

SOAR 8

Southeast Overeaters Anonymous Region 8



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
South America
Central America
Caribbean Islands

SECRETARY

JANE C
PO BOX 1016
Windermere, FL 34786
407-532-6560
secretary@oaregion8.org

IMPORTANT NOTES FOR BUSINESS ASSEMBLY & RECOVERY CONVENTION RALEIGH, NORTH CAROLINA MARCH 9-11

FIRST THINGS FIRST: IMPORTANT REMINDER:
**PLEASE BRING YOUR LAPTOP COMPUTER, POWER CORD, AND YOUR OWN
EXTENSION CORD AS THERE MAY BE A LIMITED NUMBER OF OUTLETS AVAILABLE.**

REMEMBER: Return to www.oaregion8.org after February 29th to download the ADDENDUM to this packet

REGION 8 REPS

This packet is being distributed electronically. Please DOWNLOAD the entire packet on to your computer in case there is no WiFi connection in the Assembly room. All Reps are responsible to read the material in the packet and to bring either a printed copy or an electronic copy to the business portion of the assembly. Please read and familiarize yourself with the information in the packet prior to the assembly. You will be able to give better service as a Rep for your Intergroup by having the information in this packet with you at the assembly. Printed copies of this packet will not be available at the Assembly. Please contact secretary@oaregion8.org if you have any questions.

Together we will maintain our Abstinence (Unidos Mantendremos Nuestra Abstinencia) - There is certainly nothing more important than the message of maintaining your abstinence. Our program tells us we cannot do in alone and we cannot maintain it in isolation. Together we get better.

CERTIFICATE OF ELIGIBILITY

In order for your intergroup region 8 representatives to be able to vote at the MARCH 2012 assembly, your Intergroup must have a Certificate of Eligibility on file with the Secretary that is valid for 2012. One is included with the forms at the back of the packet. Please send the Certificate of Eligibility form to the Region 8 Secretary signed by your Intergroup Chair ASAP. All Intergroups are requested to submit a new Certificate in January of each year AND during the year any time there is a change in IG Chair or reps or Alternates for a SOAR 8 Assembly. Voting at the assembly is the best way to show how much you support a healthy Region 8!

COMMITTEE ASSIGNMENTS

Part of your responsibility as a Region 8 delegate is to participate in a committee. If you were not at the last assembly you will sign up for a committee when you sign in to get your credentials in Raleigh or during the first assembly meeting on Friday night. If you were a rep in the last assembly you will be placed in the same committee as last time. If you desire to change committees please first contact your Committee Chair and then contact the secretary at secretary@oaregion8.org.

ASSEMBLY REGISTRATION FORMS

Registration forms for this assembly can be found at www.oaregion8.org and at the back of this packet. You are responsible for making your hotel reservation for the assembly.

CALLING ALL INTERGROUPS

We need you. Is your intergroup going to be represented at the RALEIGH, NORTH CAROLINA Assembly in March? Please send at least one representative to our regional assembly. There is much work to do and we need you to get this work done. Your voice is needed. Not only will your intergroup be represented for important decisions but you will be helping the hosting intergroup. If your intergroup is unable to financially send at least one Rep. to this assembly, perhaps Region 8 can help you for this or a future assembly. Please submit the Representative Funding Application at the back of this packet. Contact the Region 8 Treasurer for more information. We appreciate your service and need you.

HOSTING A FUTURE ASSEMBLY AND RECOVERY CONVENTION

We will be accepting bids for a future Assembly and Recovery Convention at this Business Assembly. This is a great way to raise funds and promote OA in your area. Contact The Region 8 Vice-Chairman Sander B.. with questions. His contact info is in the SOAR 8 Service Directory.

HAVE MORE QUESTIONS? Please feel free to contact any board member or committee chair with anything that concerns you. Email and mailing addresses and phone numbers for all board members and committee chairs can be found on page 3.

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SOAR 8 Service Directory

SOAR 8 BOARD

CHAIRMAN

Gloria L
721 Glen Eagle Dr.
Winter Springs, FL 32708
407-340-2008
chair@oaregion8.org

VICE CHAIRMAN

Sander B.
3250 Indian Hills Dr.
Marietta, GA
770-977-1235
vicechair@oaregion8.org

TREASURER

Patti S.
12114 Glencliff Cir
Tampa, FL 33626
813.855.3239 or 813.494.6518 cell
treasurer@oaregion8.org

SECRETARY

Jane C
PO BOX 1016
Windermere, FL 34786
407-595-5947
secretary@oaregion8.org

PARLIAMENTARIAN

Judy K
981 Ruth Ave
Jacksonville, FL 32250
904 704 7004
parliamentarian@oaregion8.org

TREASURER PO BOX

Region 8 Treasurer
PO Box 272081
Tampa FL 33688-2081

WS Regional Trustee

Gerri H
737 Baytree Drive
Titusville FL 32780
407-921-7268
trustee@oaregion8.org

WEBMASTER

Position Open
until filled, please contact.
Sander B.
770-977-1235
webmaster@oaregion8.org

SOAR8 FUNDED COMMITTEES

Twelfth Step Within Committee

Linda H
10845 Shawnee Rd
St. Petersburg, FL 33708
727-394-7639,
TSWchair@oaregion8.org

Bylaws & Electronic Documents

MaryAnn S.
250 S. Estes Drive, # 93
Chapel Hill, NC 27514
919-260-5693
bylawschair@oaregion8.org

Intergroup Outreach (IGOR)

Betty S
245 Pinewood Dr
Maitland, FL 32751
407 491-4127
igorchair@oaregion8.org

Tech Committee

Burton T
5441 DeLeon Ln
Elkton, FL 32033
321-214-3446
techwebchair@oaregion8.org

Public Info/Prof Outreach (PIPO)

Melanie C.
403 Beaconsfield Road
Sherwood, AR 72120
501-412-9989
pipochair@oaregion8.org

Ways And Means

Katherine M.
227 Castlewood Drive, #202
North Palm Beach, FL 33408
561-578-2125
WaysandMeanschair@oaregion8.org

Unity With Diversity (WID)

Lonna C
PO Box 630102
Miami, FL 33163
305-338-0423
unitychair@oaregion8.org

12 Step Within: Email Sponsor

Claudia C
1451 Wexford Dr S.
Palm Harbor, FL 34683
727-781-7411
sponsors@oaregion8.org

SPEAKERS LIST

Sima M
172 Ryan Road
Benton, LA 71006
318-458-6326
speakers@oaregion8.org

FRIDAY BOARD MEETING

Raleigh, North Carolina

FRIDAY, March 9, 2012

8AM-9AM Informal gathering of Board –please feel free to bring Breakfast

AM -Board Meeting Convenes

Old Business

1. Topics for Miami July 2012 Assembly for Presentation and Discussion (VC)
2. Revising Hosting Manual-status and ideas, motions for July?
3. Prepare for Forum:
“Assemblies and Conventions-who, what, when, where, why and how many”? ((

New Business

1. Finances – Adjusting Prudent Reserve /increasing budget for PowerPoint presentations/Chair Other Travel line item /creating reserve for travel outside US
2. Technology- Future use of OOVOO for Board Meetings and other options (free-conferencing technology, etc)
3. Pass it on- What can we do as a Board to help each other in our recovery?
4. OA’s Strategic Operations Plan –Region and Chair responsibilities
5. Ideas for July and November Forums
6. Other new business?

Lunch

12 noon Break for lunch

Reconvene

- 2:00 p.m. Board Meeting Reconvenes
Funded Committee Chairs join Board Meeting (Check in & update on Committee issues & activities)
- 4:00 p.m. Meeting Adjourned

ASSEMBLY AGENDA
Raleigh, N.C. USA March 9-11, 2012

Friday March 9, 2012

1. **7:00 pm ASSEMBLY CONVENES**
OA readings
2. Appointment of Timer
3. Recognition of New Intergroups, New Reps, **Green Dots**, Conventioneers & Visitors & Remote Attendees
4. Introduction of Region 8 Board Members, Funded Committee Chairs & IG Chairs
5. Introduction of former Region 8 Board Members and Trustee
6. Credentials & Roll Call
7. **Adoption of amended Agenda (if needed)**
8. **PASS IT ON**
9. Forum – “Assemblies and Conventions-who, what, where, when, why and how many?”
10. **8:15pm BREAK**
11. Announcements
12. 8:30pm Welcome & short skit by hosting Intergroup
13. 8:50pm Presentation & Discussion - “Physical, emotional and spiritual recovery: the results of working the 12 Steps”
14. **10:00pm RECESS**

Saturday March 10, 2012

15. **7:30 New Rep Orientation**
16. **8:30 CALL TO ORDER**-OA readings
17. Credentials
18. Adoption of Standing Rules
19. Introduction of Parliamentarian & short parliamentary lesson
20. **Approve Consent agenda (if needed)**
21. Approve minutes from last Assembly - Medellin, Colombia, S. A, November 4-6, 2011
22. 7th Tradition
23. Board reports - 5 min each +5 minutes questions
24. Trustee Report – 5 minutes + 5 minutes for questions
25. **BREAK**
26. Credentials
27. **Motions** - Bylaws & P&P
28. **12:00 LUNCH BREAK with SPEAKER**
29. **RECONVENE 2PM**
30. **2-3:30pm** Committee Meetings (Take break if needed-be ready to go @ **3:30**) Hand in report to Secretary
31. Final report from Medellin, Colombia, S.A. November 2011
32. Credentials
33. Unfinished Business (Continue motions if needed)
34. New business
 - A. Bids (March 2013 Assembly & Convention)
 - B. OA’s Strategic Operations Plan
 - C. Emergency Motions (if needed)
35. Committee reports
 - Ways & Means
 - Bylaws/Electronic Documents
 - IGOR
 - TSW
 - PI/PO
 - Technology/Website
 - Unity With Diversity
36. **“Did You Know?”** Educational segment - TBD
37. Any other new Business
38. Ask – it – Basket (time permitting)
39. For the good of the order (time permitting)
40. Break out for additional Committee Meetings (time permitting)
41. **GREEN DOT CEREMONY**
42. **5:30 pm ASSEMBLY ADJOURN**

UNAPPROVED MINUTES OF THE MEDELLIN ASSEMBLY

SOAR 8 MEDELLIN, COLOMBIA – November 2011

ASSEMBLY AGENDA

Medellin Colombia SA November 4-6, 2011

Friday November 4, 2011

7:05pm ASSEMBLY CONVENED, meeting started 5 min late. Opening in Spanish and in English - Pedro and Stephanie lite candle together, inviting higher power into our meeting, giving thanks.

OA readings Atiya, Linda H, Claudia C, Dave

Appointment of Timer

Recognition of New Intergroups, New Reps, **Green Dots**, Conventioneers & Visitors, Region Chairs
Parliamentarian, Treasurer and Vice Chair are not in the room

Introduction of Region 8 Board members, Funded Committee Chairs & IG Chairs

Introduction of former Region 8 Board Members and Trustee

Credentials & Roll Call 32 voting, 13 non-voting, 45 in the room. Roll call accepted

Adoption of amended Agenda

FUN - Crossword puzzle - handed out to everyone

Forum - Committee- Chairs - Vice Chair introduced the committee chairs

Bylaws explained what they are selling and what they do with the money. Showed the R8 3 language measuring spoons, a prayer shawl and prayer blanket

IGOR Chair talked about intergroup sponsorship and other things IGOR does

PIPO Chair spoke about Medellin's push in the streets to get the message out, things that can be done in intergroups: yard signs, pens, PSA commercials - giving away DCDs for free if IGs will use them

12th Step within Chair spoke about email sponsorship program, speaker's list, Lifetime promotion and distributed the What would you do on the 12/12 day to promote recovery within the fellowship.

