



Alabama  
Arkansas  
Florida  
Georgia  
Louisiana  
Mississippi  
North Carolina  
South Carolina  
Tennessee  
Puerto Rico  
Caribbean  
Islands  
Central America  
South America

## Southeastern Overeaters Anonymous Region 8

### IMPORTANT NOTES FOR BUSINESS ASSEMBLY Virtual October 23-25

Please visit [Virtual Assembly Oct 2020 Info](#) to download the **PACKET & ADDENDUM** to this packet prior to the Assembly.

**REGION 8 REPS** This packet is being distributed electronically. Please **DOWNLOAD** the entire packet on to your computer to have available during the Assembly. Please read and familiarize yourself with the information in the packet prior to the assembly. You will be able to give better service as a Rep for your Intergroup by having the information in this packet with you at the assembly. Please contact [secretary@oaregion8.org](mailto:secretary@oaregion8.org) if you have any questions.

**CERTIFICATE OF ELIGIBILITY** In order for your Intergroup Region 8 Representatives to be able to vote at the assembly, **your Intergroup must have a Certificate of Eligibility on file with the Secretary that is valid for 2020. You will fill out the Certificate of Eligibility online at our website, [www.oaregion8.org](http://www.oaregion8.org). Select the documents tab, fill in the information and hit submit! There is a Spanish and English version of the form online.** If you need help filling out the form, contact the Secretary. All Intergroups are requested to submit a new Certificate in January of each year AND during the year any time there is a change in IG Chair, Reps or Alternates for a Region 8 Assembly. Voting at the assembly is the best way to show how much you support a healthy Region 8!

**COMMITTEE ASSIGNMENTS** Part of your responsibility as a Region 8 representative is to participate in a committee. If you were not at the last assembly you can turn in the committee sign-up sheet to the Secretary on Friday at the business assembly. The sign-up sheet can be found [Committee Selection Form](#) and contains a brief explanation of each committee. If you were a Rep in the last assembly you will be placed in the same committee as last time. If you desire to change committees please first contact your Committee Chair and then contact the Secretary at [secretary@oaregion8.org](mailto:secretary@oaregion8.org) and submit a new selection form.

**ASSEMBLY REGISTRATION FORMS** Registration forms for this assembly can be found at [www.oaregion8.org](http://www.oaregion8.org). *You are responsible for making your hotel reservation for the assembly.*

**CALLING ALL INTERGROUPS** We need you. Is your intergroup going to be represented at the upcoming Virtual, Business Assembly from October 23 – 25, 2020. Please send at least one representative to our Virtual Region Assembly. There is much work to do and we need you to get this work done. Your voice is needed. Not only will your Intergroup be represented for important decisions but you will be helping the hosting Intergroup. **Funding may be available for this business assembly** and is available for future assemblies. If your Intergroup is unable to financially send at least one Representative to the business assembly, perhaps Region 8 can help you for a future assembly. You can submit the Representative Funding Application from [Representative Funding Application](#). Contact the IGOR Chair ([igorchair@oaregion8.org](mailto:igorchair@oaregion8.org)) for more information. We appreciate your service and need you.

**HOSTING A FUTURE ASSEMBLY AND RECOVERY CONVENTION** We will be accepting bids for a future Assembly and Recovery Convention at this Business Assembly. This is a great way to raise funds and promote OA in your area. Contact the Region 8 Vice-Chair ([vicechair@oaregion8.org](mailto:vicechair@oaregion8.org)) with any questions or to request support. Her contact info is in the SOAR 8 Service Directory.

**HAVE MORE QUESTIONS?** Please feel free to contact any Board Member or Committee Chair with anything that concerns you. Email addresses and phone numbers for all Board Members and Committee Chairs can be found in the Region 8 Service Directory below.

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**Region 8 Service Directory**

**Board Members**

<b>Chair</b> Katrina S. Baton Rouge, LA (225) 715-4988 <a href="mailto:chair@oaregion8.org">chair@oaregion8.org</a>	<b>Vice Chair</b> Pam G. Sarasota, FL (941) 343-7181 <a href="mailto:vicechair@oaregion8.org">vicechair@oaregion8.org</a>	<b>Treasurer</b> Michelle D./Region 8 Treasurer P.O. Box 242522 Little Rock, AR 72223 (501) 580-6120 <a href="mailto:treasurer@oaregion8.org">treasurer@oaregion8.org</a>
<b>Secretary</b> Janet T. Winter Park, FL (407) 310-2284 <a href="mailto:secretary@oaregion8.org">secretary@oaregion8.org</a>	<b>Trustee</b> Andi S Boca Raton, FL (954) 295-1123 <a href="mailto:trustee@oaregion8.org">trustee@oaregion8.org</a>	<b>Parliamentarian</b> Ellen F. Memphis, TN (901) 647-3587 <a href="mailto:parliamentarian@oaregion8.org">parliamentarian@oaregion8.org</a>

**Committee Chairs**

<b>12th Step Within (TSW)</b> Neill M. Triangle, North Carolina (919) 789-9402 <a href="mailto:tswchair@oaregion8.org">tswchair@oaregion8.org</a>	<b>Bylaws/Electronic Documents</b> Susan D. Huntsville, NC (415) 987-3194 <a href="mailto:Bylawschair@oaregion8.org">Bylawschair@oaregion8.org</a>	<b>Public Info/Prof. Outreach</b> Marisa M. Tampa, FL (813) 439-0440 <a href="mailto:pipochair@oaregion8.org">pipochair@oaregion8.org</a>
<b>Intergroup Outreach (IGOR)</b> Aleta P. Baton Rouge, LA (225) 937-0566 <a href="mailto:igorchair@oaregion8.org">igorchair@oaregion8.org</a>	<b>Ways &amp; Means</b> Melissa H. Ardmore TN (615) 202-5242 <a href="mailto:waysandmeanschair@oaregion8.org">waysandmeanschair@oaregion8.org</a>	
<b>Technology/Website</b> Sarah C., New Orleans, LA (504) 458-9965 <a href="mailto:techwebchair2@oaregion8.org">techwebchair2@oaregion8.org</a>	<b>Technology/Website</b> Barbara C., Newberry, FL (352) 472-9924 <a href="mailto:techwebchair@oaregion8.org">techwebchair@oaregion8.org</a>	

**Other Service Positions**

<b>TSW Mentor List</b> Pat C. Middle TN IG (615)294-0839 <a href="mailto:mentors@oaregion8.org">mentors@oaregion8.org</a>	<b>TSW Email/Sponsor List</b>  <a href="mailto:sponsors@oaregion8.org">sponsors@oaregion8.org</a>	<b>TSW Speaker List</b> Tammi Middle TN IG (337)734-4564 (Home) (337)370-1252 (Mobile) <a href="mailto:speakers@oaregion8.org">speakers@oaregion8.org</a>
<b>TSW-Workshop Resources</b> Tara L. Tampa, FL (412)260-8859 <a href="mailto:workshops@oaregion8.org">workshops@oaregion8.org</a>	<b>Region 8 Webmaster</b> Mary Jane W. St Petersburg, Florida <a href="mailto:webmaster@oaregion8.org">webmaster@oaregion8.org</a>	

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I. Agendas

**BOARD MEETING AGENDA**

**Friday, October 23, 2020**

**9:00 am CT / 10:00 am ET**

**Informal Meeting: R8 Board Only**

**10:00 am CT / 11:00 am ET**

**Board Meeting Convenes – Funded Chairs Join - Open to All**

**OLD BUSINESS**

1. Serenity Prayer
2. ZOOM Practice / Refresher / Committee Breakouts (Tech-Web)
3. Approval of Minutes: October 2019 Board Meeting (Secretary)
4. Spring 2021 Update (VC)
5. Topics for Spring 2021, Nashville Assembly for Presentation and Discussion (VC)  
Theme: "The Road of Happy Destiny"
  - a. Ideas we can use to grow Region 8 and our Intergroups
  - b. Attracting younger members to the Program
  - c. Passing on the "knowledge and importance" of service so that we can stay afloat
  - d. How are you trudging the road of Happy Destiny?
6. Audits/Finances/R8DSF Update (Treasurer)
7. OA Strategic Plan (Trustee)

**BREAK – 10 m**

**NEW BUSINESS**

1. Emergency Motions / Other New Business
2. Funded Committee Chairs:
  - a. Check in & update on Committee issues & activities, questions, concerns, issues – 10 min each

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**11:30 am CT / 12:30 pm ET**

**LUNCH: 90 min**

**1:00 pm CT / 2:00 pm ET**

**Board Meeting Reconvenes – Funded Chairs Join - Open to All**

1. Funded Committee Chairs: (continued)
  - a. Check in & update on Committee issues & activities, questions, concerns, issues – 10 min each

**OTHER NEW BUSINESS:**

1. Vouchers / Reimbursement
2. Registration for Spring 2021 Assembly

**3:00 pm CT / 4:00 pm ET**

**Close / R8 Chant / Meeting Adjourn**

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**BUSINESS ASSEMBLY AGENDA**

**Friday, October 23, 2020**

- 1. 5:00 pm CT / 6:00 pm ET  
ASSEMBLY CONVENES (Breaks ~10 min each hour)**
- 2. OA Readings**
- 3. Appointment of Timer**
- 4. Recognition of New Intergroups, New Reps (Green Dots) & Visitors**
- 5. Introduction of Region 8 Board members, Funded Committee Chairs & IG Chairs**
- 6. Introduction of former Region 8 Board Members and Trustees**
- 7. Nominations for Vice Chair (from the floor)**
- 8. Nominations for Secretary (from the floor)**
- 9. NEW REP (Green Dot) ORIENTATION**
  - a. For this Assembly EVERYONE will participate!
    - i. Please review the videos on Region 8 website, under Tech / Web Committee  
[Click on this link to watch these videos prior to assembly](#)
  - b. ZOOM Practice Run: Naming, Raising Hands, Voting, Etc.
- 10. Roll Call (Virtual) & Credentials**
- 11. Adoption of Agenda**
- 12. 7<sup>th</sup> Tradition (Please go to oaregion8.org to donate. Thank you!)**
- 13. IGOR / IG Chairs /Reps Sharing:**
  - a. Please fill out IGOR Intergroup (IG) Information & Update Form prior.
    - i. Form is located on the Region 8 website, under IGOR Committee
- 14. Announcements: Re-convene tomorrow at 8:00 am CT / 9:00 am ET**
- 15. RECESS**

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**Saturday, October 24, 2020**

**16. 8:00 am CT / 9:00 am ET  
CALL TO ORDER**

17. OA Readings

18. ZOOM refresh (~10 min)

19. Credentials Report

20. Adoption of Standing Rules

21. Introduction of Parliamentarian & short parliamentary lesson

22. Approve Consent Agenda

23. Approve minutes from last Assembly, Memphis, Tennessee – Fall 2019

24. 7th Tradition (Please go to oaregion8.org to donate. Thank you!)

25. Board reports (5 minutes each + 5 minutes for questions)

26. Trustee Report (5 minutes + 5 minutes for questions)

**27. 9:15 am CT / 10:15 am ET  
BREAK (15 min)**

**28. 9:30 am CT / 10:30 am ET  
Committee Meetings**

- a. Recommendation of new Committee Chairs to Board
- b. Hand in report (electronically) to Secretary

**29. 11:00 am CT / 12:00 pm ET  
Lunch Break with Speakers**

**30. 12:00 pm CT / 1:00 pm ET  
Speakers (Nominees for Vice Chair and Secretary with Q&A)**

- a. Speakers to share their story / reason for running (~15 mins)
- b. Q&A (~5 mins)

**31. 1:00 pm CT / 2:00 pm ET  
RECONVENE (Breaks ~10 min each hour)**

32. Credentials

33. Final Report from Memphis – Fall Assembly 2019

34. Brief Parliamentary Discussion

35. Motions

36. New business

- a. Region Delegates to WSBC: Delegates selected for the 2020 WSBC will serve as the 2021 Delegates, if the WSBC is held and the delegates are still available to serve.
- b. Budget
- c. World Service Office contribution
- d. Elect Vice Chair
- e. Elect Secretary

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- f. Committee Chair selection announcements
  - g. Bid for Spring 2021 Assembly and Convention
  - h. Emergency Motions (if needed)
- 37.** Committee reports
- a. Ways & Means
  - b. Bylaws/Electronic Documents
  - c. Intergroup Outreach (IGOR)
  - d. Twelve Steps Within (TSW) / Unity With Diversity (UWD)
  - e. Public Information / Professional Outreach (PI/PO)
  - f. Technology/Website (Tech/Web)
- 38.** For the good of the order (time permitting): Intergroup Announcements, etc.
- 39. GREEN DOT CEREMONY**
- 40.** Announcements:
- a. R8 Board & Committee Chairs Meeting tomorrow
    - i. Sunday, October 25 - 9:30 am CT / 10:30 ET

**ASSEMBLY ADJOURNS**

**Sunday, October 25**

**9:30 am CT / 10:30 ET - R8 Board and Committee Chairs Only**



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**II. Unapproved Business Assembly Minutes- Memphis, TN, October 2019**

