to the Assembly what may be updated in the P&P Manual without a motion being submitted. Text that has been lined-through will be deleted; new text is inserted and underlined (in red).

CURRENT WORDING	PROPOSED WORDING
<p>XXI. Bylaws/Electronic Documents</p> <p>(There is no section E at this time.)</p>	<p>XXI. Bylaws/Electronic Documents Committee</p> <p><u>E. Transparency regarding updates</u> <u>The Bylaws/Electronic Documents Committee will be allowed to make changes freely, without drafting a motion, to keep the following sections of the P&P Manual up-to-date:</u></p> <ul style="list-style-type: none"> • <u>Table of Contents</u> • <u>Article VIII. OA Service Structure</u> • <u>Appendix B. Carry the Message</u> • <u>Appendix C. Region 8 Service Directory</u> • <u>Appendix D. Overeaters Anonymous Regions of the World</u> • <u>Appendix E. Forms</u> • <u>Appendix F. Region 8 Intergroups and National Service Boards</u> • <u>Appendix G. History of Region 8</u> • <u>Appendix H. Abbreviated Terms and Acronyms Used in this Manual</u> • <u>Appendix I. Index</u> • <u>All links to the website, especially for forms.</u>

SUBMITTED BY:

Bylaws/Electronic Documents Committee
Name: Barbara Carter
Phone Number: 352-474-1366
Email Address: bylawschair@oaregion8.org

INTENT: To make it very clear to the Assembly which updates to the Policy and Procedure Manual are allowed to be made by the Bylaws/Electronic Documents Committee without a motion being approved.

IMPLEMENTATION: Immediate

COST: \$0

RATIONALE: The duties and responsibilities of the Bylaws/Electronic Documents Committee are fully defined in the Region 8 Policy and Procedure Manual. The Committee has three major mandates:

1. Maintaining internal consistency and congruity with OA, Inc. Bylaws, Subpart B in all Region 8 official documents;
2. Approving minor changes within Region 8 official documents to ensure clarity and internal consistency to documents without the need to bring a motion before the Assembly.
3. Making corrections/revisions to spelling, formatting, grammar, renumbering, gender-neutral language, etc.

To this end, the Bylaws/Electronic Documents Committee asks that we be allowed to make changes freely (without a motion to the Assembly) in order to keep the P&P Manual updated for the following:

- Table of Contents. Will be corrected as needed.
- Article VIII. OA Service Structure. This will be updated to reflect current OA structure as changes are made by the World Service Office.
- Appendix B. Carry the Message
- Appendix C. Region 8 Service Directory
- Appendix D. Overeaters Anonymous Regions of the World
- Appendix E. Forms. Revisions to the website often create new links for many of the forms mentioned in the P&P.
- Appendix F. Region 8 Intergroups and National Service Boards. The information for this section will be provided to the Bylaws Committee by the Secretary within six weeks after the end of each assembly.
- Appendix G. History of Region 8. After each business assembly, the summary of the business assembly is provided by the Region 8 Vice-chair and entered into the document.
- Appendix H. Abbreviated Terms and Acronyms Used in this Manual
- Appendix I. Index
- All links to the website, especially for forms.

	Adopted
	Amended
	Lost

SOAR -8

Motion 9: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section XII. Board Members, C. Secretary. The proposed change adds a task to the Secretary’s duties following the completion of each assembly. Text that has been lined-through will be deleted; new text is inserted and underlined (in red).

