

When is “Enough” Good Enough?

“fit enough”

“thin enough”

“loved enough”

“successful
enough”

“worthy
enough”

Join us for a Zoom discussion

Exploring Anorexia, Bulimia, Over Exercising
And Negative Self-Talk

Saturday, June 13th 2:00 p.m.-3:30 p.m.

Meeting ID:81688628727 Passcode:561561

RSVP: Jody at 561-212-7366

