



## IMPORTANT NOTES FOR BUSINESS ASSEMBLY & RECOVERY CONVENTION Boca Raton, Florida July 12-14, 2013

- **PLEASE BRING YOUR LAPTOP, POWER CORD, AND YOUR OWN EXTENSION CORD AS THERE MAY BE A LIMITED NUMBER OF OUTLETS AVAILABLE**
- **REMEMBER: Return to go to [www.oaregion8.org](http://www.oaregion8.org) to download the ADDENDUM to this packet prior to the Assembly**

**REGION 8 REPS** This packet is being distributed electronically. Please DOWNLOAD the entire packet on to your computer in case there is no Wi-Fi connection in the Assembly room. All Reps are responsible to read the material in the packet and to bring either a printed copy or an electronic copy to the business portion of the assembly. Please read and familiarize yourself with the information in the packet prior to the assembly. You will be able to give better service as a Rep for your Intergroup by having the information in this packet with you at the assembly. Printed copies of this packet will not be available at the Assembly. Please contact [secretary@oaregion8.org](mailto:secretary@oaregion8.org) if you have any questions.

**CERTIFICATE OF ELIGIBILITY** In order for your Intergroup Region 8 Representatives to be able to vote at the assembly, your Intergroup must have a Certificate of Eligibility on file with the Secretary that is valid for 2013. **You will now fill out the Certificate of Eligibility online at our website, [www.oaregion8.org](http://www.oaregion8.org). Select the documents tab, fill in the information and hit submit! There is a Spanish and English version of the form online.** You no longer need to mail or scan and email the form. If you need help filling out the form, contact the Secretary. All Intergroups are requested to submit a new Certificate in January of each year AND during the year any time there is a change in IG Chair, Reps or Alternates for a SOAR 8 Assembly. Voting at the assembly is the best way to show how much you support a healthy Region 8!

**COMMITTEE ASSIGNMENTS** Part of your responsibility as a Region 8 delegate is to participate in a committee. If you were not at the last assembly you can turn in the committee sign-up sheet to the Secretary on Friday at the assembly. The sign-up sheet can be found at the end of this packet and contains a brief explanation of each committee. If you were a Rep in the last assembly you will be placed in the same committee as last time. If you desire to change committees please first contact your Committee Chair and then contact the Secretary at [secretary@oaregion8.org](mailto:secretary@oaregion8.org).

**ASSEMBLY REGISTRATION FORMS** Registration forms for this assembly can be found at [www.oaregion8.org](http://www.oaregion8.org). *You are responsible for making your hotel reservation for the assembly.*

**CALLING ALL INTERGROUPS** We need you. Is your intergroup going to be represented at the Boca Raton Assembly in July 2013? Please send at least one representative to our Region Assembly. There is much work to do and we need you to get this work done. Your voice is needed. Not only will your intergroup be represented for important decisions but you will be helping the hosting Intergroup. If your Intergroup is unable to financially send at least one Representative to this Assembly, perhaps Region 8 can help you for this or a future assembly. Please submit the Representative Funding Application at the back of this packet. Contact the IGOR Chair ([igorchair@oaregion8.org](mailto:igorchair@oaregion8.org)) for more information. We appreciate your service and need you.

**HOSTING A FUTURE ASSEMBLY AND RECOVERY CONVENTION** We will be accepting bids for a future Assembly and Recovery Convention at this Business Assembly. This is a great way to raise funds and promote OA in your area. Contact The Region 8 Vice-Chair Sander B. ([vicechair@oaregion8.org](mailto:vicechair@oaregion8.org)) with any questions or to request support. His contact info is in the SOAR 8 Service Directory.

**HAVE MORE QUESTIONS?** Please feel free to contact any Board Member or Committee Chair with anything that concerns you. Email addresses and phone numbers for all Board Members and Committee Chairs will be found in the addendum to be added to the website.

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**SOAR 8 Service Directory**

**Board Members**

<p><b>Chair</b> Gloria L. 721 Glen Eagle Drive Winter Springs, Florida 32708 407-340-2008 <a href="mailto:chair@oaregion8.org">chair@oaregion8.org</a></p>	<p><b>Vice Chair</b> Sander B. 3250 Indian Hills Drive Marietta, Georgia 30068 770-977-1235 <a href="mailto:Vicechair@oaregion8.org">Vicechair@oaregion8.org</a></p>	<p><b>Region Trustee</b> Linda H. 10845 Shawnee Road Madeira Beach FL 33708 727-394-7639 <a href="mailto:trustee@oaregion8.org">trustee@oaregion8.org</a></p>
<p><b>Treasurer</b> Patti S. Region 8 Treasurer PO Box 272081 Tampa FL 33688-2081 813-855-3239 or 813-494-6518 <a href="mailto:treasurer@oaregion8.org">treasurer@oaregion8.org</a></p>	<p><b>Secretary</b> Janet T. Region 8 Secretary 1184 Springview Run Winter Park FL 32792 407-310-2284 <a href="mailto:secretary@oaregion8.org">secretary@oaregion8.org</a></p>	<p><b>Parliamentarian</b> Ray F.  Titusville, FL <a href="mailto:parliamentarian@oaregion8.org">parliamentarian@oaregion8.org</a></p>

**Committee Chairs**

<p><b>12th Step Within (TSW)</b> Nina S. 470 Sutton Place Memphis, TN 38120 440-666-5869 <a href="mailto:tswchair@oaregion8.org">tswchair@oaregion8.org</a></p>	<p><b>Technology/Website</b> Burton T. 5441 Deleon Lane Elkton, Florida 32033 321-214-3446 <a href="mailto:webtechchair@oaregion8.org">webtechchair@oaregion8.org</a></p>	<p><b>Bylaws/Electronic Documents</b> Ellen F. 8285 Poplar Germantown, TN 38738 901-647-3587 <a href="mailto:Bylawschair@oaregion8.org">Bylawschair@oaregion8.org</a></p>
<p><b>Intergroup Outreach (IGOR)</b> Pat L. 15007 Trail Creek Place Tampa, FL. 33635 813-526-0367 <a href="mailto:igorchair@oaregion8.org">igorchair@oaregion8.org</a></p>	<p><b>Ways &amp; Means</b> Katherine (Kat) R. 227 Castlewood Drive #202 North Palm Beach, Florida 33408 561-578-2125 <a href="mailto:waysandmeans@oaregion8.org">waysandmeans@oaregion8.org</a></p>	<p><b>Unity With Diversity</b>   <a href="mailto:Unitychair@oaregion8.org">Unitychair@oaregion8.org</a></p>
<p><b>Public Information/Professional Outreach (PI/PO)</b> Lonna C. 139 Upminster F Deerfield Beach, FL 33442 305-338-0433 <a href="mailto:pipochair@oaregion8.org">pipochair@oaregion8.org</a></p>		

**Other Service Positions**

<p><b>Region 8 Webmaster</b> Mary Jane W. St Petersburg, Florida 727- 954-7544 <a href="mailto:webmaster@oaregion8.org">webmaster@oaregion8.org</a></p>	<p><b>TSW Email/Sponsor List</b> Craig D. Memphis, TN 901-596-7223 <a href="mailto:sponsor@oaregion8.org">sponsor@oaregion8.org</a></p>	<p><b>TSW Speaker List</b> Eric G. Palm Beach, FL  <a href="mailto:speakers@oaregion8.org">speakers@oaregion8.org</a></p>
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**I. Agendas**

**July 2013 Board Meeting**

Friday, July 12, 2013

*See addendum for Board Meeting agenda*

**July 2013 Business Assembly**

Friday July 12, 2013

1. **7:00 pm ASSEMBLY CONVENES**  
OA readings
2. Appointment of Timer
3. Recognition of New Intergroups, New Reps, **Green Dots**, Conventioneers & Visitors & Remote Attendees
4. Introduction of Region 8 Board Members, Funded Committee Chairs & IG Chairs
5. Introduction of former Region 8 Board Members and Trustee
6. Credentials & Roll Call
7. **Adoption of amended Agenda (if needed)**
8. PASS IT ON
9. Forum
10. **8:15pm BREAK**
11. Announcements
12. 8:30pm Welcome & short skit by hosting Intergroup
13. 7<sup>th</sup> Tradition
14. 8:50pm Presentation & Discussion - "Step Into Action"
15. **10:00pm RECESS**

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Saturday July 13, 2013

16. **7:30 New Rep Orientation**
17. **8:30 CALL TO ORDER**-OA readings
18. Credentials
19. Adoption of Standing Rules
20. Introduction of Parliamentarian & short parliamentary lesson
21. **Approve Consent agenda ( if needed)**
22. Approve minutes from last Assembly - Memphis, TN, USA, March, 2013
23. 7<sup>th</sup> Tradition
24. Board reports - 5 min each +5 minutes questions
25. Trustee Report – 15 minutes + 10 minutes for questions
26. **WSBC Region 8 Delegate Reports**
27. **BREAK**
28. Credentials
29. **Motions** - Board, BRIG
30. **12:00 LUNCH BREAK with SPEAKER**
31. **RECONVENE 2PM**
32. **2-3:30pm** Committee Meetings (Take break if needed-be ready to go @ **3:30** ) Hand in report to Secretary
33. Final report from St Pete Beach, FL USA Nov 2012
34. Final report from Memphis, TN USA March 2013
35. Credentials
36. Unfinished Business (Continue motions if needed)
37. New business
  - A. Nominations Chair, Treasurer
  - B. WSBC Delegate Funding
  - C. Bids (July 2014 Assembly & Convention)
  - D. OA's SOP
  - E. Emergency Motions (if needed)
38. Committee reports
  - Ways & Means
  - Bylaws/Electronic Documents
  - IGOR
  - TSW
  - PI/PO
  - Technology/Website
  - Unity With Diversity
39. **“Did You Know?”** Educational segment - TBD
40. Any other new Business
41. Ask – it – Basket (time permitting)
42. For the good of the order (time permitting)
43. Break out for additional Committee Meetings (time permitting)
44. **GREEN DOT CEREMONY**
45. **5:30 pm ASSEMBLY ADJOURNS**

## II. March 2013, SOAR 8 Unapproved Minutes- Memphis, TN

### Friday March 15, 2013

7:05 p.m. - Acting Chair, Sander B., calls the Business Assembly to order, and shared his OA qualifications, then opened with Serenity prayer

CALL TO ORDER

7:10 p.m. - Charles A., Greater Atlanta IG, read *The Twelve Steps of OA*; Nina S., from Memphis IG, read *The Twelve Traditions of OA*; Barbara T., from Palm Beach County IG, read *The Twelve Concepts of OA Service*; a member read the *For Today* reading for March 15<sup>th</sup>.

READINGS

7:17 p.m.-Chair appointed Eric G., from Miami-Dade Intergroup as timer, and explained remote viewing and anonymity

APPOINTMENT OF TIMER

7:18 p.m. - the Chair recognized and welcomed new Intergroup' s and National Service Boards (none), new Reps(Green Dots)(five) Conventioneers, Visitors and remote attendees (none).

WELCOME

7:20 p.m.- the Chair introduced the Region 8 Board members, Janet T. Secretary, Patti S., Treasurer; Gerri H. R8 trustee acting as vice-chair for the assembly; Ray F., Parliamentarian; funded Committee Chairs, Bylaws & Electronic Docs-Ellen F.; IGOR-Pat L.; UWD-Katherine G.; PIPO-Lonna C.; Tech/Web- Burt T.; Ways & Means-Kat M.; Intergroup Chairs were also introduced

INTRODUCTIONS

7:23 p.m. - Chair introduced the former Region 8 Board Members, Ray –past R8 Treasure; Gerri H-past R8 secretary & chair, current R8 Trustee; Charles A.- past Trustee;

7:24 p.m. - Secretary called the roll by Intergroup. Credentials were **adopted** as 38 voting, 4 non-voting, no remote attendees.