<b>Friday, October 11, 2019</b>		
7:00 p.m.	1.	Assembly Convenes Serenity Prayer in English Linda R., Goldcoast IG And Spanish Melissa H., Tennessee Valley
7:05 p.m.	2.	OA Readings <ul style="list-style-type: none"> <li>• 12 Steps –Susan B., Piedmont IG</li> <li>• 12 Traditions—Mark J. Palm Beach County IG</li> <li>• 12 Concepts—Elaine O., Greater Memphis IG</li> <li>• For Today, October 11<sup>th</sup> -Tina S., Manasota IG</li> <li>• Solo Por Hoy, 11<sup>th</sup> Octubre- Ingrid S., Intergrupo de Bogota, Colombia</li> </ul>
7:18 p.m.	3.	Appointment of Timer –Aleta P, Baton Rouge IG Center Mic -Geri H., Virtual
7:19 p.m.	4.	Recognition of New Intergroups, Green Dots, Conventioneers & Visitors
7:23 p.m.	5.	Introduction of Region 8 Board Members, Funded Committee Chairs & IG Chairs
7:25 p.m.	6.	Introduction of former Region 8 Board Members and Trustees
7: 29p.m.	7.	Roll Call & Credentials
7:40 p.m.	8.	Adoption of Agenda 33 voting/ 4 non-voting
7:41 p.m.	9.	Forum: Intergroup Renewal
8:15 p.m.	10.	8:15 pm BREAK – Announcement
8:30 p.m.	11.	8:30 pm Welcome & short skit by hosting Intergroup
8:44 p.m.	12.	7 <sup>th</sup> Tradition collected Friday \$430.03
8:45 p.m.	13.	8:45 pm Presentation & Discussion
10:00 pm	14.	10:00 pm RECESS
<b>Saturday, October 12th 2019</b>		
7:30 a.m.	15.	New Rep Orientation
8:31 a.m.	16.	Call to order with Serenity Prayer in English- Tina M. Southwest Louisiana IG & Spanish
8:32 a.m.	17.	OA readings <ul style="list-style-type: none"> <li>• 12 Steps – Richard W, Piedmont IG</li> <li>• 12 Traditions-Barbara T., Palm Beach County IG</li> <li>• 12 Concepts-Cora W., New Freedom IG</li> <li>• Voices of Recovery, Oct 12<sup>th</sup>, -Marissa M., Suncoast IG</li> <li>• Voces de Reperacion – Octubre 12<sup>th</sup> -Ingrid, Intergrupo de Bogota, Colombia</li> </ul>
8:43 a.m.	18.	Credentials-36voting, 4 non-voting
8:45 a.m.	19.	Adoption of Standing Rules- adopted
8:46 a.m.	20.	Introduction of Parliamentarian & short parliamentary lesson
8:51 a.m.	21.	Approve Consent agenda – not needed

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8:52 a.m.	22.	Approved minutes from last Assembly, Ft Lauderdale, FL, April 2019- the minutes in the packet has error with number formatting
8:54 a.m.	23.	7th Tradition- collected \$209.32
8:56 a.m.	24.	Board reports - 5 min each +5 minutes questions
9:40 a.m.	24-a	WSBC Delegate report- this was missed – Neill M will present report from packet, followed by questions and answer period
9:24 a.m.	25.	Trustee Report 10 minutes + 5 minutes for questions
9:54 a.m.	26.	BREAK- return at and sit with your committee at 10:30
10:30 a.m.	27.	Committee Meetings
		First Order of Business:
		<ul style="list-style-type: none"> <li>• Recommendation of new Committee Chairs to Board:</li> <li>• Tech Web, UWD, TSW</li> </ul>
		<ul style="list-style-type: none"> <li>• Hand in report to Secretary- reports are submitted via Dropbox</li> </ul>
12:00 p.m.	28.	Lunch break with speaker
2:02 p.m.	29.	Reconvene
2:02 p.m.	30.	Credentials 38 voting
2:03 p.m.	31.	Final report from Ft Lauderdale, April Assembly 2019- Maureen, Gold Coast IG
2:14 p.m.	32.	Brief Parliamentary Discussion
2:19 p.m.	33.	<ul style="list-style-type: none"> <li>• Motion A Fall 2019 Article XXVI Unity with Diversity- <b>adopted</b></li> <li>• Motion B Fall 2019 Article XXVI Unity with Diversity- <b>adopted</b></li> <li>• Motion 1 Bylaws Article VIII UWD- <b>adopted</b></li> <li>• Motion C Fall 2019 OAPP chair- <b>adopted</b></li> <li>• Motion D Fall 2019 OAPP his to their- <b>adopted</b></li> <li>• Motion E new graphic OAPP title page- <b>adopted</b></li> <li>• Motion F: Fund TWO Co-Chairs of the Tech Web Committee-<b>adopted</b></li> </ul>
3:37 p.m.		<ul style="list-style-type: none"> <li>• Break- return in 13 minutes</li> </ul>
3:37 p.m.	34.	<ul style="list-style-type: none"> <li>• New business</li> </ul>
3:55 p.m.	a.	<ul style="list-style-type: none"> <li>• Budget 2019 – 2020 – presented by the Treasurer</li> </ul>
4:02 p.m.	b.	<p>Elect Region Delegates to WSBC- each presented followed by a 5-minute Q&amp;A- R8 has budgeted \$4,500 which would fully fund 3 Delegates; chair has asked if body would like to partially fund Delegates-- motion was to send 3 fully funded Delegates @\$4,500 each Chair assumes we will partially fund 4 Delegates; we will dispense voting and send all 4 Delegates with partial funding</p> <ul style="list-style-type: none"> <li>○ Dara S., Central Florida IG</li> <li>○ Terri (Maria) M., Miami Dade and the Keys IG</li> <li>○ Susan B., Piedmont IG</li> <li>○ Tara L., Suncoast IG</li> </ul>
4:54 p.m.	c	Elect Chair – Katrina S., was elected Chair
5:10 p.m.	d.	Elect Treasurer – Michelle was elected Treasurer
5:20 p.m.	e.	<p>Committee selection announcements- the follow chairs were ratified by the Board</p> <ul style="list-style-type: none"> <li>• 12<sup>th</sup> Step Within- Neill M., Triangle Intergroup</li> <li>• Tech/Web- Barbara C., New Freedom Intergroup; Bill L., GAOAIG <ul style="list-style-type: none"> <li>○ PI/PO – Marissa M., Suncoast Intergroup</li> </ul> </li> </ul>

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5:22 p.m.	f.	o Bids for fall 2020 Assembly & Convention- Middle Tennessee presentation
<b>5:31 p.m.</b>		<b>Chair is asking if body would like to extend the assembly 30 minutes- motion made and passed to extend 30 minutes</b>
	g.	b) OA's Strategic Operations Plan (Trustee)—not needed
	h.	Emergency Motions-- not needed
5:35 p.m.	35.	Committee Reports were presented in this order and projected on the screen by Tech/Web
		• Ways & Means
		• Bylaws/Electronic Documents
		• IGOR
		• TSW Unity with Diversity is now a sub-committee of TSW
		• PI/PO
		• Technology/Website-
5:43 p.m.	36.	For the good of the order Announcements from the floor Announcements made from Intergroups, see R8 website/calendar for updates
5:48 p.m.	37.	Green Dot Ceremony
5:49 p.m.	38.	Announcements: Banquet Info, Intergroup Chairs Meeting, Board Meeting, Check Out Time (Late Check Outs)
5:50 p.m.		ASSEMBLY ADJOURNS
5:48 p.m.		Green Dot Ceremony
<b>Sunday, October 13th 2019</b>		
8:00 a.m.		<b>Informal: R8 Board and Committee Chairs Only</b> (Board and Funded Chairs - Please feel free to bring Breakfast) Location: Garden Room 2
9:15 a.m.		<b>IGOR / IG Chairs /Reps Meeting - Open to All</b> Open meeting. Reps from each IG please attend! Location: Conference room 2

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**III. Results of Motions-Memphis, TN, October 2019**

**Motion 1: Update Bylaws Article VIII, Section 1**

<b>X</b>	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Amend Bylaws Article VIII, Section 1 by striking Unity with Diversity

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
Article VIII, Section 1, A, 2.  2. Odd Years: Technology/Web Site, Twelfth-Step-Within, Unity with Diversity, Public Information/Professional Outreach Committee	Article VIII, Section 1, A, 2.  2. Odd Years: Technology/Web Site, Twelfth-Step-Within, <del>Unity with Diversity</del> , Public Information/Professional Outreach Committee

**SUBMITTED BY:**

Bylaws Committee

Susan Berland

415-987-3194

[Bylawschair@oaregion8.org](mailto:Bylawschair@oaregion8.org)

**INTENT:**

Remove Unity with Diversity as a standing committee as it is now a sub-committee of Twelfth Step Within (TSW)

**IMPLEMENTATION:**

Amend the Bylaws to reflect this change.

**COST:**

Minor only if reprinting of the Bylaws is necessary.

**RATIONALE:** As this committee has already been made a subcommittee of TSW, the bylaws need to reflect this.

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**Motion A: Update Policy & Procedure Manual Article XXVI**

<b>X</b>	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual, Article XXVI as follows: (and to renumber sequential Articles of the P & P accordingly)

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>XXVI. Unity with Diversity Committee                      Purpose                      To recognize the significance that acceptance of diversity plays in our ability to effectively carry the message of recovery, this committee intends to encourage awareness within and outside the Fellowship of the importance of unity while honoring and respecting diversity.                      Duties:                      1. Gather and disseminate information from other Regions and WSO regarding Unity with Diversity work.                      2. Assist groups in attracting all who come to OA (regardless of culture, ethnicity, nationality, gender, sexual orientation, age, language spoken, abuse of food, disability, or method of recovery) and reach out to them with the message of recovery.                      3. Assist Groups and Intergroups with Twelve Step work with these diverse populations.                      Young People’s Sub-Committee                      Purpose                      To work with Groups, Intergroups and members to share the message of recovery with young people in OA.                      Duties                      1. Share information from other Regions and WSO regarding Young People’s work.                      2. Encourage Groups to welcome young people who come to OA, reach out to them with the message of recovery, and help them find a sponsor.</p>	<p><del>XXVI. Unity with Diversity Committee                      Purpose                      To recognize the significance that acceptance of diversity plays in our ability to effectively carry the message of recovery, this committee intends to encourage awareness within and outside the Fellowship of the importance of unity while honoring and respecting diversity.                      Duties:                      1. Gather and disseminate information from other Regions and WSO regarding Unity with Diversity work.                      2. Assist groups in attracting all who come to OA (regardless of culture, ethnicity, nationality, gender, sexual orientation, age, language spoken, abuse of food, disability, or method of recovery) and reach out to them with the message of recovery.                      3. Assist Groups and Intergroups with Twelve Step work with these diverse populations.                      Young People’s Sub-Committee                      Purpose                      To work with Groups, Intergroups and members to share the message of recovery with young people in OA.                      Duties                      1. Share information from other Regions and WSO regarding Young People’s work.                      2. Encourage Groups to welcome young people who come to OA, reach out to them with the message of recovery, and help them find a sponsor.                      3. Assist Groups and Intergroups with Twelve Step Young People’s work.</del></p>

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<p>3. Assist Groups and Intergroups with Twelve Step Young People’s work.</p> <p>Translations Sub-Committee (Motion ratified July, 2015)          Purpose          To effectively carry the message of recovery in Region 8 by recognizing, accepting, and embracing our language diversity and to facilitate the translation and dissemination of documents to further our primary purpose.</p> <p>Duties          1. Gather and disseminate information in Spanish and Portuguese from other committees in Region 8, other Regions and WSO in order to share the message of recovery.          2. Assist groups in attracting all who come to OA and reach out to them with the message of recovery in Spanish and/or Portuguese.          3. Assist Groups and Intergroups with Twelve Step work with the people who speak other languages.</p>	<p><del>Translations Sub-Committee (Motion ratified July, 2015)</del>  <del>Purpose</del>  <del>To effectively carry the message of recovery in Region 8 by recognizing, accepting, and embracing our language diversity and to facilitate the translation and dissemination of documents to further our primary purpose.</del></p> <p><del>Duties</del>  <del>1. Gather and disseminate information in Spanish and Portuguese from other committees in Region 8, other Regions and WSO in order to share the message of recovery.</del>  <del>2. Assist groups in attracting all who come to OA and reach out to them with the message of recovery in Spanish and/or Portuguese.</del>  <del>3. Assist Groups and Intergroups with Twelve Step work with the people who speak other languages.</del></p>
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**SUBMITTED BY:**

Bylaws Committee  
 Susan Berland

415-987-3194

[Bylawschair@oaregion8.org](mailto:Bylawschair@oaregion8.org)

**INTENT:**

Remove Unity with Diversity as a standing committee

**IMPLEMENTATION:**

Amend the Region 8 Policy & Procedure Manual to reflect this change.

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:** The Twelfth Step Within (TSW) committee and the Unity with Diversity (UWD) committee often find they have common issues and are duplicating their service work. In addition, it has proven very difficult to keep the UWD committee adequately staffed. Therefore, a merger of UWD into the TSW as a subcommittee of TSW will avoid duplication of efforts in accordance with Concept 10 and will help alleviate the staffing issues.