CURRENT WORDING	PROPOSED WORDING
<p>XII. Board Members <i>c. Secretary</i></p> <p>3. Following Assembly</p> <ul style="list-style-type: none"> a. Send resumes of Trustee nominees to WSO within one week of selection. b. Following each election, place resumes of elected persons in Archives Repository. c. After the Fall Assembly, send copies of year-end committee reports to un-represented service bodies. 	<p>XII. Board Members <i>c. Secretary</i></p> <p>3. Following Assembly</p> <ul style="list-style-type: none"> a. Send resumes of Trustee nominees to WSO within one week of selection. b. Following each election, place resumes of elected persons in Archives Repository. c. After the Fall Assembly, send copies of year-end committee reports to un-represented service bodies. <u>d. Secretary will update “Appendix F. Region 8 Intergroups National Service Boards” of the Policy and Procedure Manual and submit the changes to the Chair of the Bylaws Committee within six weeks following the end of each assembly.</u>

SUBMITTED BY:

Bylaws/Electronic Documents Committee
Name: Barbara Carter
Phone Number: 352-474-1366
Email Address: bylawschair@oaregion8.org

INTENT: This is a new task that has been added to the Secretary’s duties following each assembly.

IMPLEMENTATION: Immediate

COST: \$0

RATIONALE: Appendix F. Region 8 Intergroups and National Service Boards. This appendix is one of the appendices that Bylaws Committee wants to keep updated without having to submit a motion to the assembly. The information in the appendix will be updated by the Region 8 secretary and sent to the Chair of the Bylaws Committee within six weeks after the end of each assembly. Bylaws Committee will make all changes and include them in the most recent update.

	Adopted
	Amended
	Lost

SOAR-8
Motion 10: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual Section XXI Intergroup Outreach Committee (IGOR) by changing the name of the “International Committee” to “Integration Committee.” Deleted words are lined out and new words are underlined **in red**.

CURRENT WORDING	PROPOSED WORDING
F, International Committee 1. Purpose Provide a place for non-English speakers to give service, organize recovery and business events, workshops, speakers and sponsorship lists in their native language.	F, International <u>Integration Sub</u> Committee 1. Purpose Provide a place for non-English speakers to give service, organize recovery and business events, workshops, speakers and sponsorship lists in their native language.

SUBMITTED BY:

Trustee Liaison
 Name: Dora Prolungatti Email:trustee@oaregion8.org

INTENT:

The International Committee voted to change their name to the “Integration Subcommittee.” This would allow the P&P to reflect that change. As voted in the spring assembly, this subcommittee, under IGOR, gives a place for non-English Speakers to give service and organize recovery and business events, workshops, speakers, and sponsorship lists in their language and allow for effective participation excluding the language barrier.

IMPLEMENTATION:

Immediately upon approval.

COST:

None at this time.

PRIMARY PURPOSE:

Housekeeping – name change.