CREDENTIALS & ROLL CALL

7:29 p.m. - The Chair- hearing no objections the agenda was **adopted** as presented

OA THEME

2013: The Year of Abstinence Awareness

Group 1: How do I find an abstinent sponsor? **Attend a lot of meetings; listen to what is shared; ask; find**

FORUM-GETTING BACK TO BASICS

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*someone who has what you want and approach them whether they identify themselves as a sponsor or not; as someone who may not be available to sponsor to recommend someone who might sponsor; if you are asked and cannot, recommend someone; pass a list around in meetings and collect sponsor's names to distribute; when people identify as sponsors they should be encouraged to qualify (abstinence, history and steps worked).*

How do we train people to be abstinent sponsors? ***Make sponsorship topic of meetings and/or workshops; revisit the definition of abstinence OA defines- body weight may not reflect recovery, everyone has their own body weight that is appropriate for them; Big Book about chapters to the employer; working with others, step 12; abstinent sponsors create abstinent sponsors; utilize the sponsorship kit and/or pamphlets; give nudges to members who seem ready; mentor new sponsors***

Group 2: How does it hurt OA as a whole to say "Keep coming back" when we see no physical progress for an extended period of time? What would be more helpful? ***People come in to lose weight when they appear to see no one with success; only people in a healthy body weight say it; quick qualify and introductions; pictures for newcomers; encourage newcomers to get sponsors; point out the positive aspects of recovery; stay in the rooms.***

Group 3: How come Alice says she's a sponsor but she is not at a healthy body weight? How do we encourage all sponsors to be at or working toward a healthy body weight? ***If you are standing still at a body weight that is not yet healthy maybe we should offer help; we don't always know what that person's body weight started at; we need to find out more about person where they started; the relationship is really between the sponsor and sponsoree; let the discussion be between them. A better question is what is a healthy body weight, we each need to work our own program, we need to be honest; go around in a meeting give sponsors a chance to give their old body weight and new one.***



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Group 4: How come people are here a long time and not at a healthy body weight? How do we help all members achieve a healthy body weight? ***Define what is a healthy body weight; medically OK; BMI 22-26; keeping it off is the key; spiritual; honesty-healthy body weight of self with self and HP; healthcare determines; this is a spiritual, emotional, and physical program; sponsors; share food plan.***

8:10 p.m. - 7<sup>th</sup> Tradition basket passed

7<sup>TH</sup> TRADITION

8:15 p.m. - A motion was made and **adopted** to accept the corrected credentials of 36 voting, 5 non-voting, no remote attendees

CORRECTION TO CREDENTIALS

8:16 p.m. - Chair adjourned the meeting with the Serenity Prayer

ADJOURNMENT

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Saturday Morning, March 16, 2013

8:39 a.m.-Acting Chair, Sander B., called the Business Assembly to order followed by the Serenity Prayer in Español led by Viviana from Junta de Servicios Generales, and then in English.

**CALL TO ORDER**

8:42 a.m.-Gertie W., from Central Florida IG, read *The Twelve Steps*; Sima, from North Louisiana IG read *The Twelve Traditions of OA*; Leslie S., from Space Coast IG, read *The Twelve Concepts of OA Service*; Tom W., from Low Country IG read *Voices of Recovery for, March 16<sup>th</sup>*

**READINGS**

8:50 a.m. – Secretary Janet T. reports credentials at 39 voting, 3 non-voting, credentials were **adopted** as presented

**CREDENTIALS REPORT**

8:53 a.m.-Standing rules were **adopted** as presented, question was asked why the credentials would be different from Friday night. Chair explained that reps check in after the Friday business meeting

**STANDING RULES**

8:54 a.m.-Chair called for motion to adopt standing rules, these were **adopted** as presented

8:55 a.m.-Chair Sander B. introduces Ray F. as Parliamentarian, followed by a 5 minute parliamentary presentation

**PARLIAMENTARY PRESENTATION**

9:01 a.m.-minutes from St Pete Assembly, November 2012 were **adopted** as presented

**MINUTES APPROVAL**

9:01 a.m. - 7<sup>th</sup> Tradition basket was passed, Chair reported \$239 collect in the Friday evening 7<sup>th</sup> Tradition collection

**7<sup>TH</sup> TRADITION**

9:02 am. - Board Reports-5 minutes each followed by 5 minutes for questions & answers. Chair Sander B. directs body to the packet and/or addendum for each report. Since our Chairman, Gloria, was not present, her report was read by our Trustee, Gerri H.

**BOARD REPORTS**

9:23 a.m.-Trustee Gerri H report, 10 minutes followed by 5 minutes for questions. Chair Sander B. directs body to the packet and projector for the report

**TRUSTEE REPORT**

9:30 a.m. - Meeting stands in recess

**BREAK**

9:45 a.m.-Chair called meeting to order and announcements

**CALL TO ORDER & ANNOUNCEMENTS**

9:45 a.m.-Secretary Janet T. reports credentials at 39 voting, 3 non-voting, no virtual, credentials are **adopted** as presented

**CREDENTIALS**

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9:46 a.m. - Motion 1 presented by Vice Chair, Sander B., from the R8 Board—Funding Assistance Procedures for Intergroup Delegates. Chair referred the body to the packet and the projector for the motion presented by the Board- Move to establish funding assistance procedures for Intergroup Delegates, an amendment was presented by the Board clarifying wording on which form to use and were to send the form; the amendments to the motion is **adopted**; the amended main motion is presented and is **adopted**

**MOTION 1-FUNDING ASSISTANCE PROCEDURES**

10:20 am. Motion2 presented from Miami/Dade Intergroup, by Azikwe-Bylaw change to amend Article VII, Section 1 (Regular Meetings), change from 3 to 2 per year. A written ballot was taken; the motion **is lost**. Motion made and adopted to destroy the ballots.

**MOTION 2- BYLAW CHANGE TO AMEND ARTICLE VII, SECTION 1**

10:43 a.m. - Motion 3 presented by Patti S. R8 Treasurer-Move to amend auto reimbursement rate in the P&P manual. Simple majority is needed to adopt. This motion is **adopted**.

**MOTION 3-AMEND AUTO REIMBURSEMENT RATE IN P&P**

10:50 Motion **adopted** to extend meeting time to noon

**MOTION TO EXTEND BUSINESS**

10:53 a.m. - Meeting stands in recess

**BREAK**

11:04 a.m. – Announcements-Chair announced \$182 in 7<sup>th</sup> Tradition collection

**ANNOUNCEMENTS**

11:05 a.m.- Chair called meeting to order followed by announcements

**CALL TO ORDER/ANNOUNCEMENTS**

11:09 a.m.-Motion made to suspend the rules to announce the results of the written ballot for Motion #2,motion was **adopted**, results are 22 yes, 17 no (required  $\frac{3}{4}$  majority or 29 yes votes to be adopted)

**MOTION TO ANNOUNCE RESULTS OF WRITTEN BALLOT FOR MOTION 2**

Final report from St Pete Beach, FL, November 2012-deferred to July 2013 assembly for approval

**FINAL REPORT-ST PETE ASSEMBLY**

11:24 a.m.-Emergency motion presented by Secretary to request a budget override of \$200 for Ways & Means committee to purchase additional serenity knots to sell at WSBC. A majority vote is needed to adopt. Motion is **adopted**

**EMERGENCY MOTION-WAYS & MEANS BUDGET OVERRIDE**

11:30 a.m.-Meeting stands in recess for lunch/speaker meeting

**BREAK**

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## Saturday Afternoon, March 16, 2013

2:00- 3:30-Meetings of individual committees with reports handed in to Secretary upon completion

### COMMITTEE MEETINGS

3:30 p.m. - Chair called meeting to order

### CALL TO ORDER & ANNOUNCEMENTS

3:35 p.m. - Credentials-39 non-voting, 5 voting, no virtual, motion made, credentials are **adopted**.

### CREDENTIALS REPORT

3:36 p.m.-No unfinished business to be addressed

### UNFINISHED BUSINESS

3:45 p.m.-Bids for March 2014 Business Assembly & Convention presented by Central Arkansas Intergroup, Little Rock and Baton Rouge Inter group. Little Rock received the bid with a written majority ballot. Motion **adopted** to destroy the ballots

### NEW BUSINESS

4:05 pm - Committee reports presented by Committee Chairs – copies turned into Secretary - Ways & Means- Kat M.; Bylaws/Electronic Documents- Ellen F.;IGOR- Pat L.; 12th Step Within- Nina S (acting TSW chair); PI/PO- Lonna C.; Technology/Website-Lynn; Unity With Diversity-Katherine G.; copies are available from each committee chair today and from the Secretary after the close of the assembly.

### COMMITTEE REPORTS

4:28 p.m. - Ask It Basket

### ASK IT BASKET

1. How can anonymity of service position be protected on the internet?  
**Answer: A “robot” has been taken to prevent this by only posting PDF documents on our website. Board might need to consider the contact list contained in the packet and addendum.**

2. If we are a charity, why are we treated as a business on the internet?  
**Answer: All charities are considered businesses.**

4:43 p.m.-Chair read the anonymous “Abstinence Awareness” statements that were collected during the Assembly, these will be forwarded to Madam Chair. Perhaps these can be shared on our website.

### ABSTINENCE AWARENESS STATEMENTS

4:36 p.m. - Green Dot Ceremony

### GREEN DOT CEREMONY

4:42 p.m. - For the Good of the Order

1. Thank you Sander-Great Job filling in!
2. See everyone at the Assembly in Boca Raton in July 2013
3. Lifeline free subscriptions should be turned into Gerri H.
4. Thanks to out-going Trustee, Gerri H., for all her years of service to Region 8.

### FOR THE GOOD OF THE ORDER

4:47 p.m. – Chair adjourns assembly

### ASSEMBLY ADJOURNS

## Motions-Memphis, 2013

### Motion 1-Delegate Funding Memphis 2013

**ADOPTED 3/16/13**

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**Motion:** To establish the following procedures for disbursement of a Region 8 Delegate Support Fund (R8DSF) to Intergroups or Service Boards requesting assistance in sending delegates to the annual World Service Business Conference:

- 1) The Region 8 Delegate Support Fund (R8DSF) will be created annually with a minimum amount of \$2,000, finances permitting.
- 2) Awards will be given only to Region 8 Intergroups/Service Bodies that require financial assistance in order to send a delegate to the WSBC.
- 3) Requests for delegate fund assistance will be prioritized as follows:
  - Region 8 Intergroups that have never sent a delegate to WSBC.
  - Region 8 Intergroups that have not been represented, other than at one previous World Service Business Conference, provided this allows the same delegate to attend the WSBC a second time.
  - Region 8 Intergroups that have not sent a delegate to the WSBC for the longest period of time. Preference will be given to Intergroups that have not previously been awarded delegate support.
- 4) Delegates receiving R8DSF assistance will be allocated as much funding as is available to a maximum of the estimated room/board costs (shared room basis) plus the cost of transportation to the WSBC site. Cost of transportation will be based on mileage reimbursed at the current IRS rate for miles driven in service of charitable organizations or actual expenses, (gas, tolls). However, if the miles driven (one way) exceeds 300, transportation costs will be reimbursed at current air or common carrier costs. If insufficient funds are available to fund all R8DSF funding requests, the current R8DSF fund will be allocated according to the priorities shown in (3) above, as determined by the R8DSF funding committee appointed by the Region 8 Chair.
- 5) Both the Service Body Financial Report and the "Amount contributed by Service Body" will be used in allocation considerations.
- 6) In the event of extenuating circumstances, the Intergroup/Service Body may provide a letter with its application requesting suspension of normal priority guidelines. The letter should clearly outline (why-delete) the need for special consideration.
- 7) R8DSF monies will not be awarded to fund a second delegate from an attending Intergroup.
- 8) In the spirit of Seventh Tradition self-support, it is requested that – wherever feasible – each applicant Intergroup/Service Body provide some portion of the delegate expenses from their available treasury. The applicant's Intergroup/Service Body is responsible for submitting the delegate's WSBC registration form.
- 9) Each year, the Region 8 Chair will appoint a R8DSF funding committee, consisting of the current Region 8 IGOR Chair, the Region 8 Treasurer, and three Registered Representatives (Reps); not affiliated with any requesting Intergroup or

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Service Body. The committee will review all funding applications and recommend to the Region 8 Board funding based on the priorities shown in (3) above. The Region 8 Board will make the final decision on funding allocations.

Please note that Region 8 does not fund for tours, spousal expenses/activities or other types of extracurricular activities during WSBC.

Delete this paragraph entirely and instead substitute:

10) No funding will be provided for tours, spousal expenses, or extracurricular activities during WSBC.

11) Applications for R8DSF funds must be received by the Treasurer by September 1<sup>st</sup>. Notification of R8DSF awards will be made by September 30. An e-mail will be sent to the delegate e-mail address listed on the application, with letters also mailed to the Intergroup/Service Body address given. As fund requests usually exceed fund availability, a waiting list is created. It is imperative that each Intergroup notify Region 8 of its intention to accept the award by the date given on the award letter. If Region 8 does not receive a timely response, the funds will be awarded to other Intergroups or Service Boards on the waiting list.

12) If the R8DSF award is not sufficient to cover costs, ~~the Intergroup or Service Board may request additional funds through the Region 8 will forward the application to the WSBC Delegate Support Fund for additional funding consideration.~~ [The WSBC Delegate Support Fund was formed to administer the funds which, as per WSBC Policy 1993c (Revised 1994, 2001, and 2002), helps to pay some of the costs incurred by delegates who attend World Service Business Conferences. Delegates selected to receive this financial support will be from OA intergroups and service boards in all regions.]