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**Motion B: Update Policy & Procedure Manual Article XXVI**

<b>X</b>	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual Article XXIV after the section “Duties” by adding Unity with Diversity and its Translations sub-committee as subcommittees of Twelfth Step Within as follows:

CURRENT WORDING	PROPOSED WORDING
	<p>XXIV. Twelfth-Step-Within Committee</p> <p><u>Unity with Diversity Sub Committee</u></p> <p><u>Purpose</u>  <u>To recognize the significance that acceptance of diversity plays in our ability to effectively carry the message of recovery, this committee intends to encourage awareness within and outside the Fellowship of the importance of unity while honoring and respecting diversity.</u></p> <p><u>Duties:</u></p> <p>1. <u>Gather and disseminate information from other Regions and WSO regarding Unity with Diversity work.</u></p> <p>2. <u>Assist groups in attracting all who come to OA (regardless of culture, ethnicity, nationality, gender, sexual orientation, age, language spoken, abuse of food, disability, or method of recovery) and reach out to them with the message of recovery.</u></p> <p>3. <u>Assist Groups and Intergroups with Twelve Step work with these diverse populations.</u></p> <p><u>Young People’s Sub-Committee</u></p> <p><u>Purpose</u>  <u>To work with Groups, Intergroups and members to share the message of recovery with young people in OA.</u></p> <p><u>Duties</u></p> <p>1. <u>Share information from other Regions and WSO regarding Young People’s work.</u></p> <p>2. <u>Encourage Groups to welcome young people who come to OA, reach out to them with the message of recovery, and help them find a sponsor.</u></p>

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	<p><u>3. Assist Groups and Intergroups with Twelve Step Young People’s work.</u></p> <p><u>Translations Sub-Committee (Motion ratified July, 2015)</u></p> <p><u>Purpose</u> <u>To effectively carry the message of recovery in Region 8 by recognizing, accepting, and embracing our language diversity and to facilitate the translation and dissemination of documents to further our primary purpose.</u></p> <p><u>Duties</u></p> <p><u>1. Gather and disseminate information in Spanish and Portuguese from other committees in Region 8, other Regions and WSO in order to share the message of recovery.</u></p> <p><u>2. Assist groups in attracting all who come to OA and reach out to them with the message of recovery in Spanish and/or Portuguese.</u></p> <p><u>3. Assist Groups and Intergroups with Twelve Step work with the people who speak other languages.</u></p>
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**SUBMITTED BY:**

Bylaws Committee  
Susan Berland

415-987-3194

[Bylawschair@oaregion8.org](mailto:Bylawschair@oaregion8.org)

**INTENT:**

Add Unity with Diversity as a sub-committee of Twelfth Step Within

**IMPLEMENTATION:**

The action has already been taken. This will simply amend the Policy & Procedure Manual to reflect this change.

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:** The Twelfth Step Within (TSW) committee and the Unity with Diversity (UWD) committee often find they have common issues and are duplicating their service work. In addition, it has proven very difficult to keep the UWD committee adequately staffed. Therefore, a merger of UWD into the TSW as a subcommittee of TSW will avoid duplication of efforts in accordance with Concept 10 and will help alleviate the staffing issues.



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**Motion C: Update Region 8 Policy & Procedure Manual**

<b>X</b>	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual by changing Chairman to Chair

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
Move to change all instances of the word Chairman to Chair  An example: XXI Vice- <del>Chairman</del> 1. Assumes all duties of <del>Chairman</del> in his/her absence.	Vice <u>Chair</u> 1. Assumes all duties of <u>Chair</u> in his/her absence.

**SUBMITTED BY:**

Bylaws Committee

Susan Berland

415-987-3194

Bylawschair@oaregion8.org

**INTENT:**

To make the P&P more inclusive.

**IMPLEMENTATION:**

Change all instances of the word chairman to chair and vice-chairman to vice-chair

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:** To make the P&P more inclusive.

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**Motion D: Amend Region 8 Policy & Procedure Manual**

<b>X</b>	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual by changing his or her and his/her to their

CURRENT WORDING	PROPOSED WORDING
Move to change all instances of the words his or her or his/her to their  An example: XXI Board Members Duties of Board Members  5. Board member may select someone to give report in <del>his/her</del> absence, at no expense to Region.	5. Board member may select someone to give report in <u>their</u> absence, at no expense to Region.

**SUBMITTED BY:**

Bylaws Committee

Susan Berland

415-987-3194

[Bylawschair@oaregion8.org](mailto:Bylawschair@oaregion8.org)

**INTENT:**

To make the P&P more inclusive.

**IMPLEMENTATION:**

Change all instances of the word his or her to their and his/her to their

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:** To make the P&P more inclusive. The pronouns they/them/their are more commonly used as singular today.

According to Merriam Webster, “In an 1881 letter, Emily Dickinson wrote "Almost anyone under the circumstances would have doubted if [the letter] were theirs, or indeed if they were themself." People have used singular 'they' to describe someone whose gender is unknown for a long time, but the nonbinary use of 'they' is relatively new.”

More information can be found here: <https://www.merriam-webster.com/words-at-play/singular-nonbinary-they>

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**Motion E: Update Policy & Procedure Manual**

<b>X</b>	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend OAPP, changing the graphic on the cover page

CURRENT WORDING	PROPOSED WORDING
 <p>Alabama                  Arkansas                  Florida                  Georgia                  Louisiana                  Mississippi                  North Carolina                  South Carolina                  Tennessee                  Puerto Rico                  South America                  Central America                  Caribbean Islands</p>	 <p>Alabama                      Florida                      Puerto Rico                  Arkansas                      Georgia                      South America                  Caribbean Islands                      Louisiana                      South Carolina                  Central America                      Mississippi                      Tennessee                  North Carolina</p>

**SUBMITTED BY:**

Bylaws Committee  
 Susan Berland

415-987-3194

[Bylawschair@oaregion8.org](mailto:Bylawschair@oaregion8.org)

**INTENT:**

To make the title accurate.

**IMPLEMENTATION:**

New P&P to be uploaded to the website

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:** To make the P&P accurate. The current graphic says Southeast Overeaters Anonymous. This will reflect the correct name, Southeastern Overeaters Anonymous.

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**Motion F: Fund TWO Co-Chairs of the Tech Web Committee**

<b>X</b>	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend P & P Manual, Article IX, Section A.5 as follows:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>Article IX Financial Policies, Section A General</p> <p>5. The following positions are funded within the guidelines hereinafter stated: Chairman, Vice-Chairman, Secretary, Treasurer, Parliamentarian, and the chairs of the following committees: Ways and Means, IGOR, Bylaws/Electronic Documents, Public Information/ Professional Outreach, Twelfth-Step Within, <del>Technology/Web Site</del>, and Unity with Diversity.</p>	<p>Article IX Financial Policies, Section A General</p> <p>1. The following positions are funded within the guidelines hereinafter stated: Chairman, Vice-Chairman, Secretary, Treasurer, Parliamentarian, and the chairs of the following committees: Ways and Means, IGOR, Bylaws/Electronic Documents, Public Information/Professional Outreach, Twelfth-Step Within, <del>Technology/Web Site</del>, and Unity with Diversity, <b><u>and two Co-Chairs of the Technology/ Web Site Committee.</u></b></p> <p style="text-align: center;">a)</p>

**SUBMITTED BY:**

Chair, Technology/Web Site Committee, SOAR 8  
 Barbara Carter 352.472.9924

[techwebchair@oaregion8.org](mailto:techwebchair@oaregion8.org)

**INTENT:**

The intent of this motion is to request funding for a second person on the Technology/Web Site Committee (two Co-Chairs) for travel/expenses to the Business Assemblies.

**IMPLEMENTATION:**

Starting with the spring 2020 business assembly. This will fall under a new fiscal year.

**COST:**

\$1,200 (per year, approximately). The Treasurer stated that the budget allows \$600 for each funded chair per business assembly.

**RATIONALE:**

Since the adoption of virtual attendance and, more recently, virtual voting during the business assemblies, the Tech/Web Committee responsibilities have increased, while the desire to assist on the Tech/Web Committee has decreased. At the spring 2018 assembly, we “recruited” a talented person from the recovery convention to help with the Tech/Web Committee. At the assembly in fall 2018, only one person was physically present to handle two computers: one for real-time projection and the other for real-time communication with the virtual attendees. When no one from the rooms stepped up to assist Tech/Web, the Vice-Chair stepped down from the dais to support their responsibilities.

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It is imperative that **at least** two people be present at each business assembly to handle the responsibilities and the equipment of the Tech/Web Committee. These responsibilities include:

- Monitoring all the virtual attendees. This includes working with the Secretary to make sure they are all informed and on-line, answering their questions through chat, and trying to maintain the internet connections, video and audio feeds.
- Displaying all of the readings, motions and other presentations on the screen. Modifying the text in motions as they are amended.
- Maintaining, setting up, and running all the equipment: two laptop computers, a microphone, camera and projector.

Scrambling at the last minute to recruit a second person to assist with the Tech/Web committee is not efficient. The job cannot be done with only one person. It will be easier to fund a second person – thus ensuring their attendance at the business assembly. The qualifications are few: if you can use a smart phone and/or computer, we can teach you to run the software needed during the business assembly.

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#### **IV. Reports**

##### **Board Member Reports**

###### **Chair**

###### **Katrina S, Chair Virtual Fall 2020**

iHola! Olá! Hello Everyone!!!

My name is Katrina S. I am Region 8 Chair, a compulsive overeater, and sugar addict, living an abstinent, beautiful life thanks to OA!

Thank you for allowing me the honor and privilege of being Chair of this amazing region.

In this time of uncertainty, upheaval, and sometimes panic, we, who practice our program, live well, are well and embody the joy of recovery have gifts to share with the world. Because we know that within our weakness lies strength. Because we are people who normally would not mix but do and who mix with courage, strength, and love. Because we know that there is a higher power, a source of serenity, power and love and that that higher power is not one of us, we have gifts to share with the world. And, if we are struggling, we know that we have a higher power, a program, a community and tools to use and to lean on.

Today in this tumultuous, uncertain time the state of Region 8 is strong. You are the reason that Region 8 is strong. You are the reason that Region 8 continues to carry the message. You set up and attended virtual meetings, retreats, and conventions. You called your Sponsors and Sponsees and reached out to Newcomers. You practiced your program to the best of your ability.

The Baton Rouge Intergroup (BRIG) was prepared to host all of Region 8 in a beautiful setting, then postponed, then geared up again, then canceled, then began refunding monies. For a small intergroup the financial loss was tough but without being asked, Central Arkansas Intergroup shared their wealth to help. For BRIG, the only lament, they wish that they could have hosted.

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The Middle Tennessee (OA Nashville) Intergroup scheduled an assembly and recovery convention, worked with Baton Rouge Intergroup to postpone and are now rethinking. Their only thought has been how to deliver a wonderful assembly and recovery convention.

Your Region 8 committees continue to work. The Twelve Steps Within (TSW) Committee continues to send out uplifting messages on the 12<sup>th</sup>. Ways and Means is selling the non-Convention, Convention tees to recoup losses. Tech/Web is working extremely hard to determine how to technically support and run a virtual assembly, creating teaching videos to use on demand, and working out every step needed to remotely complete actions typically done in person. Intergroup Outreach (IGOR) is creating documents to be used to guide Intergroups and Meetings in data collection. Public Information and Professional Outreach (PIPO) is exploring new ways to use technology to reach out.

Region 8 was scheduled to host the OA World in Orlando, Florida with your Region 8 Trustee, Andi S leading the planning with the help of Linda H, previous Trustee. The only lament, we wish that we could have made it to Disney! Oh right, we mean the OA World Service Organization Convention! ☺

Your Region 8 Board organized an entirely virtual assembly for the first time in Region history, meeting weekly to get it done. The only thought was getting the business of Region 8 done efficiently and effectively.

Two of the Region's most committed Board Members are scheduled to rotate off but instead of cruising to an assembly where two new amazing trusted servants will step up to take on these duties, found themselves working harder than ever.

Your Region 8 Chair is also Chair of the Region Chairs Committee and a member of the OA World Service Organization Strategic Planning Committee helping to lead OA worldwide.

All of our 52 Intergroups and 3 Language Boards are rising to meet the demands of the new reality we find ourselves in. But that is all because of you. Because you are living Step 12, carrying the message and being the message. Because of you, the state of Region 8 is strong.

Stay safe. Take care. Big hugs! Much, much love,  
Katrina S  
Region 8 Chair

# 2020 - Looking to the Future - OA Celebrates 60 Years! Fall Virtual Assembly – October 23-25, 2020

## Vice Chair

Pam, G.

Vice Chair Report – Fall 2020 Assembly

Pam G. Vice-Chair

Thank you for allowing me to be the Vice Chair for Region 8!

To recap the assembly schedule this past year: The Baton Rouge Intergroup made the decision to postpone the March Assembly due to the pandemic and proposed to host in October 2020. Which then suggested that the Middle Tennessee Intergroup move their convention/assembly to March or April 2021, which they agreed. Later, the Baton Rouge Intergroup decided not to host a convention so the Region Board decided that the Fall Assembly will be held virtually.