Budget for November 2023– October 2024				2022-2023 values		
1						
2	SOURCES OF FUNDS:					
3	Beginning Bank Balance	\$80,993.39		7/19/2023	\$74,694.55	
4						
5	RECEIPTS					
6	Contributions	\$40,000.00			\$37,000.00	
7	Region 8 Assemblies	\$4,500.00				
8	Region 8 7th Tradition	\$700.00			\$600.00	
9	Ways & Means Projects	\$3,000.00	\$1000 profit		\$2,000.00	
10	Seed Money Returned	\$1,000.00				
11						
12	TOTAL RECEIPTS:	\$49,200.00				
13						
14	TOTAL SOURCES OF FUNDS	\$130,193.39			\$119,794.55	
15						
16	USES OF FUNDS:					
17	Board:					
18	Chair	\$300.00				
19	Vice Chair	\$300.00			\$1,000.00	
20	Secretary	\$300.00				
21	Treasurer	\$1,500.00	includes \$350taxes+\$70corp.fees+\$100POBox+\$35Quicken + shipping items to new treasurer		\$1,000.00	
22						
23	Board & Parliamentarian Events:					
24	Board Region 8 Assemblies (excluding Chair)	\$6,000.00	VC+Sec+Treas		\$3,600.00	2000/event assume 1 F2F
25	Parliamentarian	\$2,000.00			\$1,200.00	
26	Chair WSBC + Convention	\$4,000.00			\$2,400.00	
27	Chair RCCM	\$4,000.00			\$1,200.00	2 meetings next yr
28	Chair Region 8 Assemblies	\$2,000.00			\$2,400.00	
29	Chair Region 8 IG Outreach	\$4,000.00			\$3,000.00	2 events
30	WSBC Region 8 Delegate	\$6,000.00	R8 is eligible to send 5 WSBC reps this year - budgeting for 3		\$0.00	
31	WSBC Region 8 Support Fund (R8DSF)	\$10,000.00	IGReps to WSBC - P&P p.10 (9/1)			May 7-11
32						
33	Committee Chair Travel	\$7,000.00	ByLaws+TechWebx2+IGOR+TSW+PIPO+W&M		\$4,200.00	1000/event
34						
35	Committees:					
36	Bylaws-Electronic Documents	\$50.00			\$150.00	
37	Technology	\$2,000.00	Zoom + websiteFee + Hotspot		\$2,600.00	
38	IGOR Rep Funding	\$3,000.00	IGReps to R8Ass (60daysprior)			
39	TSW	\$100.00				
40	PIPO	\$11,000.00	Billboard project			
41	* Public Information Fund	\$2,000.00	IG outreach/advertising - P&P p.40			
42	Ways & Means	\$2,000.00			\$1,300.00	
43						
44	MISCELLANEOUS					
45	Carry The Message Fund (thru IGOR)	\$2,000.00	Send leaders to workshops/retreats - P&P p.12			
46	Webmaster	\$2,400.00			new line item	
47	WSO Contribution	\$5,000.00				
48	Seed Money Advanced	\$1,000.00				
49	PayPal Fees + Bank Fees	\$420.00	\$35/mo			
50	Bonding Fees - Board Members	\$0.00	\$1000 paid every 3 years - due March 2026		\$1,000.00	
51	Interpretation services Region 8 Events	\$10,000.00			\$8,000.00	
52	Translation Region 8 Documents	\$4,000.00			\$8,000.00	
53						
54	TOTAL EXPENDITURES	\$92,370.00			\$81,970.00	
55						
56	Allocated to Prudent Reserve (OA suggestion 40-60%)	\$37,823.39	41%		\$37,824.55	
57						
58	TOTAL USES OF FUNDS (Total Exp+PrudResrv)	\$130,193.39			\$119,794.55	

Region 8 Board Application

Form must be submitted to Region 8 Secretary
at least 60 days prior to Assembly at which election will be held
(Service Body refers to Intergroup, National Service or National Language Board)

Office applied for:

Chairman

Vice-Chairman

Secretary

Treasurer

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____ Email _____

Years in OA _____ Current Service Body _____

Are you a past Rep? _____ If so, which Service Body? _____

Bylaws Article VII – Section 1, B) states:

To be eligible for election to membership on the Region 8 Board, a person must be a past or present member of the Region 8 Business Assembly and be present at the Assembly. The member must receive a majority vote of the Region 8 Representatives present.

1. The nominee must have arrested their compulsive eating and be living so far as they find possible within the concept of the Twelve Steps which constitute the three-fold recovery program of Overeaters Anonymous for one year.
2. The nominee must have attended at least two prior Assemblies.
3. Two Board members are elected each year for a two-year term. Chairman and Treasurer will be elected in odd years; Vice-chairman and Secretary in even years.
4. Board members shall serve no more than two consecutive terms in the same position, whenever possible.

BRIEF ACCOUNT OF OA STORY

Use separate sheet for additional space, if needed)

Summary of OA Service (including service beyond Group level):

Business, Professional skills or other experience and skill you can bring to the Board:

Why do you want to be a Region Board Member?

Date _____ **Signature** _____

Region 8 Board Application

Form must be submitted to Region 8 Secretary
at least 60 days prior to Assembly at which election will be held
(Service Body refers to Intergroup, National Service or National Language Board)

Office applied for:

Chairman

Vice-Chairman

Secretary

Treasurer

Name Tina Mascorro

Phone 337-317-1682

Address 104 North Street

City Singer

State LA

Zip 70660

Email tinamascorro1@gmail.com

Years in OA 10

Current Service Body Southwest Louisiana IG

Are you a past Rep? yes

If so, which Service Body? Southwest Louisiana IG

Bylaws Article VII – Section 1, B) states:

To be eligible for election to membership on the Region 8 Board, a person must be a past or present member of the Region 8 Business Assembly and be present at the Assembly. The member must receive a majority vote of the Region 8 Representatives present.