Tech Web showed PowerPoint presentation on website, virtual attendance, technical software issues,

United With Diversity Chair - talked about diversity policy statement, committee work, suggestions for how to reach out to the underserved Spanish and Portuguese committees in our region

Bylaws committee did a skit to the tune of Grease, the musical

Rosanne's Prayer was read in English and Spanish

8:36 BREAK

Announcements

8:42pm Welcome & short skit by hosting Intergroup

8:50pm Presentation & Discussion - Together we can, We are a global community

10:00pm RECESS

Saturday November 5, 2011

7:30 New Rep Orientation

8:40 CALL TO ORDER-Meeting begins 10 minutes late.

OA readings Readings by Roberta, Ellen, Mary Y, Person from baton rouge: Stewart S.

Announcements

9:05 Credentials - 37 reg to vote. 36 have signed in and received credentials

Ways and Means Chair explained the fund raisers

Adoptions of Standing Rules -amended to extend time to 6 min for motions translations of pros and cons

It was noted that the Chair skipped over adoption of the credentials. Now the body voted to accept the credentials

Introduction of Parliamentarian & short parliamentary lesson - The lesson this assembly was on the signs that are used in assembly for speaking from the microphones.

Point of Information is if you want info to clarify what we are talking about
Point of order means you think we are not following what we need to do
Parliamentary inquiry means someone thinks we are not following rules of the P&P or Bylaws
Privilege means too cold, serenity prayer, sound, emergencies
Explained consent agenda and how we have to agree before something can be put on the consent agenda.

A motion to approve the consent agenda was made and passed.

Approve minutes from last Assembly - Nashville July 8-10, 2011 - Approved as written

7th Tradition

Reports -

Trustee talked about Amazon having OA lit for Kindle and Ebooks, OA brown book is being re-written, shared about using budget to give workshops around the region to any IG that asks for help. Encouraged Reps to take back to their IG that they use the Board and Committee chairs for workshops as all are trained.

Chair spoke about leaving chair position, the commitment to abstinence, spoke about all the many technologies available, the region for giving to GIVE Five Alive, the Medellin IG. Questions were asked about Fun in Abstinence and how serving on the board helped with maintaining abstinence.

Vice Chair thanked Web Tech Chair for tech help, talked about Green Dots, Evite Brite

Secretary asked for questions, gave out sign up sheets

Treasurer spoke about reports, Five Alive contributions

\$88000 pesos, 210 US dollars + \$10 that was added after the announcement was collected in the 7th tradition.

10:05 BREAK

10:22 Credentials - 36 voting, 37 in the room

Motions - Bylaws & P&P

Motion 2 already carried in the consent agenda

10:25 chair read procedures of voting motions

Motion 1 - Filling a vacancy on the board. Read by maker. 1 pro, 0 cons, Motion Carried

Motion 3 - Division was called.

Motion 3A - Section C is must be physically or virtually present and address the body. Two pros, No cons, Question on definition of present: determined to mean: on line or via voice video communications.

Motion TABLED until a future assembly to work out wording changes.

Motion 3B SECTION D Voting may be by written ballot, Email, IM or Proxy -

Cons against the motion include anonymity in voting, still working on virtual attendance definitions, more cons

Maker of the motion asked to withdraw motion.

Motion not withdrawn, discussion on motion follows. Questions continued for the full time allowed for discussion.

Question was asked if we need to first clarify what a proxy vote is. Parliamentarian clarified a proxy vote is voting in place of another person. Parliamentarian procedure book suggests that in groups where everyone is given an equal vote, proxy is unwise.

Motion to table to vote on this motion till next convention or when represented in the future. 19/10 - motion is tabled.

Motion 4 Motion to have committee chairs serve longer terms - 1 pro, no cons, discussion followed.

Motion is adopted.

12 NOON - LUNCH with SPEAKER

2PM RECONVENE

2-3:30pm Committee Meetings - Hand in reports to Secretary

3:30 Final report from Nashville July 2011 -

Credentials - 32 voting in room

Unfinished Business

Motion 5 - Budget override to purchase WebTech Computer- 3 Pros, discussion followed. Friendly Motion was made to change the wording. Friendly motion was accepted. Motion passed. The secretary failed to make note of what the exact change was to the wording for this motion and hopes someone at the assembly made note of it and can offer the change when we meet in Raleigh in March.

New business

Budget

Treasurer presented the budget, questions were asked about amount of funding for R8 board travel, was any of the current assembly still outstanding. Answer: Yes some things are still outstanding and the Treasurer will be checking with the accountant on how to do any amended budgets. Time was extended for the budget discussion. Question was asked about Sub totals on separate areas.

Budget accepted as is.

Election of Chair - only 1 candidate - Gloria is elected chair

Motion was made to extend time of assembly. Motion passed.

Election of Treasurer - Only one candidate - Patti is elected Treasurer

Election of Region 8 WSBC delegates - four candidates. Before speaking, the bylaws requirements were read for the position. Stephanie W spoke via remote video conference, Lonna C spoke, Burt spoke. Carolina P. spoke. Question was asked about her 12 steps and abstinence of 1 year by the time of WSBC. All four were approved by the body: Carolina P, Lonna, Stephanie W, Burt - they will be funded according to that priority. Carolina may be receiving funding via World Service.

Motion was made to again extend time of assembly. Motion passed.

Bids (North Florida IG, Pinellas Traditions IG) for the November 2012 Assembly & Convention

- Pinellas traditions will be our November 2012 Assembly

Committee reports were not read - handed in.

GREEN DOT CEREMONY

6:08pm Assembly ended

THIS MOTION PASSED AS SUBMITTED NOVEMBER 2011 MEDELLIN

**SOAR-8
BYLAWS MOTION 1: Region 8 Board Vacancy**

Motion: Move to amend Article V- THE REGION-8 BOARD by **changing** - Section 9 regarding Board Vacancy as follows:

Current wording

Section 9

*A vacancy on the Region-8 Board may be filled by vote of a majority of the Board remaining in office at the time of the effectiveness of the vacancy. The Board Member appointed in this manner must meet the qualifications for office as set forth in the Bylaws and shall hold office until the next **Business Assembly at which time nominations will be accepted from the floor and an election held to fill the balance of the unexpired term.***

Proposed wording

Section 9

*A vacancy on the Region-8 Board may be filled by vote of a majority of the Board remaining in office at the time of the effectiveness of the vacancy. The Board Member appointed in this manner must meet the qualifications for office as set forth in the Bylaws and shall hold office until the next **regularly scheduled election.***

Submitted by:

Bylaws/Electronic Documents Committee

Intent:

Simplify the process to fill Board vacancies between Assemblies and avoid having multiple elections for the same office over the course of three assemblies.

Implementation:

Update the Bylaws and the Policy and Procedure Manual.

Cost:

None.

Rationale:

This change allows stability and consistency. For example, the Treasurer was elected as a GST, leaving a vacancy. The Board solicited applications and appointed someone. Under the current bylaws, there will be another application process and election in July and the same process must be repeated again in November. A similar thing happened last year when the Secretary resigned in June. Every November we are slated to have elections and this change could easily be accommodated.

SOAR-8
BYLAWS MOTION 2: GLOSSARY AMENDMENT

Motion: Move to amend the following glossary definition:

Current wording

Abstinence*

According to the dictionary, the word “abstain” means to refrain from. Abstinence in Overeaters Anonymous is the action of refraining from compulsive eating. Spiritual, emotional, and physical recovery is the result of living the Overeaters Anonymous Twelve Step Program.

Proposed wording

Abstinence*

*According to the dictionary, the word “abstain” means to refrain from. Abstinence in Overeaters Anonymous is the action of refraining from compulsive eating **and compulsive food behaviors while working towards or maintaining a healthy body weight**. Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program.*

Submitted by:

Bylaws/Electronic Documents Committee

Intent:

Have the Bylaws reflect the current definition of Abstinence as adopted at the 2011 World Service Business Conference.

Implementation:

Update the Bylaws.

Cost:

None.

Rationale:

This change reflects the expanded definition of Abstinence as contained in the Statement on Abstinence and Recovery (WSBC Policy 1988b, Amended 2002, 2009 and 2011).

**THIS MOTION WAS TABLED AT ASSEMBLY NOVEMBER 2011 MEDELLIN
NOTES AT BOTTOM OF PAGE**

Motion 3

MOTION TO AMEND THE SOAR BY LAWS PAGE 11 AS FOLLOWS:

Section 4 – Election of Region-8 Board Members

- A. Elections shall be held at the fall meeting of the Business Assembly and at least 90 days prior to the World Service Business Conference.
- B. Notification of election shall be made to all Service Bodies, Region Representatives, Board Members, Standing Committee Chairmen and the Region Trustee at least 30 days prior to the meeting at which the election(s) are to take place.
- C. Candidates *must be present and address the assembled* body 3-5 minutes answering questions that may be asked.
- D. Elections are to be by written
- E. Candidate must receive a majority vote of those persons voting.

Replace with:

Section 4 – Election of Region-8 Board Members

- A. Elections shall be held at the fall meeting of the Business Assembly and at least 90 days prior to the World Service Business Conference.
- B. Notification of election shall be made to all Service Bodies, Region Representatives, Board Members, Standing Committee Chairmen and the Region Trustee at least 30 days prior to the meeting at which the election(s) are to take place.
- C. Candidates *must be physically or virtually present and address the* body 3-5 minutes answering questions that may be asked.
- D. Elections are to be by written ballot, *email, IM or Proxy*
- E. Candidate must receive a majority vote of those persons voting.

Submitted By: Techweb Committee

Intent: To allow elections to be held virtually and be open to all registered representatives whether or not physically present at the Region Assembly .

Implementation: Amend the SOAR 8 By Laws

Cost: None.

Rationale: Since our region is so large we need to provide a more open forum.

Division was called. Motion 3A - Section C is must be physically or virtually present and address the body. Two pros, No cons, Question on definition of present: determined to mean: on line or via voice video communications. Motion TABLED until a future assembly to work out wording changes. Motion 3B SECTION D Voting may be by written ballot, Email, IM or Proxy - Cons against the motion include anonymity in voting, still working on virtual attendance definitions, more cons. Maker of the motion asked to withdraw motion. Motion not withdrawn, discussion on motion follows. Questions continued for the full time allowed for discussion. Question was asked if we need to first clarify what a proxy vote is. Parliamentarian clarified a proxy vote is voting in place of another person. Parliamentarian procedure book suggests that in groups where everyone is given an equal vote, proxy is unwise. Motion to table to vote on this motion till next convention or when represented in the future. 19/10 - motion is tabled.

THIS MOTION PASSED WITH 1 CHANGE in RED
NOVEMBER 2011 MEDELLIN

Motion 4 to amend the SOAR By Laws Page 15 as follows:

Change the term of the funded chairs from 1 year to two years with a maximum of 4 consecutive years or 2 terms.

Submitted By:

Techweb Committee

Intent:

The intent is to make the terms in office equal to that of the board of directors in order to maintain a more cohesive committees since the committee chair is usually the only stable committee member from Region 8 Assembly to Region 8 Assembly.

Implementation:

Amend the SOAR 8 By Laws

ARTICLE VIII - COMMITTEES

Section 1

The Region-8 Business Assembly shall form Committees, Subcommittees and Ad Hoc Committees as are deemed necessary for the welfare and operation of Region-8, Inc.

A. Region-8 Committee Chairman shall be nominated by said Committee and appointed by The Region-8 Board yearly at each late October early November Region-8 Business Assembly.

1. To be eligible for appointment, a person must:

a. Be a past or present Region-8 Representative.

b. Have served on the Committee for which he or she is being appointed Chairman.

c. Have attended two or more Region-8 Business Assemblies held during their term of office as Region-8 Representative.

d. Have arrested his/her compulsive eating and be living within the concepts of the Twelve Steps of Overeaters Anonymous for one year.

B. Region-8 Committee Chairs shall serve no more than four consecutive years *each term to be 2 years in length* in the same position, whenever possible.

C. Final voucher reimbursements will be paid only after all files and/materials are turned over to the incoming Committee Chairman. In the event that the office is vacant, Materials are to be turned over to the Region-8 Chairman. The Treasurer shall verify that materials have been given to the proper person before giving reimbursement.

Cost:

None.