In planning future assemblies, the New Freedom Intergroup will be proposing a bid at this assembly to host the Fall 2021 convention/assembly. But let's not stop there! Intergroups are needed to host future assemblies/conventions. There's plenty of resources to help you – Hosting Manual on the Region website, previous assembly report in the packet and many other intergroups willing to help.

At this assembly I'll be turning over the reins to the next person as I rotate out of service. It has been a pleasure serving at this level. I have learned a lot about myself and about the people who served on the board with me. I have also met some wonderful people in Region 8 and I'm going to miss attending committee meetings, board meetings and the assemblies in general. I look forward to seeing you at Zoom meeting or hopefully in person in the future.

I'm grateful for the opportunity of serving you and Region 8!

Yours in service,

Pam Gleason

Region 8 Vice Chair

[vicechair@OAreion8.org](mailto:vicechair@OAreion8.org)

941-343-7181



# 2020 - Looking to the Future - OA Celebrates 60 Years! Fall Virtual Assembly – October 23-25, 2020

Treasurer

Michelle D.

## Treasurer's Report Fall 2020

Hello Region 8!

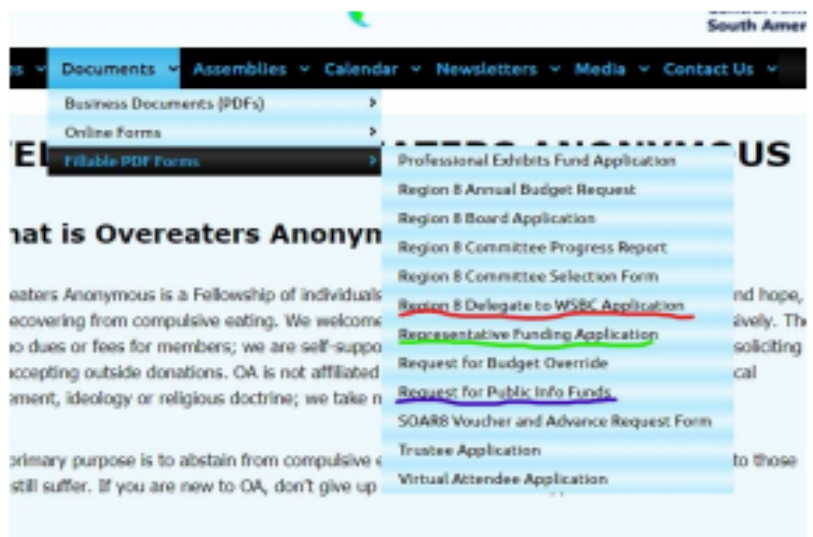
I am looking forward to seeing how this virtual Assembly goes. I hope that I will get to see more folks attending than normally can attend a face-to-face Assembly. The ONE benefit of having it virtual!

I have had a busy year as treasurer. I began the fiscal year dedicated to keeping clear records for myself so I could keep the body informed when asked questions AND so I could base the 2021 budget off of numbers that made sense to me. Well...then the bottom fell out of the world. So while I maintained records I am proud of, and am confident of being able to share money status with whomever needs the info, the budget numbers are based on trends I saw up until March!

It really has been a tremendous gift to my program doing this level of service for you. I am honored to be trusted to maintain the finances of the Region. I treasure the little notes that sometimes come with donations so feel free to keep doing that!

I am eager to see the Region money used to further the message and to aid the still-suffering compulsive overeater. So here are a few ways in which your Intergroup can get access to these funds.

- **WSBC Region 8 Support Fund (R8DSF):** this money is set aside to help Intergroups send representatives to the WSBC. The application is the same as the one WSO uses but it is sent to me by September 1st. The IGOR chair and I then process the applications and communicate what can be funded by the Region. If we do not have enough funds for the full request, then the rest of the request is sent to WSO to see if they can cover the remainder.
- **IGOR Rep Funding:** this money is set aside to help Intergroups send representatives to Region 8 Assemblies. Like the one you are attending today! The application for this is found on the [OAreion8.org](http://OAreion8.org) website and needs to be submitted 60 days prior to the Assembly.
- **Public Information Fund:** this money is set aside to help Intergroups carry the message. It could be used to launch a local poster campaign, pay for TV or radio airtime, or purchase billboards. This application can also be found at [OAreion8.org](http://OAreion8.org).



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- Carry the Message Fund: this money is set aside to send Experience/Strength/Hope in the form of someone from the Region like a Board member or a Committee Chair to help struggling Intergroups. These people might be leading workshops or helping an Intergroup with revamping their meetings. The application is also on the OARegion8.org website but has the cryptic name STC.



Please reach out any time if you would like more information about the Region 8 finances. I'm happy to help out in whatever way can be useful!

Thank you,  
Michelle D  
Treasurer

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TREASURER'S ANNUAL REPORT

OCTOBER 2019 - AUGUST 2020

MONTH/YEAR	INCOME	EXPENSES
October	3821.25	10352.30
November	1746.93	1206.88
December	1497.51	1159.82
January	2583.06	840.61
February	4560.81	1021.14
March	1662.93	6808.49
April	2133.57	1205.03
May	1368.77	184.99
June	1154.53	275.32
July	2702.29	240.86
August	3112.15	184.99
<b>TOTAL</b>	<b>\$26,343.80</b>	<b>\$23,480.43</b>

Current Bank Balance: \$40,484.61 (as of September 16, 2020)

Prudent Reserve: 68% (OA suggestion of 40-60%)

(Prudent Reserve = Actual Bank Balance divided by Annual Amount Budgeted to Fund  
Region8: \$36,259.48 divided by \$59,850.00)

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Secretary

Janet T.

Hello Everyone and welcome to our first ever Region 8, Virtual Business Assembly.

You should know that the Board and the fabulous Tech/Web Committee have been meeting each week and working very hard putting this together. We are looking forward to “seeing” everyone virtually!

This will be my final assembly as your secretary. After the elections I will be handing the Secretary’s laptop and duties over. I can honestly say being your Secretary all these years has been not only the most rewarding service I can imagine, but also the most cherished. I have made countless friends in Region 8 and will miss seeing all of you at the assemblies.

Thank you all for giving me this opportunity to grow and *“to fit myself to be of maximum service to God and the people about”* me!

Sincerely,

Janet T.

407-310-2284

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**Trustee**

*See addendum*

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Fall Virtual Assembly – October 23-25, 2020

Committee Progress Reports

Bylaws

# SOAR 8

Southeast Overeaters Anonymous Region 8



Alabama • Arkansas • Caribbean • Central America • Florida • Georgia • Louisiana • Mississippi • North Carolina • Puerto Rico • South America • South Carolina • Tennessee

## REGION 8 COMMITTEE PROGRESS REPORT

**SAVE THIS FILE to your device.** Open saved file from your device, complete it and save it again. Then attach the completed form in an email and submit it to: [secretary@oaregion8.org](mailto:secretary@oaregion8.org)

Committee: Bylaws Assembly: Fall 2020

Packet for Assembly October 23-24, 2020  Progress Report \_\_\_\_\_  
Date of Assembly Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. Continue review of P&P
2. Solicit input from Trustee on her position
3. Solicit input from Committee chairs on their sections
- 4.
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. Solicited input from trustee and committee chairs
2. Submitted motions to assembly
3. Reviewed motions from committees
- 4.
- 5.

Projections for the next period:

1. Continue review of P&P, specifically the Bylaws Committee
2. Prepare and submit motions as needed for committee section of P&P
3. Submit motions as needed
- 4.
- 5.

Expenditures for the period: \$ 0.00

Committee Chair: Susan Berland Date: 9/17/2020

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Twelfth-Step-Within

# SOAR 8

Southeast Overeaters Anonymous Region 8

Alabama • Arkansas • Caribbean • Central America • Florida • Georgia • Louisiana • Mississippi • North Carolina • Puerto Rico • South America • South Carolina • Tennessee



## REGION 8 COMMITTEE PROGRESS REPORT

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Committee: Twelfth Step Within Assembly: Fall 2020

Packet for Assembly Oct. 23-25, 2020  Progress Report Aug. - Sept. 2020  
Date of Assembly Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. Maintain and grow resources of TSW subcommittees
2. Produce monthly 12th on the 12th messages for Region 8 in English, Spanish, and Portuguese
3. Submit articles on recovery for the Region 8 newsletter
4. spread the word about TSW resources to intergroups
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. Seeking new subcommittee chairs for the Online Sponsor subcommittee
2. Collecting progress reports for subcommittee utilization within Region 8
3. Regularly issuing the 12th on the 12th in 3 languages
4. Committee chair available to speak about TSW resources
- 5.

Projections for the next period:

1. Fill all subcommittee chair positions
2. Add participants to subcommittee lists
3. Continue 12th on the 12th message
- 4.
- 5.

Expenditures for the period: \$ 0.00

Committee Chair: Neill McCormick Date: 09-27-2020



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Tech Web Committee Report

# SOAR 8

Southeast Overeaters Anonymous Region 8

Alabama • Arkansas • Caribbean • Central America • Florida • Georgia • Louisiana • Mississippi • North Carolina • Puerto Rico • South America • South Carolina • Tennessee



## REGION 8 COMMITTEE PROGRESS REPORT

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Committee: Tech/Web Committee Assembly: "Virtual Assembly"

Packet for Assembly 23-25 OCT 2020  Progress Report   
Date of Assembly Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. Prepare for totally virtual business assembly -- assign roles
2. Hold monthly Tech Web meetings (Zoom)
3. Support Region 8 Board meetings (Zoom)
4. Prepare media presentations (PPT w/audio) and post on website
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. Installed Windows 10 on older Acer computer; updated both
2. Submitted motion to appoint co-chairs in alternate years
3. Submitted motion to update P&P Manual = Tech Web responsibilities
4. Submitted motion to request additional funds (>\$500) for new equipment (2020 budget)
5. Revised Virtual Attendee Application (Rev. 1)

Projections for the next period:

1. Will prepare a "lessons learned" summary from virtual business assembly
2. Purchase updated computer equipment/or plan for replacements
3. |
- 4.
- 5.

Expenditures for the period: \$ 105.00

Committee Chair: Barbara J. Carter

Date: 11 SEPT 2020



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**Ways and Means**

Ways and Means Committee Report

Region 8 Business Assembly October 2020

(Mike S, Barbara T., Ingrid S., and MicheleD - members extraordinaire) Melissa H, chair

Bringing in funds to help support OA Region 8, as well as OA worldwide is our Mission! We've worked very hard to create great commemorative t-shirts for the 60 year anniversary of OA. Check it out below:

We also hope to have OA Region 8 Journals for sale by our assembly in October (multi purpose: journaling, food diaries, 10th steps, info about OA, slogans....)

We'll also be offering some fun gift baskets for the upcoming holidays - great gifts/stocking stuffers for program friends and sponsors/sponsees.

Click this link and you'll be wearing yours by the time you finish the assembly (maybe....)

<https://oaregion8.org/documents/PDFs/commemorative-tee-shirt-for-sale.pdf>

2020 - Looking to the Future - OA Celebrates 60 Years!  
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**Commemorative T-shirt**

**2020 World Service Convention**

*the event that never happened!!*

**Celebrating 60 years of Recovery**

*Available in sizes Small-5X  
Cost - \$ 20.00 each with free shipping  
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Little Rock, AR 72223

Please put on the memo line of your check that  
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For questions contact:  
Email : [WaysandMeansChair@oaregion8.org](mailto:WaysandMeansChair@oaregion8.org)  
Phone: 615-202-5242  
(text or call)  
Name: Melissa H.

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**Intergroup Outreach (IGOR)**

Aleta Pickholtz Chair Region 8,

IGOR

Committee Report for October 23-24, 2020 Assembly

Once again, I would like to thank you for allowing me to be of service by chairing the IGOR Committee for Region 8. This has been a relatively crazy period for the committee, the Region and the entire Fellowship, and especially me.

The Spring Assembly was postponed because of the Worldwide Corona Virus Pandemic, and actually it was never to come to fruition; at least face-to-face. Trying to make sense of all of this is way beyond my “pay” grade. When Baton Rouge finally cancelled the fall event, the Region 8 board needed to carry on and make this a virtual business assembly, no small feat. Many thanks to those brave souls who are doing all of the work. I definitely include the Tech Web Committee. I personally have totally lost track of time which may explain why this is appearing in the Addendum rather than in the original packet, a fact for which I apologize.

This Assembly will be my last one at Region 8 and therefore also my last as IGOR Chair. The term is up at this Assembly and hopefully we will be able to elect a new Chair. In the future I hope to be present at the Region Convention portion of our events.

Enough about me. While we have all been locked down or in, as the case may be, we as a committee have been moving forward. We have identified those Intergroups or Service Boards needing and requesting financial assistance for both Spring and Fall of 2020. Our treasurer Michelle D. who works tirelessly with us and I am sure everyone else in Region 8, is invaluable. Those requesting financial assistance will not be needing the money this year but we look forward to the

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future. We have, however, agreed to assist Delegates from 3 Intergroups/Service Boards to attend the 2021 World Service Business Conference.

