

## Finding Better Balance with Work/Life/Service

Is your service overwhelming you? This workshop is for YOU!

Please join us for 2 speakers and breakout rooms where you can get personalized ideas.

SUNDAY, JULY 28, 2024 3:00 - 5:00 EASTERN TIME

Zoom ID: 816 3916 8833 Passcode: intergroup

Please consider giving a 7th Tradition donation to Region 8 at (https://oaregion8.org/region-8/contributions/)



For more information, please contact Annie M. at IGORchair@oaregion8.org

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