Rationale:

To establish more stable committees by keeping the chair the same for at least 2 years. Each time we have an Assembly the basic membership of the committee changes, by keeping the committee chair's term for a longer time we have more cohesive committees

Motion 5

Motion for Budget Override

Major Purchase Computer TechWeb Committee:

Submitted By:

Techweb Committee

Intent:

Computer for TechWeb since they need it to do their work on AV , Remote Attendance and overhead presentations to the Assembly .

Implementation:

Buy computer and necessary supplies

Cost:

\$600- \$700.00 .

Rationale:

The members of the Techweb committee have been using their personal computers (and other hi tech equipment such as routers cameras) at assemblies and workshops for the last 3 years our personal computers are aging and new technologies such as 12 user OOVOO are requiring faster computers IE: Intel I5-I7 processors to be able to better carry the message to the rest of the body who can't attend these events.

NOTE:

The secretary regrets that she failed to make note of the word change accepted in the friendly amendment and apply it to the motion as accepted and hopes that someone can offer the correction when the minutes are examined at the Raleigh Assembly in March 2012.



Region 8 **Green Dot** Chair's Report March 2012 Gloria M. Lockridge

Dear Friends:

Welcome to Raleigh, N.C.! It's a great place to be, and very close to Chapel Hill where I met my husband of 38 years when we were in graduate school. This is basketball country and you all know what a sports fan I am so I will be checking scores-but not during Assembly!

This is my first report EVER as Region 8 Chair! That makes me a **GREEN DOT!** Wow! What an order!

Thank you to everyone in Region 8 for the honor and privilege of being your Chair. I promise to do everything I can to be of maximum service. With your help, and the help of HP, together we will do wonderful fun things to carry the message of recovery to the compulsive eater who still suffers.

If I had to capture my overriding thoughts about being Chair and my vision for Region 8 it would simply be this:

RECOVERY: PASS IT ON!

Pass It On is the title of an AA Book about Bill W and how the message was spread during those first critical early years of that 12 Step program. It is my hope that the goal of everything we do and all our business will be based upon our desire to reach out and lovingly pass on the solution we have found, our way out of this cunning, baffling and powerful disease into physical, emotional and spiritual recovery and the fellowship of the spirit. I hope you will join me on this wonderful never ending journey! I hope too that we can simplify our service positions so that anyone and everyone who wants to do service can do so willingly, completely, faithfully, in a manageable way, with balance in our lives.

2011 was a historic year for Region 8 as we had our very first Assembly outside the US. What an incredible experience it was! But none of it would have been possible without the groundbreaking work done by our past Trustee Charles A, our current Trustee Gerri H and our past Chair, Stephanie D. Thanks to all of them for their willingness on behalf of Region 8 to *Pass It On* to Central and South America. It would also not have been possible without the incredible generosity of all of you who gave so freely of your time and money to make it happen.

Our fellow OAers in Medellin were able to vividly demonstrate through music, dance, and artistry the true nature of our disease and the path to recovery! I get chills just remembering it! We had some fun too, as the picture below will testify, as some of us engaged in what turned out to be a worldwide craze regarding a certain professional football player who shall remain nameless-outside issue!!



Medellin, Colombia, S.A. November 2011 Assembly

One of the challenges that lies ahead for Region 8 is to keep the momentum going from that wonderful Assembly and our prior efforts in Costa Rica and Venezuela, build on the foundation we have laid and keep our communication open with our brothers and sisters in Region 8 outside the US. We are very hopeful some of them will join us in Miami, if not in Raleigh.

Remember that old saying, “How are you gonna keep ‘em down on the farm after they’ve seen Paree?” Well, it s going to be hard to keep us totally in the southeastern US now that we have seen Medellin! We want to be everywhere, but of course our limited resources make that impossible. So we will work together and the body of the Assembly will determine where we go next.

Speaking of limited resources, we have also been focusing on the many questions and issues concerning one of the motions we will vote on in Raleigh-whether to go from 3 to 2 Assemblies per year. In fact, in order to look at all the ramifications of this issue we will be having our Friday night forum on this topic, -you won’t want to miss this opportunity to ask questions and give your opinion-Region 8 needs your input!

Don’t forget the World Service Business Conference coming up at the end of April. I hope you will plan to attend. It’s a wonderful experience and this year it will be at a different hotel! For information go to:

<https://www.oa.org/world-service-events/world-service-business-conference/>

As a region chair I get to be part of the WSBC forum too, which will be on “Conceptualizing Principles!” And for all the latest news at the World Service level you won’t want to miss the Trustee’s Report in your packet.

Your Board and Committee Chairs have also been busy since Medellin, and I hope you will check out their reports.

Please feel free to call or email me (my contact information is in the Service Directory part of your agenda packet) or to introduce yourself at Assembly if we haven’t met! I look forward to seeing all of you. And remember every day is an opportunity to PASS IT ON!

See you in Raleigh!

**Trust God, Clean House Help Others, Gloria L, Region 8 Chair
chair@oaregion8.org**

Region 8 Vice Chairman's Report

SOAR 8 Business Assembly and Recovery Convention

Raleigh, NC

Sander W. Bellman

March 9 – 11, 2012



The old Yates Mill Pond in Raleigh

WELCOME TO OVEREATERS ANONYMOUS, WELCOME HOME

Welcome to the City of Raleigh, NC, and the first Business Assembly and Recovery Convention of 2012, sponsored by the Triangle NC Intergroup and SOAR-8.

This is the first of my reports as your new Vice Chair. I have been extremely gratified by the outstanding efforts of the Triangle Intergroup planning committee. The planning committee has indeed made my first experience at assembly planning-coordination a pleasure. The committee and the other members of the SOAR-8 board and committee chairs have given me great confidence in planning for the next two assemblies in Miami and St. Petersburg, FL, coming up in July and November, later this year.

One of my duties as your Vice-Chair is to promote bids for upcoming assemblies, particularly in 2013. So far, I am aware of at least three and possibly four Intergroups considering bids for 2013. At least one of which will be presented at this assembly on Saturday. Assembly bids are presented one year in advance of the assembly bidden.

At this assembly, we will be discussing and considering a motion submitted by the Baton Rouge Intergroup (BRIG) to change the number of assemblies we hold each year from three to two. This question has come up at a few assemblies in the past, but each time the assembled body indicated its desire to maintain our three-assembly tradition. However, because of increased travel costs many Intergroups were not able to send a representative to the last assembly in Medellin, Columbia. Our long-range goal is to expand our site-selection for assemblies from more than just Columbia and the Southeastern US. Our region extends from Tennessee and North Carolina in the North to Tierra del Fuego between Chile and Argentina in the South. Our primary purpose in Tradition Five is to carry the message to the compulsive overeater who still suffers. For SOAR-8, this means to all those suffering in all states and countries comprising our region. This indeed means that our

board, committee chairs and representatives will need to do more than hop in a car and travel a few hundred miles to a nearby assembly. This will take considerable planning and resources.

So this year, the issue has been presented as a formal motion. To prepare for our discussions, Intergroups and Trusted Servants have been asked to submit a series of questions that may have to be considered, if we are to move to a two-assembly format. I was asked by our Chair to coordinate the responses and was gratified by the number of thoughtful issues submitted. The issues raised will be discussed in our forum planned for Friday evening.

One final note. When I became your Vice Chair following the assembly in Medellin, I was serving as your webmaster and forum manager. Our Tech/Web Chair and I immediately sent out a request for any member who would like to take on the duties of webmaster. So far, as of this writing, no one has responded, in spite of repeated requests. I have therefore been performing the duties of webmaster/forum manager, in addition to my duties as your Vice-Chair, since last November. If these technology positions have not been filled by this assembly, I ask again that you bring this request back to your intergroup representatives and member groups to see if any of them would like to take on the duties of webmaster and/or forum manager. One need not be an expert web developer or even very knowledgeable in HTML. The web interface is simple to learn. One only needs an interest in computer technology and a willingness to serve. As we like to say, "First comes the willingness, then the ability."

See you all in Miami,

Sander B., Region 8 Vice Chair, Marietta, GA

Report from the Region 8 Secretary

Life is good today as Secretary of Region 8 because so many people in Region 8 have been getting in touch and asking for information instead of waiting for it to come to them. When we do the work, the miracle follows.

It was wonderful to hear from an intergroup in Brazil recently. This is the first time we had received any correspondence from our Portuguese speaking membership in two years. I am even more excited that the person corresponding with me writing and understands English because I have absolutely no grasp of Portuguese at this time. I understand that the Brazil service body will be sending a rep to the World Service Business Conference this year and I am very happy so many members of Region 8 will be there to welcome her.

On a more personal note, I have not been able to attend many additional Region 8 events or workshops in the past 4 months and I miss them. I hope to have the time to reach out more in the coming months and offer service to our more remote intergroups who are struggling to share their experience strength and hope with us and receive what we have to offer.

In putting together this packet I have read the report of the Bylaws committee and I note they are looking for a Newsletter editor. I have personal experience with this position in my Intergroup. I was the Newsletter editor for over 2 years in Central Florida. I took the position without even one hour experience working with the Publisher program and within 2 issues I was loving the service and recommending it to others. At one time I was the editor for the Region 8 newsletter, too. If you are interested in giving service but fear taking on too much of a commitment, please consider being the newsletter editor. It really is one of the lighter service positions you could ever hope for. There are only three issues a year and you do not have to do any of the writing. You send emails to remind people to send in their reports. When they send them in to you format them in the newsletter template and add the fliers and announcements that are approved by the Vice Chair as being in accordance with the Traditions of OA. Then you send it to me and I sent it to everyone in Region 8.

I would not lead you wrong – it is a great service to give. My first issue I messed up so completely they scraped the issue – all because I didn't ask for help. I didn't want to look like I didn't know what I was doing. Hmmm, anyone else ever have that experience? Guess what – no one beat me up or chastised me or treated me differently. They simply explained to me where I had erred and from that point on, I knew what I needed to do. I asked for help and it was always given to me with love and acceptance. Together we really do get better.

Jane C.
Region 8 Secretary
Compulsive Overeater & Food Addict,
in recovery since 11/06

TREASURER'S REPORT MARCH 2012

UPDATE ON MEDELLIN EXPENSES

The total to date received from our *Give \$5 to Keep Medellin Alive* Fundraiser is \$7,410.11!!

The total of our expenses to send our board members and committee chairs to the assembly in Medellin was \$10,769.32. The difference, which was our net cost for this assembly, is \$3,359.21. Thank you Region 8 members for your *generou\$* contributions to this cause! It was an overwhelming success and because of your generosity, did not deplete our prudent reserve ☺

Just a *reminder*, please verify that your group, and IG treasurer's have the Region 8 treasurer's new address; I'm still receiving quite a few forwarded checks. The address is:

**SOAR 8 Treasurer
P.O. Box 272081
Tampa FL 33688-2081**

Please remember to include your meeting/group number with your contribution. There are many meetings with similar names so the number helps me to identify your meeting and give credit to the right one. If you don't know it, you can find it at the OA.org website under find a meeting.

There is also the option of making a 7th Tradition donation through the contribution page on our website, at oaregion8.org, (click on Contributions at the top of the page) or through a PayPal link at:

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=P8M3PYV7XWNV4

You can indicate your meeting number as part of your address, or in the special instructions area. If you would like to confirm that we are receiving your contributions, check the website for my regular reports under Contributions: Treasurer's Reports. Thank you for allowing me to do this service! I owe my recovery to the opportunity it gives me to do service in this fellowship everyday ☺

Your trusted servant,

Patti Schumacher, Region 8 Treasurer

Trustee Trivia
Gerri Helms
Region 8 Trustee

Greetings and welcome to the Assembly in Raleigh, NC. I have family here, so after we meet, I'm headed to Charlotte to visit my 90 year old parents.

Wow, where to begin. So much has happened since we met in Medellin in November. Wow, they Colombians set the bar very high. We learned a lot about fellowship and hospitality from our friends in South America. Thank you so much for all your hard work to make the assembly and convention so successful!

Lots of new stuff on the OA website! (<http://www.oa.org>). The site has undergone some construction – you may notice some minor changes on the meeting page. There was a major problem with the old data base, so it needed an overhaul.