The IGOR Committee has submitted 3 items to be printed on the web page. An Intergroup Support Workshop Booklet, a handout registration form with instructions for groups to submit to their Intergroup and a form to be completed by each Intergroup and submitted to Region 8, hopefully to the IGOR chair to keep and share with the Secretary. We also have added a couple of lines to the request for funding form.

Although the bulk of the work has been done by others on the committee, I am so grateful to all for pitching in and assisting me. Hopefully everyone agrees that this is a WE committee.

Intergroup Support Workshop Booklet, a handout registration form with instructions for groups to submit to their Intergroup and a form to be completed by each Intergroup and submitted to Region 8: <https://oaregion8.org/documents/igor/IGOR-Intergroup-Support-Workshop-Packet.pdf>

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Public Information/Professional Outreach (PIPO)

# SOAR8

Southeast Overeaters Anonymous Region 8

Alabama • Arkansas • Caribbean • Central America • Florida • Georgia • Louisiana • Mississippi • North Carolina • Puerto Rico • South America • South Carolina • Tennessee



## REGION 8 COMMITTEE PROGRESS REPORT

**SAVE THIS FILE to your device.** Open saved file from your device, complete it and save it again. Then attach the completed form in an email and submit it to: [secretary@oaregion8.org](mailto:secretary@oaregion8.org)

Committee: PIPO Assembly: Memphis

Packet for Assembly October 23-25 2020  Progress Report \_\_\_\_\_  
Date of Assembly Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. Host Region 8 PIPO Info Share
2. Assemble/Create Virtual PIPO Manual to send to IG's
3. Submit PIPO article for region newsletter advising IG's how to order a retractable banner
4. Reach out to Region via All Soar8 email list in lieu of specific IG chair email list
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. Hosted Region 8 PIPO Info Share
2. Submitted article for Region 8 Newsletter
- 3.
- 4.
- 5.

Projections for the next period:

1. Translate Virtual PIPO Manual into Spanish and Portuguese
2. Participating in a PIPO event as Region 8 if f2f events resume
3. Produce a skit at Assembly to demonstrate OA talking points at f2f PIPO events
- 4.
- 5.

Expenditures for the period: \$ \_\_\_\_\_

Committee Chair: Marisa M Date: 9/14/20

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**V. Motions for current Assembly**

**VI.**

**MOTION 1: WAIVE SEED MONEY REIMBURSEMENT FROM BATON ROUGE INTERGROUP**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to waive reimbursement of the seed money (\$500) from Region 8 to the Baton Rouge Intergroup for the planned Region 8 (face-to-face) Business Assembly and Recovery Convention.

**SUBMITTED BY:**

Baton Rouge Intergroup  
Patricia F. Region 8 Representative, (225) 921-3974

**INTENT:**

The intent of this motion is to allow the two Technology/ Web Site Co-Chairs to rotate off the Committee in alternate years, thus maintaining continuity of knowledge and procedures.

**Implementation:**

Treasurer would remove the amount owed from the books

**Rationale:**

Due to the COVID-19 pandemic, the expected proceeds from the R8 Assembly and Recovery Convention were lost. In addition, the expenses incurred in preparation have been spent. The Intergroup now needs to refund monies paid by registrants. The shutdown occurred within a week of the planned event therefore all preparations had been made and all materials were paid for and ready. Returning this seed money would result in partial elimination of the Intergroup's Prudent Reserve thereby limiting its ability to carry the message locally and fund representation regionally and at world service. The Intergroup agreed, in good faith, to host the Assembly and Convention and perform all the associated duties. Through no fault of its own, all activities had to be cancelled.

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**Motion A: Amend Region 8 Policy & Procedure Manual**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual Standing Rules to change the word will which seems to require a Consent Agenda

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>Move to change consent agent rules so that it says may instead of will.</p> <p>4. There <del>will</del> be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered as a separate motion. Once the consent agenda is established, it shall require a 3/4 vote for adoption.</p>	<p>4. There <u>may</u> be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered as a separate motion. Once the consent agenda is established, it shall require a 3/4 vote for adoption.</p>

**SUBMITTED BY:**

Bylaws Committee

Susan Berland

415-987-3194

Bylawschair@oaregion8.org

**INTENT:**

To make it clear that there may be a consent agenda, but one is not required

**IMPLEMENTATION:**

Change in the Region 8 Policy and Procedure manual

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:**

The current wording seems to require a consent agenda and we don't have one at every assembly. This will make this rule in line with current practices.

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**Motion B: Amend Region 8 Policy & Procedure Manual**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual Standing Rules to require 2/3 approval to adopt the consent agenda.

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>Move to change consent agent rules so only a 2/3 vote is required for adoption.</p> <p>4. There will be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered as a separate motion. Once the consent agenda is established, it shall require a <del>3/4</del> vote for adoption.</p>	<p>4. There will be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered as a separate motion. Once the consent agenda is established, it shall require a <u>2/3</u> vote for adoption.</p>

**SUBMITTED BY:**

Bylaws Committee  
 Susan Berland

415-987-3194

Bylawschair@oaregion8.org

**INTENT:**

To make adoption of the consent agenda more in line with passage of Bylaw Amendments.

**IMPLEMENTATION:**

Change in the Region 8 Policy and Procedure manual

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:**

We only require a 2/3 vote to approve Bylaw Amendments. It feels more in line with that to only require 2/3 vote to approve the consent agenda.



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**Motion C: Amend Region 8 Policy & Procedure Manual**

---

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual, Section XIII, Treasurer’s Duties

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
6. Responsible for approving all flyers/registration forms for Business Assembly before document is submitted to the <del>Technology/Web Site Chair</del> for posting on the Region 8 Website.	6. Responsible for approving all flyers/registration forms for Business Assembly before document is submitted to the <u>Webmaster</u> for posting on the Region 8 Website.

**SUBMITTED BY:**

Bylaws Committee  
 Susan Berland

415-987-3194

Bylawschair@oaregion8.org

**INTENT:**

To correct where this information is sent to be posted to the Region 8 Website.

**IMPLEMENTATION:**

Change in the Region 8 Policy and Procedure manual

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:**

This accurately describes the distribution of this information

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**Motion D: Amend Region 8 Policy & Procedure Manual**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual, Section XX, Ways & Means Committee

CURRENT WORDING	PROPOSED WORDING
<p>Duties</p> <ol style="list-style-type: none"> <li>1. <del>Select a CPA to perform an annual audit.</del></li> <li>2. Review Treasurer’s accounting procedures and make recommendations for needed changes.</li> <li>3. <del>Ensure that all Federal and State documents are filed in a timely manner.</del></li> <li>4. Examine financial records at each Assembly and present a report of such review.</li> <li>5. <del>Ensure that annual IRS report is satisfactorily completed in a timely manner.</del></li> <li>6. <del>Prepare proposed annual budget which shall be presented at the Fall Assembly.</del></li> <li>7. Review financial issues presented to the Ways and Means Committee and make appropriate recommendations to Assembly.</li> <li>8. Inform Intergroups about availability of financial literature.</li> <li>9. Stress importance of the Seventh Tradition, and the need to contribute financially to all levels of OA Service Bodies.</li> <li>10. Submit articles to REGION 8 Newsletter relative to good financial policies and record-keeping.</li> <li>11. Solicit ideas for ways to improve the financial status of Region 8 and WSO.</li> <li>12. As a collateral duty, the Ways &amp; Means chair will perform the functions of the Region 8 treasurer, without voting privileges, providing support as necessary.</li> </ol>	

**SUBMITTED BY:**  
 Bylaws Committee

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Susan Berland

415-987-3194

Bylawschair@oaregion8.org

**INTENT:**

Delete these duties from the Ways & Means Committee as these duties are performed by the Region Treasurer

**IMPLEMENTATION:**

Change in the Region 8 Policy and Procedure manual

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:**

These duties are not performed by the Ways & Means Committee

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**Motion E: Amend Region 8 Policy & Procedure Manual**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual, Section XIII, Board Members

CURRENT WORDING	PROPOSED WORDING
<p><b>Treasurer</b></p> <ol style="list-style-type: none"> <li>1. Manages all Region 8 funds according to Financial Policies herein stated and maintain records in a manner acceptable to the Ways and Means Committee.</li> <li>2. Maintains Interest-bearing Savings Account for bulk of Region Funds.               <ol style="list-style-type: none"> <li>a. Maintain Checking Account for operational funds.</li> </ol> </li> <li>3. Maintains minimum balance at which there is interest, and no service charge.</li> <li>4. Pays bills and reimburse expenses in a timely manner.</li> <li>5. Following the Fall Assembly, submits budgeted amount to WSO by December 31.</li> <li>6. Reports Region 8 financial status as follows:               <ol style="list-style-type: none"> <li>a. Sends monthly financial statement to Board members, showing balance on hand, and budgeted amounts compared to year-to-date expenditures.</li> <li>b. Sends monthly financial statement and contributions report to Technology/Web Site Chair so that it can be posted on the website.</li> <li>c. Provides each Assembly with report of financial activity since last Assembly.</li> <li>d. Takes check book, last four bank statements, and most recent savings account statement to each Assembly for audit.</li> </ol> </li> <li>7. Will be bonded.</li> <li>8. Will be liaison to funded committee(s).</li> </ol>	<p>Treasurer</p> <ol style="list-style-type: none"> <li>1. Manages all Region 8 funds according to Financial Policies herein stated and maintain records in a manner acceptable to the Ways and Means Committee.</li> <li>2. Maintains Interest-bearing Savings Account for bulk of Region Funds.               <ol style="list-style-type: none"> <li>a. Maintain Checking Account for operational funds.</li> </ol> </li> <li>3. Maintains minimum balance at which there is interest, and no service charge.</li> <li>4. <u>Select a CPA to perform an annual audit.</u></li> <li>5. <u>Ensure that all Federal and State documents are filed in a timely manner.</u></li> <li>6. <u>Ensure that annual IRS report is satisfactorily completed in a timely manner.</u></li> <li>7. <u>Prepare proposed annual budget which shall be presented at the Fall Assembly.</u></li> <li>8. Pays bills and reimburse expenses in a timely manner.</li> <li>9. Following the Fall Assembly, submits budgeted amount to WSO by December 31.</li> <li>10. Reports Region 8 financial status as follows:               <ol style="list-style-type: none"> <li>a. Sends monthly financial statement to Board members, showing balance on hand, and budgeted amounts compared to year-to-date expenditures.</li> <li>b. Sends monthly financial statement and contributions report to Technology/Web Site Chair so that it can be posted on the website.</li> <li>c. Provides each Assembly with report of financial activity since last Assembly.</li> <li>d. Takes check book, last four bank statements, and most recent savings account statement to each Assembly for audit.</li> </ol> </li> <li>11. Will be bonded.</li> <li>12. Will be liaison to funded committee(s).</li> </ol>

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**SUBMITTED BY:**

Bylaws Committee

Susan Berland

415-987-3194

Bylawschair@oaregion8.org

**INTENT:**

Delete these duties from the Ways & Means Committee as these duties are performed by the Region Treasurer

**IMPLEMENTATION:**

Change in the Region 8 Policy and Procedure manual

**COST:**

Minor only if reprinting of the P&P is necessary.

**RATIONALE:**

These duties are not performed by the Ways & Means Committee but by the Treasurer

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**SOAR-8**

**Motion F: Amend Region 8 Policy & Procedure Manual**

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	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Region 8 Policy and Procedure Manual, XXIII, Public Information/Professional Outreach, Purpose

CURRENT WORDING	PROPOSED WORDING
2. To encourage and assist groups and Intergroups to make the public aware of Overeaters Anonymous through print, and broadcast media, participation in community health fairs, and any other public means	2. To encourage and assist groups and Intergroups to make the public aware of Overeaters Anonymous through print, <u>digital</u> and broadcast media, participation in community health fairs, and any other public means

**SUBMITTED BY:**

Bylaws Committee  
 Susan Berland

415-987-3194

Bylawschair@oaregion8.org

**INTENT:**

To update the purpose to reflect current practices

**IMPLEMENTATION:**

Update the P & P

**COST:**

Minimal if reprinting is necessary

**RATIONALE:**

Opportunities for digital outreach are prevalent and the PIPO Committee can assist groups in digital endeavors such as Facebook and online advertisements.

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**SOAR-8**

**Motion G: Amend Region 8 Policy & Procedure Manual**

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**Motion:** Move to amend Region 8 Policy and Procedure Manual, XXIII, Public Information/Professional Outreach, Duties

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
12. Have video and audio tapes available for sale at each Assembly.	<del>12. Have video and audio tapes available for sale at each Assembly.</del>

**SUBMITTED BY:**

Bylaws Committee

Susan Berland

415-987-3194

Bylawschair@oaregion8.org

**INTENT:**

To update the purpose to reflect current practices

**IMPLEMENTATION:**

Update the P & P, renumber the remaining items

**COST:**

Minimal if reprinting is necessary

**RATIONALE:**

The PIPO Committee does not offer video and audio tapes for sale at assembly as that service is covered by the host IG.

