

Hope for the Holidays/Avoiding Relapse



Image: Ivabalk (2023). Untitled [Image] Pixabay.
<https://pixabay.com/photos/snowman-snow-winter-christmas-8413769/>

Workshop details...

Saturday, November 1, 2025

1:00 PM – 3:00 PM EST

Other time zones: 12-2 CST; 11-1 MST; 10-12 PST

Zoom details:

Meeting ID: 315 527 1899

Just enter meeting ID: Meeting hosts will admit fellows!

Suggested 7th Tradition donation of \$5.

Activities include:

- **Two speakers sharing their experience, strength, and hope on having hope and avoiding relapse during the holidays - and every day!**
- **Question/answer and sharing time**

For questions, please email: 12stepwithin@triangleoa.org

OA Responsibility Pledge. Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.