**Submitted By:** Region 8 Board

**Intent:** The annual World Service Business Conference (WSBC) is held April/May of each year, most recently in Albuquerque, New Mexico, USA.

Currently, the Region may send up to five WSBC delegates if less than 40% of the Intergroups or Service Boards within the Region sent delegates to the WSBC in the previous year. Region 8 Intergroups and Service Boards have not sent sufficient delegates in previous years. In 2012, our representation was only 30% (17/56 service boards.) As a result, the Region funds up to five delegates on its own depending on funds available. Applications for funding are reviewed and approved at the November Assembly each year by a vote of the Assembly at that session. However, WSBC has asked that service boards apply for funding by their regions before requesting funds from WSBC. The board hopes to encourage greater service board representation at WSBC so that we can achieve greater than 40% representation. This will also allow service boards to apply for any additional funding needed in time for consideration by WSBC.

If approved, this motion will allow Intergroups from Region 8 are able-delete to apply for assistance to send delegates to the Conference through the Region 8 Delegate Support Fund (R8DSF).

The Region 8 Delegate Support Fund was formed to help defray some of the costs incurred by delegates who attend World Service Business Conferences. Delegates selected to receive this financial support will be from OA Intergroups in Region 8.

In the spirit of unity, Intergroups are encouraged to send delegates to the annual World Service Business Conference. It is critically important for the strength of OA worldwide that the voice of OA's entire community is heard at Conference.

## *SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

Decisions affecting OA for years to come are made each year at Conference, and input is needed from all groups and service bodies so that these decisions truly represent OA as a whole.

If a Region 8 Intergroup or Service Board is interested in receiving assistance in order to send a delegate to the Business Conference, it must complete the ~~attached Region 8 WSBC Delegate Support Fund application, found at OA.ORG~~. The completed application, including financial statement, must be received ~~by the Region 8 Treasurer at the Region 8 PO Box~~ by ~~August 31~~ **September 1<sup>st</sup>**. Applications received after this date will not be considered. Applications may be mailed ~~to the Region 8 PO Box, faxed~~ or emailed ~~to treasurer@oaregion8.org, the address given at the bottom of page five~~. Priority will be given to those Intergroups that have not been able to send delegates to previous WSBCs.

Applicants will be advised by September 30 as to the amount of support that can be offered. Applicants may contact the Region 8 Board if they have any questions.

**Implementation:** Amend SOAR-8 Policy & Procedure manual to establish the R8DSF and procedures and to publish the attached application.

**Cost:** \$2000 per year or more, depending on budgetary priorities.

**Rationale:** See Intent

SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL

MOTION 2 Change from 3 to 2 assemblies per year

**MOTION FAILS 3/15/2013**

MOTION 2

To amend Article VII, Section 1 (Regular Meetings), Section A to read as follows:

- A. Region 8 shall hold regular Region 8 Recovery Convention and Business Assemblies ~~three (3)~~ **two (2) times per year**, on a rotation basis among the states, countries and territories in the Region, as approved at the Region 8 Business Assembly one year previous, **effective 2014**.

SUBMITTED BY: Miami Dade Intergroup.

INTENT: Few members throw three dollars into the basket with Assembly attendance in mind. Given the improvements in electronic and digital communication, Region 8 can find better uses for these resources than hosting a third assembly each year.

IMPLEMENTATION: Implementation would require changing relevant passages in the P & P and the hosting manual, as well as the Standing Rules.

COST: Minimal, if any.

RATIONALE:

- 1) Improvements in communications, most particularly email and free long-distance calling have enabled Region Eight to handle much Region Business between Assemblies. Even the work of standing committees is increasingly developed and shared among committee members before the Assemblies. The process for the submission of motions has meant much more efficient assemblies and far less business to be handled on the Assembly floor. Just as importantly, much of the work of carrying the message usually done through Assemblies has been supplemented by on-line and phone meetings, thus, holding and attending three Assemblies a year has become unnecessary and the amount of work actually done on the Assembly floor does not seem to warrant the cost.
- 2) Communication technology, motion submission processes, and the increasing popularity of on-line and phone meetings have rendered the expense and difficulty of holding and attending three assemblies a year unnecessary.



Motion 3 Revise Mileage Reimbursement Policy

**MOTION ADOPTED 3/16/2013**

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**Motion:**

To replace the word "business" with the word "charity" in the P&P Financial Policies, page 7, Sec. 9, a...and to add the words "*, or actual expenses*" following the word "rate".

**Current Wording:**

1. Private Vehicle—Expenses including tolls and parking fees are reimbursed pro-rata at the IRS current *business* rate, less amount received from car-poolers. The Accountability Sub-committee Chair will notify the newsletter editor to publish the change.

**New wording to read:**

1. Private Vehicle—Expenses including tolls and parking fees are reimbursed pro-rata at the IRS current *charity* rate, *or actual expenses*, less amount received from car-poolers. The Accountability Sub-committee Chair will notify the newsletter editor to publish the change.

**Submitted By:** Region 8 Treasurer

**Intent:**

Recent information from WSO states that overpaying volunteers for mileage can lead to the possibility of our volunteers being classified as employees requiring W-2s at year end. WSO's CPA stressed that it is not optional which rate we choose to use, we must use the volunteer rate for our volunteers.

**Implementation:**

Amend SOAR-8 Policy & Procedure manual

**Cost0:** None

**Rationale:** If we choose to reimburse for mileage, volunteers must be reimbursed at 14 cents. If they are not reimbursed, this is the amount that can be claimed on their tax returns. It is also an option to reimburse volunteers "actual" expenses, i.e. gas, parking, tolls, etc.

### III. Reports

#### Board Member Reports



Alabama  
Arkansas  
Florida  
Georgia  
Louisiana  
Mississippi  
North Carolina  
South Carolina  
Tennessee  
Puerto Rico  
South America  
Central America  
Caribbean Islands

#### 2013: "THE YEAR OF ABSTINENCE AWARENESS"

**Gloria L., Chair**

##### Welcome

Welcome everyone to Boca Raton, Florida, for our July Assembly! Boca Raton sounds so beautiful to say, rolling off the tongue, but I believe it means Rat's Mouth in Spanish!

First I want to thank everyone for your patience and understanding in my not being able to attend our March Assembly because of the death of my father. I truly appreciate all your wonderfully kind and loving messages and thank the Board, especially Sander B, for taking over for me. Together we can do what I certainly could never do alone!

##### WSBC

Attached to this report is my WSBC Report. It was my great privilege to attend the WSBC representing Region 8 and I hope many of you will have the opportunity to go next year-they just seem to get better every year!

##### Motions

We will have a very busy Assembly with about 7 or 8 important motions which I encourage all of you to read thoroughly before Assembly. We have some important decisions to make!

##### Region Chairs Committee

It is also my great privilege to once again represent Region 8 on the Region Chairs Committee and to be Chair of that Committee. The RCC puts on the interactive, informative Forum at WSBC and this year's Forum was on the results of the OA Survey that many of you took. The results of that survey are also being used for discussion purposes in developing OA's strategic Operations Plan for 2014-2016. You can read all about it that in my WSBC Report as well.

## *SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

One of the best things about being on the RCC is the sharing of information among all 10 regions of OA. The RCC maintains an electronic file repository where we share all kinds of information from our Regions including workshop information and budget and Bylaw comparisons

Future projects include an RCC Committee Inventory-has your Intergroup ever done one? Check the Group Handbook on how to start.

### **Service Traditions and Concepts Workshops**

I know many of us have been active doing workshops through out Region 8. One of my great joys was to go to Shreveport Louisiana to do a workshop on Abstinence and the Abstinence Action Plan. Everyone who attended left having developed his or her own personal action plan for maintenance of abstinence! How great is that!

### **What's Ahead for Region 8?**

In November we will be having elections for Chair and Treasurer. If you are interested in standing for either of these positions don't forget to fill out an application. I believe applications are due 60 days before the November Assembly but please check with our Region 8 Secretary for exact timeframes.

By the time you read this our PIPO Chair, Lonna C, will have attended an Assembly in the Dominican Republic which our Dominican Republic friends put on with the help of OA Colombia. I am sure we can get a report from her at Assembly!

In October I will be attending an Assembly in Bogota, Colombia. More will be revealed in November!

As always I thank you for the great privilege of being your Chair and if there is anything I can do to serve you or help you in your recovery please feel free to call or email me or talk to me at Assembly. I want always to extend the heart and hand of OA and to PASS IT ON!

Gratefully Yours,  
Gloria L

**2013: "THE YEAR OF ABSTINENCE AWARENESS"  
WORLD SERVICE BUSINESS CONFERENCE REPORT 2013  
Gloria M. Lockridge, Region 8 Chair**

**Elections**

- Joe L. was elected Chairman of the OA Board of Trustees ("BOT").
- Gerri H. was elected a General Service Trustee and First Vice Chair of the OA BOT.
- Linda H was elected Region 8 Trustee
- Gloria L was re-elected Delegate Co-Chair of the Region Chairs Committee
- Barbara T is the delegate Vice Chair of the Conference Literature Committee
- Atiya M. and Barbara T were elected as members of the adhoc committee reviewing the OA 12 and 12 in advance of it coming up for regular literature review in 2015
- Burt T remains the Delegate Co-Chair of the WebTech Committee
- Stephanie D is the Trustee Co-Chair of the Region Chairs Committee

I am sure there are others I am failing to include and for that I do apologize!

Region 8 Rocks because we now have five trustees currently from or originally from Region 8 on the OA Board of Trustees!!! They are:

Gerri H  
Stephanie D  
Karen C  
Linda H and  
Janice S

**Motions (for the results of all Motions please check oa.org website):**

Delegates adopted a change to the last Sentence of the OA preamble as follows:

Our primary purpose is to abstain from compulsive ~~over~~eating and to carry ~~this~~ the message of recovery **through the 12 steps of OA** to those who still suffer.

The WSBC policy statement on anonymity was changed to add "and all public media of communication" as in "we do not break our individual anonymity at the level of press, radio, films, television and **all public media of communication**"

A new e-workbook for the For Today was approved

A motion to allow virtual service boards that span more than one region to choose to affiliate with one of the regions it spans was defeated

The motion to amend the 12 Concepts of OA Service was also defeated.

**Exciting New Strategic Plan ("SOP")**

We worked on a new strategic plan for 2014 through 2016. Our last strategic plan was a five year plan and our new plan will be a three-year plan. It will focus on "**our primary purpose**" and highlight abstinence. One fun way to remember the focus of the new plan is as follows:

- Year 1: Abstinence first
- Year 2: It takes all 12 (steps)
- Year 3: I am responsible (for carrying the message)

## *SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

### **Region 8 Representation at WSBC**

The percentage of Intergroups and service boards represented at WSBC 2013 from Region 8 was 32%. Therefore Region 8 is eligible to send five additional delegates to WSBC in 2014. This

### **Region 8 Funding Assistance to Delegates:**

This year region 8 contributed \$1,000 each to fund 5 Delegates:

**Pedro Guarin, Medellin Colombia, National Service Board of Colombia**

**Sarah Ganitsky, Bogota Colombia, Bogota Intergroup**

**Carolina Peralta, Caracas Venezuela, National Service Board of Venezuela**

**Burt T, Jacksonville, FL, North Florida Intergroup**

**Lonna Cohen, Miami FL, Miami-Dade Intergroup**

### **Forum**

It is my great pleasure to report that the Forum put on by the Region Chairs was a resounding success! It was entitled "**Searching and Fearless—A Good Look**". It helped convey the results of the OA survey so many of us took last year.

### **More Information:**

A short form wrap up report of WSBC 2013 is posted online at [oa.org](http://oa.org).

The Final Conference Report will be mailed on September 9, 2013 to all delegates and those service bodies who did not have a delegate at Conference. The Final Conference Report will be posted online in early August (excluding full delegate names and contact information). If your service body does **not** wish to receive a printed version of the Final Conference Report, notify the World Service Office via email to [szimmerman@oa.org](mailto:szimmerman@oa.org) no later than **July 14, 2013**.

### **Personal Note:**

On a personal level I have to say that I feel privileged and grateful to have represented Region 8 at WSBC. I found it to be an incredible experience and so helpful to my recovery.

Spending the week with over 200 people from all over the world committed to OA and to their personal abstinence and to carrying the message helps me see how OA really is a global community! Remember that Region 8 offers financial assistance if your Intergroup cannot afford to send you!

WSBC reinforced for me our Region 8 motto: **RECOVERY: PASS IT ON!**

**Thank You Region 8!**

## Region 8 Vice Chairman's Report

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**Sander B., Vice Chair**

SOAR 8 Business Assembly and Recovery Convention

Sander B.