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**SOAR-8**

**Motion H: Rewrite Section XXV of the Policy and Procedure Manual**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Amend Section XXV of the Policy and Procedure Manual with an almost complete rewrite as follows:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p><b>XXV.</b> Technology/Web Site Committee</p> <p><b>Purpose</b></p> <ol style="list-style-type: none"> <li>1. To promote the use of the Region 8 and OA World Service web sites for OA members and for all people seeking information about OA.</li> <li>2. To facilitate the continued development of the Region 8 web site.</li> <li>3. To provide information technology and support for Region 8.</li> </ol> <p><b>Duties</b></p> <ol style="list-style-type: none"> <li>1. Keep the Region 8 web site vibrant and up to date.</li> <li>2. Keep the following up to date:               <ol style="list-style-type: none"> <li>a. web domain registration and payments.</li> <li>b. web pages</li> <li>c. email subscription list.</li> <li>d. event calendar.</li> </ol> </li> <li>3. Webmaster will also:               <ol style="list-style-type: none"> <li>a. create graphic “ads” for upcoming events.</li> <li>b. create PDF files for upcoming event registration brochures and the Region 8 newsletter.</li> <li>c. electronically publish Region 8 newsletter as submitted from Region 8 Bylaws/Electronic Documents chair.</li> <li>d. send email notice to newsletter “subscribers”.</li> <li>e. upload modified Region 8 publications as provided.</li> <li>f. provide printer for Region 8 meetings.</li> </ol> </li> </ol>	<p><b>XXVI.</b> Technology/Web Site Committee</p> <p><b>Purpose</b></p> <ol style="list-style-type: none"> <li>1. To promote the use of the Region 8 and OA World Service web sites for OA members and for all people seeking information about OA.</li> <li>2. To <del>facilitate the continued development</del> oversee the Region 8 web site; coordinating with the webmaster (a paid position).</li> <li>3. To provide information technology and support for Region 8.</li> </ol> <p><b>Duties</b></p> <ol style="list-style-type: none"> <li>1. WEBSITE: Ensure the Region 8 website is vibrant and up-to-date. This requires close coordination with the Webmaster, a paid person or entity, for technical aspects of the website. However, the Vice-Chair is responsible for approving all new content on the website before it is published.</li> </ol> <p>The Webmaster will:</p> <ol style="list-style-type: none"> <li>a. Work with the Tech Web committee on the structure and layout of the website; decide on a platform (and change it if necessary), maintain the security of the website.</li> <li>b. Post current and past editions of the Region 8 newsletter as submitted from Region 8 Bylaws/Electronic Documents chair.</li> <li>c. Post approved files such as registration brochures pertaining to upcoming events at the Intergroup and Region levels; and publish links to WSO events, as appropriate.</li> <li>d. Upload modified Region 8 publications (i.e.; Bylaws, P&amp;P Manual), as provided.</li> <li>e. Coordinate with the Treasurer to ensure payments are made for the web domain registration and host.</li> <li>f. Maintain the email subscription lists, adding and removing addresses as requested.</li> </ol>



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	<ol style="list-style-type: none"><li>2. BUSINESS ASSEMBLIES: The Tech Web Committee will:<ol style="list-style-type: none"><li>a. Before each assembly, ensure that all equipment and software required for the committee is updated and in working order.</li><li>b. Communicate with all virtual attendees before the assemblies, making sure they know how to register, log in and vote (if credentialed) on-line. This may entail writing instructions for use that should be posted to the website. Coordinate with the Secretary to ensure credentials have been received for attendees voting virtually.</li><li>c. At the business assembly, one Co-Chair will be responsible for updating and projecting all the required documents (readings, motions, amendments, presentations, etc.) onto the screen in the front of the room. The other Co-Chair will be operating the communications software for the virtual attendees, answering their questions and troubleshooting problems. These duties may be delegated to other members of the tech/web committee.</li></ol></li><li>3. Assist all members, especially new representatives, with registering for the email lists available to them. Periodically, work with the Webmaster to clean-up these lists and make sure they have not been compromised.</li><li>4. Stay up to date on new developments in communications software and equipment. Plan for periodic equipment updates.</li><li>5. Brainstorm new ideas on how to use technology to carry the message of recovery, and then implement these into practice.</li><li>6. Provide technical assistance to Intergroups within Region 8 when requested.</li></ol>
--	---

**SUBMITTED BY:**

Chair, Technology/Web Site Committee, SOAR 8  
Barbara Carter 352.472.9924

[techwebchair@oaregion8.org](mailto:techwebchair@oaregion8.org)  
[bcarter337@att.net](mailto:bcarter337@att.net)

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**INTENT:**

The intent of this motion is to bring the purpose and duties/responsibilities of the Technology/ Web Site Committee into conformance with what we actually do. The webmaster is a paid position, and works independently, as well as with the Committee. The Tech Web Committee also provides technical assistance for virtual attendance at the Business Assemblies, and for Intergroups when requested.

**IMPLEMENTATION:**

Immediately upon adoption.

**COST:**

None.

**RATIONALE:**

Tech Web supports two different aspects for Region 8: overseeing the website and providing technical assistance for virtual attendance at the Business Assemblies. We have separated the duties performed by the webmaster from those done by the committee itself.

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**SOAR-8**

**Motion I: Appoint the Co-Chairs of the Tech Web Committee in Alternate Years**

	<b>Adopted</b>
	<b>Amended</b>
	<b>Lost</b>

**Motion:** Move to amend Bylaws, Article VIII, Section A. as follows:

CURRENT WORDING	PROPOSED WORDING
<p>A. Region 8 Committee Chairmen shall be nominated by said Committee and appointed by the Region 8 Board yearly at each Fall Region 8 Business Assembly, on the following schedule:</p> <ol style="list-style-type: none"> <li>1. Even Years: Ways &amp; Means, Intergroup Outreach and By-Laws/Electronic Documents</li> <li>2. Odd Years: Technology/Web Site, Twelfth-Step-Within, Public Information/Professional Outreach Committee</li> </ol>	<p>A. Region 8 Committee Chairmen shall be nominated by said Committee and appointed by the Region 8 Board yearly at each Fall Region 8 Business Assembly, on the following schedule:</p> <ol style="list-style-type: none"> <li>1. Even Years: Ways &amp; Means, Intergroup Outreach, <del>and</del> By-Laws/Electronic Documents, <u>and Technology/Web Site Co-Chair #1</u></li> <li>2. Odd Years: Technology/Web Site <u>Co-Chair #2</u>, Twelfth-Step-Within, Public Information/Professional Outreach Committee</li> </ol>

**SUBMITTED BY:**

Chair, Technology/Web Site Committee, SOAR 8  
 Barbara Carter 352.472.9924

[techwebchair@oaregion8.org](mailto:techwebchair@oaregion8.org)  
[bcarter337@att.net](mailto:bcarter337@att.net)

**INTENT:**

The intent of this motion is to allow the two Technology/ Web Site Co-Chairs to rotate off the Committee in alternate years, thus maintaining continuity of knowledge and procedures.

**IMPLEMENTATION:**

Starting with the Fall 2020 business assembly. Barbara Carter is Co-Chair #1 (and will be up for review) and Sarah Covert is Co-Chair #2.

**COST:**

None.

**RATIONALE:**

At the Business Assembly in Fall 2019, the Region 8 Body voted to appoint and fund two co-chairs on the Tech Web Committee. This motion allows for the co-chairs to be appointed in alternate years, maintaining continuity. (Yellow text highlights UWD Committee, which was disbanded in Fall 2019.)

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**VII. Proposed Budget**

1	<b>Budget for November 2020– October 2021</b>		
2			
3			
4	<b>SOURCES OF FUNDS</b>		
5	Beginning Bank Balance	<b>\$39,177.88</b>	<i>as of 08/31/2020</i>
6	Prudent Reserve = \$31,107.88		
7			
8	<b>RECEIPTS</b>		
9	Contributions	\$37,000.00	
10	Region 8 Assemblies	\$5,000.00	
11	Region 8 7th Tradition	\$900.00	
12	Ways & Means Projects	\$2,000.00	(\$1000profit)
13	Seed Money Returned	\$1,000.00	
14			
15	<b>TOTAL RECEIPTS:</b>	<b>\$45,900.00</b>	
16			
17	<b>TOTAL SOURCES OF FUNDS (Beginning Balance + Total Receipts)</b>	<b>\$85,077.88</b>	
18			

19	<b>USES OF FUNDS:</b>		
20			
21	<b>EXPENDURES</b>		
22			
23	<b>Board:</b>		
24	Chair	\$300.00	includes laptop
25	Vice Chair	\$300.00	includes laptop
26	Secretary	\$300.00	
27	Treasurer	\$700.00	includes \$350taxes/\$70corp.fees/\$100POBox/\$35Quicken
28			
29	<b>Board &amp; Parliamentarian Travel:</b>		
30			
31	Board Travel (excluding Chair travel)	\$7,200.00	VC+Sec+Treas
32	Parliamentarian	\$2,400.00	
33	Chair Travel WSBC + Convention	\$2,400.00	
34	Chair Travel RCCM	\$1,200.00	
35	Chair Travel Region 8 Assemblies	\$2,400.00	
36	WSBC Region 8 Delegate	\$4,500.00	R8Reps to WSBC \$1500/del
37	WSBC Region 8 Support Fund (R8DSF)	\$3,000.00	IGReps to WSBC
38	WSBC Region 8 Nominated Trustee(s)	\$0.00	every 3 years if needed-\$1300/nominee
39			

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40	<b>Committee Chair Travel</b>	\$8,400.00	ByLaws+TechWeb+IGOR+TSW+PIPO+Ways&Means
41			
42	<b>Committees:</b>		
43	Bylaws-Electronic Documents	\$150.00	
44	Tech-Web	\$3,500.00	\$1800Webmaster/Zoom/website/Hotspot
45	IGOR Rep Funding	\$4,500.00	IGReps to R8Ass
46	TSW	\$200.00	
47	PIPO	\$1,000.00	
48	* Public Information Fund	\$2,000.00	IG outreach/advertising
49	Ways & Means	\$1,000.00	
50			
51	<b>MISCELLANEOUS</b>		
52	Carry The Message Fund (thru IGOR)	\$1,700.00	Send leaders to workshops/retreats
53	Region 8 Trustee - Assembly expenses	\$400.00	
54	WSO Contribution	\$5,000.00	
55	Seed Money Advanced	\$1,000.00	
56	PayPal Fees + Bank Fees	\$420.00	\$35/mo
57	Bonding Fees - Board Members	\$0.00	\$1000 paid every 3 years - due March 2020
58			
59	<b>TOTAL EXPENDITURES</b>	<b>\$53,970.00</b>	
60			
61	Allocated to Prudent Reserve (OA suggestion 40-60%)	\$31,107.88	57.6%*EXPENDITURES
62			
63	<b>TOTAL USES OF FUNDS (Reserve Allocation + Total Expenditures)</b>	<b>\$85,077.88</b>	

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**VIII. Final Report of Hosting Committee, Memphis, TN, October 2019**

**SOAR8 River City Recovery – Memphis, TN October 11-13, 2019**

**Final Report Memphis intergroup**

**Committee Chair Reports**

**REGISTRATION PROCESS PRIOR TO CONVENTION**

Pros

- Flyer was appealing with great logo.
- Lots of help getting flyer put together
- Eventbrite was easy to use once chair was up to speed
- 61 people registered on Eventbrite
- Chair kept excel spreadsheet with all registration using the Eventbrite export formatting
- Chair entered in Mail in registrations into the Eventbrite system so everyone would get confirmation as well as ease of communicating to all via Eventbrite
- Having the Square available for local registration was great

Cons

- Forgot to put space for Intergroup on the flyer and in Eventbrite
- Forgot to put “name on badge” in Eventbrite
- Double check LAST DAY to register so it is lined up with Hotel
- Clarify the difference between the Business Assembly and the Recovery Convention more clearly
- The way fees are listed on the flyer should be the same as Eventbrite
- Perhaps ONE box on the same side as Registration form saying “Are you willing to do service”. Then follow up with email and the options. Over 75% of the mail ins were blank for service because they did not photocopy the other side
- Remember to program Eventbrite to send reminder without the wording “bring your printed ticket”

**REGISTRATION PACKETS/CHATKIES**

**Contents:**

- Agenda – 175 copies
- Events XD App Instructions – 150 copies
- Hotel Map – 150 copies
- Lifeline Message – 150 copies
- Evaluation Sheet – 150 copies
- Welcome to Memphis Info Sheet – 150 copies
- Coloring Page – 50 copies

Pros

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- Easy and went with theme (blue folders)
- Nice touch with the sticker on the front
- Everyone seemed to like the River Rock keychain, bookmarks and pen
- Packet including “what to do in Memphis” and listed healthy food options since there were limited food choices near by
- Agenda was clear and easy to read
- Pre-made stickers with Name and Town, State on the folder cover
- Pre-organized by Recovery and Business Meeting in separate bins
- Having Name Badges complete and inside each packet (with Dinner ticket in name badge)
- Logo on name badges a nice touch

### Cons

- Cost. It was a little high at \$350ish
- Love Note flyer with instructions promoting the Love Notes would have been nice
- Forgot to make Lunch tickets
- Have 20 extra packets available for walk-ins

### REGISTRATION DESK

#### Pros

- Have 2 separate lists. One for business and one for recovery sorted by First Name for check-in. Leave room to add walk-ins on the Recovery side to add to final spreadsheet
- Have 3 volunteers for busy times. One for Business, One for Recovery, One to help either one.
- Have supplies (markers, scissors, tape, stapler)
- Have extra agendas for those who come by asking
- Signage was clear and thematic
- T-shirts looked great and sold at the registration desk
- Sort already sold t-shirts and label with registrants name
- A sticky flip chart was worth the cost and used consistently for extra signage
- Mini writing pads available for those who wanted them (5 for \$1 at the Dollar Store)
- Wipe Board was utilized well
- Having easels available was helpful
- Having the Square available was great
- Had plenty of volunteers! Sign them up early at local meetings

#### Cons

- Have Lunch ticket system worked out prior to conference. We had a buffet. We should have collected tickets at the front of the line of the buffet.