If you would like a fun new skit for your next event, check out this one on rotation of service! Very Funny! <http://www.oa.org/pdfs/Rotation%20of%20Service%20Skit%2011.pdf>. We also have a new abridged version of the tools – much easier to read at your meetings. Check it out! Of course, I am especially excited about this - <http://www.oa.org/news/> , as well as a revised meeting format - http://www.oa.org/pdfs/suggested_meeting_format.pdf, since I serve on the Board Approved Literature Committee and have worked on both documents! Please consider downloading and using the new meeting format, as it includes more inclusive language, an emphasis on abstinent sponsors, added focus on Lifeline magazine and updated guidelines for collecting Seventh-Tradition contributions.

Does your meeting have a Lifeline Rep? Well, I volunteered to serve as one, and every month, I give an OA friend a subscription, which I consider part of my seventh tradition donation. If you, or any of your sponsees are not receiving lifeline, you have no idea what you are missing. And after I've read the amazing stories of recovery, I write our local meeting contact info on the back, and leave my copies in my doctor's magazine rack. What a great way to carry the message. For more information on Lifeline, go to <http://www.oa.org/lifeline-magazine/> and if you are not a Lifeline rep, feel free to fill in my name! I get free books and donate them to meetings!

Check this out – we now have an index for the 12x12. If you buy a new one, it's printed in the back. If you want one for your old, worn, loved on, highlighted to death copy (Like mine!) just download it! <http://www.oa.org/pdfs/1212Index.pdf>. And the professional outreach manual has been updated too. You can purchase your copy on the OA online bookstore!

At last year's WSBC, the delegates voted to require that every time your bylaws are amended, they need to be reviewed by the Trustee (that's me), to insure that they are not in conflict with OA.org's bylaws. And if you've not amended them since last year, they very well could be out of date, since the

definition of a group was also amended. If you are unsure, feel free to forward them to me and I'll check them out and send them onto the World Service Office, once they're approved.

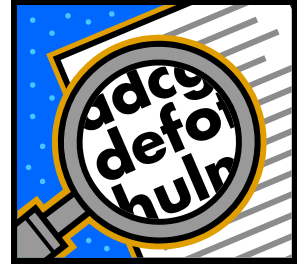
There still seems to be some confusion about reading the steps and traditions in meetings. You may read them from your OA literature with no problem. AA requests that when you are reading from the big book, to read all text as written. That includes the steps on page 58. You are not required to read the steps from the big book, but if you do, please honor AA's request to read them as written. You can also download the steps, traditions and concepts from the OA website, print them out and read from there.

Congratulations to Gloria Lockridge, our new Chairman for Region 8! Thanks again to Stephanie Doran for her wonderful leadership for the prior two years. It is exciting to see the changes in our region with each new rotation of service. Speaking of service, when I finish my term as Trustee in May, 2013, I will have served 9 years beyond the group level (not including the years as a rep and WSBC delegate). After much prayer and conversation with my husband, I am not going to seek a second term as trustee. It's time for you young whippersnappers to step up to the plate! There will be nominations in July for the November ratifying of trustee candidates, so feel free to ask me about the job, if you are interested in serving. It is a lot of work, more than I ever would have imagined, but I have grown as a person from serving as your trustee. It has truly been an honor and a pleasure. I'll continue to give my very best to you this next year and will always be involved in service, but more on a group level after my term is up.

Sincerely,

Gerri Helms
Region 8 Trustee

Bylaws/Electronic Documents Committee Report



As the new chair, I spent much of November and December being helped through using the SOAR email system and trying to remember where to look for the list of committee deadlines. (Thanks for your patience Mr. Vice Chair!)

The committee reviewed a motion from the Board during the meeting in Medellin, but spent several weeks reviewing the motion from the Baton Rouge Intergroup (BRIG) to reduce the number of SOAR Assemblies from three to two per year. One of the challenges was providing the Board with a list of additional changes to the P&P and Bylaws that the transition plan would need to address. We never imagined that there were so many places in those two documents that referred to what needed to be done in a specific meeting season or month (e.g., the fall meeting, the November meeting, the March meeting).

The Bylaws were revised to implement motions— 1 (filling vacancies on the Board), 2 (amending the definition of abstinence in the glossary), and 4 (changing the terms of funded chairs) — that were passed at the November Assembly in Medellin. There were no motions passed in Medellin that required changes to the P&P, but the new Voucher and Advance Request Form from the Treasurer was added to the form section (Appendix E.), the vice chair's paragraph on the Nashville meeting was added to the History of SOAR 8 in Appendix G, and errors found by three board members were corrected.

Urgent Appeal: We are a tiny committee and the editor of the newsletter, one of our subcommittees, stepped down in November to take on some happy new responsibilities. We do not have enough person-power to handle the newsletter too. Please consider taking on this service! Remember what we are always told—and I'm finding it to be true in serving as a new committee chair—"God does not call the able, He enables the called." Please listen to see if you are being called.

Yours in service,
Mary Anne
Expecting more miracles!

Intergroup Outreach Committee
OA Region 8
First Quarter Report 2012

Activity for this committee is picking up as the March Assembly draws nearer. Here's what's happened since our last assembly in Medellin:

- **Quarterly IG Chair Phone Conference.** Our first phone conference of the new year was held on February 5. There were 11 Intergroup Chairs and committee members on the call. Participants shared questions and issues facing their intergroups. As usual, the best advice/suggestions came from other intergroup chairs participating in the call.
- **IG Sponsorship Program.** We have a new link (thanks Sander!) on the OARegion8 website. It is an instant success, having already received double the usual requests for information on intergroup sponsorship. Subcommittee Chair Frances W. updated the Sponsor list in December 2011.
- **Scholarship Program.** We have received two requests for financial assistance to assist representative in attending the business assembly in Raleigh/Durham.
- **Intergroup Chair Breakfast.** We had lively sharing and discussion at our breakfast on the patio at our hotel in Medellin. We look forward to friendly sharing and discussion at the IG Chair breakfast on Sunday morning, Raleigh-Durham!
- **IG Chair Loop Mailing list.** This list is out of date and we are unable to update the list at this time. Any updates we receive are we are sent to the Region 8 Secretary, so when we have our new loop, we will be ready to go.

Blessings,

Betty Smith
IGOR Chair/Region 8
igorchair@oaregion8.org
407.491.4127

12th Step Within Committee Report for SOAR 8 Packet March 2012

Hi my name is Linda and I am a grateful recovering, abstinent compulsive overeater and your newly elected 12th Step Within Committee Chair for the next 2 this years☺. It was voted on in Nov. 2011 that the Funded Chairs serve a 2 year term. We will be looking for new ideas this year to help carry the message.

This year we have taken on a new sub-committee, Lifeline, which was voted on in July 2011

Our duties are:

- 1.Help carry the message of recovery in Region 8 through the promotion of Lifeline magazine.
- 2.Promote sale of Lifeline subscriptions.
- 3.Encourage members throughout Region 8 to submit articles and sharing to Lifeline.
- 4.Ensure that one (1) or more Lifeline displays will be provided for each SOAR 8 Business Assembly and Convention.
- 5.Contact all Intergroups during the time between assemblies and encourage having Lifeline representatives and designated downloaders at the intergroup and the group levels.

We also have our Speaker List. This list is available to anyone who is looking for a speaker within the Region. We currently have 40 members signed up. Mike P. from Georgia is our new sub-committee chair. We plan to be signing up new members in Raleigh! We also have the Email Sponsorship sub-committee, this is a list of all available sponsors willing to sponsor thru email or however you and your sponsee decide to communicate. Claudia S. is Chair of this sub-committee.

The TSW loop has been working well for us. You don't have to be at the convention to be in the loop. You can email me at TSWchair@oaregion.org or fdnymom@msn.com and asked to be added to the loop. We have positive information, helpful downloads and everyone shares something that they might think will help a fellow OAer.

Sooo if you're coming to "SOARing to Recovery", when the committees break out come see what we're about, we have fun, lots of camaraderie, and just plain getting to know other members. When I first started out in service above the group level, I didn't know anyone outside my meetings, and now I have friends in each state, and look forward to seeing them at the recovery convention and business assembly. Believe it or not..we sometimes call one another too! You too can join the fun in fellowship of Region 8!

Thanks for letting me share!

Linda H.

12th Step Within Committee Chair 2012

Tech Web Committee Report January 2012



First I must apologize to the lateness of the committee Report I have had a number of personal challenges during the last 45 days

We continue to look for a Web Master, we are giving technical support to groups using OOVOO and Eventbrite

I am continually researching new technologies for individuals who need to edit PDF's and other file formats I have found free ware called GIMP this will let you fill in forms and change file formats

I am researching AV in the area on interfacing the amplifiers used at assemblies and conventions to laptops so the use of OOVOO and like technologies can be interfaced through the use of small Audio mixers which was approved for purchase in the budget for this year.

I would like some feedback on any problems with the email system

One of our Intergroups is looking to use OOVOO to allow groups which are having problems getting to IG meetings the ability to view the proceedings Their BOD has approved a test for 6 months then a review before changing their by laws to allow it

I have provided the Toronto IG information about doing the same since their weather and the distance some of their 75 groups have to travel in the winter is prohibitive

I am looking forward to seeing everyone at Raleigh in March Also I am looking forward to representing the Region and NFI at the WSBC NFI has agreed to fund the balance of my trip to WSBC

Respectfully Submitted

Burt Tucker

WAY\$ AND MEAN\$ COMMITTEE

Interim report, March, 2012

Our committee had a small and productive meeting in Medellin in November, 2011, fielding many great ideas. We were joined by one of the region chairs and enjoyed hearing what her region ways and means committee is doing. We have an enthusiastic member who is creating another stunning afghan for the Raleigh assembly. We will sell tickets throughout the weekend and have the drawing on Saturday evening. Our Nashville afghan netted over \$300.00 for our region.

Our other fund-raising item is a colorful adjustable measuring spoon adorned with the OA slogan "Easy Does It" in three languages. This was quite popular in Medellin.

Finally, the committee is discussing the option of hosting a cruise after the assemblies in Miami or Tampa. More will be revealed!

Personally, I am looking forward to our OA family reunion in Raleigh! Hope to see all of you there.

Yours in service,

Kat
Katherine Marish
Ways and Means Committee Chair

Standing Rules

These rules take precedence over Robert's Rules of Order. They may be suspended by a 2/3 vote using a Motion to Suspend the Rules, Participation in Assembly

1. Voting member must wear **appropriate identification** badge/ribbon denoting Rep, funded committee chair, or Board Member.
2. The Secretary shall make a credentials check at the beginning of each session, and prior to any important vote, as deemed necessary by the Chairman.
3. Any registered member of the Assembly may participate in Assembly procedures, e.g. vote, make a motion, speak to a motion, etc. Non-voting members may have a voice at the discretion of the Chairman.

Voting Procedures

1. Vote may be taken by voice, show of hands, standing, or ballot, at the discretion of the Chairman.
2. A voting member may request a more accurate vote count by simply calling out "Division." The Chairman may then use a voting method which assures an exact count.
3. The Chairman may also call for division by stating, "The Chairman is in doubt."
4. Ballot vote will be used for elections. Ballots will be distributed, collected, and tallied by non-voting members appointed by the Chairman. After announcement of results, motion is in order to destroy ballots.

Recognition

1. Voting members who wish to speak shall, from the center microphone, give their name and Intergroup, and wait for recognition from the Chairman. If necessary to get the Chairman's attention, the voting member may say "Madam/Mr. Chairman," but may not speak further unless recognized by the Chairman.
2. For certain procedures, the voting member, from the center microphone, may display a sign to gain recognition from the Chairman (e.g., Point of Order, Point of Information, Parliamentary Inquiry, etc.).

