

# SOAR 8

Southeast Overeaters Anonymous Region 8



- Alabama
- Arkansas
- Florida
- Georgia
- Louisiana
- Mississippi
- North Carolina
- South Carolina
- Tennessee
- Puerto Rico
- South America
- Central America
- Caribbean Islands

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# 2017 - Responsibility- Growing OA Unity Worldwide

Miami, Florida U.S.A. October 13 -15, 2017

## I. SOAR 8 Service Directory

### Board Members

|   |   |  |
|---|---|--|
| <b>Chair</b><br>Viviana G.<br>Caracas, Venezuela<br><a href="tel:786-457-0702">786-457-0702</a><br><a href="mailto:chair@oaregion8.org">chair@oaregion8.org</a> | <b>Vice Chair</b><br>Barbara C.<br>Newberry, FL 32669<br>352-472-9924<br><a href="mailto:vicechair@oaregion8.org">vicechair@oaregion8.org</a>   | <b>Treasurer</b><br>Sam A.<br>PO Box 40273<br>Saint Petersburg, FL 33743<br>727-458-3668<br><a href="mailto:treasurer@oaregion8.org">treasurer@oaregion8.org</a> |
| <b>Secretary</b><br>Ruby H.<br>Miami, Florida<br>(813) 516-0782<br><a href="mailto:secretary@oaregion8.org">secretary@oaregion8.org</a>                         | <b>Region Trustee</b><br>Linda H.<br>Madeira Beach, Florida<br>727 647 8280<br><a href="mailto:trustee@oaregion8.org">trustee@oaregion8.org</a> | <b>Parliamentarian</b><br>Judy K.<br>Jacksonville, Florida<br>904-704-7004<br><a href="mailto:parliamentarian@oaregion8.org">parliamentarian@oaregion8.org</a>   |

### Committee Chairs

|   |   |   |
|---|---|---|
| <b>12th Step Within (TSW)</b><br>JC<br>Clearwater, FL<br>813-240-8572<br><a href="mailto:tswchair@oaregion8.org">tswchair@oaregion8.org</a>                       | <b>Technology/Website</b><br>Michelle D.<br>Little Rock, Arkansas<br>501-580-6120<br><a href="mailto:techwebchair@oaregion8.org">techwebchair@oaregion8.org</a> | <b>Bylaws/Electronic Documents</b><br>Pam G.<br>Florida<br>(941) 343-7181<br><a href="mailto:Bylawschair@oaregion8.org">Bylawschair@oaregion8.org</a> |
| <b>Intergroup Outreach (IGOR)</b><br>Katrina S.<br>Baton Rouge, Louisiana<br>954-295-1123<br><a href="mailto:igorchair@oaregion8.org">igorchair@oaregion8.org</a> | <b>Ways &amp; Means</b><br>Patti G.<br>Delray Beach, FL<br>716-523-5442<br><a href="mailto:waysandmeanschair@oaregion8.org">waysandmeanschair@oaregion8.org</a> | <b>Unity With Diversity</b><br>Lila V.<br>561-396-7803<br><a href="mailto:Unitychair@oaregion8.org">Unitychair@oaregion8.org</a>                      |
| <b>Public Info/Prof. Outreach (PI/PO)</b><br>Bonnie V.<br>Palm Beach, FL<br>561-733-9302<br><a href="mailto:pipochair@oaregion8.org">pipochair@oaregion8.org</a>  |   |   |

### Other Service Positions

|   |   |  |
|---|---|--|
| <b>TSW Mentor List</b><br>Neill M., N. Carolina<br>919-789-9402<br>Tammy P., SW Louisiana<br>337-370-1252<br><a href="mailto:mentors@oaregion8.org">mentors@oaregion8.org</a> | <b>TSW Email/Sponsor List</b><br>Julia S.<br>985-646-2593<br>Louisiana<br><a href="mailto:sponsors@oaregion8.org">sponsors@oaregion8.org</a>                | <b>TSW Speaker List</b><br>Tammi<br>(337)-734-4564 (Home)<br>(337) 370-1252 (Mobile)<br>Middle TN IG<br><a href="mailto:oussontam@gmail.com">oussontam@gmail.com</a> |
| <b>TSW-Workshop Resources</b><br>Bonnie T<br>(916) 208-7356<br><a href="mailto:bonniesac@gmail.com">bonniesac@gmail.com</a>   | <b>Region 8 Webmaster</b><br>Mary Jane W.<br>St Petersburg, Florida<br>727-954-7544<br><a href="mailto:webmaster@oaregion8.org">webmaster@oaregion8.org</a> |  |