“Have a Things to Do when Checking someone in” instruction sheet for volunteers

**PROGRAM COMMITTEE:** Our intergroup decided to bring in an OA speaker to present on the big book throughout the program. Despite no advertising of this, word gets around and there were attendees who were invested in attending that series. We had much discussion about not making the workshops about “one person”

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and quickly agreed to have two tracks of workshops on Saturday. This appeared to be a success as we had good attendance for both simultaneous sessions. All our speakers were fantastic and aside from some space challenges on Friday the recovery workshops appeared to run very smoothly. Our morning meditation sessions were well attended, notably better attended than our last OA Region Hosting. We attributed it to calling it Meditation/11<sup>th</sup> step session. Our facilitator combined meditation and 11<sup>th</sup> step discussion.

**BOUTIQUE and HOSPITALITY:** The Boutique, Hospitality, and Literature were all in one room. This worked well, except the room could have been larger. It turned out quite a few attendees wanted to hang out and chat, and a larger space with places to sit would have been more comfortable and provided for a clear check out space. Selling items for “Pay what you think is fair” worked really well. It saved a lot of time and angst on trying to price things, prevented the “I’ll wait till everything is a dollar on Sunday” behavior, and most people were thoughtful about what they paid. We were lucky to have a member from Arkansas who has a fantastic eye for staging who helped us set up. On Sunday, folks were encouraged to fill a bag with items for their favorite charity, which cut down on the amount of things we had to transport away from the hotel.

For Hospitality, as the hotel had no shop or snack bar, we sold fruit, and a couple of protein containing items. Coffee and tea were free; sparkling water, diet soda, bottled water, and food were all \$1.00. This worked well in our setting. Two big coffee pots for regular and decaf would have been simpler than using home coffee makers. As mentioned above, a bit more sitting space would have been more comfortable.

**LITERATURE:** We had a good cross section of literature available and sold 364.40 of merchandise. The literature table was located in the boutique/hospitality. We were challenged to know that money was always allocated to the correct area and the schedule of volunteers for literature/boutique were different further complicating assuring money went to correct box. All and all there didn’t appear to be a huge difference and this shortage was made up by the committee chair and volunteers readily helped out in all areas of sales. Future planning should discuss locating literature in a separate area from boutique/hospitality, perhaps in a meeting room with literature sold only during breaks and before/after workshops sessions.

**ENTERTAINMENT:** Entertainment for the conference consisted of a musical skit of welcome on Friday night and a musical program by Recovery Repertory Theatre on Saturday night. Both went well. RRT has performed at the past several hostings of the conference in Memphis, and always have pertinent, memorable and lively shows. They perform free of charge so no cost was incurred.

**DECORATIONS:** Decorations included Memphis themed table decorations provided by this committee at no charge. Original artwork was part of the setting at each table and was given to a person at each table that met certain criteria (longest/shortest time in program, etc.) The decorations were donated at no cost. Other decorations and signage were provided by other committees in conjunction with each committee’s purpose.

**PUBLICITY:** Our committee chair left OA shortly after planning started and we didn’t really address this area as strongly as we should have. Another chair stepped up and located a viable newspaper posting which we did. Again no way of knowing impact. Lesson learned is to ensure we have person volunteering to handle this area.

**PAGERS/RUNNERS:** We didn’t struggle to obtain volunteers and it appeared to run smoothly. We were fortunate to have some seasoned “retired” board service attendees who stepped up to volunteer for this service and really needed very little training to ensure this need ran well.



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**FUND RAISING:** We limited our fund raising to t-shirt sales and 50/50 raffle. The results were good and by pre-sale of t-shirts, along with additional sales at registration table, the effort did not seem intrusive or overwhelming to the committee.

**TREASURER:** The treasurer and registration chair worked closely together in the exchanging of registration monies. We had regular treasurer reports throughout our planning meetings. Our past convention treasurer served as an advisor to our current treasurer which was very helpful. We utilized eventbrite and square for collection of monies in addition to checks and cash and these options worked very well. Our final accounting resulted in the following:

Region 8/Greater Memphis Intergroup Split

Region 8	\$3,388.17
Greater Memphis Intergroup	\$3,924.02

**LOVE NOTES:** As registrations came in, our chair sent me updated lists. I invited 3 other people in the region to help write a note to each person and label the larger envelopes to receive notes throughout the weekend. It made it so much easier to have a committee since our attendee number kept growing.

We chose to have the notes near registration so everyone would see them initially.

We offered colored pens, 100's of colorful cards, and fun stickers. The best price on cards was buying yardstick at FedEx Office and have them paper cut.

We used 4 tubs to divide the envelopes between alphabetically to make it easy. We purchased a few little baskets at the dollar store for cards, stickers, etc.

We freshened the table frequently, but did not have it staffed.

Our Love Notes area was very popular. 100's of notes were written.

Our only concern that will give us reason to rethink the process in the future was a single card we discovered that was written anonymously to a speaker ridiculing something very personal she shared in a session. Fortunately, the collective Higher Powers of the attendees had our back as the speaker had a common name so the maliciously written card was actually placed in the wrong envelope. The person who received it was a friend of ours who gave it to us. It's too bad that such a lovely thing to offer would be abused in this way.

**HOTEL LIAISON:** Convention was held at the Holiday Inn Airport, Memphis. We had initially tried to secure the same location as our last two conventions, the Hilton East, but they had more than doubled the guarantee, which even negotiated down, was still \$8500. We did not believe that we could meet such a guarantee and would lose money, so we booked with the Holiday Inn. Its room rate was about 40% lower than the Hilton's at \$93 (plus). In addition, their guarantee was \$3500. The hotel accepted the tax certificate from Region and it was written into the contract. We paid a fee for the use of each room on the first day only. Thereafter it was free. We also paid a fee for the screen, stage, and podium. It seems that hotels are moving away from comping entirely the use of rooms and equipment.

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There were approximately 120 room/nights booked with the vast majority of those taken by out of town attendees.

We booked recovery rooms for two tracks on Saturday. On Friday afternoon we had just one and it was too crowded. Based on past conventions, I had underestimated the number of attendees on Friday. We ended up moving the second hour to the big room where the business meeting would later take place. In retrospect, we could have started out there because the room was already set up and ready to go and not being used, other than the tech web committee getting set.

We also booked the “conference room” which was available from Thursday until Sunday and was used all day Friday for the board meeting. It could have been used for the Thursday night OA local meeting. It was also used for the Sunday board and committee chairs meeting. The room was a little too small and so the Intergroup chairs meeting was held in a recovery room that was no longer being used on Sunday. The hotel was very lenient about using the rooms even though not specifically booked. I did not try to put the two Sunday meetings in the hotel restaurant as has been done in the past. This is a significant logistical problem inasmuch as most of the restaurants are not set up to serve 14+ people in a private setting, so this historical practice should stop. There is plenty of time for attendees to have their morning meal and still attend their meetings.

The boutique/hospitality suite were in the same room which was sufficiently large at 26 x 26.

Lunch and Dinner banquets on Saturday both had about 93 reserved. Lunch was a Southwestern buffet with many options for everyone, including vegans. The buffet line could have moved faster if it was a double line, but there were few complaints. The cost, prior to additional charges, was \$21. Dinner was plated at a cost of \$27. Although the meal was sugar and flour free, someone expressed a concern over the sauce not being on the side.

This hotel is barely ADA compliant. One can avoid stairs but not easily. There was only one set of elevators and, although the hotel itself is not large, the layout presents mobility issues.

Taping was provided by Don Rush as an emergency replacement after the booked tapist fell ill. He did an excellent job with only 2 weeks’ notice and provided microphones for the business meeting at no charge. The tapist arrived on Thursday so that he could begin setting up on Friday. Recordings are still being sold on CDs, but there is a need to move to digital as an option. I understand that some 12 step conventions are charging a fee that encompasses/includes the recordings.

Questions? Feel free to call Ellen at 901 647 3587.

Memphis Financial Report for October 2019 Assembly & Convention

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Column1	Column	Column3
<b>2019 SOAR 8 CONVENTION FINANCIAL REPORT</b>		
<b>INCOME</b>		
Boutique/Hospitality*		\$1,029.20
<b>Meals</b>		
Lunch	\$3,036.00	
Dinner	\$3,640.00	
		\$6,676.00
Region 8 Seed Money		\$500.00
<b>Registrations</b>		
Early	\$5,266.79	
Regular	\$1,200.00	
One Day, Walk Ins and Virtual	\$735.00	
		\$7,201.79
Donations		\$389.00
Fundraiser (50/50 Raffle)		\$166.00
T Shirt Sales*		\$660.00
<b>TOTAL INCOME</b>		<b>\$16,621.99</b>
<b>EXPENSES</b>		
Hospitality & Botique		\$25.37
Hotel Lunch/Dinner	\$5,110.38	
Hotel Fees	\$1,796.78	
		\$6,907.16
Region 8 Seed Money		\$500.00
Decorations/Love Notes		\$49.56
Registration Packets		\$329.10
Speaker*		\$809.35
Tapists		\$345.27
Fundraiser (Tshirts)*		\$344.00
<b>TOTAL EXPENSES</b>		<b>\$9,309.81</b>
<b>NET INCOME</b>		<b>\$7,312.18</b>
Unsplit Revenue*		\$535.85
<b>Splittable Income</b>		<b>\$6,776.33</b>
<b>Region 8/Greater Memphis Intergroup Split</b>		
Region 8		\$3,388.17
Greater Memphis Intergroup		\$3,924.02

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**IX. Applications for Board Elections**

Vice Chair



VC\_MelissaH\_R8 Board Application.pdf

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**Region 8 Board Application**

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Form must be submitted to Region 8 Secretary  
at least 60 days prior to Assembly at which election will be held  
(Service Body refers to Intergroup, National Service or National Language Board)

**Office applied for:**

Chairman       Vice-Chairman       Secretary       Treasurer

Name Melissa K Hammel Phone 615-202-5242

Address PO Box 39

City Ardmore State TN Zip 38449 Email mkhammel2013@gmail.com

Years in OA 25 Current Service Body North Alabama OA Intergroup

Are you a past Rep? Yes If so, which Service Body? TN Valley Intergroup, Middle TN Intergroup

Bylaws Article VII – Section 1, B) states:  
To be eligible for election to membership on the Region 8 Board, a person must be a past or present member of the Region 8 Business Assembly and be present at the Assembly. The member must receive a majority vote of the Region 8 Representatives present.  
1. The nominee must have arrested their compulsive eating and be living so far as they find possible within the concept of the Twelve Steps which constitute the three-fold recovery program of Overeaters Anonymous for one year.  
2. The nominee must have attended at least two prior Assemblies.  
3. Two Board members are elected each year for a two-year term. Chairman and Treasurer will be elected in odd years; Vice-chairman and Secretary in even years.  
4. Board members shall serve no more than two consecutive terms in the same position, whenever possible.

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**BRIEF ACCOUNT OF OA STORY**

In the summer of 1995, I hit bottom. I was working for a commercial weight loss company and about to lose my job as a territory manager because my weight kept creeping up. I was terrified. I could not control my eating and could not hide due to my job requirements. I had tried multiple commercial weight loss plans, even while working for another weight loss company! I remembered at the last hour about Overeater's Anonymous. A friend had mentioned it years ago saying it did not work, nothing did. I felt desperate. I went to a meeting and felt so much shame. There was only one other person there and to this day I am still in touch with him. He welcomed me and had what I wanted but did not know it.

I celebrated 25 years of abstinence this past July. What does 25 years of abstinence and recovery look like for me? Picture a carnival and picture the bumper car ride. I am bouncing around in my bumper car, bumping into others, getting bumped, banging into the wall, circling around without getting bumped....and NEVER, EVER getting out of my car (my car being akin to the OA program).