Boca Raton, FL

July 12 -14, 2013



Where the ACTION Is

Welcome to Boca Raton, FL and the SOAR-8 Summer Business Assembly and Recovery Convention, hosted by the Palm Beach County Intergroup. My many thanks to the Palm Beach County Intergroup for the outstanding work they did in putting together this beautiful Assembly and Convention.

Assemblies and Conventions for the remainder of the year and into 2014 are right on target. In November, we will be meeting in Jacksonville, FL and in March, 2014, in Little Rock, AR. We also expect that the Baton Rouge Intergroup (BRIG) will be presenting a bid here for the July, 2014 Assembly and Convention. We are currently looking for an Intergroup or other Service Board to present a bid this November for November, 2014.

Our primary purpose in OA is not only to abstain from compulsive eating but to also carry the message of recovery through the Twelve Steps of OA to those who still suffer. (OA Preamble, OA 12 & 12, p. v, as modified by WSBC, 2013). One of the most effective ways of spreading this message is to sponsor Recovery Conventions and Assemblies throughout our Region. Not only do such events help spread the message to those who suffer in your local Service Body areas, but also to help provide outreach funds to other Service Bodies in our Region during the rest of the year. Intergroups and Service Boards commonly raise between \$2500 and \$4000 to help in their local efforts. An equivalent sum is also raised to help spread the message throughout our Region. Our Region consists of service boards from Tennessee, Arkansas and other Southeastern States to Central and South America and the Caribbean.

As your Vice-Chair, I am responsible for helping service boards plan for and conduct SOAR-8 Recovery Conventions and Assemblies. To that end, I ask for your commitment to sponsor such an event in November 2014 and March 2015, and to present your proposal (bid) at our next Assemblies in Jacksonville, and Little Rock.

*SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

Let us all remember OA's responsibility pledge which states: "Always to extend the hand and heart of OA to all who share my compulsion; for this, I am responsible." If you are like me, OA saved my life and I am eternally grateful for those who extended their hearts and hands to me. Now I must give back, and I ask each of you, in your Intergroups and Service Boards, to extend your hearts and hands to those who share our compulsion.

See you all in November in Jacksonville,



Sander B., Region 8 Vice-Chair, Marietta, GA

*SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

Patti S, Treasurer

**TREASURER'S REPORT**

JULY 12<sup>TH</sup>, 2013

Welcome to Boca Raton FL for the Region 8 Business Assembly and Recovery Convention! I'm looking forward to seeing familiar faces and making new friends this weekend ☺

Since our last assembly I've added another technological innovation to make the treasurer's job easier! It's an app on my android phone provided by our bank which allows me to make deposits without having to leave my house ~ by scanning checks on my phone!

And just a reminder, at the last assembly I announced that ***I can now take credit card contributions*** on my phone as well, for those of you who don't have cash or prefer to use a card for your 7<sup>th</sup> Tradition. And remember, your 7<sup>th</sup> Tradition donations to Region 8 are tax deductible. You will receive an emailed receipt if you make a credit card contribution.

At the end of May (when this was written) our bank balance was \$33,815.10 and our prudent reserve was 77%. At the business assembly on Saturday, July 13th I will report to you on our current financial position. We continue to strive to manage your contributions wisely, so as to keep Region 8 solvent as well as to best serve our membership, and carry the message of recovery to those who still suffer. Thank you, and your groups for your continued generosity to Region 8 and for your service as treasurers for your groups and service bodies ☺

If our prudent reserve is still high (over 60%) at the end of our fiscal year in November, the board will make spend down recommendations for the assembly to consider. Those may include increasing the budget for specific Region 8 projects or perhaps making an extra contribution to a special fund at World Service.

Remember, monthly contribution and treasurer's reports are available on our website at [oaregion8.org](http://oaregion8.org). I usually post the updated information around the 15<sup>th</sup> of each month. To see your meetings' contributions, click on Region 8 on the horizontal menu at the top of page, then click on reports, then click on "contributions report" under the Treasurer's Reports heading.

My email address is [treasurer@oaregion8.org](mailto:treasurer@oaregion8.org) for questions or comments, and the mailing address for contributions is:

SOAR 8  
P.O. Box 272081  
Tampa FL 33688-2081

For electronic 7th Tradition Contributions (using a credit card or PayPal) to Region 8, use the ***DONATE*** button on our website at [oaregion8.org](http://oaregion8.org) or copy and paste:

[https://www.paypal.com/cgi-bin/webscr?cmd=\\_s-xclick&hosted\\_button\\_id=P8M3PYV7XWNV4](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=P8M3PYV7XWNV4)

(Please include your meeting number in the address field or special instructions section, thank you :)

Respectfully submitted

*Patti Schumacher*

Region 8 Treasurer



SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL

Janet T., Secretary

**Secretary's Report**

**Boca Raton-July 12-14, 2013**

Welcome to sunny South Florida! I look forward to see all my peeps and making some new peeps!

Since our last assembly I have worked with our fabulous webmaster, MJ, to streamline some of our forms. ***We now do our Certificate of Eligibility form online!***

As part of the new online process, Pat our IGOR Chair, and I added a section to the form to gather additional information to build, and maintain, a SOAR8 contact list. Intergroup Chairs---when you have time, could you go to [www.oaregion8.org](http://www.oaregion8.org), select documents, and then fill out the new online form so we have all your current information? This will help Pat and me to gather and keep this information up-to-date!

Remember you must have a current COE on file in order to vote at the assembly:

**SOAR 8 Policy & Procedures, section 6.1: Certificate of Eligibility shall be submitted to Region Secretary annually in January and throughout the year as changes occur. Rep is eligible to vote in Assembly only if duly registered with Region Secretary.**

The other online form is a STC (Service, Traditions, and Concepts) workshop request form. If you Service Body would like to have a Board Member or Committee Chair come to your area, you can now make this request using this online form. Just fill out all the information and hit submit. The request will be send to members of the Board....it's now that simple!

If you have any other ideas on how to streamline our communications, please contact me at [secretary@oaregion8.org](mailto:secretary@oaregion8.org). I was *thinking* perhaps an online for Committee Chairs to submit reports and maybe an online template to submit a motion?????? Comments...ideas????

I look forward to working together with all of you in Boca!

Thanks and see you soon!

*Janet Thrane*

[Secretary@OARegion8.org](mailto:Secretary@OARegion8.org)

407-310-2284

*SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

Linda H., Region 8 Trustee

Trustee Report

Linda Hartmann, July, 2013

Hello Region 8! My name is Linda and I am a compulsive overeater! This is my first report as your trustee. I am honored and excited to do this service for Region 8. Thank you so much for the opportunity to serve our Region at the World Service level. I also want to thank you for giving me the opportunity to serve you as your Twelve-Step-Within chair for the past 4 years.

At WSBC I was elected along with Region 2 Trustee Meg H., Region 5 Trustee Linda J., Region 6 Trustee Karin H., Region 10 Trustee Faith M. There was also an election for 2 General Service Trustees. I'm happy to say that Gerri H. was elected into that position as was Bob F.

Region 8 has a total of 5 members on the Board of Trustees. Gerri H, Karen C. Stephanie D. Janice S. and myself.....Do we rock or what!!!!

I was appointed as the Trustee co-chair for the Twelve-Step-Within Committee and serve on the Virtual Service committee, Finance committee and International Publications/Translations committee. So... needless to say I have my work cut out for me!

My first board meeting was at the conference, where elections of officers took place and the BOT meeting schedule was approved. I was given an orientation manual three inches thick! I have a mentor (MegH.) to help me with my duties and responsibilities. It's lot's of work being a trustee but I am looking forward to the challenge. Many thanks to Gerri she has already helped me tremendously.

Our next meeting will take place before the World Service Convention in Cleveland. We will be there 3 days before to take care of business.

Will you be at the World Service Convention? You can register online at [www.oa.org/world-service-events/world-service-convention](http://www.oa.org/world-service-events/world-service-convention). I know that there are lot's of people registered already...They had to get another hotel for the over flow! Join us August 29 - Sept. 1, 2013 at the Cleveland Marriott in Cleveland, Ohio. Don't miss this opportunity to meet with fellow compulsive overeaters from all over the world!

I have a new email address [trustee@oaregion8.org](mailto:trustee@oaregion8.org) or [r8trustee@gmail.com](mailto:r8trustee@gmail.com) either one works. If you need help with anything feel free to email me.

In closing I want to pledge my commitment to abstinence and will continue to spread the message to other compulsive overeaters in our Region. I am here to serve you...how can I help you?

See you all in Boca Raton in July! Come over and say hello!

Love N Hugs,

Linda

**Region 8 WSBC Delegate Reports**

**Pedro G., Medellin Colombia, National Service Board of Colombia**

*See addendum for report*

**Sarah G., Bogota Colombia, Bogota Intergroup**

*See addendum for report*

**Carolina P., Caracas Venezuela, National Service Board of Venezuela**

*See addendum for report*

**Burt T, Jacksonville, FL, North Florida Intergroup**

*See addendum for report*

**Lonna C., Miami FL, Miami-Dade Intergroup**

*See addendum for report*

*SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

**Committee Progress Reports**

**Public Information – Professional Outreach (PIPO)**

PIPO Quarterly Report

The period since the last Assembly in March in Memphis had a slow start. The projects and goals set out for the period were very slow in coming, mainly due to email communication problems. Emails to committee members seemed to be getting lost in cyberspace!

Problem has been corrected and the committee seems to have regained its enthusiasm to go forward.

Our telephone conference call early this month (June) brought about valuable information from the WSBC PO Committee (where I am a member and delegate co-chair) and the WSBC PI Committee (where Toni W. participated as a member). We shared the information as to what WSBC is working on and how we can utilize it for our Region.

We are very excited about the prospect of a PIPO page on the Region 8 website and there were many ideas of what we want it to look like. This will be a major part of the discussion at the July Assembly committee meeting.

An original skit was emailed to our committee and approved. We would like to perform it at the Assembly in July if possible. We are currently waiting to hear whether it can be put on the agenda. Our PI/PO suggestion flyer is also ready for distribution both on the website and to the reps at the Assembly.

So our committee has been busy and is gearing up for Boca in July. We look forward to seeing old and new friends soon.

Love & Peace,

Your trusted servant,

*Lonna Cohen*  
*Chairperson Region 8 PIPO Committee*

**Ways and Means**

Hello Region 8!

The ways and means committee has been busy selling these great pewter Serenity knots. Two intertwined rings have the words Serenity, Courage and Wisdom engraved on one side and the entire Serenity Prayer engraved on the other. They are nice keepsakes and also make fabulous gifts for those in and outside the rooms. They can be carried in a pocket or purse or worn on a neck cord or chain.

At the March, 2013 business assembly and recovery convention in Memphis, committee members sold \$400.00 worth of the knots. We also brought in \$52.00 from a drawing for a hand-made afghan, made by one of our committee members. The remaining knots, along with 40 neck cords, were sold at WSBC, bringing in \$325.00. The fiscal year-to-date fund-raising total is \$1410.50.

We have a fresh batch of Serenity Knots for the July, 2013 business assembly and recovery convention being hosted by Palm Beach County Intergroup. We expect the sales will be lively. If you want to reserve a quantity to pick up in July, please email me at [waysandmeanschair@oaregion8.org](mailto:waysandmeanschair@oaregion8.org). I will set them aside for you. They are \$4.00 each, 5 for \$20.00. We have presales of 30 knots thus far for July.

Additionally, auditing of the Region 8 treasury is up to date.

Yours in service,  
Kat  
Katherine Reppert  
Ways and Means Committee Chair

SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL

**Bylaws & Electronic Documents**

COMMITTEE: By-Laws PERIOD COVERED 4/15/13-6/13/13

BUSINESS ASSEMBLY Between March 2013 and July 2013

Specific objectives for the period (Numbered List)

1. Determine Expenses for Newsletter Software (\$200 Budget)
2. Obtain English/Spanish translation interface/liaison.
3. Review and vet upcoming motions for July assembly, suggest changes.
4. Update P & P generally.
5. Determine any changes necessary to By-laws and/or P & P because of new section passed at March assembly in P & P regarding funding of intergroup delegates to World Service.

Actions /Activities conducted toward objectives (List by Objective)

1. No Expenses at this time. Editor is working well with current program.
2. No report/response from committee member after several months of requests.
3. Done.
4. Done.
5. No report/response from committee member after reminders from chair.

Projections for the next period:

Complete any outstanding projects, including any additional requests by the board.

Expenditures for the period: \$0

Committee Chair: Ellen Fite Date: June 13, 2013

Tech Web Committee Report

Tech Web Committee Report second Quarter  
2013



Hello to All

The Techweb committee as you know meets regularly the second Sunday of each month

At 7:15 on OOVOO all are welcome to join in the conversation

During the past quarter we have discussed our equipment lists and requirements for the committee

The additions to the hosting manual to bring it up to date

The committee chairs transition to a new chair in November

An assistant web master is needed.