Motions and Debate

1. Process for New Business Motions
 - a. Secretary will distribute minutes of the Business Assembly to the Board and Committee Chairs electronically no later than fifteen (15) days after close of the Business Assembly. New motions will be contained in the Committee Reports of the minutes.
 - b. New motions arising out of committees during an Assembly shall be communicated to the Secretary within fifteen (15) days after the close of the Assembly at which they emerge. After Board notification the Secretary shall forward these motions to the Bylaws/Electronic Documents Chair within twenty-one (21) days of the close of the Assembly at which they emerge.
 - c. New motions arising outside the Business Assembly shall be submitted to the Secretary at least sixty-five (65) days prior to the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion.
 - d. Motions must be formatted to contain the intent, the proposed motion, any possible effects (costs, time, other committees affected, etc.), date of implementation and a list of necessary changes to be made to the Policy & Procedure Manual for consistency or congruity.

- e. The Bylaws/Electronic Documents Committee may suggest changes in the motion to the maker to facilitate arriving at a more suitable version for submission to the next Business Assembly if the passing of the motion, as initially proposed, would:
 - 1.) create incongruity within either the Policy & Procedure Manual or the Bylaws,
 - 2.) create incongruity between the Policy & Procedure Manual and the Bylaws,
 - 3.) be in contradiction to or with either the Policy & Procedure Manual or the Bylaws, or
 - 4.) result in an adverse, unintended effect unrelated to content, intent or rationale (such as, but not limited to, language or structure).
 - f. The Bylaws/Electronic Documents Chair will submit the reviewed motions to the Secretary electronically, no later than (sixty) 60 days after the close of the Assembly for inclusion in the mailing packet for the following Assembly.
 - g. No motions other than emergency motions will be taken from the floor at the Assembly. Emergency motions shall be submitted to the Bylaws/Electronic Documents Chair before the lunch break on Saturday of the Assembly.
3. There will be a maximum of **three pro and three con speakers to each motion**. There will be a maximum of **two pro and two con speakers to each amendment**. Each speaker may speak for a maximum of three minutes.
 4. Pro and con speakers shall use the appropriate **pro/con microphone**. While waiting to speak, pro/con speakers may queue at the microphones.
 5. A voting **member may not speak on two consecutive motions or amendments** unless the maximum number of speakers has not been reached.
 6. The **first speaker is always pro**, and is usually the maker of the motion (unless he/she wishes to have another voting member speak).
 7. If **more than the maximum number** of speakers wishes to speak to a motion, they are encouraged to select among themselves those speakers who can best represent their views.
 8. There shall **be at least one pro and one con speaker** before any discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.
 9. A motion to close debate (**Previous Question**) or limit debate is in order for motions or amendments, and requires a 2/3 vote.
 10. To save time on a simple amendment to a motion, the Chairman may ask the maker of the motion if he/she would be willing to accept a "**friendly amendment**." If the maker of the motion agrees and there is no objection from the Assembly, the motion is changed to include the amendment.

Miscellaneous Rules

1. **No smoking** is allowed in any Assembly room.
2. **No animals** are allowed in any Assembly room, except guide dogs and service animals.
3. **All cell-phones**, beepers and 2-way pagers are to be set on vibrate or turned off.
4. **Voting members are not to leave or enter** the Assembly room while votes are being taken.
5. **No eating food** allowed during the business session.

MOTION FOR RALEIGH MARCH 2012 BUSINESS ASSEMBLY

Board Motion 1:

Move to amend **ARTICLE IX - FINANCIAL STRUCTURE, Section 1- H**, by striking the words:

Current wording:

ARTICLE IX - FINANCIAL STRUCTURE

Section 1

H. Region-8 shall pay at least \$200.00 per Region-8 Business Assembly to help defray the expenses of the Region-8 Trustee, providing funds are available.

I. Following the October or November Region-8 Business Assembly, Region-8 will contribute annually the budgeted amount to the World Services Office by December 31 of that year.

Proposed wording:

ARTICLE IX - FINANCIAL STRUCTURE

Section 1

~~H. Region-8 shall pay at least \$200.00 per Region-8 Business Assembly to help defray the expenses of the Region-8 Trustee, providing funds are available.~~

~~I.~~ H. Following the October or November Region-8 Business Assembly, Region-8 will contribute annually the budgeted amount to the World Services Office by December 31 of that year.

Rationale:

Region 8 is the only region of ten that financially supports the Trustee. The Trustee has a World Service Budget and can request adequate funds to do the work that is required.

Submitted by:

Region 8 Board

MOTION FOR RALEIGH MARCH 2012 BUSINESS ASSEMBLY

Motion to Amend By-Laws and Policy and Procedure Manual

Move to amend the SOAR 8 By-laws, Article VII, Section 1, Part A, page 14; the Policy and Procedures Manual, Assembly Procedures, Basic Principles No. 2, page 12; and any pertinent and comparable references therein, to become effective after the March 2013 SOAR Region 8 Assembly, as follows:

SOAR 8 By-Laws

Current Version:

A. Region-8 shall hold regular Region-8 Recovery Convention Business Assemblies three (3) times a year, on a rotation basis among the states, countries and territories in the Region as approved at the previous Region-8 Business Assembly.

Change to read:

A. Region-8 shall hold regular Region-8 Recovery Convention Business Assemblies two (2) times a year, on a rotation basis among the states, countries and territories in the Region as approved at the previous Region-8 Business Assembly.

Policy and Procedure

Manual Current Version:

Assembly shall be held three times a year: March, July, and November.

Change to read:

Assembly shall be held two times a year, approximately six months apart, in February/March/April (Spring) and September/October/November (Fall).

Submitted By:

Baton Rouge Intergroup (BRIG)

Intent:

To reduce annual Region-8 and Intergroup expenses and by doing so make it financially feasible for eligible Intergroups and National Language Service Boards (NLSBs) to fully participate in all Region-8 Assemblies.

Implementation:

Amend the Bylaws of the Southeastern Overeaters Anonymous, Inc., Article VII Meetings of the Business Assembly, Section 1 Regular Meetings – A, page 14; the Policy and Procedures Manual, Assembly Procedures, Basic Principles, No. 2, page 12; and any pertinent and comparable references* therein, to become effective after the March 2013 SOAR Region 8 Assembly.

*The motion as written proposes changes to other pertinent and comparable portions in the SOAR 8 By-laws and the Policy and Procedure Manual that refer to particular assemblies (i.e., March, July, or November). The table attached to this motion, prepared by the SOAR 8 Bylaws/Electronic Documents Committee, summarizes several references in both the SOAR 8 By-laws and the Policy and Procedure Manual that may need to be modified if the motion is passed. Several places in the table refer to assemblies that are held in a specific month or months (i.e. March, July, or November). The motion proposes and assumes changes to be made to those references. For example, it is suggested that references to the "March assembly" be modified to "Spring assembly" and references to the "November assembly" be modified to "Fall assembly." Those references to items that occur during or pertain to the July assembly (i.e., nominations from the floor for WSBC delegates or submission of proposed annual committee budget to Region Treasurer before adjournment) or to multiple assemblies (i.e., deadline for Board members' submission of written reports and time allotted for Trustee's report) will also need to be modified.

Cost:

None.

Rationale:

There has been a problem of a lack of participation of Intergroups and NLSBs in Region-8 Assemblies. There has also been a problem of Region-8 not having sufficient funds. This amendment will be a cost saving measure for Region-8 as well as all Intergroups and NLSBs. This amendment will promote attendance at Assemblies and be a partial solution to Region-8 financial concerns. Intergroups and NLSBs will be able to afford to send more representatives to the Assemblies and a greater number of Intergroups and NLSBs will be able to participate in the Region-8 Convention Business Assemblies if they are held less often.

This amendment does not eliminate the By-law provision in Article VII, Section 2—Special Meetings (A) (page 14) that allows for a special (and additional) Business Assembly. That section provides "a special SOAR-8 Business Assembly may be called at any time by a majority vote of the Board" or "the registered Region-8 Representatives as long as representatives from at least two (2) different states, countries or territories are making the request." Once these conditions are met, the Board sets the time and place of the special meeting.

Summary of References to Specific Assemblies in By-Laws and Policy and Procedure Manual

(The table below summarizes references in both the By-laws and P&P that may need to be modified if the motion is passed.)

Topic	Reference	Summary
<i>By-laws</i>		
"Fall meeting"	Article IV, Section 6, Part A, pg. 8	WSBC delegates elected
	Article V, Section 4, Part A, pg. 10	Board members elected

Topic	Reference	Summary
"Late October early November Region-8 Business Assembly"	Article VIII, Section 1, Part A, pg.15	Chairmen of committees elected by committees and appointed by board
"October or November Region-8 Business Assembly"	Article IX, Section1, Part I, pg. 16	Following assembly, Region will contribute budgeted amount to WSO by Dec., 31 of that year/
6-month issue	Article V, Section 8, Part D, pg.	Appeals (for removal from position) "shall be presented to the Business assembly within the unexpired term and within 6 months of the action.
P&P		
November assembly	Pg. 7, Financial Policies, # 2	Ways and Means will present budget
	Pg. 19, "Following Assembly," # 3	After Nov. assembly send year-end committee reports to unrepresented service bodies
	Pg. 20, Election of Board Members	Annually in November
	Pg. 22, Trustee, # 2& 3	Trustee applications in before November. assembly and

Topic	Reference	Summary
		nominees selected at November assembly
	Pg. 23, Trustee # 8	Filling vacancies if no nominees for Trustee at November assembly
	Pg. 25, Region Delegate to WSBC Rules and Procedures, # 3	Selection of candidates at November assembly
	Pg. 30, Ways and Means Committee, Duties # 6	Prepare proposed annual budget to be presented at Nov. assembly
March assembly	Pg. 12, Basic Principles, # 15	A GOAL SETTING/Region inventory session will be held at each March Assembly.
July assembly	Pg. 25, Region Delegate to WSBC Rules and Procedures, # 5	Nominations from the floor (for Delegates to WSBC) taken at July assembly
	Pg. 28, Committee Chairs' Duties, # 8	Submit proposed annual committee budget to Region Treasurer before adjournment of July assembly
Multiple assemblies referenced	Pg. 21, Duties of Board Members, #4, parts a and b	Written reports submitted to Secretary 8 weeks prior to March and July assemblies, annual report 8 weeks prior to November assembly
	Pg. 23, Trustee #7, parts b1 and b2	10 minutes allowed for Trustee report in March and November, 15 minutes in July
	Pg. 38, Newsletter subcommittee (of Bylaws/Electronic documents), Duties # 1	Prepare a SOAR 8 newsletter for distribution at least 4 weeks prior to each assembly. Amendment will reduce number of issues to two per year—not necessarily a bad thing, but needs to be considered.
Work between conferences	Pg. 30, Committee Meeting Format, # 5	Plan work for next four months (assumes quarterly meeting)

Representantes de la Región 8

Repr Alt Nombre _____

Tel. casa #: () _____

Email Address: _____

Tel. celular #: () _____

Dirección postal

Calle /Apartado postal Ciudad Estado Código postal

Representantes de la Región 8

Repr Alt Nombre _____

Tel. casa #: () _____

Email Address: _____

Tel. celular #: () _____

Dirección postal

Calle /Apartado postal Ciudad Estado Código postal

Representantes de la Región 8

Repr Alt Nombre _____

Tel. casa #: () _____

Email Address: _____

Tel. celular #: () _____

Dirección postal

Calle /Apartado postal Ciudad Estado Código postal

Representantes de la Región 8

Repr Alt Nombre _____

Tel. casa #: () _____

Email Address: _____

Tel. celular #: () _____

Dirección postal

Calle /Apartado postal Ciudad Estado Código postal

Por favor borrar los siguientes nombres de la lista de representantes de la Región 8:

Yo certifico que los representantes y los alternos enlistados en este certificado se eligieron en nuestro Intergrupo para server de _____ a _____ y son elegibles para votar en la Asamblea tal como se define en el Manual de Estatutos y Políticas de la Región 8.

Firma de la Coordinadora del Intergrupo: _____

Fecha: _____

Por favor, actualice su información con la secretaria de la Región 8 cuando ocurran cambios.