# 2017 - Responsibility- Growing OA Unity Worldwide

Miami, Florida U.S.A. October 13 -15, 2017

## I. Agenda for October 2017 Assembly

**Friday -- October 13, 2017**

**8:00 am-9:00 a.m. Informal gathering of Board only**

(Board please feel free to bring Breakfast)

**9:00 a.m.-Board Meeting Convenes-Open to all Old Business**

**Old Business**

1. Approval of Minutes of March 2017 Board Meeting
2. Topics for Spring Assembly-April 2018 Southwest Alabama IG for SOAR 8 Recovery Convention and Business Assembly on April 20 – 22, 2018 in Mobile, Alabama (theme is "Spring into Action") for Presentation and Discussion (VC)
  - A. Planting now for the future
  - B. Transitioning from Winter to Spring: Making room for the Master Gardener's Plan.
  - C. Digging deeper beyond the symptoms.
  - D. Pulling out the weeds to receive the sunlight of the spirit.
3. Audits /Finances Update (Treasurer)
4. FY 2017-2018 Budget Review – Taxes (Treasurer and Board)
5. Update on Spring 2018 Business Assembly in Mobile, AL (VC)
6. Chair Transition – what can we do?

**BREAK- 15 minutes**

**New Business**

1. Forum Prep (ALL)
2. Consent Agenda -- Emergency Motions
3. New Goals/Tasks for 2018; Committee Chair tasks
4. Other new business? (Time permitting)

**12:30 – 2:00 pm Break for Lunch**

**2:00 p.m. Board Meeting Reconvenes**

Funded Committee Chairs join Board Meeting (Check in & update on Committee issues & activities, questions, concerns, issues)

**OTHER NEW BUSINESS**

**3:50p.m. Treasurer- re vouchers, registration for Jacksonville, spring 2017**

**4:00 p.m. Meeting Adjourned**

**Friday, March 17, 2016**

**7:00 PM ASSEMBLY CONVENES**

OA Reading

12<sup>th</sup> Step

12<sup>th</sup> Traditions

12<sup>th</sup> Concepts

For Today

For Today (Spanish)

1. Appointment of Timer
2. Recognition of New IG's, New Reps (Green Dots), Conventioneers & Visitors
3. Introduction of R8 Board members, Funded Committee Chairs & IG Chairs

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4. Introduction of former Region 8 Board Members and Trustees (if needed)
  5. Credentials & Roll Call
  6. Adoption of amended Agenda (if needed)
  7. Forum "Keep
  8. 7<sup>th</sup> Tradition
- 8:15pm BREAK  
**8:30 pm Welcome & short skit by hosting Intergroup**  
**8:45 pm Presentation & Discussion**  
**10:00 pm RECESS**

## Saturday, October 14, 2017

- 7:30am New Rep Orientation**  
**8:30am CALL TO ORDER**
- OA Readings  
12<sup>th</sup> Step  
12<sup>th</sup> Traditions  
12<sup>th</sup> Concepts  
Voices of Recovery  
Voices of Recovery (Spanish)
9. Credentials
  10. Adoption of the Standing Rules
  11. Introduction of Parliamentarian & short parliamentary lesson
  12. Approve Consent Agenda(if needed)
  13. Approve Minutes from last Assembly Jacksonville, FL March, 2017
  14. 7<sup>th</sup> Tradition
  15. Board Reports – 5 min each + 5 minutes questions
    - A. Treasurer Report
    - B. Secretary Report
    - C. Vice Chair Report
    - D. Chair Report
  16. Trustee Report – 10 minutes + 5 minutes for questions
- 10:30am BREAK**
17. Credentials
  18. Motions – Bylaws and P&P
  19. New Business
    - A. Election of Chair
    - B. Election of Treasurer
- 12:00 PM LUNCH BREAK with SPEAKER**
- 2:00 PM RECOVENE**  
**COMMITTEE MEETINGS**
20. Credentials
  21. Unfinished Business
    - C. 2017-2018 Budget
    - D. Election and Announcement of selected WSBC delegates to be funded and their IG'S
    - E. Announcement of Committee Chairs
    - F. Bids for Fall 2018 Assembly
    - G. OA's SOP
  22. Emergency Motions (if needed)
  23. Final report from NFI Intergroup for Spring Assembly
  24. Unfinished Meetings