Pod casts which we can produce now do via Iphone/pad apps for short pod casts

The need to continue going forward in to technology as seen as the desire of the body attending WSBC

The eventual demise of the free web conference sites as called for by the new regulations of the FCC

Email loops/lists have stabilized by the hard work of our webmaster

We are all looking forward to July in BOCA Raton and being with the entire region assembly

Come join us for Technology in Action on Sunday Morning July 14 2013 and bring your computers laptops ipads and tablets for a Techweb session

Burt Tucker

Chair Techweb Region 8

*SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

**Intergroup Outreach (IGOR)**

**IG CHAIRS SUPPORT:**

In May, IGOR sponsored a telephone conference call for IG Chairs which was attended by 1 Chairs and one IGOR committee member.

**IG SPONSORSHIP:**

IGOR received no inquiries about sponsorship for an IG since the last Assembly.

**REP FUNDING:**

No inquiries were received about the availability of rep funding for the Boca Raton Assembly.

**UNAFFILIATED GROUP SUPPORT:**

Nothing new was done in this area. It will be the main focus of IGOR's efforts in the upcoming months.

Respectfully submitted,

Pat Landry

IGOR Chair



*SOAR8 - The Year of Abstinence Awareness - July 12-14, 2013 Boca Raton, FL*

**Twelfth-Step-Within**

*See addendum*

**Unity with Diversity**

*See addendum*

## Final Report of Pinellas Tradition IG Hosting Committee Nov 2012

### Final Report From St Petersburg, Florida: November 9 – 11, 2012

#### Committee Chair Reports

##### Registration Committee

What worked was a spreadsheet with all information this makes it so easy to look at everything at a glance. Have a few copies for the registration table. These were the headers:

- Name
- Address
- Phone
- Email
- Type of Registration (Early Bird, Late, Day Only)
- Paid for Food (Lunch or Banquet, both)
- Choice of food
- Service Position
- Volunteer to do
- 7th Tradition

##### Lessons Learned:

Have a fellowship a work party for all to help with whatever their committee was doing. We did this and it worked well.

Use Eventbrite, but be sure to figure all the combinations of registration and food tickets... Early registration, Late registration, Day registration...just lunch...just banquet ... It will make it easier for you if you take the time to figure it out and put it on the Eventbrite website.

Linda Hartmann  
Registration Chair

##### Program Committee:

I enjoyed the work with the program committee and brain storming the topics of the workshops and gathering a list of potential speakers. Also, I am grateful for all who stepped up to provide assistance in all areas of the program. Organization was key for this project. I found by using an excel spread sheet of the program workshop titles with the time slots helped immensely when filling in the slots of qualifying speakers with phone numbers. Two weeks prior to the workshop the letters were sent out to each speaker reminding them of the title of the workshop and the time. Looking back, I would have perhaps made one change to send the letter to the speakers upon acceptance of the service rather than waiting until two weeks prior to the convention. A copy of the letter for each speaker was placed at the registration table for pick up. However not all speakers picked up the second letter upon registration. The Program Brochure was edited by vice chair and sent to the printer. Posters of each day's program were printed and place on easels outside the workshop assembly room. We had over 34 speakers for the various workshops, some were qualifying newbies and others have had years of recovery. I

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am most grateful for all who participated in the program, the speakers and the attendees. Providing this service I learned more of my fears, control, and trust and most of all how to accept love and kindness through all who participated in making this a wonderful recovery convention.

Thank you,  
Toni Weigel  
Program Committee Chair

**Hospitality: Boutique:** After paying the literature vendor, \$114.80, we netted \$434.20

1. Hugger greeter- Friday and Saturday mornings and at Luncheon. Members greeted attendees with an offer of recovery sea shell. Program slogans were stuffed in lovely polished seashells. Volunteers wore sashes and to designate their function.
2. Suite was a double bed hotel room with sink, small refrigerator and large countertop. with a beautiful view of Gulf of Mexico and adjoined boutique. This room was available for the board member meeting on Thursday Evening which was convenient. We opened our hospitality and boutique on FRIDAY 3PM -10PM. SAT 6AM-6PM and SUN 6:30AM-10AM.

Morning Coffee was ready for early risers and the first workshops. Many attendees wanted beverages after Friday Evening meetings.

We provided bottled water, Regular and Decaf Coffee, Herbal Teas, Soda, Fresh Fruit. all for a suggested donation of fifty cents. We bought too much soda and bottled water which we were able to return. Only 30 bottles of water were consumed over the weekend and approximately 40 diet code products. Bananas and Pears were most popular. We did not cover our costs but the low donation was appreciated by attendees.

Supplies and food cost of \$123.00 and donations were of \$103.00. Left over teas and paper goods will be utilized at a local future Pinellas Traditions Intergroup Event. Coffee Pots and coolers were donated by members. Also we provided tea and coffee. Literature was sold in the Hospitality Suite

**Lessons Learned:**

1. I would not ask donations so far in advance;
2. I would not take donations during the convention;
3. I would take only clothing and jewelry and accessories for clothing i.e. hats, purses, scarves, shoes, sox.
4. Depending the inventory, I would open it up to "free" on Sunday
5. We should have had more donations to minimize expenses.
6. We should have had more volunteers to staff room.

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**Pagers/Runners:** We had plenty of volunteers for the Business assembly. We asked at the assembly who would be willing to put in an hour or so for those segments for the business meeting that needed to be covered. Runners are not needed from 2 to 4 pm since the business assembly breaks into sub-committees at that time. The times that need to be covered are in the morning and at least 1 in the afternoon. We found 1 volunteer was enough since the volunteers weren't so busy.

**Entertainment:** The entertainment is a small task since most people are usually tired after the speaker and the banquet. We kept it simple with a DJ with a prom theme. And those that wanted to participate could do so and those that did not could do that as well. It gave people the choice to stay and dance. The DJ was very accommodating to people's requests for music. People stayed for about an hour to 2 hours. The DJ was able to break down and leave in the allotted time that we hired him. Claudia was assigned to entertainment by default so she opted to have her daughter to play during dinner very soft classical music that she had prepared for a dinner party she played at a local museum. The opening skit was put on by several people and 1 person who was assigned to a particular part didn't participate in the skits. We ended up rearranging 2 people's parts just minutes before the skit was to take place. Needless to say the person that didn't even have a chance to rehearse had a major part and really did do an awesome job.

**Lessons Learned:** Make sure people assigned to skit parts are participating a week before so we can make sure we have people for the skit

### **Fund Raising:**

#### Funds raised

Baskets - \$264.00

50/50 - \$110.00 (total collected \$220.00)

Silent Auction - \$396.00

**Total collected - \$866.00**

#### **Our Action Plan**

##### **Baskets:**

Each group within our intergroup was responsible for a basket, we requested at least one OA book in

each. Baskets were collected at the intergroup meetings.

**Problems –** Baskets were of unequal value

**Solutions –** A) Have more than one group go in together on a basket

B) Wait to put the baskets together until everything is collected and then sort

the items to even out the value of the basket

C) Baskets should contain only NEW items

D) Possibly put a monetary value on each basket

**50/50 and Basket tickets**

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We wore crown hats with a sign saying if we were selling 50/50 or basket tickets, it also had the amounts on the sign, 1 for a \$1 and 6 for \$5.00. Aprons with two pockets were purchased from Home Depot to wear and that made it easy to keep the tickets sold separate from the money collected. We stood at the doors at the end of each meeting to sell tickets. To keep the money separated only one person sold 50/50 and another sold basket tickets

Problems – not selling enough tickets

Solutions – push harder to sell more

### Silent Auction:

Set up was in the meeting room was a good spot for everyone to see the items.

Problems – Items were not valuable enough. We had to move items again when they set up for the banquet.

Solutions - A) We needed to have a minimum amount of value on auction items

B) We could have had a layout of the room to be used for the auction and any changes that might take place during the weekend in that room

For all monies collected it would be good to make an announcement that cash is preferable

Literature: The sale of literature was simplified and facilitated by the service of Gold Coast Intergroup. Eric Greenberg of GCI Literature chair delivered their literature supply which we sold at cost in our hospitality suite.

Therefore, we had not shipping costs and not excess literature to reconcile. We sold \$200.00 worth of books and pamphlets. We returned the literature and funds to Eric Greenberg and ensured the literature was delivered to his vehicle.

### Treasurer:

We took the seed money to pay for things as needed for registration. The other committees opted to get their money at the end of the convention.

Our Intergroup kept a special checking account for the event.

The treasurer had everyone monitor their own money collected. At the end of the Convention we all got together and gave the money to the Treasurer to deposit in the convention account. \$500.00 was paid back as seed money.

After all expenses were paid we gave Region 8 \$2423.12

### Hotel Liaison:

The Co Chair was the hotel liaison...one problem...she was in the business assembly for the convention. A few people filled in. The hotel was gracious and accepted suggestions from these people. The food and service was terrific. The hotel personnel did a fantastic job with filling all our requests.

## **Final Report of Greater Memphis Area IG Hosting Committee March 2013**

**Greater Memphis Area Intergroup  
SOAR 8 Recovery Convention and Business Assembly  
March 15-17, 2013**

### **Registration Committee:**

Overall, registration ran smoothly, thanks to our dedicated and talented Registration chairperson. We had a total of 144 attendees, of which 128 had pre-registered, 12 were walk-ins, and 4 were Saturday only. We sold 77 lunches and 75 dinners. Total revenue: 11,063.00.

Publicity: Registration information was provided on the Region 8 website and we printed a public service ad in a local newspaper. Additionally, two of our hardworking members spent many hours making outreach calls to Intergroups in neighboring cities and states to inform them of the upcoming recovery convention.

Registration Packets: Packets included a welcome letter, love note letter, convention program, Region 8 newsletter, evaluation form, map of hotel and map of surrounding area, meal tickets, name badge, OA pen, OA key tag, and t-shirt for those who pre-ordered. Packets and name badges were pre-assembled and ready to go, which made the registration process a breeze! We also had extra registration packets assembled in case of walk-ins.

Registration Table: The hotel set up three tables, which gave us plenty of room to organize the registration packets, literature, and other items for sale. Volunteers had signed up ahead of time to sit at the registration table so there was at least one person available at all times to answer questions, help attendees resolve concerns, and collect money from literature and other sales. Sales of t-shirts brought in \$512; mugs brought in \$450; and novelties brought in \$348.78. Literature sales were \$335.30.

### **Love Notes Committee:**

All materials for the love notes were donated and organized by an intergroup member. Before the assembly, she made an envelope for each OA member signed up to attend the weekend, as well as many extra blank envelopes for late registrants and walk-ins. She also provided crayons, markers, colored pencils, stickers, and assorted papers and cards. On Friday morning, volunteers hung up all of the envelopes in alphabetical order on the wall in the hospitality room, which was centrally located, making it easy for attendees to write and deliver notes.

### **Hotel Liaison Committee:**

The contract with the hotel was negotiated well in advance with a room rate of \$99 for up to 4 people and meal rates of \$20 for lunch and \$34 for dinner. The meal prices included tax and tips. The members of the committee attended a tasting at the hotel to ensure that the meals would be appropriate for OA members committed to abstinence, and the hotel accommodated our specifications graciously. We did not have to pay extra fees as we were able to meet both our room and meal requirements, however we recommend setting the lowest possible reserve.

We were fortunate to have hired an extremely helpful and talented taper, who brought all of the audio-visual equipment that was required for both the business assembly and the recovery convention (and set it all up too!), so we did not incur extra charges from the hotel for any

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equipment. In return, the taper requested that we cover the cost of his hotel room for two nights, which we did happily. The hotel provided transportation to and from Memphis International Airport, a great convenience for our guests. We also had OA members available to provide transportation for those guests who arrived on Thursday and wished to visit local attractions, restaurants, and our local OA meeting.

### **Hospitality Committee:**

The hotel provided a very nice room adjoining the board meeting room for us to use as our hospitality suite. We were allowed to bring in our own food and drinks, which cost much less than if the hotel had provided them. We offered regular and decaf coffee, water, diet sodas, and an assortment of fruit. We recommend arranging ahead of time to have a volunteer start the coffee in the morning so it is ready before the business assembly begins, as we forgot to do that and had some pretty cantankerous OAs wandering around! The hospitality room brought in \$259.75.

### **Entertainment Committee:**

The Friday evening skit was written by one of our Intergroup board members, and was followed by a very short song performed by an OA member, which seemed to be well-received. The guitarist performed again during the Saturday luncheon.