Region 8 Representatives Continued

Rep Alt Name: _____

Home Phone #: () _____

Email Address: _____

Mobile Phone #: () _____

Mailing Address

Street / PO Box City State Zip

Rep Alt Name: _____

Home Phone #: () _____

Email Address: _____

Mobile Phone #: () _____

Mailing Address

Street / PO Box City State Zip

Rep Alt Name: _____

Home Phone #: () _____

Email Address: _____

Mobile Phone #: () _____

Mailing Address

Street / PO Box City State Zip

Rep Alt Name: _____

Home Phone #: () _____

Email Address: _____

Mobile Phone #: () _____

Mailing Address

Street / PO Box City State Zip

Please delete the following names from SOAR 8's list of registered Reps:

I certify that the representatives and alternates listed on this certificate were elected by our Intergroup to serve from _____ to _____ and are eligible to vote as defined in the SOAR 8 ByLaws and Policy & Procedure manual.

Signature of Intergroup Chair: _____ Date: _____

Please update your information with the Region 8 Secretary as changes occur

Rep Funding Application

(Please see page F-8 for complete guidelines governing Rep Funding)

This form must be accompanied by copies of the three most recent financial reports of your Intergroup

Date _____

Intergroup _____ Intergroup # _____ State _____

Representative

Name _____

Address _____

Phone _____

Email _____

Intergroup Contact Person

For which Assembly is funding being requested? _____

Has your Intergroup ever sent a Rep to an Assembly? _____

If yes, where and when? _____

Has a Rep from your Intergroup ever been approved for funding by this committee? _____

If yes, where and when? _____

Has your Intergroup applied for funding in the last two years? _____

If yes, where and when? _____

What service work has your Intergroup/Rep done for Region 8 in the last 2 years? _____

To help the committee determine amount of funding needed, please complete the following:

Lodging: 1/2 double-occupancy rate for two nights, including tax and tips _____

Transportation: Public transport at lowest rate, or private vehicle (\$.20 per mile) _____

Less amount your Intergroup can contribute toward expenses _____

TOTAL AMOUNT REQUESTED _____

Signatures:

Intergroup Officer _____ Office _____

Intergroup Officer _____ Office _____

Send completed form to Intergroup Outreach Chairman (see Appendix D)
Include financial reports (see above)

Rep Funding Guidelines

1. **Priority will be given to Intergroups which have never been represented at an Assembly, and to Intergroups which have not been funded in two years.**
2. Intergroups which request funding more frequently than every two years will be considered on a case-by-case basis, at the discretion of the Rep Funding Program.
3. Funding shall be limited to expense of transportation and one-half the double occupancy rate for a maximum of two nights. Transportation should be by automobile if possible, or air/bus/train at the lowest rate.
4. Funding shall be limited to one Rep per Intergroup. However, other members may share transportation.
5. Advance funding may be requested, or funds will be given to the Rep upon arrival at the Assembly. **Voucher** (Appendix F-2) will be required for either transaction. Unused funds and reconciliation of Advance must be returned to the Region Treasurer within six weeks after Assembly.
6. Application for Rep Funding is requested sixty days prior to the Assembly; however, application received at a later date will be considered.
7. Application requires the signatures of two Intergroup officers.
8. Application requires copies of the three most recent Financial reports of your Intergroup.

SOAR 8

Southeast Overeaters Anonymous Region 8



Alabama * Arkansas * Caribbean * Central America * Florida * Georgia * Louisiana * Mississippi * North Carolina * South America * South Carolina * Tennessee

VOUCHER and Advance Request Form

Date _____ (If voucher, must be within six weeks of acquired expense)

- Expense Voucher Reconciliation of Advance dated
 Advance Request Seed Money for Assembly (date & location)

Name _____ Telephone _____

Address _____ City, State, Zip _____

Region Position _____ Email _____

Event _____ Date(s) _____

COMMITTEE CHAIR APPROVAL/SIGNATURE (note 1)

TRANSPORTATION

Public vehicle at lowest rate	\$	_____	
Private vehicle actual expense.....	\$	_____	(note 2)
Private vehicle mileage @ IRS Rate.....	\$	_____	(note 2)
Taxi/shuttle/bus/tips.....	\$	_____	
Parking/tolls.....	\$	_____	
TOTAL TRANSPORTATION - - - - -	\$	_____	

ASSEMBLY

Thursday lodging/tips.....	\$	_____	(note 5/6)
Friday lodging/tips.....	\$	_____	(note 5)
Saturday lodging/tips.....	\$	_____	(note 5)
Friday lunch/tips.....	\$	_____	(note 3/6)
Saturday meals/tips.....	\$	_____	(note 3)
Sunday bkfst/tips.....	\$	_____	
Registration.....	\$	_____	
TOTAL ASSEMBLY - - - - -	\$	_____	

MISCELLANEOUS

Telephone	\$	_____	
Postage/shipping	\$	_____	
Printing/copying	\$	_____	
Stationery/supplies	\$	_____	
Other	\$	_____	
TOTAL MISCELLANEOUS - - - - -	\$	_____	

SUB-TOTAL EXPENSES (note 4) \$ _____

LESS ADVANCE RECEIVED \$ _____

TOTAL REIMBURSEMENT \$ _____

SIGNATURE _____

- NOTES**
- Voucher must be submitted to Committee Chair for approval/signature.
 - IRS allows actual expenses (gas/oil/tolls) or a mileage rate as specified at <http://www.irs.gov/taxpros/article/0,,id=156624,00.html> Please choose only one.
 - Committee chairs, Parliamentarian and webmaster will be funded for Saturday Luncheon and Banquet, and Sunday Breakfast wrap-up meeting. Board members will be funded for Friday luncheon, Saturday Luncheon and Banquet, and Sunday Breakfast wrap-up meeting.
 - Please attach specific receipts or copies of bills and explanations (as needed) for all items.
 - Lodging - maximum allowable per night is one-half the double-occupancy rate.
 - Board only unless requested by the Chair to arrive on Thursday

APPLICATION FOR REGION 8 DELEGATE TO THE WSBC

Name _____ Intergroup _____

Address _____

Phone # _____ Email _____

OA Start Date _____ Abstinence Date _____

Number of years of service above the group level _____ Years

What year did your Intergroup last send a delegate to WSBC? _____

1. Brief account of your OA story.

2. Summary of OA service.

3. Why do you want to be a Region 8 delegate to the next WSBC?

Region 8 Board Application

(Type or print in black ink only)

**Form must be submitted to Region Secretary
at least six weeks prior to Assembly at which election will be held**

Office applied for:

Chairman

Vice-Chairman

Secretary

Treasurer

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____ Email _____

Years in OA _____ Current Intergroup _____

Are you a past Rep? _____ If so, which Intergroup? _____

Bylaws Article VII – Section 1, B) states:

To be eligible for election to membership on the Region 8 Board, a person must be a past or present member of the Region 8 Business Assembly and be present at the Assembly. The member must receive a majority vote of the Region 8 Representatives present.

1. The nominee must have arrested their compulsive eating and be living so far as they find possible within the concept of the Twelve Steps which constitute the three-fold recover program of Overeaters Anonymous for one year.
2. The nominee must have attended at least two prior Assemblies.
3. Two Board members are elected each year for a two-year term. Chairman and Treasurer will be elected in odd years; Vice-chairman and Secretary in even years.
4. Board members shall serve no more than two consecutive terms in the same position, whenever possible.

BRIEF ACCOUNT OF OA STORY

Use separate sheet for additional space, if needed)

Summary of OA Service (including service beyond Group level):

Business, Professional skills or other experience and skill you can bring to the Board:

Why do you want to be a Region Board Member?

Date _____ Signature _____

Region 8th's Assembly and International Convention
"Together we will maintain our abstinence"

1. Number of people registered in SOAR 8 Recuperation, convention and assembly:
156 People

2. Number of people registered in Hotel
113 People

3. Number of Rooms used
57 Rooms

4. Number of meeting rooms used

Four rooms distributed:

- 1. Assembly
- 1. Workshop #1
- 1. Workshop #2
- 1. Inauguration room, meridian lunch, banquet and closing

5. Number of people in banquet (reserved) and Number of people in banquet (attended)

Reserved: 150 People

Attended: 169 People

7. Ticket Price for banquet:

Ticket price: \$ 80.000

8. Number of people in Lunch (reserved) and Number of people in Lunch (Attended)

Reserved: 70 People

Attended: 128 People

9. Ticket Price for Lunch:

Ticket price: \$ 56.000

10. Number of copies made during SOAR and Assembly 8:

1050 copies in Spanish and English for Registrations before assembly

11. Total amount received by Registrations (not include initial capital)

Registrations: \$13.140.450

The method for recording service, cost and requirements:

We used USB recordings; it was a good experience for the future, because we did not pay USB's expenses and we sold them immediately. The CD format is very complex and requires more time.

It was an experience of a year of work to give the Convention and the Assembly, it was gratifying to renew our spirit and service recovery.

It was an event that initiated a landmark lawsuit in the three legacies of the community in the

future; we must leave steps for others to continue the process of unifying the region and keep it as it should be, a united region.

Informes finales de la Asamblea y Convención
de la región 8
Noviembre 4 al 6 de 2011

PRESIDENTE

La convención fue un éxito, debido al conocimiento y la experiencia de un comité fusionado entre antiguos y nuevos miembros de OA que trabajaron con ilusión para desarrollar un evento internacional.

Positivo:

- 1- La presencia de más de 60 extranjeros
- 2- El sitio de reunión.
- 3- La comida que sirvió el hotel
- 4- La temática de la asamblea y convención
- 5- Organización de los espacios a la manera de oa

Para mejorar:

1. La falta de servidores que hacen que pocos hagan mucho.
2. Nos falta apadrinar a los profesionales en todas las áreas.
3. Informar a los medios de comunicación.
4. Tener una comunicación con la región 8 más estrecha para no improvisar (Coordinación y temas de las reuniones)
5. No prometer cosas inalcanzables como el transporte y la traducción, el presupuesto debe ser hecho con anterioridad.
6. Tener una mejor manera de llevar, estadísticas de los asistentes con tiempo.
7. No dilatar tanto las negociaciones que desgastan el evento
8. Tener más orden en punto de inscripción.
9. La boutique aunque fue muy exitosa faltó más claridad y exhibición

Aprendí a aceptar las personas como son y aprovechar lo bueno que tiene cada uno y hacer equipo.

TRANSPORTE

Transporte

Que se hizo:

1. Reuniones continuas con el comité de transporte.
2. Listas con las personas que visitaban la ciudad.
3. Elaboramos unos cuadros que facilitaron la labor donde estaba el día que venían, hora, aerolínea, Si requerían transporte, si necesitaban hospedaje antes del evento.
4. Verificación por email del itinerario de vuelo
5. Disponibilidad de algunos vehículos con gasolina, Dinero para pagar los peajes y disponibilidad de tiempo.
6. Sin el apoyo de las personas del comité no hubiese sido posible hacer ese trabajo.
7. Tres días antes y tres días después duro el arduo trabajo de enviar las personas a su casa
8. Las personas que necesitaban transporte fueron muy diligentes para ayudarnos con nuestra experiencia.

Se dejo de hacer:

1. Un presupuesto de personas, tiempo y gastos. Para que cada convencionista lo asumiera
2. Tener un contacto más directo con cada uno de los convencionistas.
3. Saber con anterioridad quienes necesitan y quienes no necesitan transporte.

Aprendí :

1. Asumir retos en momentos difíciles.
2. Recibir el apoyo de personas comprometidas con la comunidad.
3. Aprendí a recibir amor de cada una de las personas que recibían este servicio

ASAMBLEA Y CONVENCION

Asamblea y convención

En noviembre del 2010 comenzaron las negociaciones con hotel, se reunían el presidente y la secretaria con las personas encargadas de banquetes y habitaciones y con las empresas de traducción y sonido

En marzo se me solicito que prestara el servicio como vicepresidente encargada, y se nos asigno la asamblea y convención y fue si como comenzamos a trabajar formando un equipo.