1. The nominee must have arrested their compulsive eating and be living so far as they find possible within the concept of the Twelve Steps which constitute the three-fold recovery program of Overeaters Anonymous for one year.
2. The nominee must have attended at least two prior Assemblies.
3. Two Board members are elected each year for a two-year term. Chairman and Treasurer will be elected in odd years; Vice-chairman and Secretary in even years.
4. Board members shall serve no more than two consecutive terms in the same position, whenever possible.

BRIEF ACCOUNT OF OA STORY

I have been in OA since 2013. When I arrived, I had already lost a lot of weight but I knew it would come back unless I changed the root causes of my overeating. I have kept off about 85 pounds by the grace of God. I am so grateful that I have OA and all my fellows here. I have made some of the best friends and I would like to give back to the fellowship that has given so much to me through the years.

Use separate sheet for additional space, if needed)

Summary of OA Service (including service beyond Group level):

I have been an active member in my home groups for 10 years. I have served at the group level for 9 years and also at the intergroup level as treasurer and IG representative for about 8 years. I have gone to several region 8 business conferences as a representative and I have also been to World Service Business Conference as a rep. I have served on various committees through the years.

Business, Professional skills or other experience and skill you can bring to the Board:

I have worked in an office environment for several years. I have done accounts payables and receivables as well as some reporting using accounting software like Peachtree and Quicken. I am familiar with Excel spreadsheets. This position will be challenging I am sure but I am willing to learn whatever is necessary to serve in this capacity.

Why do you want to be a Region Board Member?

To be honest, I would have never volunteered for this but when I was asked if I knew anyone who might be interested in serving in this capacity, I felt a nudge to volunteer. I feel I should offer my time if that is what God would have me do.

Date 4/20/23

Signature

Dina Mascoms

Region 8 Delegate to WSBC Application

VERY IMPORTANT: Please save this blank form to your own device, first, before entering any data. Then open the saved file from your device. Proceed to completing the form and then save the file again with entered data. Once you have a completed this form that is saved on your device, please attach it in an email and submit the form as stated in the instructions below.

INSTRUCTIONS: This form must be submitted to the Region 8's Secretary (secretary@oaregion8.org) at least 60 days prior to the upcoming SOAR8 Assembly at which the election will be held (*Service Body refers to Intergroup, National Service or National Language Board*).

WSBC Dates applied for: _____

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____ Email _____

Years in OA _____ Current Service Body _____

Are you a past rep? _____ If so, which Service Body? _____

Region 8 Bylaws:

ARTICLE III – MEMBERS

Section 2 – Representative Qualifications

A. Representatives to Region 8 Assemblies must:

1. Be a member of an Intergroup or National/Language Service Board within the geographic definition of Region 8;
2. Be a member of an Intergroup which is registered with the World Service Office of OA; and
3. Have a current Certificate of Eligibility on file with the Region 8 Secretary.

OA.org Bylaws sub-part B:

ARTICLE X – MEETINGS OF DELEGATES

Section 3 – Delegates

c) Qualifications/Selection

- 1.) Qualifications for selection of World Service delegates/alternates shall be set by each intergroup, region (in the case of region delegates) or service board provided that each delegate/alternate shall have at least one year of current abstinence and at least two years of service beyond the group level.

(Permission for any exception in qualifications for valid reasons, if deemed credible by the trustees, may be received by application to the World Service Office.)

BRIEF ACCOUNT OF OA STORY

(Use separate sheet for additional space, if needed)

Summary of OA Service (including service beyond Group level):

Why do you want to be a Region 8 WSBC Delegate?

