

[INTERGROUP'S LOGO]

[Date]

[Health Provider's Name
Organization/Practice Name
Address
Address]

Dear {Doctor/Clinician/Provider},

We are reaching out to you about a free resource for your patients called Overeaters Anonymous (OA). OA is a complementary resource, peer-support fellowship that may be helpful for those who have a problem with food, and may struggle with compulsive eating, binge eating, food obsession, addiction, or related behaviors.

Many healthcare professionals find OA helpful as a complementary support resource coupled with medical, nutritional, or psychological care. If you have patients who may benefit from peer support for compulsive eating, consider sharing the OA website with them at www.oa.org. They can find meeting listings, literature, and information about recovery.

Overeaters Anonymous is a Twelve Step Program modeled after Alcoholics Anonymous. Meetings are offered seven days a week in many languages. They are available worldwide virtually, by phone and in person. OA is not affiliated with any diet plan, weight-loss program, or religious organization. People who attend OA come from diverse backgrounds.

Thank you for the work you do to support patient health and well-being. If you would like additional information about OA or have questions, please feel free to contact me.

Best regards,

[Name]

Public Information and Professional Outreach Committee (PIPO)

[PIPO Chair's Email Address]

[Phone Number]

June 2026

[KEEP DATE in at least 1 footer, even if it's at top of letter]