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25. Committee Reports
  - Ways & Means
  - Bylaws/Electronic Documents
  - IGOR
  - TSW
  - PI/PO
  - Technology/Website
  - Unity With Diversity
26. Any other new business
27. For the good of the order (time permitting)
28. **GREEN DOT CEREMONY**  
**5:30 PM ASSEMBLY ADJOURNS**

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## II. Treasurers Report

### **TREASURER'S BI-ANNUAL REPORT**

### **FALL 2017 MIAMI BUSINESS ASSEMBLY**

MARCH 2017 – SEPTEMBER 2017

| MONTH/YEAR     | INCOME          | EXPENSES        |
|----------------|-----------------|-----------------|
| MARCH 2017     | 3489.78         | 5184.38         |
| APRIL 2017     | 4644.62         | 1545.27         |
| MAY 2017       | 2228.74         | 8429.23         |
| JUNE 2017      | 1549.89         | 150.00          |
| JULY 2017      | 4619.56         | 679.97          |
| AUGUST 2017    | 1871.01         | 4896.29         |
| SEPTEMBER 2017 | 1222.52         | 217.11          |
| <b>TOTAL:</b>  | <b>19626.12</b> | <b>21102.25</b> |

Current Bank Balance: \$35,556.11 (as of October 1, 2017)

Prudent Reserve: 58 % (OA suggestion of 40-60%)

(Prudent Reserve: Actual Bank Balance divided by Annual Amount Budgeted to Fund Region 8:  
\$35,556.11 divided by \$52,518.00 equals 0.58 or 58%)

# 2017 - Responsibility- Growing OA Unity Worldwide

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## III. Budget November 2017 until October 2018

### Budget for November 2017 – October 2018

#### SOURCES OF FUNDS

|                        |             |                      |
|------------------------|-------------|----------------------|
| Beginning Bank Balance | \$30,556.11 | <i>as of 10/1/17</i> |
| Prudent Reserve        | \$20,805.61 |                      |

#### RECEIPTS

|                        |             |                 |
|------------------------|-------------|-----------------|
| Contributions          | \$28,500.00 |                 |
| Region 8 Assemblies    | \$4,800.00  |                 |
| Region 8 7th Tradition | \$800.00    |                 |
| Ways & Means Projects  | \$3,000.00  | <i>(profit)</i> |
| Seed Money Returned    | \$1,000.00  |                 |

**TOTAL RECEIPTS: \$38,100.00**

**TOTAL SOURCES OF FUNDS (Beginning Balance + Total Receipts) \$68,656.11**

#### USES OF FUNDS:

##### EXPENDURES

###### Board:

|               |            |                                    |
|---------------|------------|------------------------------------|
| Chairman      | \$400.00   |                                    |
| Vice Chairman | \$400.00   |                                    |
| Secretary     | \$1,000.00 | <i>(includes new computer)</i>     |
| Treasurer     | \$500.00   | <i>(includes taxes/corp. fees)</i> |

###### Board & Parliamentary Travel:

|  |            |
|--|------------|
| Board Travel (excluding Chairman travel) | \$9,000.00 |
| Parliamentarian                          | \$1,500.00 |
| Chairman Travel WSBC                     | \$1,800.00 |
| Chairman Travel RCC3                     | \$1,800.00 |
| Chairman Travel Region 8 Assemblies      | \$3,600.00 |
| WSBC Region 8 Delegate                   | \$2,500.00 |
| WSBC Region 8 IG Support Fund            | \$3,000.00 |