Date _____

Signature _____



Southeast Overeaters Anonymous Region 8



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

SAVE THIS FILE to your device. Open saved file from your device, complete it and save it again. Then attach the completed form in an email and submit it to: secretary@oaregion8.org

Committee: _____ Assembly: _____

Packet for Assembly

Date of Assembly

Progress Report

Date Period Covered

Specific objectives for the period: *(Numbered List)*"

- 1.
- 2.
- 3.
- 4.
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

- 1.
- 2.
- 3.
- 4.
- 5.

Projections for the next period:

- 1.
- 2.
- 3.
- 4.
- 5.

Expenditures for the period: \$ _____

Committee Chair: _____

Date: _____



Southeast Overeaters Anonymous Region 8



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

AVE THIS FILE to your device. Open saved file from your device, complete it and save it again. Then attach the completed form in an email and submit it to: secretary@oaregion8.org

Committee: _____ Assembly: _____

Packet for Assembly

Date of Assembly

Progress Report

Date Period Covered

Specific objectives for the period: *(Numbered List)*"

- 1.
- 2.
- 3.
- 4.
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

- 1.
- 2.
- 3.
- 4.
- 5.

Projections for the next period:

- 1.
- 2.
- 3.
- 4.
- 5.

Expenditures for the period: \$ _____

Committee Chair: _____

Date: _____

IGOR

No report submitted



Southeast Overeaters Anonymous Region 8



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

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Committee: _____ Assembly: _____

Packet for Assembly

Date of Assembly

Progress Report

Date Period Covered

Specific objectives for the period: *(Numbered List)*"

- 1.
- 2.
- 3.
- 4.
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

- 1.
- 2.
- 3.
- 4.
- 5.

Projections for the next period:

- 1.
- 2.
- 3.
- 4.
- 5.

Expenditures for the period: \$ _____

Committee Chair: _____

Date: _____



Southeast Overeaters Anonymous Region 8



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

SAVE THIS FILE to your device. Open saved file from your device, complete it and save it again. Then attach the completed form in an email and submit it to: secretary@oaregion8.org

Committee: _____ Assembly: _____

Packet for Assembly

Date of Assembly

Progress Report

Date Period Covered

Specific objectives for the period: *(Numbered List)*"

- 1.
- 2.
- 3.
- 4.
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

- 1.
- 2.
- 3.
- 4.
- 5.

Projections for the next period:

- 1.
- 2.
- 3.
- 4.
- 5.

Expenditures for the period: \$ _____

Committee Chair: _____

Date: _____



Southeast Overeaters Anonymous Region 8



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

SAVE THIS FILE to your device. Open saved file from your device, complete it and save it again. Then attach the completed form in an email and submit it to: secretary@oaregion8.org

Committee: _____ Assembly: _____

Packet for Assembly

Date of Assembly

Progress Report

Date Period Covered

Specific objectives for the period: *(Numbered List)*"

- 1.
- 2.
- 3.
- 4.
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

- 1.
- 2.
- 3.
- 4.
- 5.

Projections for the next period:

- 1.
- 2.
- 3.
- 4.
- 5.