Our Saturday night entertainment was the much-loved Recovery Repertory Theater, who kept us all laughing with recovery-related songs and stories. Unfortunately, we did not do a great job of estimating the timing of the evening, and as a result, kept the performers waiting for a long time. This highlighted the necessity of carefully planning and sticking to a time frame for the Saturday evening banquet.

### **Program Committee:**

Our intergroup decided on the theme of GAS – God, Abstinence, and Service, and the committee was then able to brainstorm workshop topics fairly quickly. Coming up with a list of potential workshop leaders was a little more difficult as there was no region list or even local list to start from. Instead, we relied on members throwing out names of other OA members whom they had heard before, and we had to track down contact information. It may have been more efficient to start by contacting IG chairs in the region to ask who they would recommend as speakers. We kept a file of contacts so that we would have something to start from in the future. Once we made contact with OA members, their willingness to serve was wonderful. We made phone or email contacts, provided each person with a list of the workshop titles, and most found one or two that they were really interested in. The problem that kept recurring was that most of the first round of potential speakers also had to be in the Business Assembly and times overlapped. In the end, we were able to find enough speakers.

After each workshop speaker was confirmed, we followed up with emails providing pertinent details about the workshop: topic, time, and length of presentation. For a 45 minute workshop the suggestion was 10 minutes on their story and 10-15 sharing on the topic, followed by open sharing. About 10 days before convention, we sent reminder emails, thanking them for their service, and providing a complete list of speakers/workshops. The committee chair met each speaker before their presentation, or asked another OA to do so, then followed up with a thank you note in their love note envelope.

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Other details for future workshop committees: someone must be present to open each workshop, select a time keeper, and read the disclaimers. We also provide the time cards - 5 minutes, 3 minutes, 1 minute, 30 seconds, stop. Morning meditation was offered on both Saturday and Sunday morning, however we had not arranged ahead of time to have a leader for these sessions, and had to scramble to find volunteers. It would have been helpful to have meditation leaders set up ahead of time.

### **Boutique Committee:**

The boutique committee spent months preparing and obtaining a large selection of clothing and home goods. Items were stored in members' homes until the day before the convention. Access to the room on Thursday afternoon allowed for a more thoughtful, stress-free, and fun set-up. The success of the boutique was attributed to adequate space clothing racks for attractive display. Unlike at our last assembly, the committee carefully planned boutique hours to ensure that volunteers had access to many recovery workshops. In total, boutique raised \$1,018.75.

### **Silent Auction Committee:**

This committee was successful in collecting many exciting items for auction, including a large number of brand new DVD sets. The silent auction was set up in the room adjoining the hospitality suite, providing easy access and the ability to lock the door when necessary. Tickets were sold up until the start of the banquet, and winners were announced at the banquet. Thanks to the incredible talent and sense of humor of our MC, this fundraiser was a huge success. We raised \$1750 from our silent auction.

### **Budget:**

#### Income:

Registration 5160.00  
Lunch/Dinner 4000.00  
Silent Auction 1750.00  
50/50 Raffle 153.00  
Total Income 11,063.00

#### Expenses:

Hotel 4027.63  
T-shirts/Mugs 762.91  
Hospitality 129.68  
Registration 358.83  
Literature 114.81  
Miscellaneous 200.00  
Total Expenses 5593.86



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Net Income 5469.14

50% Split of ending balance \$2734.57

**Concluding Comments:**

Thanks to the commitment and hard work of many of our intergroup members, the Memphis Intergroup was able to pull off another FANTASTIC SOAR 8 Business Assembly and Recovery Convention. We were honored to host all of our wonderful OA sisters and brothers, and want to extend our heartfelt thank you to the board of Region 8 for your support, encouragement, and endless assistance. We could not have done it without you! Can't wait to see y'all in Boca Raton in July!!

## **IV. Standing Rules**

***These rules take precedence over Robert's Rules of Order. They may be suspended by a 2/3 vote using a Motion to Suspend the Rules, Participation in Assembly***

1. Voting member must wear **appropriate identification** badge/ribbon denoting Rep, Funded Committee Chair, or Board Member.
2. The Secretary shall make a credentials check at the beginning of each session, and prior to any important vote, as deemed necessary by the Chair.
3. Any registered member of the Assembly may participate in Assembly procedures, e.g. vote, make a motion, speak to a motion, etc. Non-voting members may have a voice at the discretion of the Chair.

### **Voting Procedures**

1. Vote may be taken by voice, show of hands, standing, or ballot, at the discretion of the Chair.
2. A voting member may request a more accurate vote count by simply calling out "Division." The Chair may then use a voting method which assures an exact count.
3. The Chair may also call for division by stating, "The Chair is in doubt."
4. Ballot vote will be used for elections. Ballots will be distributed, collected, and tallied by non-voting members appointed by the Chair. After announcement of results, motion is in order to destroy ballots.

### **Recognition**

1. Voting members who wish to speak shall, from the center microphone, give their name and Intergroup, and wait for recognition from the Chair. If necessary to get the Chair's attention, the voting member may say "Madam/Mr. Chair," but may not speak further unless recognized by the Chair.
2. For certain procedures, the voting member, from the center microphone, may display a sign to gain recognition from the Chair (e.g., Point of Order, Point of Information, Parliamentary Inquiry, etc.).

### **Motions and Debate**

1. Process for New Business Motions
  - a. Secretary will distribute minutes of the Business Assembly to the Board and Committee Chairs electronically no later than fifteen (15) days after close of the Business Assembly. New motions will be contained in the Committee Reports of the minutes.
  - b. New motions arising out of committees during an Assembly shall be communicated to the Secretary within fifteen (15) days after the close of the Assembly at which they emerge. After Board notification the Secretary shall forward these motions to the Bylaws/Electronic Documents Chair within twenty-one (21) days of the close of the Assembly at which they emerge.
  - c. New motions arising outside the Business Assembly shall be submitted to the Secretary at least sixty-five (65) days prior to the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion.
  - d. Motions must be formatted to contain the intent, the proposed motion, any possible effects (costs, time, other committees affected, etc.), date of implementation and a list of necessary changes to be made to the Policy & Procedure Manual for consistency or congruity.

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- e. The Bylaws/Electronic Documents Committee may suggest changes in the motion to the maker to facilitate arriving at a more suitable version for submission to the next Business Assembly if the passing of the motion, as initially proposed, would:
    - 1.) create incongruity within either the Policy & Procedure Manual or the Bylaws,
    - 2.) create incongruity between the Policy & Procedure Manual and the Bylaws,
    - 3.) be in contradiction to or with either the Policy & Procedure Manual or the Bylaws, or
    - 4.) result in an adverse, unintended effect unrelated to content, intent or rationale (such as, but not limited to, language or structure).
  - f. The Bylaws/Electronic Documents Chair will submit the reviewed motions to the Secretary electronically, no later than (sixty) 60 days after the close of the Assembly for inclusion in the mailing packet for the following Assembly.
  - g. No motions other than emergency motions will be taken from the floor at the Assembly. Emergency motions shall be submitted to the Bylaws/Electronic Documents Chair before the lunch break on Saturday of the Assembly.
3. There will be a maximum of **three pro and three con speakers to each motion**. There will be a maximum of **two pro and two con speakers to each amendment**. Each speaker may speak for a maximum of three minutes.
  4. Pro and con speakers shall use the appropriate **pro/con microphone**. While waiting to speak, pro/con speakers may queue at the microphones.
  5. A voting **member may not speak on two consecutive motions or amendments** unless the maximum number of speakers has not been reached.
  6. The **first speaker is always pro**, and is usually the maker of the motion (unless he/she wishes to have another voting member speak).
  7. If **more than the maximum number** of speakers' wishes to speak to a motion, they are encouraged to select among themselves those speakers who can best represent their views.
  8. There shall **be at least one pro and one con speaker** before any discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.
  9. A motion to close debate (**Previous Question**) or limit debate is in order for motions or amendments, and requires a 2/3 vote.
  10. To save time on a simple amendment to a motion, the Chair may ask the maker of the motion if he/she would be willing to accept a "**friendly amendment**." If the maker of the motion agrees and there is no objection from the Assembly, the motion is changed to include the amendment.

### Miscellaneous Rules

1. **No smoking** is allowed in any Assembly room.
2. **No animals** are allowed in any Assembly room, except guide dogs and service animals.
3. **All cell phones**, beepers and 2-way pagers are to be set on vibrate or turned off.
4. **Voting members are not to leave or enter** the Assembly room while votes are being taken.
5. **No eating food** allowed during the business session.

**VI. Motions**

**Motion 1 Change Board Abstinence Requirements**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:**

To change board abstinence requirements by replacing the words “must have arrested their compulsive eating and be living so far as they find possible within the concepts of the 12 steps which constitute the 3 fold recovery program of OA for one year” in Article V, Section 2A of the SOAR 8 bylaws with “*shall have a minimum of 2 years current continuous abstinence as defined by OA, and maintenance of a healthy body weight for at least the past year, while practicing the 12 Steps and 12 Traditions of OA*”

**Submitted By:** *Region 8 Board*

**Intent:**

To clarify the requirements of abstinence and a reasonable expectation of maintenance of a healthy weight to our qualifications to serve on the Region 8 Board

**Implementation:** *Amend SOAR 8 bylaws*

**Cost:** *None*

**Rationale:**

To attain consistent wording for “qualifications of service” for all Region 8 trusted servants.

And to provide a level of accountability to our trusted servants on the board to be abstinent and at a healthy weight.

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**Motion 2 Change Committee Chair Abstinence Requirements**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

MOTION

To change committee chair abstinence requirements by replacing the words “have arrested his/her compulsive eating and be living within the concepts of the 12 steps of OA for one year” in Article VIII, Section 1A, 1. d. of the SOAR 8 bylaws with “shall have a minimum of 1 year current continuous abstinence as defined by OA, while practicing the 12 Steps and 12 Traditions of OA”

**Submitted By:** Region 8 Board

**Intent:**

To clarify the requirements of abstinence, and a reasonable expectation to be at, or working towards, a healthy weight, to our qualifications for serving as a committee chair

**Implementation:** Amend SOAR 8 bylaws

**Cost:** None

**Rationale:**

To attain consistent wording for “qualifications of service” for all Region 8 trusted servants.

And to provide a level of accountability to our committee chairs to be abstinent and at, or working towards, a healthy weight

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**Motion 3 Change Region Reps Abstinence Requirements**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:**

To change the region rep's abstinence requirements by replacing the words "should have a minimum of 6 month's current abstinence" in Article III, Section 3B of the SOAR 8 bylaws with "should have a minimum of 6 month's current continuous abstinence as defined by OA, while practicing the 12 Steps and 12 Traditions of OA"

**Submitted By:** Region 8 Board

**Intent:**

To clarify the requirements of abstinence, and a reasonable expectation to be at, or working towards, a healthy weight, to our qualifications for serving as a region rep

**Implementation:** Amend SOAR 8 bylaws

**Cost:** None

**Rationale:**

To attain consistent wording for "qualifications of service" for all Region 8 trusted servants.

And to provide a level of accountability to our region reps to be abstinent and at, or working towards, a healthy weight

**Motion 4 Change WSBC Delegate's Abstinence Requirements**

	Adopted
	Amended
	Lost

**Motion:**

To change the WSBC delegate's abstinence requirements by replacing the words "must have arrested his/her compulsive eating and be practicing the principles of the 12 steps and 12 traditions for a minimum of (1) year" in Article IV, Section 4B of the SOAR 8 bylaws with "shall have a minimum of 1 year current continuous abstinence as defined by OA, while practicing the 12 Steps and 12 Traditions of OA"

**Submitted By:** Region 8 Board

**Intent:**

To clarify the requirements of abstinence, and a reasonable expectation to be at, or working towards, a healthy weight, to our qualifications for serving as a WSBC delegate

**Implementation:** Amend SOAR 8 bylaws

**Cost:** None

**Rationale:**

To attain consistent wording for "qualifications of service" for all Region 8 trusted servants.

And to provide a level of accountability to our WSBC delegates to be abstinent and at, or working towards, a healthy weight

## Motion 5 Revise Meal Reimbursement Policy

	Adopted
	Amended
	Lost

### Motion:

To revise the Policies & Procedures Manual IX. Financial Policies, #9, c. Meals, page 8 and to revise the Voucher and Advance Request Form to reflect said changes.

### Current wording:

Reimbursement per Assembly for Funded Committee Chairs, and Parliamentarian will be the cost of the Saturday lunch and banquet and the Sunday morning wrap up meeting. The reimbursement per Assembly for the Board will be the Friday lunch, the Saturday luncheon and banquet and the Sunday morning wrap up meeting. Should the funded committee chairmen, or parliamentarian be requested to attend the Friday morning Board meeting the Friday lunch would be covered. No alternate meal expense shall be reimbursed for Saturday lunch and banquet.