**Committee Chair Travel \$8,500.00**

###### Committees:

|                             |            |   |
|-----------------------------|------------|---|
| Bylaws-Electronic Documents | \$150.00   |   |
| Tech-Web                    | \$2,500.00 | <i>(Webmaster/ooVoo/Email/Hotspot Fees)</i> |
| UWD                         | \$250.00   |   |
| IGOR Rep Funding            | \$2,400.00 |   |
| TSW                         | \$250.00   |   |
| PIPO                        | \$1,000.00 |   |
| * Carry The Message - PIPO  | \$2,000.00 |   |
| Ways & Means                | \$2,400.00 |   |

#### MISCELLANEOUS

|                        |            |
|------------------------|------------|
| Carry The Message Fund | \$2,000.00 |
| Region 8 Trustee       | \$400.00   |
| WSO Contribution       | \$7,000.00 |

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|  |                    |   |
|--|--------------------|---|
| Seed Money Advanced  | \$1,000.00         |   |
| PayPal Fees  | \$250.00           |   |
| Bonding Fees - Board Members   | <u>\$0.00</u>      | (paid every three years - due March 2020) |
| <b>TOTAL EXPENDITURES</b>  | <b>\$55,600.00</b> |   |
| Allocated to Prudent Reserve (OA suggestion 40-60%)                  | \$20,805.61        | (55%)                                     |
| <b>TOTAL USES OF FUNDS (Reserve Allocation + Total Expenditures)</b> | <b>\$76,405.61</b> |   |



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## IV. Committees Reports



**SOUTHEAST OVEREATERS ANONYMOUS SOAR 8**

ALABAMA - ARKANSAS - BERMUDA - CARIBBEAN - CENTRAL AMERICA - PUERTO RICO - FLORIDA - GEORGIA  
LOUISIANA - MISSISSIPPI - NORTH CAROLINA - SOUTH AMERICA - SOUTH CAROLINA - TENNESSEE

### PROGRESS REPORT – FUNDED COMMITTEE CHAIRMEN

COMMITTEE: PIPO PERIOD COVERED 9/15/17

BUSINESS ASSEMBLY \_\_\_\_\_

Specific objectives for the period (Numbered List)

1. Press Release
2. Added more drop down forms that everyone can get from our website
3. Printed material for group to be given out at assembly

Actions /Activities conducted toward objectives (List by Objective)

1. Completed – Generic press release written with changes reflecting the local details of Memphis convention
2. Submitted new drop down form that we need to be used plus helped in getting them on to the website (approved from World Service website onto Region 8 website)
3. Ordered more material for intergroup

Projections for the next period

1. Working on approval for body image – young people letter we have developed for final approval of the board of cover letter to me done
2. Adding more drop down forms that would help everyone to our website
3. Will contact convention and make PIPO board for the convention
4. Working on talking with committee about the future of Facebook, Media – Website questions – from the Young People Committee results of their Facebook page now that it is working

Expenditures for the period: \$0

Committee Chair: Bonnie Sue Date: 9.15.17

# 2017 - Responsibility- Growing OA Unity Worldwide

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## **V. Alabama Flyer April 20 -22, 2018 Flyer**

Did not receive one from Alabama.

# 2017 - Responsibility- Growing OA Unity Worldwide

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## VI. Bid for Fall 2018



Are these  
extravagant  
promises? We  
think not.

### Prices

**EARLY REGISTRATION \$35**  
before September 14, 2018

**LATE REGISTRATION \$50**  
after September 14, 2018

**LUNCHEON \$30**  
**BANQUET \$40**

### Crowne Plaza

201 S. Shackelford Rd  
Little Rock, AR 72211  
(501) 223-3000

**\$109 PER NIGHT\***  
1-4 people per room

\*Reservations must be made at  
least three weeks prior to event.  
Room block will be released  
September 20, 2018.

\$6 breakfast voucher can  
be purchased at check-in  
(cost is \$15 without voucher)

- Free Wireless Internet
- Fitness Center
- Complimentary Shuttle
- Free Parking
- Mini Fridge & Microwave  
in each room



## SOAR 8

Recovery Convention  
and Business Assembly

October 12-14, 2018