Todas las decisiones eran tomadas por las dos, presentamos muchas propuestas con la única finalidad que todo quedara bonito y llamativo, compenetradas emocional y espiritualmente y trabajando arduamente para que todo saliera lo mejor posible.

Inscripción: Con varias séptimas generosas que nos ofrecieron se compro todo lo necesario para la asamblea y convención.

Que se hizo:

1. Se elaboraron las escarapelas
2. Los letreros de los salones de la convención y la asamblea con los nombres de amor, servicio, fe, valor.

3. Los velones que representaban al poder superior fueron de gran impacto para los asistentes.
4. Los recordatorios queríamos empacarlos y darles un toque diferente.
5. Se compraron los bolígrafos y se mandaron marcar con el nombre del evento.
6. Se compraron carpetas en ellas estaban las copias de las evaluaciones, la programación, y las reglas generales del hotel.
7. Los bolsos de diferente bordado para la asamblea el logo de la región 8 y para la convención el logo del evento.
8. Los escudos para la asamblea elaborados y diseñados mediante varios procesos de selección.
9. El pendón de bienvenida para la asamblea.
10. Los salones quedaron perfectos y el cumplimiento del tiempo exacto.
11. Fue muy oportuna la colaboración de la persona que me traducía en la asamblea y me cubría cuando me requerían en otros lugares.

Para mejorar:

1. En la parte locativa se fallo estábamos muy estrechos por que allí se atendía información, bienvenida, IP, tesorería junto con inscripción. Esto molesto y no pudo ser más ágil.
2. Desgaste personal por los imprevistos tanto en la organización como en el desarrollo por no tener una información exacta de los asistentes contábamos con 80 personas y se nos disparo a 156.
3. Nos faltó colaboración teníamos apoyo en las personas pero no se comprometieron ayudar.
4. Los implementos que conforman el paquete de inscripción deben estar disponibles por lo menos con un mes de anticipación y no sobre el tiempo.
5. El desgaste con la persona encargada de la parte de sistemas de la región 8, por que el tenía una demanda que no fue necesaria y nos desgasto personal.
6. El miedo que sentía Estados Unidos de que nosotros no fuéramos capaces de hacer el evento.
7. Las listas no eran lo suficientemente claras esto creo un caos a la hora de la inscripción.
8. Los centros de mesa fue una donación de uno de los miembros de OA y su presentación se hizo con la colaboración y asesoría de una de las personas del hotel.

Aprendí: Amanda

1. Es muy complicado hacer un evento en un idioma ajeno al mio.

2. Cuando uno se da al servicio por el poder superior encuentra una perfecta colaboración.
3. Cuando no tengo sentimientos de prevención ni preocupación en relación con la persona que se esta trabajando, solo existe un profundo sentimientos de afecto y colaboración.
4. Al darse uno al servicio totalmente encuentra que los resultado son más satisfactorios.
5. Gracias al enriquecimiento espiritual mi servicio fue de serenidad, disposición y tranquilidad en todo momento.

Doy gracias al señor presidente por confiar plenamente en mi.

A Ángela María por su fe, su confianza, paciencia y su gran colaboración y a cada uno de los comités que nos prestaron su ayuda y su colaboración.

Con mi gran afecto

Amanda Sofía

ENLACE CON EL HOTEL

El Intercontinental fue el hotel elegido entre 5 o 6 hoteles de la ciudad porque era este el único que reunía todos los requisitos solicitados para este evento.

Las personas del hotel fueron pieza fundamental, siempre estaban atentos a colaborarnos, su experiencia en eventos nos fue de gran ayuda porque teníamos que reconocer que nosotros no teníamos mucha experiencia en un evento de esta magnitud solo teníamos un manual para orientarnos.

La Primera reunión con el Hotel tuvo lugar el miércoles 17 de noviembre 2010 a las 9:00 a.m. con la señora Silvia Posada gerente corporativa y la señora Alba Mendoza asistente de banquetes.

A partir de esta cita con el hotel se realizaron 24 más.

Que se hizo:

Las habitaciones: cómodas, limpias, dotadas de todo lo necesario para una buena estadía, con todas las cosas que nos prometieron como, internet gratis, servicio a las habitaciones, mini bar, televisión por cable, infinidad de cosas que no alcanzamos a disfrutar.

Los salones: siempre disponibles y a tiempo, amplios con buena luz, limpios, las sillas cómodas, el personal del hotel siempre dispuesto a solucionar todos los impases que se presentaran.

La alimentación: excelente siempre se ciñeron a nuestras exigencias y mantuvieron en cuenta las directrices que les envió la región 8.

Contrataciones: necesarias y que finalmente fueron grandes aciertos, como la traducción simultánea, el sonido, la grabación, la mini teca, Alquipaneles, el coreógrafo, el restaurante Fogón de Leña.

Fueron de las cosas más desgastantes y que más tiempo demando de nuestra parte pero que se convirtieron en claves para el éxito del evento.

Que no se hizo:

- Cosas imposibles de prever como la llegada de personas no inscritas previamente.
- No tener respuesta para las personas que llegaron a última hora y querían hospedarse en el hotel y no pudieron por que no habían con quien ubicarlas.
- Mas acompañamiento con las personas que no se hospedaron en el hotel y venían de otras partes fuera de la ciudad.

- Los salones faltó la decoración de OA los pendones, las oraciones, los pasos, las tradiciones.
- Falto personal en el puesto de inscripción.
- Falto un puesto de información que funcionara todo el tiempo.

Aprendí:

- A trabajar en equipo,
- A escuchar y recibir sugerencias
- A reconocer que todos tenemos diferentes capacidades y que uniéndolas salen cosas muy positivas.
- Que se necesita más gente en los servicios.
- Las cosas con tiempo y dedicación salen mejor.
- Aprendimos como hacer un evento.
- A servir con amor sin esperar grandes reconocimientos.
- A ser invisible
- Pero lo más importante que aprendí es que mi servicio es para Dios.

TESORERIA

Qué se hizo:

- A. Se motivó a los participantes para realizar los abonos para la convención de la región ocho y se mantuvo un control permanente sobre ello, sustentando con recibos cada aporte.
- B. Se rindió informe mes a mes y cuando se solicitaba, sobre las personas inscritas y sus abonos, tanto a la junta como a inter-grupos, a grupos y miembros.
- C. Se mantuvo contacto con el hotel en el área financiera para realizar los abonos solicitados de manera oportuna, enviando por fax las consignaciones.
- D. En el momento del evento, se atendió a cada persona en sus requerimientos, resolviendo sus inquietudes.
- E. Se guardó con responsabilidad los dineros recolectados por las distintas actividades y se dio recibo a cada persona que entregaba.
- F. Se mantuvo contacto permanente con la secretaria para la organización de datos de los asistentes, tanto del país como de extranjeros y así prestar un mejor servicio.
- G. Se pagaron al hotel las cuentas pendientes y se colaboró en la solución de problemas concernientes con mi servicio.
- H. Se procuró en la medida de mis limitaciones mantener la calma, con todas las personas y tratar de ofrecer una atención rápida pero segura.

1. Qué se dejó de hacer:

- A. Tener mayor información de mi parte respecto a las decisiones tomadas por el hotel, para evitar confusiones y retrasos en los trámites y en la cancelación de cuentas.
- B. Hacer mejor uso de los servidores que me colaboraron para aprovechar los recursos, en un mejor manejo de las séptimas.
- C. Tener mayor comunicación con los miembros de la región ocho en especial con la tesorera.
- D. Organizar mi trabajo para poder participar de la convención.

2. Qué aprendizaje logré:

- A. La satisfacción que se siente en servir.
- B. Que se siente más placer en dar que en recibir.
- C. Qué se puede mantener la calma en medio del caos.
- D. Se acrecentó mi sentido de pertenencia a la comunidad.
- E. Experimenté la unidad de la comunidad.
- F. Valoré las cualidades que tenemos por cultura.
- G. Descubrí muchos valores en mis compañeros de comunidad.

PROGRAMACIÓN

Que se hizo: El Comité de programación presentó una propuesta de programación, la cual fue modificada por la Región 8, conforme a estas modificaciones se elaboró la programación, se elaboraron las guías de coordinación, se convocó a servidores para coordinar las sesiones, igualmente se invitaron los traductores para cada una de las sesiones, en coordinación con el Comité de Entretenimiento se realizaron las actividades para la inauguración y clausura del evento, durante la convención se estuvo pendiente de que las sesiones se llevaran a cabo en el tiempo, en los lugares y con los servidores previstos.

Que se dejó de hacer: Inicialmente se habían programado unos talleres, con los cambios estos talleres se eliminaron, la programación se ejecutó conforme a lo aprobado, para futuros eventos hay que tener preguntas de cada tema como alternativa para cuando la gente no las hace. Los nombres que le pusieron a los salones fue maravillosa; esta forma de identificar los espacios fue una novedad para nosotros, pero no sabíamos que esto se haría.

Que aprendimos: Aprendimos a confiar, a trabajar en equipo, a ser pacientes y esperar, a servir con amor, a dejarnos orientar, a aportar y hacer lo que nos corresponde. El sentido práctico y vivencial de los temas y compartires en la programación, la puntualidad en los horarios de los miembros de las Regiones que compartieron, fue un buen ejemplo, el buen humor y lo práctico de sus compartires, la importancia y seriedad que le dan a la abstinencia, así como la forma como se apoyan y el estímulo que se dan cuando trabajan en equipo, dándose todos igual importancia.

INFORMACIÓN AL PÚBLICO

Este fue un comité que se conformó con cinco personas pero que al final solo trabajaron dos. Se pusieron dos pasacalles: uno en Medellín y otro en bello, solo dos por el alto costo, se había hablado de poner cinco pero por la carencia de recursos económicos no se pudo. Se repartieron dos mil volantes que había en la oficina y diez mil que se mandaron hacer con la información sobre el evento.

Durante los últimos cuatro fines de semana, los días viernes, sábado y domingo se sacó un aviso en los clasificados del periódico El Colombiano en la sección de belleza informando sobre la asamblea y convención. Adicional a esto se colocaron en lugares públicos ochenta afiches, se mando

información escrita vía mail a los principales medios escritos, hablados y de televisión de Medellín y en particular a algunos de sus programas. De igual manera se le hizo llegar información a algunas entidades médicas y a médicos de diferentes ramas a través de mail invitándolos e informándoles sobre el evento.

En el hotel contamos con la gran suerte de que se realizaba un evento acerca de salud ocupacional y pudimos difundir información a más de 700 personas, algunas de ellas mostraron interés para hacerles IP en sus respectivas empresas y con la posibilidad de abrir grupos en otras ciudades en las cuales tenemos OA solitarios. También se entregó una memoria USB de la convención a un médico psiquiatría que estuvo en el evento y mostró bastante interés por nuestra comunidad.

CONCLUSIONES:

1. La cabeza de un comité de IP para un evento de esta categoría debe ser una persona que tenga mucho conocimiento en los medios que hoy se manejan para poder hacer llegar la información a más entidades.
2. Seis meses antes del evento se conformó un comité, pero no se sabe que va a pasar con el tiempo, en el caso nuestro tres personas desertaron por diferentes causas.
3. Nos dimos cuenta una vez más de lo anónima que todavía es nuestra comunidad y del gran trabajo que hay por hacer en todos los niveles de nuestra sociedad y este debe de ser un compromiso de ahora en adelante a tener en cuenta.

NOTA:

Quiero agradecer el gran aporte de la compañera NURY que sin ser del comité siempre se encontró apoyándonos.

En abstinencia:

AMOR

Informe de actividades comité de amor

Inicialmente se pasó un cuadro de la programación de actividades de este comité, pero luego se fueron cambiando algunas de las actividades, que se decidió pertenecían a otros comités, para no cargar de muchas tareas al comité de amor.

Se elaboraron 170 tarjetas de bienvenida, con un mensaje del libro Sólo por Hoy, relativo a la abstinencia, con el logotipo de la Convención, orquídea a color, dentro de un sobre colorido, de elegante presentación, en español e inglés.

Igualmente se fabricaron 170 mochilas o bolsillos con el fin de introducir a cada asistente del evento, los mensajes diarios y los mensajes que cada uno quisiera enviarle a otra persona.