Expenditures for the period: \$ _____

Committee Chair: _____

Date: _____

Appendix A: Region 8 Service Directory

Position	Name	Address	Phone	Email
Chair	Susan Berland	11529 Warfield Ave. Huntersville, NC 28078	415-987-3194	chair@oaregion8.org
Vice Chair	Lonna Cohen	139 Upminster F, Deerfield Beach FL33442	305-338-0423	vicechair@oaregion8.org
Treasurer	Michelle D	PO Box 242522 Little Rock, AR 72223	501-580-6120	treasurer@oaregion8.org
Secretary	JC Devitt	2314 Azalea Drive, Palm Harbor FL 34683	813-240-8572	secretary@oaregion8.org
Trustee	Dora Prolungatti	rua CÔnego joao maria Raimundo da Silva 271 apto 93 CEP 12050187 Taubaté - São Paulo - Brasil	+5512988422521	trustee@oaregion8.org
Parliamentarian	Ellen Fite	8285 Poplar Ave Germantown, TN	901-647-3587	parliamentarian@oaregion8.org
12th Step Within (TSW)	Neill McCormick	4651 Timbermill Ct. Apt. 302, NC 27612	919-789-9402	tswchair@oaregion8.org
Bylaws/Electronic Documents	Barbara Carter	28303 SW 101st Avenue Newberry, FL 32669	352-474-1366	bylawschair@oaregion8.org
Technology/Website 1	Linsey "Echo" Guertin	316 Finch Lane Lexington, SC 29073	(561)704-2917	techwebchair@oaregion8.org
Technology/Website 2	Shirley Quigley	PO Box 16582 Clearwater FL 33766	727-916-2099	Techwebchair2@oaregion8.org
Intergroup Outreach (IGOR)				igorchair@oaregion8.org
Ways & Means	Georgette Peters	5816 SW Archer Road Lot 77 Gainesville, FL 32608	352-870-4454	waysandmeanschair@oaregion8.org
Public Info/Prof Outreach (PI/PO)	Robin Taylor			pipochair@oaregion8.org

Appendix A: Region 8 Service Directory

TSW Mentor List				mentors@oaregion8.org
TSW Email/Sponsor List	Lillian Mitchell	9 Arbor Cove Drive Stockbridge GA 39282	770-313-1853	sponsors@oaregion8.org
	Sandi Cave	4059 MLK JR Blvd Apt U-7 Kingsland, GA, 31548	912-464-4231	
TSW Speaker List	Julia Spear	1130 Rue Orleans Slidell, LA 70458- 2228	985-788-3411	speakers@oaregion8.org
TSW-Workshop Resources				workshops@oaregion8.org
Region 8 Webmaster				webmaster@oaregion8.org

Appendix B: Decorum In Debate

Robert's Rules of Order Newly Revised, 11th Edition pages 391-394

“The following practices and customs observed by speakers and other members in an assembly assist the carrying on of debate in a smooth and orderly manner.” (RONR p. 391)

1. Confining remarks to the merits of the pending question.

Remarks must be germane to the question being addressed – must have a bearing on whether the motion should be adopted.

2. Refraining from attacking a member's motives.

Can speak against the consequences of the action being proposed, but avoid personalities or attack motives of the member who has spoken or who has proposed the issue.

3. Addressing all remarks through the chair.

Speaker should not address comments to another member. If a member wishes to question comments made by the previous speaker, he/she must seek recognition from the chair and address the assembly. The speaker can then ask the chair to request an answer from the previous speaker.

4. Avoiding the use of members' names. (used in large assemblies)

It is better to say “the member who spoke last” or “the delegate from_____”. Officers should be referred to by their office. The speaker may use first person in relating their views.

5. Refraining from speaking adversely on a prior action not pending.

Speaking on an action previously taken is allowed only when the issue is being reconsidered, rescinded, or amended.

6. Refraining from speaking against one's own motion.

A person can vote against their own motion but cannot speak against it. If the maker decides that the action should not be taken, he/she can ask permission to withdraw the motion.

7. Reading from reports, quotations, etconly with permission.**

A member may ask permission to read a report or quotation, etc. while speaking in debate.

8. Being seated during an interruption by the chair. (used in large assemblies)

If the chair is asked to make a ruling, the speaker should be seated....and may resume speaking after the chair is finished.

9. Refraining from disturbing the assembly.

During debate or during voting, members should not talk to others or move about the assembly. (side conversations!!)

Jan Strand, PRP

March 1, 2014

Appendix C:

Links to Online Forms are all on OA Region 8 website under documents

<https://oaregion8.org/>

Voucher and Advance Request Form

Committee Progress Report

Region 8 Delegate to WSBC Application

Request for Budget Override

Certificate of Eligibility – English