### Proposed wording:

Reimbursement for meal expense (including tips) incurred at or traveling to and from Assembly shall be a maximum of \$70 per Assembly for Funded Committee Chairs and Parliamentarian, and \$120 per Assembly for Board Members, plus the cost of Saturday lunch and banquet. Should a Funded Committee Chair, or the Parliamentarian be requested to attend the Friday morning Board meeting, the Friday lunch would be covered. No alternate meal expense shall be reimbursed for Saturday lunch and banquet.

**Submitted By:** *Region 8 Board*

### Intent:

Region 8 bylaws state "A balance of no less than 40% and no more than 60% of the annual budget shall be maintained in the treasury"

At the writing of this motion, the April 2013 treasurer's report shows our prudent reserve was at 72%. This policy was changed because we were low on funds and that is no longer the case, we should follow our 7<sup>th</sup> Tradition as a Region and pay the business expenses as they actually are. This will aid us in the future to plan our budgets, as well as not penalize members financially for doing service at the region level.

### Implementation

Bylaws & Electronic Documents committee would need to make the needed changes to the P&P

**Cost:** *None*

**Rationale:** Same as intent



**Motion 6 Two Yearly Business Assemblies**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:**

Amend By-Laws and Policy and Procedure Manual Move to amend the SOAR 8 By-laws, Article VII, Section 1, Part A, page 14; the Policy and Procedures Manual, Assembly Procedures, Basic Principles No. 2, page 12; and any pertinent and comparable references therein, to become effective after the July 2013 SOAR Region 8 Assembly, as follows:

**SOAR 8 By-Laws Current Version:**

A. Region-8 shall hold regular Region-8 Recovery Convention Business Assemblies three (3) times a year, on a rotation basis among the states, countries and territories in the Region as approved at the previous Region-8 Business Assembly.

**Change to read:**

A. Region-8 shall hold regular Region-8 Recovery Convention Business Assemblies two (2) times a year and a Summer Recovery Convention once a year, on a rotation basis among the states, countries and territories in the Region as approved at the previous Region-8 Business Assembly. The first Recovery Convention shall be decided by bids at the Assembly at least one year prior to the Recovery Convention and approved by the Assembly. Future Summer Recovery Convention locations shall be decided by bid at the Spring Assembly held one year prior to the Convention. (Example: July 2014 location shall be bid and chosen in July 2013 and Summer 2015 shall be bid and chosen at the Spring 2014 Assembly.)

**Policy and Procedure Manual Current Version:**

Assembly shall be held three times a year: March, July, and November.

**Change to read:**

Assembly shall be held two times a year, approximately six months apart, in

February/March/April (Spring) and September/October/November (Fall). In lieu of a third Assembly, Region 8 shall hold a Summer Recovery Convention to be held annually on a rotating basis between the states, countries and territories in the Region. The first Recovery Convention shall be decided by bids at the Assembly at least one year prior to the Recovery Convention and approved by the Assembly. Future Summer Recovery Convention locations shall be decided by bid at the Spring Assembly held one year prior to the Convention. (Example: July 2014 location shall be bid and chosen in July 2013 and Summer 2015 shall be bid and chosen at the Spring 2014 Assembly.)

**Submitted By:** Baton Rouge Intergroup (BRIG)

**Intent:**

To reduce annual Region-8 and Intergroup expenses and by doing so make it financially feasible for eligible Intergroups and National Language Service Boards (NLSBs) to fully participate in all Region-8 Assemblies, and to continue to provide for carrying the message of recovery.

**Implementation:**

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Amend the Bylaws of the Southeastern Overeaters Anonymous, Inc., Article VII Meetings of the Business Assembly, Section 1 Regular Meetings – A, page 14; the Policy and Procedures Manual, Assembly Procedures, Basic Principles, No. 2, page 12; and any pertinent and comparable references\* therein, to become effective after the March 2013 SOAR Region 8 Assembly.

\*The motion as written proposes changes to other pertinent and comparable portions in the SOAR 8 By-laws and the Policy and Procedure Manual that refer to particular assemblies (i.e., March, July, or November). The table attached to this motion, prepared by the SOAR 8 Bylaws/Electronic Documents Committee, summarizes several references in both the SOAR 8 By-laws and the Policy and Procedure Manual that may need to be modified if the motion is passed. Several places in the table refer to assemblies that are held in a specific month or months (i.e. March, July, or November). The motion proposes and assumes changes to be made to those references. For example, it is suggested that references to the “March assembly” be modified to “Spring assembly” and references to the “November assembly” be modified to “Fall assembly.” Those references to items that occur during or pertain to the July assembly (i.e., nominations from the floor for WSBC delegates or submission of proposed annual committee budget to Region Treasurer before adjournment) or to multiple assemblies (i.e., deadline for Board members’ submission of written reports and time allotted for Trustee’s report) will also need to be modified.

Cost: None.

Rationale:

There has been a problem of a lack of participation of Intergroups and NLSBs in Region-8 Assemblies. There has also been a problem of Region-8 not having sufficient funds. This amendment will be a cost saving measure for Region-8 as well as all Intergroups and NLSBs. This amendment will promote attendance at Assemblies and be a partial solution to Region-8 financial concerns. Intergroups and NLSBs will be able to afford to send more representatives to the Assemblies and a greater number of Intergroups and NLSBs will be able to participate in the Region-8 Convention Business Assemblies if they are held less often.

This amendment does not eliminate the By-law provision in Article VII, Section 2—Special Meetings (A) (page 14) that allows for a special (and additional) Business Assembly. That section provides “a special SOAR-8 Business Assembly may be called at any time by a majority vote of the Board” or “the registered

Region-8 Representatives as long as representatives from at least two (2) different states, countries or territories are making the request.” Once these conditions are met, the Board sets the time and place of the special meeting.

Summary of References to Specific Assemblies in By-Laws and Policy and Procedure Manual (The table below summarizes references in both the By-laws and P&P that may need to be modified if the motion is passed.)

<b>Topic</b>	<b>Reference</b>	<b>Summary</b>
<b><i>By-laws</i></b>		
“Fall meeting”	Article IV, Section 6, Part A, pg. 8  Article V, Section 4, Part A, pg. 10	WSBC delegates elected  Board members elected
“Late October early November	Article VIII, Section 1, Part A,	Chairmen of committees elected

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Region-8 Business Assembly”	pg.15	by committees and appointed by board
“October or November Region- 8 Business Assembly”	Article IX, Section1, Part I, pg. 16	Following assembly, Region will contribute budgeted amount to WSO by Dec., 31 of that year/
6-month issue	Article V, Section 8, Part D, pg.	Appeals (for removal from position) “shall be presented to the Business assembly within the unexpired term and within 6 months of the action.
<b>P&amp;P</b>		
November assembly	<u>Pg. 7, Financial Policies, # 2</u>  <u>Pg. 19, “Following Assembly,” # 3</u>  <u>Pg. 20, Election of Board Members</u>  <u>Pg. 22, Trustee, # 2&amp; 3</u>	<u>Ways and Means will present budget</u>  <u>After Nov. assembly send year-end committee reports to unrepresented service bodies</u>  <u>Annually in November</u>  <u>Trustee applications in before November. assembly and nominees selected at November assembly</u>

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	<hr/> <p>Pg. 23, Trustee # 8</p> <hr/> <p>Pg. 25, Region Delegate to WSBC Rules and Procedures, #3</p> <hr/> <p>Pg. 30, Ways and Means Committee, Duties # 6</p> <hr/>	<p>Filling vacancies if no nominees for Trustee at November assembly</p> <hr/> <p>Selection of candidates at November assembly</p> <hr/> <p>Prepare proposed annual budget to be presented at Nov. assembly</p> <hr/>
<p>March assembly</p>	<p>Pg. 12, Basic Principles, # 15</p>	<p>A GOAL SETTING/Region inventory session will be held at each March Assembly.</p>
<p>July assembly</p>	<p>Pg. 25, Region Delegate to WSBC Rules and Procedures, #5</p> <p>Pg. 28, Committee Chairs' Duties, # 8</p>	<p>Nominations from the floor (for Delegates to WSBC) taken at July assembly</p> <p>Submit proposed annual committee budget to Region Treasurer before adjournment of July assembly</p>

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<p>Multiple assemblies referenced</p>	<p>Pg. 21, Duties of Board Members, #4, parts a and b</p> <p>Pg. 23, Trustee #7, parts b1 and b2</p> <p>Pg. 38, Newsletter subcommittee (of Bylaws/Electronic documents), Duties # 1</p>	<p>Written reports submitted to Secretary 8 weeks prior to March and July assemblies, annual report 8 weeks prior to November assembly</p> <p>10 minutes allowed for Trustee report in March and November, 15 minutes in July</p> <p>Prepare a SOAR 8 newsletter for distribution at least 4 weeks prior to each assembly. Amendment will reduce number of issues to two per year—not necessarily a bad thing, but needs to be considered.</p>
<p>Work between conferences</p>	<p>Pg. 30, Committee Meeting Format, # 5</p>	<p>Plan work for next four months (assumes quarterly meeting)</p>

## Motion 7 Restrict Multiple Motions

	Adopted
	Amended
	Lost

### Motion:

Add to the SOAR 8 By-laws: ARTICLE XI- AMENDMENTS Section 1, Item F and the Policy & Procedures: Motions and Debate section, item 10:

*Once a Motion has been presented to the SOAR 8 Assembly for vote and has been defeated, another motion substantially covering the same subject matter cannot be presented within a 12-month period.*

**Submitted By:** Region 8 Board

### Intent:

Avoids revisiting substantially the same issue with repetitive motions within a 12-month period.

**Implementation:** Amend SOAR 8 By-laws and Policy & Procedures

**Cost:** None

### Rationale:

- In order to pass a By-laws change, the following procedures are necessary:
1. Write, reviewing and edit the motion.
  2. Determine whether P & P changes are required and add those changes to motion.
  3. Include motion in assembly packets and allot time in agenda.
  4. Present motion, allow time for debate and amendments and other parliamentary procedures.
  5. Motion passes with 75% vote.

This motion will eliminate the foregoing when the motion is substantially the same as a prior motion. There is very limited time during the business assembly and should be used as productively as possible.

## VII. Forms

### Business Assembly Committee Selection Form

This is only for Reps who did not attend the last SOAR 8 Assembly and have not been working with a committee since that time. **Please** sign up for a committee. All Reps will work with a committee during and between the SOAR 8 Business Assemblies. If you do not choose, we will choose one for you.

**Your Name:** \_\_\_\_\_ **Contact #:** \_\_\_\_\_

**Your Intergroup:** \_\_\_\_\_ **State:** \_\_\_\_\_

*Please choose a first, second and third choice as a committee may be full before you can be added to it. If you are already on a committee from the LAST SOAR 8 assembly, you need to speak with your current Committee Chair before submitting a change.*

**Public Information Professional Outreach (PIPO).** This committee is concerned with getting the message about OA out to the community and to Hospitals, Institutions, Professionals, and the Military.

**Intergroup Outreach (IGOR).** This committee is concerned with the welfare of Intergroups within Region 8. One of the ways that contact is maintained is through Intergroup Sponsors. IGOR also maintains a Region 8 speakers' list.

**Bylaws / Electronic Documents.** This committee is in charge of all Region 8 official documents, including Bylaws, Policy and Procedures, and the Soar 8 Newsletter. This committee also reviews all pending motions providing guidance as needed.

**12<sup>th</sup>-Step Within.** This Committee is concerned with keeping in contact with all people suffering from this disease of food addiction both within the rooms of OA and those who have come and left OA.

**Ways and Means.** This committee proposes projects that would make additional income for Region 8. The SOAR 8 pins are an example of such a project. The committee also annually produces a budget for the next year and audits the treasurer's report. (maximum of 8 people)

**Technology/Website.** This committee is in charge of assisting Region 8 with all technology concerns and endeavors. This committee manages the Region 8 website and Remote Attendance of Assemblies.

**Unity With Diversity.** This committee is focused on ensuring and encouraging unity within all of the diverse groups of Region 8. This committee is also involved with reaching out to Young People.

## Rep Funding Guidelines and Application

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### Rep Funding Guidelines

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1. Priority will be given to Intergroups which have never been represented at an Assembly, and to Intergroups which have not been funded in two years.
2. Intergroups which request funding more frequently than every two years will be considered on a case-by-case basis, at the discretion of the Rep Funding Program.
3. Funding shall be limited to expense of transportation and one-half the double occupancy rate for a maximum of two nights. Transportation should be by automobile if possible, or air/bus/train at the lowest rate.
4. Funding shall be limited to one Rep per Intergroup. However, other members may share transportation.
5. Advance funding may be requested, or funds will be given to the Rep upon arrival at the Assembly. **Voucher and Advance Request Form** will be required for either transaction. Unused funds and reconciliation of Advance must be returned to the Region Treasurer within six weeks after Assembly.
6. Application for Rep Funding is requested sixty days prior to the Assembly; however, application received at a later date will be considered.
7. Application requires the signatures of two Intergroup officers.
8. Application requires copies of the three most recent financial reports of your Intergroup.