Se elaboraron 7 pancartas de bienvenida para usar en el aeropuerto con el fin de recibir a los extranjeros asistentes al evento.

Se imprimieron 450 mensajes diarios del libro Sólo por Hoy, relativos a la abstinencia, que fue el tema central de la Convención, en español e inglés. Se depositaban cada día en las mochilas.

Se revisó totalmente el libro Sólo por Hoy, en lo referente a composición, redacción, ortografía, cohesión y coherencia de los textos, con el fin de que se publicara para la Convención, lo cual efectivamente se logró.

Se estuvo pendiente de la revisión y publicación de la Revista Senderos, edición considerada necesaria para el evento.

Un día antes de iniciar la Convención y Asamblea, se elaboró un listado alfabético por apellido y nombres, de todos los asistentes al evento, tanto nacionales como extranjeros, ya que se consideró de suma importancia el tenerlo para agilizar procedimientos.

Se colaboró con la redacción de cartas, textos y folletos relativos al evento, tales como invitaciones, permisos para pasacalles, cartas para profesionales y medios de comunicación, bienvenida, carta para el Metro de Medellín, entre otros.

Se estuvo muy atento a la orientación y guianza de las personas que requerían de alguna información, especialmente en inglés, buscando asertivamente a las personas adecuadas para que hicieran el servicio de traducción oportuno, en el momento en que los de habla inglesa lo requerían.

Se acataron las sugerencias de que lo que se hiciera fuera sencillo, bonito, tierno y de bajo costo, con el fin de que la JSG no tuviera que hacer inversiones. Todos los costos fueron asumidos por el comité, a excepción de una tercera parte de las mochilas, para las cuales se solicitó alrededor de cincuenta mil pesos (\$50.000).

Se debió definir desde un comienzo las funciones que se asignaron, ya que inicialmente se le dio al comité de amor muchas otras actividades, que efectivamente correspondían a los comités de bienvenida y al de decoración. Sólo se definió el 17 de septiembre lo que efectivamente asumiría el comité.

Inicialmente el comité estuvo integrado por Gladys y Luzmila. Luego se les unió Luz Stella y finalmente se recibió valiosa colaboración de Diana Maribel, Gilma Aydée, Diana, Regina y Antonio.

Como sugerencia general, no se deben concertar contrataciones con el lugar de Alojamiento, en este caso, el hotel, cuando se monten en el mismo día otros eventos ajenos, ya que lo que se vio inicialmente, al empezar la Convención, fue como que no se hubieran organizado y programado las cosas. Esto se debió a que el Seminario de Seguridad Ocupacional se terminaba el mismo día en que nosotros iniciamos nuestra convención. Afortunadamente, con el transcurrir del evento, se fue notando que efectivamente, todo estaba ordenadamente programado.

En varias ocasiones, hizo falta el hablador, aunque a cada persona se le había dado inicialmente la programación en el bolso que nos entregaron.

Es indispensable utilizar el logo de OA para recibir invitados, pues es lo que nos identifica y no se rompe anonimato, ya que ese distintivo sólo lo conocemos quienes pertenecemos a la comunidad. Ello evita confusiones y ahorra esfuerzos.

Fueron importantes los anuncios que se hicieron para que los asistentes visitaran el Salón de la Hospitalidad, donde funcionaban la boutique y donde estaban colocados las mochilitas con los mensajes que había elaborado el comité. Las mesas donde se colocaron estaban dotadas de todos los implementos necesarios para que los asistentes escribieran sus mensajes a quienes deseaban.

Se pueden realizar actividades a bajo costo cuando se tiene mística y compromiso como el que demostró nuestra comunidad en Colombia al programar y llevar a cabo la Asamblea y Convención Internacional.

Queda demostrada una vez más la creatividad, calor humano y alegría de nuestro país, lo cual cautivó a los extranjeros que nos visitaron. Eso prueba, una vez más, que nosotros los colombianos tenemos costumbres que demuestran nuestra identidad, de la cual debemos sentirnos orgullosos.

Haber prestado este servicio para la Asamblea y Convención fue muy gratificante para los integrantes del comité, ya que esto nos dio sentido de pertenencia y nos ayudó en la recuperación.

LITERATURA

Que se hizo:

Se organizaron paquetes de revistas con el ánimo de promocionarlas con un precio especial (12 revistas por \$ 6.000)

Se dono al comité de Información al público una buena cantidad de literatura.

Se llevo inventariada literatura para el hotel para vender al público.

Que se dejo de hacer:

Conformar un comité con suficientes servidores.

Comprometer a los servidores.

Promocionar más la venta de literatura.

Que Aprendí:

Aprendí que sola no puedo prestar el servicio, vi la necesidad de tener una persona entregando, otra haciendo facturas y otra recibiendo el dinero.

Me gusto mucho, era primera vez que prestaba este servicio.

**EN TOTAL DE VENTAS EN LA ASAMBLEA y CONVENCIÓN DE LA REGIÓN 8 FUE: \$1.772.600
CUENTAS POR COBRAR: \$607.750 (Grupo Torcoroma)**

COMITÉ DE ENTRETENIMIENTO

Fortalezas:

- Compromiso de integrantes.
- Cumplimiento en los compromisos adquiridos.
- Actividades motivantes que lograron integrar los participantes.
- Trabajo en conjunto con el Comité de Planeación.
- Subsidio de las actividades por parte de los integrantes.
- Presencia continua y activa durante el evento.

Debilidades:

- Pocas personas integrando el comité.
- Ausencia de las reunías previas al evento.
- Incumplimiento en algunas actividades planeadas.

- Falta de visión para planear algunas actividades.

Que se aprendió:

- El servicio con amor satisface.
- El trabajo en equipo da mejores resultados.
- Confiar en las fortalezas de otros.
- Delegar y compartir servicios y responsabilidades.
- Compromiso de integrantes, también me compromete a mí.
- Los resultados no dependen de mí.

Actividades Realizadas:

- Bienvenida al hotel (vestuario y flores) durante la semana.
- Amenizar banquetes: jueves, viernes y sábado.
- Cena de integración. Jueves: chirimía y baile.
- Mañana del viernes: elaboración del souvenir.
- Danzas viernes en la tarde.
- Apertura con programación.
- Shows banquete sábado p.m.
- Cierre del evento: Domingo a.m con programación.
- Compra urnas.

RECAUDACION DE FONDOS

Qué se hizo?

Se compraron camisetas y gorras bordadas con el logotipo de la Asamblea y Convención y de la región 8, se enviaron a EEUU 15 camisetas y 6 gorras, se vendieron antes de la convención en Intergrupos Bogotá y Medellín y durante el evento

Se hizo una rifa de una anqueta con literatura con un regalo sorpresa

Qué faltó por hacer?

En el manual para Asamblea y Convención, se pedía una subasta de pinturas y no se hizo, la subasta se haría el día sábado durante la fiesta y no se realizó ese día sino en la clausura del evento, hubo improvisación

Qué se aprendió?

Cuando haya otro evento se debe leer y releer el manual y las cosas que no se entiendan averiguarlas hasta que nos queden bien claras.

Planear bien todas las actividades para que no hayan improvisaciones

INFORME FINANCIERO

COMPRAS:

80 Camisetas bordadas con el logotipo a \$8.700 c/u. Valor total: \$696.000

VENTAS:

76 Camisetas a \$15.000 c/u. valor total de la venta: \$1.140.000

Utilidad en efectivo: \$444.000

Existencias por vender: 4 camisetas

COMPRAS:

55 gorras bordadas con el logotipo a 10.000 c/u. Valor total: \$550.000

VENTAS:

48 gorras, de las cuales se vendieron:

37 gorras a \$20.000 c/u. Valor total de la venta: \$740.000

11 gorras a \$15.000 c/u. Valor de la venta: \$165.000

Valor total de la venta: \$905.000

Utilidad en efectivo: \$355.000

Existencias por vender: 7 gorras

UTILIDAD POR VENTA DE CAMISETAS Y GORRAS: \$799.000

RIFA DE ANCHETA CON LITERATURA Y REGALO SORPRESA , donada por los grupos:
\$385.000

Total utilidad en efectivo: \$1.184.000

BOUTIQUE

- Se motivó a toda la comunidad vía telefónica, email y mensajes de texto a participar de la boutique y todas las actividades realizadas y se obtuvo excelente respuesta.
- Se realizaron 3 actividades:
- Una en el edificio La Ceiba (Taller, bingos, rifa de dos acuarelas donadas por una compañera, etc.)
- Se realizó un almuerzo en la casa de una compañera
- Se rifó una toalla, donada por una compañera
- Se recibieron aportes anónimos en efectivo por valor de \$340.000
- Se recibieron aportes de ropa, calzado, bisutería, loncheras térmicas, mugs, pesas digitales, agendas, bolsos, lencería etc.
- La participación en donaciones y en compras en la boutique fue excelente por parte de los miembros de OA Colombia como de todas las personas que nos visitaron. Queremos resaltar a nuestros compañeros de EEUU que cada uno se presentó con un regalo para la boutique.
- Para la boutique se compraron artesanías para vender por valor de \$99.100

- Se llevaron pijamas en consignación.
- El comité de boutique estuvo encargado del café, se colocó una urna para la Séptima Tradición y arrojó \$145.000.
- Recibimos donaciones de café, endulzante splenda etc., contamos con la colaboración de William y Rubén que prestaron este servicio en forma diligente y organizada.
- Se compró endulzante splenda por valor de \$53.000
- Se compraron para la venta frutas por valor de \$30.000
- Con esta experiencia aprendimos una nueva forma de recaudación de fondos y estamos comprometidos en continuar en el servicio de boutique con la colaboración de todos.
- Los horarios de atención en la boutique deben ser muy estrictos para impedir que nos desviemos del objetivo principal de estos eventos

BIENVENIDA

El comité estuvo presente en el hotel desde el martes 02 de noviembre, el miércoles llegó el primer bloque fue recibido por el comité con vestidos típicos, se le entregó flores a cada uno, aplausos, abrazos, besos, alegría y un paquete de información al público.

El comité cumplió su objetivo de hacer sentir a nuestros huéspedes como en casa, como los más importantes. Con respecto a la comunidad creo que mostramos un nivel muy alto de amor, alegría y hospitalidad.

La ciudad de Medellín, con este evento también ganó un lugar en el corazón de todos los asambleístas y convencionistas.

TRADUCCION

INFORME COMITÉ DE TRADUCCION:

¿Qué se hizo:

- ✓ Traducción simultánea en los eventos de bienvenida, banquete meridiano, fiesta banquete, y clausura. Esta traducción se hizo con traductores intérpretes e expertos, con equipos especiales los cuales fueron suficientes para todos los asistentes.
- ✓ Se tradujo toda la programación tanto de la asamblea como de la convención.
- ✓ Se tradujo todos los boletines de información al público.
- ✓ Todos los talleres y reuniones contaron con al menos una persona que iba traduciendo de forma paralela lo que se iba hablando tanto en inglés como en español según fuera el caso.

- ✓ Se conto con aproximadamente veinte personas que colaboraron con traducciones informales durante la convención

¿Qué faltó por hacer?

- ✓ Faltaron personas que ayudaran con la traducción en la asamblea, pues esta tarea solo se le destino a una sola persona y era mucho el trabajo y se necesitaban mínimo dos personas que hablaran los dos idiomas para que ayudaran.

Sugerencias para la próxima:

- ✓ Que las documentos de traducción durante la preparación de la convención y de la asamblea sean repartidos de forma más equitativa ya que en la comunidad existen muchas personas que abrían podido colaborar con esto y así no recargarle todo el trabajo a unas cuantas personas.
- ✓ Que las personas que van a colaborar con la traducción de los talleres se reúnan unos minutos antes con los oradores para que tengan un poco mas de claridad de lo que se va hablar y así facilitar el trabajo tanto para el que traduce como para el orador y de igual manera que los asistentes tengan una mejor comprensión de lo que se habla y la reunión sea un poco mas fluida.