I've experienced two divorces, the deaths of both my parents, a relationship ending in heartbreak, graduate school, moving, changing careers twice, and moving/transitioning into semi retirement. My HP, sponsors, and the fellowship kept me accountable. At times food was terrible, yet I never lost my absolute bottom line abstinence. I've moved ever deeper in recovery in this fellowship and some grown a relationship with my Higher Power I'd never had

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Use separate sheet for additional space, if needed)

**Summary of OA Service (including service beyond Group level):**

I'll bullet point for ease of reading:

- \*sponsorship
- \*lead retreats of various kinds in various states
- \*Chair Intergroup NAOAI
- \*WSO rep
- \* Region 8 Rep
- \* Ways and Means Chair
- \* Virtual Retreat Committee, WSO
- \* Speaker for Bariatric group
- \* Writer for Lifeline

**Business, Professional skills or other experience and skill you can bring to the Board:**

Currently, I hold my certification as a Certified Financial Planner. I also hold licensure as a Mental Health Service Provider and Licensed Professional Counselor.

The gifts and talents I may be able to offer include:

- \* business management (ran a financial planning investment management firm for many years)
- \* financial experience
- \* marketing/public relations experience
- \* training and facilitator
- \* public speaking
- \* listening with an ear to what is being said and many times what is NOT being said
- \* creativity and out of the box thinking
- \* laughter and sense of humor

**Why do you want to be a Region Board Member?**

I am currently almost fully retired, and have the time to devote to OA on a regional level. I believe that vice chair could possibly be a segway into greater service, and not be quite as demanding as say secretary. That would give me a real experience and be able to know if I am indeed able to offer more down the road.

In addition, I love and miss the business end of my career. Region 8 has an important business component to it, as well as me being able to utilize my counseling skills to listen, ask appropriate questions and separate out principles from personalities.

I was asked, at first I said no because I thought I missed the deadline. I am grateful for the opportunity.

**Date** 8-7-20 **Signature** \_\_\_\_\_

Signature Electronically: Melissa K Hammel

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Secretary- Dara S



Secretary\_DaraS\_R8 Board application.pdf

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## Region 8 Board Application

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Form must be submitted to Region 8 Secretary  
at least 60 days prior to Assembly at which election will be held  
(Service Body refers to Intergroup, National Service or National Language Board)

### Office applied for:

Chairman       Vice-Chairman       Secretary       Treasurer

Name Dara Sue Santman Phone 407-446-7620

Address 149 Toney Ave

City Erwin State TN Zip 37650 Email darasantman@gmail.com

Years in OA 30 Current Service Body Central Florida Intergroup

Are you a past Rep? yes If so, which Service Body? Central Florida Intergroup

Bylaws Article VII – Section 1, B) states:

To be eligible for election to membership on the Region 8 Board, a person must be a past or present member of the Region 8 Business Assembly and be present at the Assembly. The member must receive a majority vote of the Region 8 Representatives present.

1. The nominee must have arrested their compulsive eating and be living so far as they find possible within the concept of the Twelve Steps which constitute the three-fold recovery program of Overeaters Anonymous for one year.
2. The nominee must have attended at least two prior Assemblies.
3. Two Board members are elected each year for a two-year term. Chairman and Treasurer will be elected in odd years; Vice-chairman and Secretary in even years.
4. Board members shall serve no more than two consecutive terms in the same position, whenever possible.

---

### BRIEF ACCOUNT OF OA STORY

My first meeting was January 3rd of 1989. I was immediately struck abstinent and my life was changed forever. I was young--19 years old. I often say that I grew up in OA. The people in the many different rooms I've visited raised me to become a person that I never would have had the opportunity to become if not for the 12 steps.

Over the years, I had some long term abstinence and many relapses. It was really hard for me to listen to other people's wisdom and suggestions--I was only doing as much as I could do on my own and with God's help, but I didn't want anyone else's help. I was un-employable and had no relationships. My only connection to recovery was in the meetings, which I went to almost every day for years. I always thought I wasn't like other people, I was different, my problems were bigger than everyone else's and so I told myself I can't do the same things other people can do and I couldn't have people in my life.

It wasn't until I was in my late 30's that I was able to start letting people in. I took another stab at the steps with another sponsor. This women was surely sent from God and I shared things with her that I was really ashamed of. Her simple acceptance of me allowed me to begin to form relationships with other OAers.

For the past 15 years, I have been living in Central Florida and have been building strong and

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Use separate sheet for additional space, if needed)

## Summary of OA Service (including service beyond Group level):

During the past 15 years, I have been the webmaster of my intergroup, intergroup rep, region 8 rep (twice), and was the webmaster for Region 8 for a period of time. I am currently a region 8 rep and the secretary of my intergroup. I sponsor several individuals and these are the most important people in my life. When Covid entered all of our lives, I quickly spun up a zoom account and posted 3 recurring meetings each week that are still running today.

## Business, Professional skills or other experience and skill you can bring to the Board:

15 years of progressive growth as a systems analyst in a fortune 500 corporation. This role gives me skills in project management, business analysis, programming languages and email marketing technology. I am highly proficient with Microsoft Office to include powerpoint, excel, word and access. I easily learn new computer programs and can easily put together documents and convert them into various formats and share them virtually. I am skilled with virtual meeting programs such as Zoom and Teams and Webex.

## Why do you want to be a Region Board Member?

Mostly because I can. I have the skills and it is a good way for me to do service. It seems like its the kind of position where I won't get the glory but I'll do a lot of work - and I need that!! I need to keep my hands busy and involved in OA service. I am moving and getting married this month, and I need to stay focused on my recovery and I think that giving service at this level will keep me grounded and help me stay out of my \*self\*.

Date 9/17/2020

Signature Dara

Digitally signed by Dara  
Date: 2020.09.17 19:02:00 -0400

F-6

Board Application, continued

SOAR 8 Policy and Procedure Manual – Revised 10/99



# 2020 - Looking to the Future - OA Celebrates 60 Years!

## Fall Virtual Assembly – October 23-25, 2020

### **X. Standing Rules**

***These rules take precedence over Robert's Rules of Order. They may be suspended by a 2/3 vote using a Motion to Suspend the Rules, Participation in Assembly***

1. Voting member must wear appropriate identification badge/ribbon denoting Rep, Funded Committee Chair, or Board Member.
2. The Secretary shall make a credentials check at the beginning of each session, and prior to any important vote, as deemed necessary by the Chair.
3. Any registered member of the Assembly may participate in Assembly procedures, e.g. vote, make a motion, speak to a motion, etc. Non-voting members may have a voice at the discretion of the Chair.
4. There will be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered separately. The consent agenda shall require a 3/4 vote for adoption.

#### **Voting Procedures**

1. Vote may be taken by voice, show of hands, standing, or ballot, at the discretion of the Chair.
2. A voting member may request a more accurate vote count by simply calling out "Division." The Chair may then use a voting method which assures an exact count.
3. The Chair may also call for division by stating, "The Chair is in doubt."
4. Ballot vote will be used for elections. Ballots will be distributed, collected, and tallied by non-voting members appointed by the Chair. After announcement of results, motion is in order to destroy ballots.

#### **Recognition**

1. Voting members who wish to speak shall, from the center microphone, give their name and Intergroup, and wait for recognition from the Chair. If necessary, to get the Chair's attention, the voting member may say "Madam/Mr. Chair," but may not speak further unless recognized by the Chair.
2. For certain procedures, the voting member, from the center microphone, may display a sign to gain recognition from the Chair (e.g., Point of Order, Point of Information, Parliamentary Inquiry, etc.).

#### **Motions and Debate**

1. Process for New Business Motions
  - a. Secretary will distribute minutes of the Business Assembly to the Board and Committee Chairs electronically no later than fifteen (15) days after close of the Business Assembly. New motions will be contained in the Committee Reports of the minutes.
  - b. New motions arising out of committees during an Assembly shall be communicated to the Secretary within fifteen (15) days after the close of the Assembly at which they emerge. After Board notification the Secretary shall forward these motions to the Bylaws/Electronic Documents Chair within twenty-one (21) days of the close of the Assembly at which they emerge.
  - c. New motions arising outside the Business Assembly shall be submitted to the Secretary at least sixty-five (65) days prior to the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion.
  - d. Motions must be formatted to contain the intent, the proposed motion, any possible effects (costs, time, other committees affected, etc.), date of implementation and a list of necessary changes to be made to the Policy & Procedure Manual for consistency or congruity.
  - e. The Bylaws/Electronic Documents Committee may suggest changes in the motion to the maker to facilitate arriving at a more suitable version for submission to the next Business Assembly if the passing of the motion, as initially proposed, would:
2. create incongruity within either the Policy & Procedure Manual or the Bylaws,



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3. be in contradiction to or with either the Policy & Procedure Manual or the Bylaws, or
4. result in an adverse, unintended effect unrelated to content, intent or rationale (such as, but not limited to, language or structure).
5. The Bylaws/Electronic Documents Chair will submit the reviewed motions to the Secretary electronically, no later than (sixty) 60 days after the close of the Assembly for inclusion in the mailing packet for the following Assembly.
6. No motions other than emergency motions will be taken from the floor at the Assembly. Emergency motions shall be submitted to the Bylaws/Electronic Documents Chair before the lunch break on Saturday of the Assembly.
7. There will be a maximum of three pro and three con speakers to each motion. There will be a maximum of two pro and two con speakers to each amendment. Each speaker may speak for a maximum of three minutes.
8. Pro and con speakers shall use the appropriate pro/con microphone. While waiting to speak, pro/con speakers may queue at the microphones.
9. A voting member may not speak on two consecutive motions or amendments unless the maximum number of speakers has not been reached.
10. The first speaker is always pro, and is usually the maker of the motion (unless he/she wishes to have another voting member speak).
11. If more than the maximum number of speakers' wishes to speak to a motion, they are encouraged to select among themselves those speakers who can best represent their views.
12. There shall be at least one pro and one con speaker before any discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.
13. A motion to close debate (Previous Question) or limit debate is in order for motions or amendments, and requires a 2/3 vote.
14. To save time on a simple amendment to a motion, the Chair may ask the maker of the motion if he/she would be willing to accept a "friendly amendment." If the maker of the motion agrees and there is no objection from the Assembly, the motion is changed to include the amendment.

### **Miscellaneous Rules**

1. No smoking is allowed in any Assembly room.
2. No animals are allowed in any Assembly room, except guide dogs and service animals.
3. All cell phones, beepers and 2-way pagers are to be set on vibrate or turned off.
4. Voting members are not to leave or enter the Assembly room while votes are being taken.
5. No eating food allowed during the business session.

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### **XI. Decorum in Debate**

Robert's Rules of Order Newly Revised, 11<sup>th</sup> Edition pages 391-394

“The following practices and customs observed by speakers and other members in an assembly assist the carrying on of debate in a smooth and orderly manner.” (RONR p. 391)

**1. Confining remarks to the merits of the pending question.**

Remarks must be germane to the question being addressed – must have a bearing on whether the motion should be adopted.

**2. Refraining from attacking a member's motives.**

Can speak against the consequences of the action being proposed, but avoid personalities or attack motives of the member who has spoken or who has proposed the issue.

**3. Addressing all remarks through the chair.**

Speaker should not address comments to another member. If a member wishes to question comments made by the previous speaker, he/she must seek recognition from the chair and address the assembly. The speaker can then ask the chair to request an answer from the previous speaker.

**4. Avoiding the use of members' names. (used in large assemblies)**

It is better to say “the member who spoke last” or “the delegate from \_\_\_\_\_”. Officers should be referred to by their office. The speaker may use first person in relating their views.

**5. Refraining from speaking adversely on a prior action not pending.**

Speaking on an action previously taken is allowed only when the issue is being reconsidered, rescinded, or amended.

**6. Refraining from speaking against one's own motion.**

A person can vote against their own motion but cannot speak against it. If the maker decides that the action should not be taken, he/she can ask permission to withdraw the motion.

**7. Reading from reports, quotations, etc ....\*\*only with permission.**

A member may ask permission to read a report or quotation, etc. while speaking in debate.

**8. Being seated during an interruption by the chair. (used in large assemblies)**

If the chair is asked to make a ruling, the speaker should be seated....and may resume speaking after the chair is finished.

**9. Refraining from disturbing the assembly.**

During debate or during voting, members should not talk to others or move about the assembly. (side conversations!!)

Jan Strand, PRP

March 1, 2014

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**XII. Links to Online Forms**

Voucher and Advance Request Form

<https://oaregion8.org/documents/SOAR8-Voucher-and-Advance-Request-Form.pdf>

Committee Selection Form

<https://oaregion8.org/documents/PDFs/Region8-Committee-Selection-Form.pdf>

Committee Progress Report

<https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Committee-Progress-Report.pdf>

Region 8 Delegate to WSBC Application

<https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Delegate-to-WSBC-Application.pdf>

Request for Budget Override

<https://oaregion8.org/documents/PDFs/Request-for-Budget-Override>

Certificate of Eligibility – English

<https://oaregion8.org/e-docs/online-forms/coe>

Certificado de Elegibilidad - Espanol

<https://oaregion8.org/e-docs/online-forms/coe-espanol>

Request for Steps, Traditions, Concepts Workshops

<https://oaregion8.org/e-docs/online-forms/stc>

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**XIII. Future Assembly Flyers**

See addendum

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**XIV. Flyers for Future bids**

See addendum---you could see your Intergroups bid here!!!!