## Rep Funding Application

**This form must be accompanied by copies of the three most recent financial reports of your Intergroup**

Date \_\_\_\_\_ Intergroup \_\_\_\_\_ Intergroup # \_\_\_\_\_ State \_\_\_\_\_

**Representative:**

**Intergroup Contact Person:**

Name \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

\_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_

For which Assembly is funding being requested? \_\_\_\_\_

Has your Intergroup ever sent a Rep to an Assembly? \_\_\_\_\_

If yes, where and when? \_\_\_\_\_

Has a Rep from your Intergroup ever been approved for funding by this committee? \_\_\_\_\_

If yes, where and when? \_\_\_\_\_

Has your Intergroup applied for funding in the last two years? \_\_\_\_\_

If yes, where and when? \_\_\_\_\_

What service work has your Intergroup/Rep done for Region 8 in the last 2 years? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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To help the committee determine amount of funding needed, please complete the following:

**Lodging:** 1/2 double-occupancy rate for two nights, including tax and tips \_\_\_\_\_

**Transportation:** Public transport at lowest rate, or private vehicle (see travel policy) \_\_\_\_\_

**Less: Amount your Intergroup can contribute toward expenses** ( \_\_\_\_\_ )

**TOTAL AMOUNT REQUESTED** \_\_\_\_\_

*Signatures:*

**Intergroup Officer** \_\_\_\_\_ **Office** \_\_\_\_\_

**Intergroup Officer** \_\_\_\_\_ **Office** \_\_\_\_\_

Send completed form including the funding amount needed to Intergroup  
Outreach Chairman [igorchair@oaregion8.org](mailto:igorchair@oaregion8.org)

**Voucher and Advance Request Form**

**SOAR 8**



Southeast Overeaters Anonymous Region 8

Alabama \* Arkansas \* Caribbean \* Central America \* Florida \* Georgia \* Louisiana \* Mississippi \* North Carolina \* South America \* South Carolina \* Tennessee

**VOUCHER and Advance Request Form**

Date \_\_\_\_\_ (If voucher, must be within six weeks of acquired expense)

- Expense Voucher                       Reconciliation of Advance dated  
 Advance Request                       Seed Money for Assembly (date & location)

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Region Position \_\_\_\_\_ Email \_\_\_\_\_

Event \_\_\_\_\_ Date(s) \_\_\_\_\_

**COMMITTEE CHAIR APPROVAL/SIGNATURE (note 1)**

<b>TRANSPORTATION</b>	Public vehicle at lowest rate	\$	_____	
	Private vehicle actual expense.....	\$	_____	(note 2)
	Private vehicle mileage @ IRS Rate.....	\$	_____	(note 2)
	Taxi/shuttle/bus/tips.....	\$	_____	
	Parking/tolls.....	\$	_____	
	<b>TOTAL TRANSPORTATION</b> - - - - -		\$	_____

<b>ASSEMBLY</b>	Thursday lodging/tips.....	\$	_____	(note 5/6)
	Friday lodging/tips.....	\$	_____	(note 5)
	Saturday lodging/tips.....	\$	_____	(note 5)
	Friday lunch/tips.....	\$	_____	(note 3/6)
	Saturday meals/tips.....	\$	_____	(note 3)
	Sunday bkfast/tips.....	\$	_____	
	Registration.....	\$	_____	
<b>TOTAL ASSEMBLY</b> - - - - -		\$	_____	

<b>MISCELLANEOUS</b>	Telephone	\$	_____	
	Postage/shipping	\$	_____	
	Printing/copying	\$	_____	
	Stationery/supplies	\$	_____	
	Other	\$	_____	
	<b>TOTAL MISCELLANEOUS</b> - - - - -		\$	_____

**SUB-TOTAL EXPENSES (note 4)**                      \$ \_\_\_\_\_

**LESS ADVANCE RECEIVED**                                      \$ \_\_\_\_\_

**TOTAL REIMBURSEMENT**                                      \$ \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_

- NOTES**
- Voucher must be submitted to Committee Chair for approval/signature.
  - IRS allows actual expenses (gas/oil/tolls) or a mileage rate as specified at [http://www.irs.gov/taxpros/article/0\\_id=158624\\_00.html](http://www.irs.gov/taxpros/article/0_id=158624_00.html) Please choose only one.
  - Committee chairs, Parliamentarian and webmaster will be funded for Saturday Luncheon and Banquet, and Sunday Breakfast wrap-up meeting. Board members will be funded for Friday luncheon, Saturday Luncheon and Banquet, and Sunday Breakfast wrap-up meeting.
  - Please attach specific receipts or copies of bills and explanations (as needed) for all items.
  - Lodging - maximum allowable per night is one-half the double-occupancy rate.
  - Board only unless requested by the Chair to arrive on Thursday

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## Future Assembly Flyers

Jacksonville, FL- November 2013

**CROWNE PLAZA JACKSONVILLE RIVERFRONT HOTEL**

1201 Riverplace Boulevard  
Jacksonville, FL 32207  
(904) 398-8800  
800-2CROWNE (227-6963)



**Make Your Own Reservations**  
(before 11/1/13)

Daily Room Rate \$99.00\* (+ 13% tax)  
Daily Parking Free  
Overnight Parking \$5.00  
Refrigerators Available (by request)  
Free Internet  
Outdoor Pool & Fitness Room  
Hotel Shuttle (2mile radius)  
Private Shuttle\*\* to/from Airport (\$35 each way)  
Check-IN 2:00PM  
Check-Out 1:00 PM

\*Special rates are available for three days before and after event.  
\*\*Express Shuttle contact number: 904-353-8880

### Visit the RECOVERY BOOKSTORE

Place your bulk orders before 10/15/2013  
Contact: Angie D.  
Phone: (904)866-7884  
Email: adickinson6@aol.com

### Donate to and visit the BOUTIQUE

Contact: Patty W.  
Phone: (770) 634-5738  
Email: weatherford1771@gmail.com



Credit cards will be accepted for purchases over \$10

If you are reading a paper copy, additional copies of this flyer can be downloaded at...  
[www.oaregion8.org](http://www.oaregion8.org) OR [www.oanfi.org](http://www.oanfi.org)



## SPIRITUALLY AWAKE & FULLY ALIVE

North Florida Intergroup is Hosting the 2013 SOAR 8 Recovery Convention and Business Assembly  
November 15-17, 2013  
In Jacksonville, Florida

NORTH FLORIDA INTERGROUP  
PO Box 880700  
Jacksonville, FL 32288-0700  
904-378-7303 / 800-684-9857  
[WWW.ONFI.ORG](http://WWW.ONFI.ORG)

OR... REGISTER ONLINE AT  
[WWW.SOAR8NOV2013.EVENTBRITE.COM](http://WWW.SOAR8NOV2013.EVENTBRITE.COM)  
(a surcharge is added when using this site)  
ONLINE REGISTRATION RECEIVED BY OCT 15TH WILL BE ENTERED IN A DRAWING FOR 2 FREE NIGHTS!

### Convention Highlights

**Registration** (in Hotel Main Lobby)  
Friday: 3:00 - 7:30 PM  
Saturday: 7:00 am - Noon

**Opening Ceremony: 7:30 PM Friday**

#### Workshops

**TRACK 1 TOOLS of RECOVERY**  
**TRACK 2 STEPS of RECOVERY**

**Workshops Begin** 4:00 PM Friday  
7:15 AM Saturday  
8:30 AM Sunday

#### Special Events—Saturday

Banquet: 7:00 pm  
Entertainment: Auction 9:00 pm

**Convention Ends: Noon Sunday**

No one will be turned away for lack of funds. If you cannot afford registration, consider giving service or a donation. Scholarships for registration are available, contact:

Registration: Barbara C.  
(352) 472-9924  
bcarter337@att.net

#### FOR MORE INFORMATION...

Committee Chairperson: Kimberly S.  
(904) 742-7359—kmsmithwrites@yahoo.com  
Committee Co-Chairperson: Amanda H.  
(904) 762-3388—ah647@gmail.com  
Hotel Liaison: Sid B.  
(978) 210-6339—zaydie\_35@yahoo.com

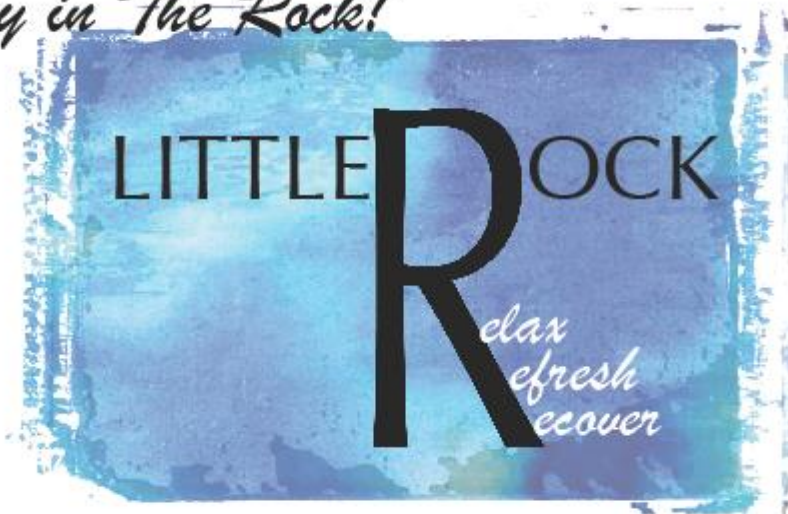
### Registration Form

NAME		
NAME & CITY ON BADGE		
ADDRESS		
CITY STATE ZIP		
INTERGROUP	PHONE	
EMAIL ADDRESS		
I AM ATTENDING AS:		
<input type="checkbox"/> BOARD MEMBER	<input type="checkbox"/> FUNDED CHAIR	<input type="checkbox"/> TRUSTEE
<input type="checkbox"/> RECOVERY ATTENDEE	<input type="checkbox"/> 1st TIME REP	<input type="checkbox"/> REGIONAL REP
	Postmarked before 10/15/2013	Postmarked after 10/15/2013
REGISTRATION	\$40.00	\$50.00
SATURDAY ONLY (no meals)	\$35.00	\$35.00
REGISTRATION + BANQUET	\$80.00	\$90.00
REGISTRATION + LUNCH & DINNER	\$110.00	\$120.00
REGISTRATION + 3 MEAL PKG*	\$125.00	\$135.00
REGISTRATION + 4 MEAL PKG*	\$140.00	\$150.00
GUEST 4 MEAL PKG*	\$100.00	
GUEST BANQUET	\$40.00	
NAME OF GUEST		
*3 MEAL PACKAGE INCLUDES: SATURDAY—BREAKFAST LUNCH AND BANQUET 4 MEAL PACKAGE INCLUDES: 3 MEAL PKG + SUNDAY—BREAKFAST. ALL MEALS WILL BE SERVED BUFFET STYLE.		
DONATION		
TOTAL ENCLOSED		
I WOULD LIKE TO GIVE SERVICE:		
<input type="checkbox"/> SPEAKER	<input type="checkbox"/> PAGE/RUNNER	<input type="checkbox"/> BOUTIQUE
<input type="checkbox"/> REGISTRATION TABLE	<input type="checkbox"/> LITERATURE TABLE	
<input type="checkbox"/> TIMER	<input type="checkbox"/> GREETER	<input type="checkbox"/> GST PICKUP
<input type="checkbox"/> DECORATIONS	<input type="checkbox"/> HOSPITALITY	<input type="checkbox"/> OTHER

Mail registration form & money to:  
SOAR 8 Recovery Convention  
C/O Barbara Carter  
28303 SW 101 Avenue, Newberry, FL 32669

Little Rock, AK- March 2014

*Recovery in The Rock!*



SOAR 8 Recovery Convention and Business Assembly  
March 21-23, 2014



CENTRAL ARKANSAS INTERGROUP

Hotel Information

Clarion Hotel Medical Center  
925 South University Ave  
Little Rock, AR 72204  
501-748-4707

Free Wireless Internet, Fitness Center,  
Complimentary Hotel Shuttle, Free Parking,  
Mini Fridge \$10 per day

Estimated Costs

Early Registration: \$35  
Registration: \$50

Lunch: \$26  
Dinner: \$38

\$96 single/double  
\$106 triple/quad

No one will be turned away for lack of funds!

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**Flyers for July 2014 bids**

See addendum